

BAD BREATH - ME?

Scientific tests prove beyond doubt that in 7 cases out of 10 Colgate Tooth Powder quickly stops bad breath!

76% of all adults have had breath!

SAVE MONEY! Compared to other leading brands, a large tin of Colgate gives you up to 30 more brushings, a giant tin up to 46 more brushings... for not a penny more!

SMOKERS! Colgate Tooth Powder is one of the easiest ways to guard against tobacco stain and tobacco breath! Get Colgate today.



CLEANS BREATH - CLEANS TEETH

Lenton Meditations

from The Times, London

ENCOURAGEMENT

Our Lord's use of encouragement throughout His ministry in Palestine must impress every earnest reader of the Gospels. St. John declared: "He knew what is in man." He knew the possibilities of good still latent in those whom public opinion had condemned. He knew also how powerful a factor encouragement can be in developing those possibilities. No one could suspect Him of that false kindness which belittles sin and assures the wrongdoer that his misdeeds are really of no consequence. On the contrary, sin was felt as doubly bad by reason of its contrast with his perfect holiness, and this overwhelming sense of contrast struck from Peter the cry: "Depart from me, for I am a sinful man, O Lord!"

To follow our Lord in this use of encouragement is to exert a force greater, perhaps, than commonly is recognized. If all were known, many of our most critical moments of hesitation, every Christian may well set himself to follow the Master's example, helping others by wise and timely encouragement. Criticism suggests itself readily enough, and its use has its evident value. Yet how far more effective is the stimulus given by encouragement. The more hopelessness there would be if it were used by those who are not sincere. It is not a plan that gives, yet bestows because of its nature. To encourage, to bring into action the immense power of hope, is, in a sense, to direct faith, to instill a Christ.

HEALTH IS ALL IMPORTANT

What the taxpayers are concerned about mostly is the health of the citizens, and so much depends on the purity of the Water Supply. As has been well said, "The Plumber Protects the Health of the Nation". It is therefore desirable and necessary that a technical man should be on the Department of Sewerage and Water Supply. I think I can fill the bill. Please give me your support at the Polls today.

DAVID L. MacKINNON

Activities at City Hospital

The following report on activities at the City Hospital appears in the Bulletin of the M. C. O. H. A.:

New Nurses' Residence

Forty-two nurses have recently moved into their new home, the Stella Maris Residence, overlooking beautiful Charlottetown Harbour. This lovely apartment building, a four-apartment building, was purchased by the hospital last summer and converted into a convenient and commodious home for the pupil nurses. Besides sleeping quarters, bathrooms and kitchenette there is also a large reception room, an equally large recreation room with sun-parlor and a library. The residence is within a two-minute walk from the hospital and is an equal distance from the nurses' private bathing shore.

HEAR W. G. HOGG

Confederation Life Manager for P. E. Island

"GROW OLD PLEASANTLY" Over Station CFCY 7.15 WEDNESDAY, MARCH 27th

Awarded Teacher's License

For Gregg Shorthand

The following letter was received from the Gregg Publishing Company, Chicago, Ill.:

Dear Miss MacDonald: You will be delighted to learn that you have passed the Gregg Teacher's Examination with an "honor" grade—95%. This is excellent work indeed and, of course, entitles you to the certificate. This will go forward from our Toronto office and we are informing them today.

CENTRAL GUARDIAN

This column is reserved for news of local interest, but advertising space may be obtained at five cents a word, strictly payable in advance.

COOK'S for Photographs

FOR JEWELLERY Gifts Call at Crockett's 1-25-11

THE GUARDIAN IN HALIFAX

Readers and others in Halifax desiring to obtain the Guardian may do so at Walker's White Spot 11 Baiter St.

"AN IRISH STEW" under the auspices of the Women's Institute, Parkside Hall, March 27th and 28th. Tickets may be secured at Rix's and Gay's Grocery Stores. 3-23-21.

CITY POLICE COURT - Yesterday morning at the City Police Court 16 accused appeared before Magistrate K. M. Martin. There were six cases of drunk and inebriated persons who were remanded to jail until March 29. Two drunk and disorderly cases were sent to the House of Correction. A remanded drunk was fined \$10 and costs and an accused charged with assault was remanded until today. As usual at this time of year the police are breaking and entering and yesterday six offenders appeared and were all fined accordingly.

RCAF Women's Auxiliary

It has been decided to form a central branch of the RCAF Women's Auxiliary with Headquarters in Ottawa, but with local associations retaining their autonomy and the control of their own organizations and funds. Mrs. Robert Leckie of Ottawa was chosen Honorary President and Mrs. Isabel Ross of Toronto was elected Vice-President. The new branch will be formed by the amalgamation of the RCAF Women's Auxiliary at its inaugural meeting this evening at the Ottawa Club. Mrs. Leckie, wife of Air Marshal R. Leckie, C.B. DSO, DFC, DFC, CBE, is a member of the A.F. has been president of the Air Force Women's Association of Ottawa.

HOT Serve a cereal without cooking



SOUNDS LIKE MAGIC, doesn't it? Well, here's the way to the quickest, easiest HOT breakfast ever. Place Nabisco Shredded Wheat in a strainer—pour boiling water on the biscuits. Drain, salt to taste, and serve with cream and sugar. Delicious? Yes! Nabisco Shredded Wheat is nourishing whole wheat—steamed, shredded, baked—Rich in hearty goodness and brimful of flavor. For the original Niagara Falls product ask for Nabisco Shredded Wheat.

Ellen's Diary

By an Island Farmer's Wife

(Continued from Page 2)

that one down to cuddle it with the others then, still on his knees, surveyed the number. "These he said, 'are these are a couple of surprise in his words 'are not quite so good, I think, as were her Fall-litter, but these are a couple of rougher-haired.' We swapped amused glances, Jennie and I where we stood in the pen, where the sunlight picked out the strong fresh young bodies, sleek and wrinkled and James, concerned but also well pleased, in the square of his brilliance.

Fashion Horoscope by Colette



The all-round pleated skirt is your best friend. And what accounts for the year's round popularity of the pleated skirt for young and not so young figures. Maybe you have a superfluity of tummy or over-abundant hips, or a jutting out little rear. Check your pleated skirts, see they don't tuck in under your particular bulge. Pleats stretched too low can show up bulges. But if pleats are released higher up, a smoothing-out of bulges is assured.

Card of Thanks

Mrs. W. E. Callbeck, Crapaud, wishes to thank sincerely all the Doctors and Nurses of the P. E. I. Hospital for their kindness during her recent illness there. Also Dr. Curtis of Bonshaw and all those who kindly sent parcels, cards and letters. 3-27-46.

Card of Thanks

The family of the late Mrs. Mary Proutie wish to sincerely thank their friends and neighbours for their many acts of kindness during her recent illness there. Also Dr. Curtis of Bonshaw and all those who kindly sent parcels, cards and letters. 3-27-46.

Baby Layettes Arrive in England

The following letter which speaks for itself has been received from S. Dorothy Hooper, Correspondent, Canadian Girl Guides Association in Toronto, acknowledging gifts received from the Charlottetown Girl Guides:

No. 2 Mobile Hospital, At. 362/41 S. L. Bath, E. R. B. A. O. R. January 27, 1946. Dear Canadian Guides:—Yesterday we opened boxes of four big bags of babies clothes that had been packed up by London headquarters and sent on to us from the big store of clothing you all sent so generously to Britain during the war. I wish you could see them with us in the linen room on the top floor of our hospital in this little village of Crapaud. We have many babies here, and we have had to wash and dry and pack many coats and blankets which we have sent to you. We have had to wash and dry and pack many coats and blankets which we have sent to you. We have had to wash and dry and pack many coats and blankets which we have sent to you.

25 Years of Service

The next entertainment was a party in honor of Miss Macdonald, who had recently resigned after twenty years of loyal, devoted service as supervisor in the maternity department. Doctors, Sisters of the Alumnae, and of St. Veronica's Guild, and the pupil nurses joined with the Sisters in showing appreciation of one who has been an example and incentive to all who worked.

Socially Notes

Five applicants were received into the Society of the Good King, in on the feast of Our Lady's Purification at a lovely ceremony in the hospital chapel. The Reverend Director, Doctor Eilsworth spoke appealingly of the qualities and duties of a true Child of Mary. After the ceremony, Benediction was given by the Reverend Chaplain, the Sisters' choir singing the hymns.

Hospital

1945 was a year of much activity at the Charlottetown Hospital. 3,208 patients were admitted for treatment and 27,210 days of hospital care were given. 1,600, or less than 50% of those admitted were paying patients. 1450 were receiving care in the 100 beds of the hospital. It might be interesting to tell you that 300 patients received \$11,575 from the Maritime Hospital Service Association.

THE GREGG PUBLISHING CO.

FLORENCE HARRIS, Instruction Department.

Principal Moran placed Miss MacDonald in charge of the Shortland Department in September last when Mrs. MacLellan through illness was forced to resign. Miss MacDonald has proved herself a very successful teacher.

VALLEYFIELD W. M. S.

The Valleyfield Auxiliary W. M. S. met in the schoolroom of the Church St. on March 27th. The combined their regular meeting with the World Day of Prayer Program of the P. E. I. A. A. D. Stirling presided, and reminded those present that on this day the Holy Spirit was sent down upon the disciples and the church was born.

REJECT "COONEY ISLAND"

BRIGHTON, England. (CP)—A plan for "Cooney Island" pleasure park in a valley at the east end of Brighton was turned down by the council recently. The site is to be kept for a school.

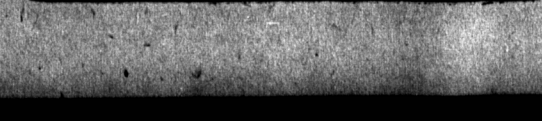
LION of the Tribe of Judah!

YOU'RE COMING SOON! HALLELUJAH

In every land, your angels spread, Mides throes and grasping feet, Such harvest rare and living. Our cup of joy overflowed, When all our hearts were glad of God, You pour anointing oil, Let no imposters still defraud, Us pilgrims of the soil. There is no secret, though, nor sin, That any man can hide from you, You see us all, without, within, Oh Lord you are the guide, Write on all hearts, that all shall see, The very laws of God, Express the laws of Paradise, And spare the world, such fraud, You've freed us from that Law of Death, That curse with all its fright, We've saved our souls, and kept our hearts from sin, For judgment, then great light, Give you in measure, for the best, With service of our God, We there shall find sweet peace and rest, Forever yours, Frauds God! —Geo. Colville, Wallaceburg, Ont. 3-27-46

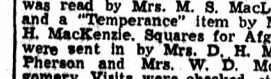
If Your Nose Fits Up-

Spells Sleep Tonight. Surprisingly fast, Va-tro-nol works right where trouble is to open up your clogged nose—relieve your sinus congestion. You'll like the way it brings relief. (NOTE: Va-tro-nol is also grand for relieving sniffles, stuffy noses of head colds.) Follow directions in bottle.

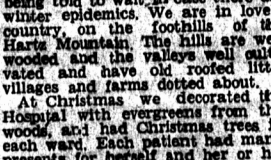


Bring Quick Relief to TIRED EYES

Let Murine bring ease when eyes are weary or when they smart and burn from over-work, dust, wind, sunburn, bright light or loss of sleep. Two drops of Murine in each eye, quickly soothes, cleanses, and refreshes. Thousands use Murine regularly—say there is nothing quite like it. Use your eyes with Murine. Always keep it handy.



Doctors Prove 2 out of 3 women can have Loveliet Skin in 14 Days!

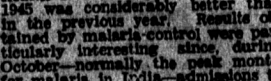


36 doctors tested the Palmolive Plan on 1283 women. In addition, 1411 Canadian women of all ages and skin types used the Palmolive Plan in their own homes. Two out of three of those women reported amazing skin improvements in just 14 days—proof that the Palmolive Plan can bring a new complexion loveliness to you!

WASH YOUR FACE THREE TIMES A DAY WITH PALMOLIVE SOAP

With your face three times a day with Palmolive Soap and each time with a face-cloth massage Palmolive's beautifying lather into your skin—for an extra 60 seconds. If your skin is extra-sensitive, use just your fingertips to massage in Palmolive's lovely soft lather. Then rinse well—first with warm water, followed by cool—and pat dry. That's all!

LESS OILINESS LESS DRYNESS FINER TEXTURE FEWER BLEMISHES



WASH YOUR FACE THREE TIMES A DAY WITH PALMOLIVE SOAP

WASH YOUR FACE THREE TIMES A DAY WITH PALMOLIVE SOAP

Dorothy Dix Says

(Continued from Page 2)

lates to marry because he is a bachelor who has always lived with his mother and sister all these years and he is afraid to tear up his roots. Can you banish our fears and start us off to a home and happiness we both crave so much?

ANSWER: "Nothing venture, nothing have," says the old proverb. There is nothing absolutely sure in this world, and if no one had the courage to make a move until he was perfectly certain that he was playing safe, we would simply shrivel up with dry rot. There would never be a new discovery, or a new business started, or a new career launched, for there is always a chance that our best judgment may be wrong and our heart's work go for nothing.

DEAR MISS DIX: I am engaged to a very fine young man, but his mother opposes our marriage very much. If we marry, for business reasons we will have to live for five or six years with his parents. What do you advise us to do?

ANSWER: Put off the marriage until such time as you can set up your own home. If you attempt to live with a mother-in-law who doesn't want you, she will make your life intolerable and eventually succeed in making trouble between you and your husband. Don't try it.

Taste - the Difference! RED ROSE COFFEE "is good coffee"

As good as RED ROSE TEA