

Woman's Realm Social and Personal Fashions Literature

THE COOK'S CORNER

HONEY DATE BARS

8 eggs
 1 teaspoon baking powder
 1 cup flour
 1-8 teaspoon salt
 1 lb. chopped dates
 1-2 cup chopped nuts
 1-2 teaspoon vanilla

Method: Beat the eggs well. Add the honey and blend thoroughly. Sift together the baking powder, flour and salt and add to the first mixture along with the chopped dates and nuts and vanilla. Spread in the bottom of a greased pan and bake in a moderate oven (350 deg. F.) for about 30 minutes. Cut this in bars while still warm, or this may be left uncut and wrapped in waxed paper to send away. This will keep well for some time.

CREAM OF POTATO SOUP

Four medium-sized potatoes or 8 large ones, 4 slices peeled onion, 1 quart milk, 3 tablespoons butter, 2 1-2 tablespoons flour, 1 1-2 teaspoons salt, 1-8 teaspoon white pepper, few grains cayenne pepper, 1 dessertspoon minced parsley.

Cook peeled potatoes in boiling salted water and when soft rub through a sieve. Scald the milk with the onion slices, then remove onion and add milk slowly to the potatoes. Melt 2 tablespoons butter, add flour, salt, pepper and stir until well mixed. Then add to hot mixture, stirring constantly. Cook one minute, add remaining butter and parsley, and serve at once. This is a nourishing luncheon dish.

TASTY CARROTS

Two tablespoons butter, 1-2 cup onions chopped, 4 tablespoons flour or 6 carrots (about 6 inches long) can boil.

Melt the butter in a saucepan and cook the onions until tender, but not browned. Clean and scrape the carrots and cut into fourths lengthwise and then into pieces about 3 inches long. Sprinkle the carrots with 4 tablespoons of flour and saute them with the butter and onions for about 10 minutes. Add the boiling cover and cook (30-40 minutes) until carrots are tender. Serves 8.

CONGRATULATIONS

To the Winners of the BLOSSOM OF CANADA DECEMBER CONTEST

Here they are:
 Mrs. B. Bamford, Blisfield, N.B.
 Mrs. R. Cochrane, College Bridge, N.B.
 Miss J. Collins, Canaan, N.S.
 Miss Ruth Cooper, Upper Gasstown, N.B.
 Mrs. B. Crooks, Seal Harbour, N.S.
 Mrs. J. W. Gaul, Lunenburg, N.S.
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 Mr. C. H. Wood, Tazewell, N.S.
 Miss F. White, Inverness, N.S.

Yes, we are happy to announce the winners of the December Blossom of Canada Contest. We wish that everyone who entered the contest could have been awarded prizes. But since this isn't possible, we would like to say to all our friends—"Thank you for the interest you have shown in Blossom of Canada Flour." We hope that we may count you among the thousands of Canadian home-bakers who use this good old all-purpose flour exclusively.

Lakeside Milling Company Ltd. TORONTO CANADA

CHOOSE FURNITURE THAT SUIT THE SIZE OF YOUR ROOMS

Grand pianos are intended for big rooms and so are many other pieces of furniture which are so designed that they seem incongruous in the small rooms of many present-day houses. Remember this when you plan your new home and when you purchase furniture for it.

There is much furniture being built which is in proper scale for small and medium rooms. Small-scale furniture performs its functions of the larger sizes and in no way adversely affects the utilization of a room.

For many years crated furniture sizes have been more or less arbitrarily based on earlier models built to be used in houses twice the size of the average 1941 new home. Size of the average 1940 new home. Sizes were often inherited rather than calculated from



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modern use requirements. Small pieces will be particularly helpful in the living and dining rooms. Little can be done about the fixed size of beds, either double or single. Upholstered pieces of moderate size are no less comfortable, but usually less expensive.

Davenporters are gradually being reduced in size. Early sofas were often built to accommodate four persons, but few living rooms today can handle a davenport longer than 72 inches. From a use standpoint, larger sofas are not necessary. Just think how many times you have seen more than two people sitting on your sofa.

Occasional tables have been growing smaller and lower within the last few years. For modern living an occasional or non-dining table with any dimension greater than 36 inches seems unnecessary. When a new home planner goes into a space-saving program the dining room is frequently reduced in size because many persons consider a large dining area a luxury. The "rub" comes when moving day arrives and an attempt is made to place the old, large-size buffet in the reduced dining area.

Most families need the dish storage space available in the sideboard and there is still a way to provide it without taking the six or seven feet of length needed for a long, low piece. A dish storage space, small in floor size, but tall, will store just as many dishes as the usual long, low piece... and work in a small room.

Another means of gaining storage area without loss of much floor space is the efficient corner cupboard. This type of storage uses otherwise wasted space and, if built in at the time the house is constructed, means just that much less furniture.

When you buy the table for the dining room be sure that it is of such a size that, with chairs in place there is passage room back of the chairs for anyone who must bring food to the table. Most dining room suites contain too many and too large pieces to comfortably fit into a room of less than 12x14 feet and still allow necessary space for travel.

Dorothy Dix Says—

MOTHER-IN-LAW THE MOST MALIGNED OF ALL WOMEN

She Is The First To Be Called On For Help Yet Always Subject For Censure

One of my correspondents thinks that mothers-in-law are a much-maligned class and that instead of being trouble-makers, as they are popularly supposed to be, are first aids to divorce, as statistics assert they are, in reality they are ministering angels who are not properly appreciated by the ungrateful men and women their children have married.

"Who," she asks, "is the one who is called upon to pinch-hit in every emergency in her children's households? Who is called upon to sub for the trained nurse when there is a new baby in the family? Who has the children dumped on her when the young parents want to take a vacation?"

"Who steps into the breach and brings out of chaos when the wife is sick, the maid has left, the husband has extra work to do at the office; little Mary has the sniffles and Johnny has mashed his toe, there is nothing to eat in the house and three days' dishes stacked in the sink? Who can always dig down in her pocket and find a little money to help out with the bills when times are hard? Who teaches the children Bible stories and instills in their infant minds about the instruction they ever get in old-fashioned moralities?"

"Isn't it the mother-in-law? You said it. When everything is going all right and they are riding high and handsome, her in-laws may consider mother-in-law a nuisance to have around the premises, but when they get in a jam they send an SOS call out for her, and she always answers it and comes to the rescue.

"So when I hear young wives saying how they dread their mothers-in-law and young husbands acting like early Christian martyrs because Sally's mother is going to come and pay them a visit, I feel like telling the poor saps how lucky they are, and that if they only knew it the chances are the best thing they got out of marriage was their mother-in-law."

IT'S TICKLISH JOB AT BEST

All of which is even so, but it does not alter the fact that the in-law relationship is a ticklish job to handle and is best worked by remote control. This goes double for the mother-in-law and explains why, if she wants to be happy herself and to be placed upon a pedestal by her children and their spouses, she should NEVER, NEVER, NEVER go to live with them.

There are many reasons why a mother-in-law, even though she be a saint on earth, is almost always a discordant note in the household. The primary one is that nearly all young husbands and wives are more jealous of their husbands and wives than they are of any gigolo or siren. They cannot endure the thought that anyone has more influence over their mates than they have. So when John innocently remarks that "Mother thinks we had better do so and so," or Mary says, "Mother says," it starts a row that often ends in divorce.

SUBJECT OF JEALOUSY

Nor are young husbands and wives jealous alone of their mother-in-laws influence. They are jealous of her personality. Why young people with kind hearts and tender sympathies and good sense should expect their mates to cease loving their mothers the minute they are married, is another matter. But only too often they do. All of us know of dozens of cases of wives who have weaned their husbands completely away from their mothers and of husbands who get as green-eyed over their wives going to see their mothers as if they were keeping rendezvous with some handsome stranger.

As for the standard grievance against mothers-in-law—that they interfere in their children's affairs when they live together—that is inevitable. No highly skilled professional man, or an untrained amateur bungling a job without offering a word of advice.

Nor can any woman who has been busy all her life be content to just sit still and twiddle her thumbs. She is bound to stick her fingers in her children's pies, and this leads to friction and trouble, human nature, and especially feminine human nature, being what it is. Hence, if mothers and their children and their in-laws desire to admire and love each other, they should keep their distance from each other. At close range they see each other's faults and peculiarities too plainly.

I yield to no one in my admiration for mothers-in-law. I think they are often martyrs and have seen them endure insults and contumely from them and women to whom their children were married with a patience that qualified them for sainthood. I have seen them enslaved and turned into despised domestic drudges by their in-laws. I have seen them sacrifice themselves in trying to protect their children from brutal husbands and wives. And I have thought that in all the world there was no lot harder or more difficult to fill than that of the mother-in-law.

GIRLS AND DEFENSE WORK

Dear Miss Dix—Since our country is at war I, and many of my girl friends, wish to help in some way. Can you name some organization we could join?
 SHIRLEY.

ANSWER—If you want to help, there are lots of opportunities. If you know first aid, have a certificate, there is an immediate job for you. Just now the Government is imporing girls of 18 or more to become nurses' helpers. Their services are held to be invaluable.

Younger girls can help as messengers. Aid is also needed in the emergency food and housing units for girls who can cook and serve. If there is a Civilian Defense Volunteer Office in your community, call there and ask where to report. If not, call your local defense council or committee, or the Chamber of Commerce.

Anyway, register at the Defense Headquarters and state what you can do. Your country has need of you. DOROTHY DIX.

FALL UP-TO-DATENESS



"Lake" Bottom is a cake Pan—A living miniature of your favorite view, in a glass box—hills, lakes, trees and flowers!

You can make such a terrarium easily, with pans of glass and electrician's tape, or you may use a fish bowl. Your hills and valleys are loamy soil covered with green moss, your trees are tiny spruce seedlings and budding twigs of forsythia.

In the humid atmosphere of a terrarium the forsythia flowers quickly and lasts for weeks. To make the beautiful lake with its winding rill, fill a cake pan with water and fit it at the bottom of the terrarium. Over it place a sheet of tin, as our sketch shows, from which a "lake" shape was cut with an old pair of scissors.

You may also make desert scenes, using cacti and sedums, and place a tiny donkey and Mexican pottery in their midst. Many lovely glass gardens—in jugs and jars—grow a single plant to perfection, a begonia, orchid, gardenia.

Our 32-page booklet shows how to make all kinds of terrariums, grow pine and palm, cactus and orchid, African violet, begonia, croton and many more flowering and foliage plants. Also has directions for dish gardens.

Send 20c in coins for your copy of "Glass Gardens and Novelty Dish Gardens" to The Guardian Home Service. Be sure to write plainly your Name, Address and the Name of booklet.

Name _____
 Street Address _____
 City _____ Province _____



DID YOU MACLEAN YOUR TEETH TODAY?



"WHY, OF COURSE I DID"

Macleans Tooth Paste keeps my teeth sparkling white—free from dingy smoke stains. Macleans antiseptic action keeps my gums healthy, my mouth clean and sweet, leaving it with a tingly, exhilarating feeling.

For a winning smile—Maclean your teeth daily! Buy the large economical size from your druggist.

LARGEST SELLING TOOTH PASTE IN GREAT BRITAIN

MACLEANS PEROXIDE TOOTH PASTE

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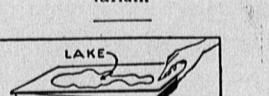
She was working extra and extremely anxious to make a good sales record. Thus, when a customer examined a dictionary, priced at \$35, she utilized every argument at her command. The quality of the binding was extolled in solemn tones. Finally it was time to apply the clincher. "And another thing you will notice," the saleswoman cooed, "is that this dictionary is arranged alphabetically!"

HOW TO PREVENT MANY COLDS

From Developing Vicks Vapo-Nol

Quick—Put a Few Drops of Vicks Vapo-nol up your nose at the first sniffle, sneeze, or sign of catching cold and let its stimulating action aid Nature's defenses against the cold.

Living Scenery in a Terrarium



IN THE NURSERY

The walls in the play room or nursery should be painted to be thoroughly practical. Then little fingerprints can be washed off easily and the room will always look clean. If you do not care for the plain appearance of painted

Now you can make the smart ensemble that's been stealing the show at school and college get-togethers. It includes a classic tailored blouse, a waist-wrangling vest and a wonderful, action-free pleated skirt. You'll wear all three pieces together or switch them around for the sake of variety. The blouse will go with almost any skirt or jumper, the vest may be worn over a dress, a sweater or another blouse—and of course the skirt will be the perfect complement for any of your tailored "tops".

Style No. 3278 is designed for sizes 10, 12, 14, 16, 18 and 20. Size 16 requires 2 yards of 38-inch fabric for blouse; 2 3/8 yards of 54-inch fabric for vest and skirt.

Send twenty cents (20c) coin preferred for pattern. Write plainly your Name, Address and style number. Be sure to state size you wish.

Style No. 3278 Size _____
 Name _____
 Street Address _____
 City _____ Province _____

You GIRLS WHO SUFFER DYSMENORRHEA

If you suffer monthly cramps, backache, distress or irregularities, nervousness—due to functional monthly disturbances—try Lydia E. Pinkham's Vegetable Compound Tablets (with added iron). Made especially for women. They also help build up red blood. Made in Canada.

3278 SIZES 10-20

Living & Leisure

The Woman's Realm

IF I COULD BE THE SUN... wells have a design stencil on designs appropriate for children.

WASH YOUR RUGS Now that it is every woman's duty to make things last longer, don't overlook your rug, chintz and other washable rugs. They'll wear longer and stay good looking if you keep them really clean, wash regularly, and they will look like new.

ADJUSTABLE SHELVES ADD CLOSET SPACE Food closets in kitchens can be frequently increased in capacity by substituting adjustable shelves for usual fixed ones. These will permit storing glass bottles and jars, many of which are now made shorter and lighter to fit modern refrigerators, so that they occupy less space.

LIVE IN THE PRESENT The woman who is determined to slay young gracefully guards against the obvious signs of age. She doesn't try to ape the mannerisms of her college-age daughter, of course, or lid herself into believing that gray hairs and lines around the eyes are not inevitable. However, neither does she assume the "we are the old folks attitude" or worse yet, talk constantly about the "good old days."

She refuses to allow herself even to get into the habit of making the gestures commonly associated with age, such as clasping and unclasping the hands while talking. She forces herself to concentrate on what others are saying instead of day-dreaming in the middle of a conversation. She doesn't drop out of a discussion among several people and go off in a corner for a cozy chat with another woman.

She doesn't talk too much about her growing old—she just seems to be living her life entirely through them. She certainly does not constantly refer to herself as aged and request a discussion about getting on. She doesn't repeat frequently, "I'm not as young as I was once, you know" or "I just can't keep up with that crowd any more."

Furthermore, she never turns up her nose at current topics or the things in which young people are interested at the moment. She may be a little behind the times, but she certainly knows who the leading exponents of swing are. She refuses to be bored by discussions of politics or any other subject the majority seem to like to talk about in any given year.

Don't be driven crazy by a chair leg that's too rough and catches your stockings; rub it down with sandpaper until smooth, then re-stain or polish with beeswax.

QUICK APETIZERS For quickly made appetizers, these are tasty morsels: Canned corned beef hash or canned fish cakes, rolled into small balls and fried in deep fat. Serve on toothpicks or small rounds of buttered toast.

You can remove tarnish from silver tissue or silver embroidery by brushing clean of tartar or powdered magnesia in a circular motion. Wash the metal with clean toothbrush until tarnish disappears.

If a wall is soft and a nail won't bear weight of picture, scoop out a little wall, fill up with plaster of Paris paste (made with water) push nail in before it sets. When set, the nail will be held firm.

Use your hair clips to keep plaits in place when pressing. Smear window frame with floor polish to prevent them sticking.

MCKINLEY'S MOTHER A short while after her son had assumed the presidency of the United States, Mrs. McKinley was interviewed by the press.

"What would you consider most important in raising a child to be a president?" asked one writer. "That's a difficult question," replied Mrs. McKinley with a smile. "There are so many things to teach boys. They should be taught to be honest, reliable, fair. Then she winked and added, "But I did really bring up my boy to be president. I brought him up to be a good man. That's all any mother can do. First thing I know my son turned around and began bringing me up to be the mother of a president!"

DO NOT LET your baby's little cold develop into something worse. Let Mrs. Mitchell of Scarborough tell you what to do. "My baby of 26 months caught a nasty cold, so I tried Baby's Own Tablets and the fever, the cold, really brought up my boy to be president. I brought him up to be a good man. That's all any mother can do. First thing I know my son turned around and began bringing me up to be the mother of a president!"

Baby's Own Tablets are safe and sure in their action. They correct the cause of baby's trouble. Effective in clearing up teething troubles, constipation, simple fever, diarrhoea, upset stomach, cold and summer complaint, irritability, simple croup, other of the ailments. Yet they are entirely free from opiates or stupefying drugs. An analyst's report is given on each package.

Get a package today. Sickness so often strikes in the night. 25 cents. Your money back if you are not satisfied.

Needlecrafts For The Home

Now you can make the smart ensemble that's been stealing the show at school and college get-togethers. It includes a classic tailored blouse, a waist-wrangling vest and a wonderful, action-free pleated skirt. You'll wear all three pieces together or switch them around for the sake of variety. The blouse will go with almost any skirt or jumper, the vest may be worn over a dress, a sweater or another blouse—and of course the skirt will be the perfect complement for any of your tailored "tops".

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3278 SIZES 10-20

Martha Scott advises you about Complexion Care



What this Talented Young Actress does to keep Skin Beautiful

MARTHA SCOTT is one of Hollywood's newest stars. Like other famous screen stars, she uses Lux Toilet Soap for daily facial cleansing. She tells you what to do: "Put the Lather lightly into your skin, rinse with warm water then a dash of cool. Then pat your face lightly with a soft towel to dry. It leaves skin feeling wonderfully smooth and soft, looking so fresh!" Give your own skin this Hollywood Beauty Care. Whipped Cream Lather removes every bit of dust and dirt and stale cosmetics.

And you'll love a beauty bath with Lux Toilet Soap because it makes you sure of an appealing daintiness. That's why Lux Toilet Soap is a favorite with all truly dainty women for their daily beauty baths. Its fragrant Whipped Cream Lather leaves skin delicately perfumed, sweet.

9 out of 10 Screen Stars use Lux Toilet Soap

