

# Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

## Children Love Cookies

This is a good basic recipe, plain and simple—faster:

- 2-3 cup shortening
- 2 cups brown sugar
- 2 eggs
- 4 cups flour
- 2 1/2 teaspoons baking powder
- 3/4 teaspoon salt
- 1-2 cup milk
- 1 teaspoon flavoring.

(If desired to use sour milk or cream instead of sweet, use only 2 teaspoons baking powder and add 1-4 teaspoon soda).

Cream shortening and sugar very thoroughly. Beat and add eggs and milk. Mix and sift flour, baking powder and salt together. Add to mixture; add flavoring extract of grated rind of orange or lemon, or spice, etc.) Form into a roll and chill thoroughly for several hours or overnight. Slice thin, with a very sharp knife. Bake on greased pans, 8 to 10 minutes, in a hot oven—450 degrees Fahrenheit.

### Spice Cookies.

Add 1 teaspoon cinnamon or cloves or nutmeg or mixed spices, to Simple Cookie recipe, decreasing the amount of flavoring if vanilla is used or omitting extract. You may include 1 cup chopped nuts or currants, raisins, or a mixture that includes finely shaved and cut candied peel.

### Caraway Cookies.

Add 1 tablespoon caraway seed to the Simple Cookie mixture.

### Chocolate Cookies.

Add 2 squares chocolate, melted over hot water, or 2-cup cocoa (with less flour) to the Simple Cookie mixture.

### Ginger Cookies.

Use only 1 cup sugar and 1 cup molasses to Simple Cookie recipe; sift 2 teaspoons cinnamon, 1-2 teaspoons ginger and 1-2 teaspoon soda with the flour (if you are using the recipe with the sour milk and soda in it, this 1-2 teaspoonful soda is still to be added).

## For The Cook

### SALMON SUPPER DISH

Take a small tin of salmon, left-over peas, cream, sauce, 2 hard-boiled eggs, leftover mashed potatoes. In bottom of baking dish place layer of salmon, next a few peas, slices of hard-boiled eggs, cream sauce. Repeat till dish is full and on top put mashed potatoes. Dot with butter and bake about twenty minutes.

## Paris Styles

By MARY KNIGHT

United Press Staff Correspondent

PARIS, March 19.—(U. P.)—Warm enough to squelch the most persistent spring breeze carrying a ruffle of winter, and yet not too warm to be worn on a balmy night, are the new short coats that inevitably accompany the week-end guest into the country and the country dweller into the city for a garden party, or a roof garden dance under the moonlight.

They start with being lightweight furs, summer ermine in the lead with a gay little procession of baby lamb, breitzwanz, flat caracul, white calf, and lapin following close behind not in single file but all abreast to show that no one is less important than the other.

As the days and the nights grow warmer, the fur jacket is replaced by satin and taffeta, then chiffon, followed with lace and net that are mere cowbells to enfold the shoulders in a maze of gold or silver threads.

And while speaking "lacy" and "netty" mention must be made of the new net stockings that have lace tops that will not "run." These come in different size mesh to show that they know how to accompany a lace evening gown or jacket with perfect harmony.

## NESTLÉ'S MILK (UNSWEETENED) EVAPORATED



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## Where the Modern Girl Falls Finds Her Not So Attractive to Men

### Dorothy Dix

## The Modern Girl Knows More About a Lot of Things Than Her Grandmother Knew, But She Hasn't a Hundredth Part of Grand-ma's Knowledge of Handling Men, Says an Older Woman

"The modern girl," said a shrewd, elderly woman the other day, "knows a lot of things that her grandmother didn't know, but she doesn't know a hundredth part about handling men that grandma knew. She is terribly sophisticated, but she hasn't found out the secret of getting dates that grandma had at her fingers' ends. She has her college B. A. degree, but she isn't nearly as certain of getting to be a ms as grandma was."

"When I see how hard the girls have to work nowadays to attract men and how they have to struggle and strain and humiliate themselves to get a few attentions from boys, I am sorry for the poor things. Actually I could weep with pity when I hear pretty young girls at the telephone calling up boys who never call them up suggesting places to go and offering the use of their cars, reproaching youths with not having been to see them, and the girl's voice is so pleading, so anxious and so triumphant if she finally succeeds in wangling some poor little cake-eater or some drug-store cowboy into condescending to drop around to her house or take her out to the movies."

"And look how the boys treat the girls. Like dirt under their feet. No gallantry. No chivalry. Half the time when a young man invites a girl to go out with him he doesn't even take the trouble to go and fetch her. He asks her to meet him some place that is convenient to him, and she is so tickled at having a date at all that she meekly trots down to the theatre or the restaurant or wherever he designates. And when he comes to take her out in his car he doesn't even make the gesture of politeness of entering her home and asking for her and of assisting her into the car. He merely sits on the back of his neck and honks the horn until she joyously runs out and climbs in herself."

"I tell you that the Grand Pasha who threw the handkerchief to the palpitating ladies of his harem and let them scramble for it had nothing in arrogance on the modern young man."

"And, saddest of all, the girls of today have to do all the love-making apparently. At least I notice that when I see a spooning young couple in an automobile it is always the girl who has snuggled down as closely as she can get to the man and it is the girl who has her arm around the man and is gazing up adoringly into his face, while he is sitting up as unresponsive as a graven image, with an expression on his countenance that proclaims to the world that he is bored to death by all this manifestation of affection, but that he really doesn't blame the poor thing for feeling that way about him. He is so fascinating she can't help it."

"Now I wonder why all this is thus. Why has the modern girl lost out with men? Why does she have to toil so hard to get a few dates? Why is she less popular with men than our older women were when we were girls? Certainly our daughters and our granddaughters are just as good-looking as we were, they are much better educated and have had far more advantages than we had and so should be more interesting. And certainly there are just as many young men in the world as there ever were."

"Yet we had trains of young men trotting after us. We had beaux galore. We never lacked for an escort anywhere and most of us had half a dozen or more genuine bonafide proposals of marriage. Yet we didn't make a hundredth part of the effort to get dates that the modern girl does and we would have sat at home and sucked our thumbs forever before we would have badgered a young man into taking us anywhere. The initiative had to come from him."

"I think that is the explanation of the whole mystery," said another woman. "It is because the modern girl runs after men that they run away from her. Men are born hunters and as long as women were aloof and hard

## Etiquette

By Roberts Lee

Q. When staying at a hotel for several weeks, should one tip by the week or each time he is served?

A. By the week.

Q. To whom are notes announcing a birth sent?

A. Only to intimate friends.

Q. Should a business man rise to greet a caller?

A. No, unless it is a woman or a distinguished man.

### SELECT ONLY THE SOAPS KIND TO YOUR HANDS

Over the sink in the kitchen that shares the work of preparing these pages, there is a little shelf for our soaps. Note the plural—I really mean soaps, for we like to have several forms of soap right at hand.

We have one rule—only a soap that would be kind to our hands if used as toilet soap, is permitted in the kitchen. By this test we measure solid cake soap, flakes and fine granulated soap or powder. The loose preparations we keep in wide-mouthed glass jars—ready for instant use when the chore that requires one of them comes along.

Melted soap too—for there are moments when it is preferred above all the rest. So we slice down our good cake soap, cover it with cold water, melt it over slow heat, and turn it into another jar in which we keep a long-handled ladle. (We like aluminum ladies for all such purposes.)

## New Face Powder Stays On Longer

If you have large pores use a face powder that will not clog them. A new French process called MELLO-GLO makes the skin look young, stays on longer, furnishes a youthful bloom, does not irritate the skin or make it look puffy or flaky. Spreads smoothly. Try this new wonderful Face Powder MELLO-GLO. Sold through all Druggists and at Toilet Goods Counters.

## What the Fashionable are Wearing

### Illustrated Dressmaking Lesson Furnished With Every Pattern

By Annabelle Worthington



A printed crepe silk all-day dress—ever so youthful, with its tiny vest

of white eyelet mousseline. It adds such refreshing newness. The bodice is given a slight cowl effect caught with a knotted trimming piece of self-fabric at the front. Similar trim appears on the short banded sleeves. Deep scallop give emphasis to the snugness through the hips.

Style No. 3021 is designed for sizes 16, 18 years, 36, 38, 40 and 42 inches bust.

Flat crepe silk in lake or navy blue is stunning in this model with dainty eyelet mousseline vest and sleeve bands.

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to get it roused the spirit of the chase in them and put some pep into the pursuit. But now, when girls openly stalk them down, the game consists in taking to cover and evading capture. The difference in the attitude of men toward women in our day and now is the difference between shooting a bird on the wing and knocking over a barnyard fowl that is eating out of your hand.

"And another difficulty the modern girl has to contend with is that men know her too well. In our day men cherished a lot of romantic illusions about girls. They didn't see us at close range and so we could keep up a pose about being angels and helpless and all that sort of thing, but the modern girl can't do that when she works side by side with a boy every day and maybe beats him at golf or tennis. He has her number."

"More than that, when girls went into business and became pals and fellow workers with men they lost men as gallant lovers. It was because women were different from men that made feminine society precious and sought after by men, but now when girls strive to make themselves into imitation men and to dress and act and talk like men they have lost a lot of allure. They are more like little kid brothers than lady lovers."

"And, perhaps, the chief reason why the boys show girls fewer attentions now than they used to do is because they have found out that if they won't run after the girls, the girls will run after them, and so they sit back on their necks and let mary do it."

DOROTHY DIX.

## Heights And Shadows

### On Spring's Canvas

EVENING FROCKS—Three periods of history reflected in new evening gowns. Victorian era, Empire period and Grecian draping. Individualism may also be carried out as never before. Bodices are form fitting as a general rule and the bolero, an cape line, cowl neck and Victorian frills and fichus exemplify the mode. Waistlines are slightly higher and very often dip lower in the back than in the front. Sometimes the pointed basque of 1880 inspiration is carried out behind cleverly adapted translations. Usually the hip-line is tightly swathed with fulness extending from the knees, increasing extremely at the hem. Jaquettes of matching or different fabrics, and of fur, complete the evening ensemble. Epaulettes shoulders and short puffed sleeves for dinner frocks. Necklines deeply decollete at the back, and maybe, V, oval or square in front. Evening pyjama costume accepted in Paris, slashed skirts and petticoats, also introduced. Chiffon, gorgeously flowered georgette, creps, taffeta, mousseline de soie, lace with chiffon, real lace, linen heavily embroidered, organdie, net and satin are to the forefront with the evening frocks. Lengths arranged to suit the individual. For dancing usually two or three inches above the ankle, or to the instep, and for formal occasions just touching the floor. In colors, skipper blue, spray green, yellow, bright red, pastel tones, black and white and color contrasts, with greys and touches of fur.

COATS—Neatness in the fitted outline uppermost with slight flaring tendencies. Flexible fabrics in rough finished wools in monotone tweeds and repp and basket weaves. Sleeves proclaimed important and many introductions apply to sleeve decorations from wrist to elbow. Collars furred with flat peltries and foxes in matching tones to the garment, or convertible collars with drapy aspects, reverses, a la Dick Turpin. Cloth manipulation, for collars, such as shadow embroidery and tucking. Deep armholes, wide elbow treatment, the three-quarter sleeve, the puff or bell sleeve. Colors include skipper blue, navy, black, the new greens, browns and beiges, black with white trimmings or otherwise. Wrappy lines for evening and short wide sleeves. Fabrics include heavy, sheer materials, velvet and satin. The short fur jaquette in flat peltries, or dolman capes. Coat openings are cut deeper to allow the pretty dress or blouse to appear. The redingote is one of the side issues of the new mode.

THE SUIT—Finger-tip jacket lengths and the three-piece type lead in the suit department and sleeves are full-length or three-quarter,

## HOW TO MAKE SALAD DESERT

### Moulded Fruit Fills a Double Role in Making Up a Dinner Menu.

One tablespoon granulated gelatine, two tablespoons cold water, one tablespoon butter, one egg, one-fourth cup sugar, one teaspoon salt, one-fourth teaspoon paprika, two-thirds cup milk, one-third cup lemon juice, two table-spoons orange juice, one cup diced orange pulp, one-fourth cup Maraschino cherries, one cup cream.

Soak gelatine in cold water five minutes. Melt butter, and well-beaten egg, sugar, salt and paprika. Remove from fire and add gradually milk, lemon and orange juice. Cook in double boiler, stirring constantly until slightly thickened; then add soaked gelatine. Remove from stove and beat two minutes. Cool, stirring occasionally, and when beginning to set add minced maraschino cherries, orange pulp and fold in cream beaten until stiff. Pack in cold mold and let stand in place for several hours. Serve on platter covered with head lettuce, with or without mayonnaise.

In the latter case the crushed kid glove will be worn. A separate blouse usually in the short overblouse style accompanies the outfit in silk or lingerie style and maybe of strictly tailored tendencies, either in white or color combination. Contrast is noticed in jacket and skirt, fostering light jacket and dark skirt and trimmings to match the blouse. Fabric necklines are good, dressmaker and tailored types equally fashionable. Materials: Lightweight spongy woollens, stripes or plaid, and checks, repp, georgette, marocain. Cotton fabrics, linens and crashes and summer silks. Navy blues and blacks and tweed effects in monotone or mixtures come first.

## The Preparation Of Eggs

### Scrambled Eggs

A quick convenient method of preparing eggs, and a tasty one, too, particularly when vegetables are included.

### Scrambled Eggs With Tomato Sauce (1)

- 6 eggs.
- 1 3-4 cups tomatoes.
- 2 teaspoons sugar.
- 4 tablespoons butter.
- 1 slice onion.
- 1-2 teaspoon salt.
- 1-3 teaspoon pepper.

Simmer tomatoes and sugar five minutes; fry butter and onion three minutes; remove onion, and add tomatoes, seasonings, and eggs, slightly beaten. Cook same as scrambled eggs. Serve with entire wheat bread or brown bread.

### Scrambled Eggs and Peas

Mix six eggs with half a cup of milk. Season with salt and pepper, then add one-half cup of peas. Scramble slowly in buttered pan. Instead of peas, corn, chopped meat, parsley or green peppers may be used. Also, instead of scrambling, this dish may be made in omelet form.

(1) Tested by Home Service Department, Ottawa Gas Company.

### Omelets

Omelets are one of the most tasty and most popular of egg dishes. When made with fruit juices or vegetables they are particularly acceptable. Omelets are made of beaten eggs, seasoning and some liquid, such as water, milk or juices of fruits or vegetables, in the proportion of one tablespoon of liquid for each egg.

### Fluff: Omelet

Separate the eggs and beat the whites until stiff. Beat the yolks, add water, salt, and fold in the beaten whites. Melt the butter in the pan, turn the mixture into the pan and follow procedure 1, 2 or 3. When brown on top crease it through the center, fold it over with a spatula, and turn it on a hot platter.

Procedure 1. Cook slowly on top of stove until browned underneath, puffed, and beginning to shrink from sides of pan. Finish in oven until top is dried and browned.

Procedure 2. Set pan in oven and cook until omelet is well-puffed and top dried and browned.

Procedure 3. Cover the pan closely, cook slowly turning the pan frequently to insure even cooking on the bottom. When well-puffed and almost firm remove the cover and finish cooking.

### Orange Omelet

- Grated rind of 1-3 of an orange.
- 1 egg.
- 1 tsp. orange juice.
- 2 tsp. powdered sugar.
- 1-2 cup butter.

### French Omelet

Beat the yolk of the egg and add the orange rind and juice. Add the sugar. Fold in the beaten white and cook next to a plain omelet. Fold the omelet. Sprinkle thickly with powdered sugar.

### Why Infants Require Egg Yolk

An appreciation of the nutritive value of eggs is leading many medical men and dietitians to recommend egg yolk for infants and to include egg yolk in their feeding formulae. A child under one year of age should be given only the yolk of egg because the yolk provides the necessary iron and other minerals and vitamins A and D. Further, if a child is receiving sufficient milk he does not require the extra protein of the egg albumen. If the child is breast-fed, the egg yolk should be introduced into his diet when he is eight or nine months old, the age when the store of iron in his body tends to become exhausted. A teaspoonful of soft-cooked yolk may be mixed with his cereal or may be served with soft bread crumbs and the amount increased gradually until he is taking a whole egg yolk.

If the baby is bottle-fed, the egg yolk should be given much earlier, perhaps at one or two months of age, since his milk formula is a poor source of iron. Cow's milk undiluted contains only about half as much iron as mother's milk and it is always diluted for the young infant. A teaspoon of egg yolk may be mixed with the baby's milk formula each day while it is cooling. This amount may be increased gradually to a whole yolk each day.

(Continued on Page 11)

## A Morning Smile

"I wonder who it was who did not fold his clothes before going to bed?" asked fond mother as she saw little son's clothes scattered all over the room.

"Adam," drowsily replied little Tommy as he pulled the bedclothes over his head.

## Style Chats

WITH ALMA ARCHER

Eyelet embroidery, jerseys, and shantungs, comprise noteworthy repetitions in spring dress fabrics, but double georgettes, triple chiffons, printed silk roman, printed canton, flannels and worsteds, are the newest material entries.

The double georgettes particularly well express the new Vionnet neckline which forms a collar of folds running loosely around the shoulder, and usually held in place at one side with diamond clips.



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