

Woman's Realm / Social and Personal / Fashions / Literature

Outstanding Quality



Quality desserts, pie fillings, gravies and sauces call for quality ingredients — most important of which is Canada Corn Starch, a product of outstanding quality.

Dependable — its popularity with Canadian housewives over the years is the best recommendation as to its outstanding quality.

Also Manufacturers of Crown Brand Corn Syrup

THE CANADA STARCH CO. LIMITED
Montreal Toronto

Living & Leisure THE WOMAN'S REALM

"If Thou Must Love Me..."

Elizabeth Barrett Browning
If thou must love me, let it be for
nought
Except for love's sake only.
Do not say
"I love her for her smile" — her
"look" — her way
Of speaking gently — for a trick of
thought
That falls in well with mine, and
certes brought
A sense of pleasant ease on such
a day" —
For these things in themselves,
Belov'd, may
Be changed, or change for thee,
— and love, so wrought,
May be unwrought so. Neither love
me for
Thine own dear pity's wiping my
cheeks dry.
A creature might forget to weep,
who bore
Thy comfort lone, and lose thy love
thereby!
But love me for loves sake, that
evermore
Thou may'st love on, through love's
eternity.

LETTING DOWN HEMS MAKES BUSY SEASON

There's lots of frantic letting-down-of-hems on these days. And there are many complaints, too, from those who have not had too much luck with this chore.

However, here's a suggestion which might help you if you're having trouble with a stubborn hem: cease that won't come out. First, crease the lining on the wrong side. Then turn the material over on the right side and roll the crease back and forth with your fingers to work it out. After that's done, press the garment on the wrong side. That should do the trick. Try it, and see if it doesn't solve your problem.

NEW FABRICS FOR LINGERIE

New styling and fabrics are being used for intimate apparel for the ladies. New colours, too, are finding their way in "underthings."

Printed rayon and silk lingerie fabrics are intricately detailed patterns with soft delicately handled colours. Classic florals are giving way to newer looking modern florals in brush techniques or patterns with back-ground details.

Filmy sheers are luxury notes in negligees while plain sheers are also prominent for filmy leotards and hostess gowns.

Elegant rich metallic brocades figure in luxury classifications to be used in high style leisure jackets and hostess gowns.

Crisp heavy nylon marquisette adaptable for hot weather wear for lightweight corsets and brassieres are becoming very popular. Delicate lace patterns for lightweight corsets and novelty elastic jacquards in all shades, including pink, blue or maize will be in big demand before long.

Pre-war types of laces and trimmings are now available. Nylon is slowly coming into laces.

In all, the ladies are going to be wearing new luxurious lingerie with more style, and greater comfort.

A coating of white or light tints will show up food stains conspicuously and prompt their removal. The covering will help to seal the wood against staining and its shining surface will tend to discourage the insects.

Hints on Etiquette

No man or woman is so big that they can afford to be rude and tactless in their offices, in dealing with employees, or in the home.

DOROTHY DIX SAYS— Vet's Lonely Wife

Young Matron With Husband In Hospital Tires of Inactivity



DEAR DOROTHY DIX: I am very young, and married and have a baby. My husband is a war veteran and I love him very much, but now he is in the Veterans' Hospital and will be there for a long time. I am very lonesome and don't see why I should go on without companionship of a man any longer, as my husband was two years in the army and is still away from me.

Do you think if I had a boy friend and he would take me places that people might talk and get a bad impression of me? I knew when I married that my husband would have to be away from me, so I kept my chin up and made the best of it, but now I am so lonesome I feel that I just can't take it any longer. What must I do?

SUE

ANSWER: Well, Sue, there is one thing you don't have to wonder about, and that is what people will say about you if you are chasing around with a boy friend. It will be a-plenty, and you won't get by with saying that you and the boy have a platonic friendship and that you still love your husband and just want to have a little innocent fun. A married woman has to keep her skirts clean, unless she wants them torn to tatters by the gossips.

HARD ON WIVES

I grant you that it is hard for the wives, who are nothing but girls themselves, to be cut off from so many of the pleasures of their time of life just because they wear wedding rings. They don't want to sit in a corner with the Grammes and read an improving book for diversion, or to push the baby in his perambulator every time they step out of the house. They crave excitement. They want to laugh and dance and run with the crowd and have good times, but they can't do it without wrecking the apple-cart.

They may still be true to their husbands, but their husbands won't believe it if they step out with other men. They can't do it because they believe it if they step out with other men. They can't do it because they believe it if they step out with other men. They can't do it because they believe it if they step out with other men.

That Body of Yours

Adamson, Winnipeg, writing on Clinical Depressions, divides the common symptoms into two groups — somatic (body) and psychic (mind and emotions).

Somatic: Fatigue, dyspepsia, palpitation of the heart, dizziness, headache, flushes, muscle and joint pains, and sexual disturbances.

Psychic: Sleeplessness, tenseness, poor concentration and memory, panicky feelings and perhaps crying spells and guilt feelings.

The patient never thinks that his depressed feelings are causing his symptoms and consults his physician about his stomach, nerves, heart or other organs.

By careful physical examination the physician is able to reassure the patient that his organic disease is present. He then explains how depression of spirits upsets the proper working of heart, stomach nerves, blood vessels and other organs.

The knowledge that no disease is present and that his symptoms are due to not facing life bravely shows the patient his need of taking hold of himself and also of some Higher Power.

NEUROSIS
Neurosis—believing you have a physical ailment when none exists—is becoming increasingly common. Send today for Dr. Barton's informative booklet on this subject entitled "Neurosis." To obtain it send 10 cents and a 3-cent stamp, to cover cost of handling and mailing, to The Bell Syndicate, Inc., in care of this newspaper, Post Office Box 99, Station G, New York 19, N. Y., and ask for your copy.

Ellen's Diary

By an Island Farmer's Wife

Of my holidays, spent most enjoyably at home or on pleasant excursions away from the farm, I find the memory of the Thanksgiving season uppermost in my mind tonight. The two days: the Sabbath, still and sun-lit and peaceful in which farm-folks came to their churches to acknowledge the beneficence of a kindly Providence through seedtime and harvest, and Monday, Thanksgiving Day which brought them again to their busy round of work. Not in a careless way, forgetful of "every good and perfect gift" which had been bestowed on them in the way of earthly blessings but remembering, even as one went busily to the churning or as we at Alderlea, to our potato field, that the Giver of All in His mercy had been altogether good. It too was a beautiful day.

James, at the digging, with Jamle his sturdy miniature following him along each furrow, would pause sometimes to rest his team briefly when he chanced to come within speaking range of the potato pickers, though at the time his hands would not relinquish their hold on the reins, nor would they stray from the handles of the digger. And once as the sun rested mellowly on the fields, and a lightly caressing breeze stirred the branches of the

(Continued On Page 3)

THE STARS SAY—

By GENEVIEVE KEMBLE
For Tuesday, October 28

A CONCERTED and sustained effort in launching new projects of major importance should mark this day. While there should be concentration of energies and resources of every character, with unflinching diligence, patience and perseverance, here should also be a keen awareness of undercurrents of strange mishaps.

Make secure funds, plans and ideas, as well as reputation.

If It Is Your Birthday

Those whose birthday it is have the augury of a very successful and productive year, with new propositions and projects of importance to be developed by high enterprise and initiative and sustained by sagacious insight, concentrated and aggressive action, together with patience and perseverance. At the same time there is need of extreme precaution in safeguarding the finances, good will and reputation, as flinching or curious undercurrents may undermine.

A child born on this day will be hardworking, persistent, shrewd and enterprising, but may be subject to schemes and strange entanglements — possibly in attempts to overdo in cleverness.

GET A HEAD COLD? Relieve Dry, Stuffy Nose FAST!

A few drops of Vicks Vapo-r-nol in each nostril work fast right where you need it! Vapo-r-nol opens up cold and congested breathing passages and relieves sneezing, sniffly head cold distress. Follow directions in package.

VICKS VA-TRO-NOL

Schwartz CELEBRATED COFFEE

And make it the Schwartz master-chef's way for "the cup you can't forget."

1841 But SAY SCHWARTZ—AND BE SURE! 1947

BECAUSE Schwartz selects only the highest-priced bill-grown coffee beans—roasts them to perfection by the Thermo process—and preserves their full-bodied flavour in vacuum-sealed cans.

Try a pound of this fine coffee and be convinced that Schwartz IS today's best value.

Household Scrapbook

By Roberta Lee

Making Bath Sals
Effervescent bath salt is made up as follows: Crush and mix well together five ounces of tartaric acid, five ounces of bicarbonate of soda, and three ounces of rice flour or cornstarch. Put a generous handful into the tub of hot water just as you are ready to step in.

Baking
Do not move a cake in the oven until it has risen to its full height. Cakes require a "moderate" oven. The larger the cake, the slower the oven should be.

Hard Glue
If your glue dries up, add hot vinegar, drop by drop, until it becomes liquid again. The vinegar should be at boiling point.

Cook's Corner

SPANISH RICE

3 onions, sliced
2 green peppers, sliced
2 tablespoons butter or margarine
3 cups fresh or canned tomatoes
2 cups cooked rice
1 teaspoon salt
Pepper

Heat butter in skillet and cook onions and green pepper in the fat for 5 minutes, add tomatoes and simmer for 10 minutes. Stir in the cooked rice carefully so as not to break the grains, and when heated through, serve at once. Serves 6.

SCOTCH SHORT BREAD

3 1/2 cups sifted flour
1/2 cup sugar
1 cup butter
1/2 teaspoon salt

Sift the flour, salt and sugar on a bread board. Break the butter into small pieces and work into the dry ingredients by pressing with the palm of the hand and the wrist until there is a smooth even mixture. Make the dough into a ball, and roll out about three-fourths of an inch thick. Place in a pan with high sides to prevent the short bread from Browning too quickly around the edges, and prick the surface with a fork. Bake in a very moderate oven (300 F.) for 35 minutes. Allow short bread to stand an hour or two before serving so that it becomes crisp and thoroughly set, then break into pieces.

Modern Etiquette

By Roberta Lee

Q. Isn't it permissible for a woman to take a man's arm when walking along the street?
A. Yes, under certain conditions it is all right. If the street is poorly lighted, or otherwise dangerous and uncertain, it is well to do so; and also when walking under an umbrella.

Q. When apiece of silver is served with pork, should it be eaten with a spoon or fork?
A. It is better to use the fork.

Q. When a bride is to be married in a travelling suit, what should the bridegroom wear?
A. A business suit.

Better English

D. C. Williams

1. What is wrong with this sentence? "The arm of the coat is torn."
2. What is the correct pronunciation of "berry"?
3. Which one of these words is misspelled? Manilla, vanilla, peninsula.
4. What does the word "microcosm" mean?
5. What is a word beginning with g that means "to begin to grow"?

ANSWERS

1. Say, "The sleeve of the coat."
2. Pronounce berry, e as in bet, and not burry. 3. Vanilla. 4. A little wrong. (Pronounce mi-kro-kozm, 1 as in mine, first o as in no, second as in of, accent first syllable). "Philosophers say that man is a microcosm, resembling in miniature every part of the world."—Swift. 5. Germinate.

DO YOU SHUDDER?

According to an old superstition, it means that "someone is walking on your grave" when you shudder. The scientific fact is, of course, that a shudder, like a shiver, is not a good sign. It may be evidence of a "grave" chill, indeed, the chills aren't to be sneezed at. The chilled body is highly susceptible to infection. Parents are particularly warned to ensure that their children avoid chills.

BOY'S SWEATER



DESIGN NO. E-288
A crocheted cardigan with slipper or buttons is ideal for the six year old boy. Pattern No. E-288 contains complete instructions.

To order: Send 20 cents in coin to Needlework Bureau, Charlotetown Guardian.

Design No. E-285

Name

Address

City

Province

Get the best results at half the cost of
DIONNE QUINTS
promptly relieve coughs and
CHEST COLDS
NEW ON **MUSTEROLE**

HALF-WASHED? NOT ANYTHING AROUND OUR HOUSE!

EXTRA SOAPY SUNLIGHT GETS CLOTHES WHITER

EXTRA SOAPY SUNLIGHT MAKES WORK LIGHTER

EXTRA SOAPY SUNLIGHT GETS POTS, PANS AND DISHES BRIGHTER

EXTRA-SOAPY SUNLIGHT GETS EVERYTHING EXTRA CLEAN!

Yes, indeed, with extra-soapy Sunlight on the job washing and cleaning worries are over! Washes cleaner and sweeter than ever before. Woodwork, tile, floors, enamel and windows sparkle more brightly.

In fact, Sunlight's quick-lathering suds make all housework lighter! With these busy suds on the job there's no need for hard rubbing and scrubbing. So look first for the big, long-lasting cake of Sunlight at your grocers today, then see for yourself what a whale of a difference it makes in all your washing and cleaning.



FOR A COMPLETE WASHING JOB YOU CAN'T DO WITHOUT

EXTRA SOAPY SUNLIGHT!

How Can I!!

By Anne Ashley

Q. How can I remove gloss from a painted surface before repainting?
A. Before painting the kitchen woodwork, try washing it with gold dust and a little ammonia in warm water. The gold dust removes all dirt and grease, while the ammonia takes off the gloss of the old paint.

Q. How can I restore shrunken woollens?
A. By using clean soapsuds as the last rinse. Squeeze the woollens with the hands instead of rubbing them. Soak in the wash water will cause shrinking.

Q. How can I make colored ice cubes from the electric refrigerator?
A. Use vegetable coloring in the water and the cubes will be in attractive colors.

Morning Smile

EASY TO UNDERSTAND

The battleship was in port and victors were being shown around. The guide was exhibiting a bronze tablet set in the deck.

Guide—Here is where our gallant captain fell.
Nervous Old Lady—Well, no wonder, I nearly tripped over it!

Needlecraft FOR THE HOME

SUIT IN SEASON
Certain to suit your every need is this two-piece that pays new attention to hips with a dramatic double peplum that's smartly scalloped... tied bustle fashion in back. An added attraction, those marvelous mid-way sleeves!

No. 2349 is cut in sizes 12, 14, 16, 18, 20, 36, 38 and 40. Size 16 requires 4 1/2 yards 39-inch.

Send 20c for PATTERN, which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you wish. Include postal unit or zone number in your address.

Address Pattern Department, The Charlotetown Guardian, Pattern No. 2349

Name

Address

City

Province

WOMEN! TRY THIS If you're NERVOUS

On "CERTAIN DAYS" of Month!
If occasional monthly disturbances cause you to suffer nervous tension—at such times—this is very effective to relieve such symptoms.

LION E. PINKHAM'S VEGETABLE COMPOUND

2349

