

Woman's Realm - Social and Personal - Fashions - Literature

Living & Leisure The Woman's Realm

TAKE TIME
Take time to walk with God a little while each day. To thank Him for the sun, the rain.
The flowers alone your way. Take time each day to give some stranger word or smile. A cup of water in His name may cheer a lonely mile.
Take time. Let not the seed of love be choked with cares; Who knows but you may entertain An Angel unaware.

LACE SLEEVES, BODICES
We hear that short black dresses with the sleeves and bodices and perhaps a touch of turquoise ribbon showing through are the rage for evening in the South—so for spring here.

MOUNTING DEMANDS
An increase of 1,800 student nurses is shown in enrolments at various schools of nursing across Canada since the outbreak of war, yet many demands for nurses still cannot be met, according to a statement issued by Miss Marion Lindburgh, president of the Canadian Nurses' Association. The national registration of nurses, held in March, 1943, revealed that while 10 per cent more nurses are now employed in hospitals throughout Canada than in 1939, the demands for nursing service in civilian hospitals have exceeded this increase.

NO SCRAP
Iron lost when potato peelings are discarded can't be reclaimed as scrap. Just another argument for cooking potatoes in their jackets.

SILHOUETTE FOR SPRING T-SHAPED
NEW YORK—The silhouette of spring is T-shaped with well squared but not extended shoulders, a snug waistline, slim skirt and, if your figure will permit, the silhouette may have a short peplum. Front fullness in skirts of soft fabrics is seen—straight pleats in wools.

The apron, for example, may be a decorative V-shaped affair edged with black crochet on a black dress. On a black crepe dress a shirred apron of black and white print is inset as a front panel making a lovely spring dress.

When sleeves are short they are very short and the arm covered by long gloves that match the costume.

HINTS ON ETIQUETTE
Don't talk about your health—or lack of it—all the time. It is bad manners and very boring.

BONNETS DELIGHT
NEW YORK—Bonnets are the delight of every military house, and the bonnet is about what it was when women wore shawls. In

the best houses you see pioneer mothers bonnets in white pascas with red printed bands, accompanied by a big red printed bag that will carry the baby's linen for two days.

REDINGOTES OVER PRINTS FOR SPRING

NEW YORK—Lord and Taylor showed among resort clothes, always harbingers of spring, a number of prints having full length redingotes to match in wool, but lined with the printed crepe. In evening clothes printed silks were used to give the narrow, swathed look, as though the figure were draped and wrapped like a kind of gigantic cocoon. The silk allowed for movement—but not much. Well covered printed silks in this collection seemed keyed to the idea of our post-war-formal wartime entertaining.

SEQUIN PRINTS
Sequined prints for spring will be worn in street length, for afternoon and for evening, and are formalized by having the pattern outlined in sequins, or a trimming applied.

HENTS ON ETIQUETTE
Don't make a mistake if people who are bewildered in new surroundings and uncertain what to do and how to do it. Understanding is what they need and it is better manners, too.

HATS OF EVERYTHING

NEW YORK, Jan. 27—When it comes to "hats made of" all bars are down. Flamboyant flowers, feathers, felt, satin ribbon, straw, starched lace and coarse lace-like beads, threaded through with heavy yarn, for color. There is not a woman who can be disappointed by a hat this year.

SPRING NECKLINE ROUNDED, OPEN

NEW YORK—The neckline of spring is the rounded open neckline or the drop shoulder that exposes the neck and shoulders after the manner of the 1890 dresses. From cottons to prints this bare shoulder motif prevails. Your gingham, silk or rayon for spring may have a halter neckline or it may have a bertha of bias gingham supported by a jeweled shoulder strap.

Whatever the square neckline has done to bring back the neck, lace and the pearl beads, there is no denying the off the shoulder neckline with deep bertha will be the success of summer. Girls will have that "southern belle" look even to the hair in a chignon with simple band or ribbon holding it and worn as Mrs. Abraham Lincoln wore her hair. Girls refer to history for verification.

TO BUILD A STURDY NATION
The healthy future of Canada's children is one of our greatest hopes for the post-war years. Your baby's welfare rests in your hands. Don't gamble with his diet. Give him foods of the same high quality you enjoy—Heinz Strained Foods—some of the famous 57 varieties. Choose from several tasty kinds.

HEINZ STRAINED FOODS

A Job Only You Can Do
Price Control Questions And Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board Readers. Persons who have intelligent questions to ask no price control are invited to send them in writing to the Women's Regional Advisory Committee of the War Time Prices and Trade Board.

Q. I was told that herrings, tuna fish and sardines, as well as other types of fish, were to be rationed with canned salmon. Is that correct?
A. Canned salmon is the only canned fish on the ration list.

Q. How many coupons must be given for a 3-1-2 pound jar of corn syrup, cane syrup or any blended table syrup?
A. Three coupons are needed for the purchase of a 3-1-2 pound jar of corn syrup, cane syrup or any blended table syrup.

Q. My boy was home on leave when I took his ration application card to the local office. I was granted one coupon for a pound of sugar. Others in my neighborhood seem to be receiving larger quantities of rationed articles for their cards. Which is correct?
A. If you served nine meals to a member of the armed services you are entitled to receive two weeks' ration coupons for whatever rationed commodity you select. One sugar coupon entitles you to one pound of sugar. The others you mention may have saved up several cards and used them all at one time.

LONDON—(CP)—Broadcasting to the Netherlands, Prof. Bokhorst, advisor to the Netherlands education minister, said he hoped to see education in Holland based on British lines.

THE COOK'S CORNER
SCOTCH WAFERS

2 c. rolled oats
1 c. sifted flour
1-2 c. sugar
1-2 tsp. salt
2 tps. baking powder
3 tps. fat

Mix dry ingredients add fat and mix together thoroughly. Add enough milk to make a dough sufficiently hard to roll (about 1-2 cups); knead this dough well and roll thin. Cut with biscuit cutter. Bake in a moderately hot oven (375 degrees) for 15 to 20 minutes. They are very crisp when cool.

BASED ON CHURCH LAW
Principles of local self-government in the form of a council system introduced in medieval times by the Roman Catholic Church.

YOU'D NEVER BELIEVE SHE IS 48 . . .

She's one of the peppiest, happiest-spirited women you ever saw. At the time when most women think life is passing them by, she's ready to go places and do things . . . as popular with the men as girls half her age. In look at her you would never believe she was a day over 38.

How did she do it? She gives the credit to Dr. Williams' Pink Pills . . . for well she knows how important it is to have plenty of rich, red blood during those years when so many women are "pulled down" in health by bodily changes.

If you feel "always tired," if you look pale and dragged out, if you are suffering from a feeling of nervous exhaustion, are jittery and irritable, you may be paying the price of poor blood make-up. Don't wait—start Dr. Williams' Pink Pills today. They contain an easily assimilable form of iron—fortified with a generous amount of Vitamin B₁—and are wonderfully effective in helping to build the rich, red blood so necessary to vigor and energy. Get a package today from your druggist.

Dorothy Dix Says—
ENGAGEMENT'S LENGTH UNSOLVED
Matter Of Vital Importance Now But Nobody Wise Enough To Give Answer

The question of how long an engagement should last is one that has been discussed to and fro, and pro and con, ever since the first boy met the first girl and they fell in love with each other and decided to take each other for better or worse. But neither the church, nor the law, nor Emily Post has ever been able to hand down an authoritative opinion on the subject.

For no prophet can put a time limit on how long a romance can last, nor what spirit it can ensure. No one knows whether the marriage that is cooked up on a slow fire, or on a quick hot one, will make the wedding cake for which a couple will never lose their taste. Apparently there is no surefire way of telling how any marriage will turn out, and whether it is better to do it on the spur of the moment, or to spend years studying all of the different angles and risks of the proposition, is anybody's guess. We have seen both plans work, and both plans fail.

ENGAGEMENT PERIOD IMPORTANT NOW

But if the long engagement versus the short engagement always has been a subject of interest, it is a matter of vital importance right now, when so many of our young people have gone on a romantic trip and are rushing into a marriage after an engagement that has only lasted from the last cocktail to the office of the justice of the peace; while others are not only putting mortgages on their present, but their futures in the optimistic belief that neither war, nor absence, nor different experiences will change them, or make their commitments seem less desirable than they are now.

Now, naturally, there are two schools of thought on the engagement proposition. The one that favors the short-order betrothal contends that a marriage is a success or a failure is purely a matter of timing, so if you marry on the spur of the moment, you are just as likely to get the kind of wife or husband you want as you would be if you spent years and years going around with a flash light hunting for an ideal mate, as Dickens did seeing an honest man.

They say that no man and woman ever now each other until they are married. They may have made mud pies together, and gone to kindergarten together, and to school and college, and thought that they knew each other's every quirk of character and disposition; but before their honeymoon they discover that they are united to perfect strangers, with whom they are as little acquainted as if they were mail order mates they had picked out of a catalogue.

HURRIED MARRIAGES OFTEN END BADLY

So, perhaps, when John marries some girl whom he hasn't seen more than a dozen times, and then only when she was all dolled up and had her complexion on a fresh wave and was putting her best foot forward; and when Annabelle walks down the church aisle with a dashing soldier or sailor whose accurate face she made a couple of weeks before at a service dance, whose middle name she doesn't even know, and into whose background, character, habits and ability to support a wife she has never bothered to inquire, it isn't quite as foolhardy as it looks. At least, they have the fun of discovering each other. But that it is a hazardous amusement is proven by the fact that nearly half the marriages that take place after short engagements end in divorce.

But the long drawn-out engagement is no guarantee of a happy marriage, either. It is possible for sweethearts to get so fed up on love-making that they lose their appetites for it, and to get so well acquainted with each other that they perceive only each other's faults and peculiarities and get on each other's nerves.

In reality, a long engagement is an acid test of human endurance. For the engaged couple are in an unnatural position towards each other. They are neither fish nor flesh, nor good nor herring. They have neither the freedom of the single, nor the security of the married. Each feels that he or she has the right to boss the other, and the other resents the authority, and so it is a time of quarrels and fights and misunderstandings and jealousies that is even stormier than wedlock.

Often there we know many and many a couple, who have been engaged for years, stumble to the altar on frozen feet. They are disillusioned, tired of each other, out of love with each other, and would gladly break the engagement except that they lack the nerve to do it.

How long should an engagement last? Who knows

IF BABY IS CROSS FIND OUT WHY
HEALTHY BABIES are not cross. Your baby should not be cross. If he is, then something in his little system is "out of order." Probably Baby's Own Tablets can help you find it right. Mrs. B. . . of Fenelon Falls, had an irritable, feverish and sometimes sick at heart baby. She writes: "I tried to give her Baby's Own Tablets to see how much sweet-tasting—really crushed in a powder, if desired—absolutely free from harmful salts, acids or opiates. Promptly effective in simple fevers, diarrhoea, colic, constipation, impaction, cold, teething troubles and other minor ills.

Never without a full box of Baby's Own Tablets. Sickens so often strikes in the night. 15 cents. Money back if you are not satisfied.

A POPULAR KNITTED PEASANT BASQUE

DESIGN NO. 984

An attractive peasant vest is colorful and easy to knit. Pattern No. 984 contains complete instructions for making sizes 12, 14 and 16.

To order pattern: Write or send above picture with your name and address with 15 cents in coin stamps to Needlework Bureau, Charlottetown, Guardian.

Design No. 984

NAME _____
STREET ADDRESS _____
CITY _____ PROVINCE _____

Home Service
Trim Bright Slip Cover Simple to Make Yourself

BRIGHTEN YOUR HOME
With winter almost here, and less sunlight, you naturally are thinking of freshening up your home. You'd like to have new slip covers made for the furniture but find it too expensive. Why not make them yourself? It is so much cheaper and you will also be sure of getting what you want because you will be doing it yourself.

Do not be discouraged and think it too difficult. They are really quite simple to make and your own originality in color and design will lend a definite "touch" to your home.

Our 32-page booklet gives step-by-step directions and diagrams for making slip covers for chairs, sofas and other sundry seats, also for automobile seats, if you will be using your car during this year of gas rationing. It also has suggestions for choice of appropriate materials.

No longer mere dust covers for protecting fine upholstery, today's slip covers are so decoratively important that they are used the year round, instead of being taken off when winter comes.

Send 15 cents in coin for your copy of How to Make Slip Covers to the Charlottetown Guardian Home Service Address. Be sure to write plainly your name, address and the name of booklet.

NAME _____
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A Morning Smile

He had just returned from church and his wife said to him: "What was the text of the sermon today?"
"He giveth His beloved sleep," was the reply.
"Many people there?" she inquired.
"All the beloved," came the answer.

NICK-NAME

Stepping out of a luxurious car, a middle-aged woman, dressed in expensive furs, approached the sentry and asked if she could speak to her soldier son.
"He is a tall young man," she explained, "rather good-looking, with blue eyes and called Clarence Montgomery."
The sentry stopped her. "I know," he said, "then putting his head round the guard-room door, he shouted: 'Hi, Simker, you're wanted.'"

WIN YOUR FAMILY'S PRAISE!
AUNT JEMIMA'S SECRET RECIPE MAKES SWELL COOKS OUT OF US KIDNIES!
YOU PUT 'EM ON AND YOU TAKE 'EM OFF! IT'S AS EASY AS 1-2-3!
BOY! WHAT A MEAL!

AUNT JEMIMA'S
The greatest meal saver of all!

Needlecraft For The Home
YOUNG PRINCESS
A delightfully flattering style for your teen-age daughter. Its trimly fitted lines with perky buttons marching down the side will make it her favorite dress.
No. 2741 in size 12 requires 3 5-8 yds. 35-inch fabric.
Send 20c for pattern, which includes complete sewing guide. Print number plainly. Be sure to state size you wish.
Address, Pattern Department, the Charlottetown Guardian.

NAME _____
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2741
SIZES 8-16

DO THIS FOR Night Coughing
WHEN A COLD stuffs up the nose, causes mouth breathing, throat tickle and night coughing, use this time-tested Vicks VapoRub that goes to work instantly . . . 2 ways at once!

At bedtime rub good old Vicks VapoRub on throat, chest and back. Then watch its PENETRATING STIMULATING action bring relief from distress.

IT PENETRATES to upper breathing passages with soothing medicinal vapors. It HUMIDIFIES even while you sleep—to ease coughing spasms, relieve muscular soreness and tightness—and bring grand comfort! Try it tonight . . . Vicks VapoRub!

BATTLEFRONT NEWS HAS FAMILIAR RING
VALDEAN, N.C. (CP)—Recent news that Flying Fortresses had bombed a berthing plant in the Waldensian sent interest here in war-developments in that area skyrocketing.

This Piedmont community was founded 50 years ago by a colony of Waldensians.

CENTRAL ROYALTY W. I.
The monthly meeting of Central Royalty women's institute met at the home of Mrs. Harold Stead on January 6th with 17 members and 3 visitors present. The meeting opened with the Creed in unison followed by the Roll Call.

A sick committee reported that boxes had been sent to all sick and shut-ins in the district at Christmas. Bills were presented and paid. New committees were appointed. Sick, Mrs. Ward, Mrs. Stead and Mrs. Beck.

Wood Cross, Mrs. Stead, programme, Mrs. Foster and Mrs. W. Reed.

Lunch, Mrs. Foster, Mrs. Bulman and Mrs. Grant.

Next meeting to be held at the home of Mrs. Harry MacAusland. Roll call to be answered by describing the funniest Valentines you ever saw.

2 dresses, 17 shirts and 8 pair of boys shorts were completed for Red Cross. It was decided to hold a Pantry Sale and a Basket Social in the near future, also that the members divide into groups to entertain to raise funds. The meeting adjourned followed by the National Anthem. A contest was put on by Mrs. Stead after which lunch was served by the Committee in charge.

OXYDOL Washes White Without Bleaching
Its new "Hustle-Bubble" Suds Get Biggest Washes Sparkling White with Sudsing Action Alone!

WHITE? SURE! We're OXYDOL'S 'HUSTLE-BUBBLE' SUDS!

SPARKLING WHITE 'cause we wash so clean!

SAFE! for washable colors and rayons, too!

With Oxydol you get beautiful white washes, without harsh bleaching, hard rubbing, or long washer runs! Today's Oxydol is much richer in washing power. Its new "Hustle-Bubble" suds are so active they get out more dirt and more graysness. All your white things, except of course for unusual stains, come white without bleaching. Beautifully white!

SAVE CLOTHES IN WARTIME
Preventing so much washday wear and tear helps save clothes in these war-times—makes them last longer. And Oxydol is so safe—safe for washable colors, rayons, and your own precious hands! So economical—a box of Oxydol goes much farther than before : : : washes much more clothes or dishes!

OXYDOL WASHES WHITE WITHOUT BLEACHING
Trade Mark Registered
MADE IN CANADA

Home Service
Trim Bright Slip Cover Simple to Make Yourself

BRIGHTEN YOUR HOME
With winter almost here, and less sunlight, you naturally are thinking of freshening up your home. You'd like to have new slip covers made for the furniture but find it too expensive. Why not make them yourself? It is so much cheaper and you will also be sure of getting what you want because you will be doing it yourself.

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HMCS

New Hats for Canadian Wren ratings nicknamed "Wren Wigs" are the order of the day for duty wear and stepping out! Left: new black velour tricorne similar except for the tassel band to the officer's hat. This is a becoming, feminine type of hat and will be worn during off duty hours, formal parades and on other specified occasions. Ratings tri-corne will bear the traditional black silk tassel band with the gold letters H. M. C. S. Right: It looks like a sailor hat and it's really a sailor wearing it! This is the new Wren beret, popularly known Wren Wig because it will soon be piped as "Rig of the Day" for all Canadian Wrens on duty. Of stiffened navy blue flannel, so dark it almost looks like black, the beret adds that extra something to the uniform; of navy blue tassel and skirt. The uniform too is being streamlined and will soon be issued in smarter style.