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167 Queen Street
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CLOVER SEEDS

Write for special price list of Clovers for Spring seeding.

TODD & COOK

Seed Merchants
Stouffville, Ont.

Many People Wonder

Why it is that glasses are worn more commonly in the present generation than in the past. There are many reasons that are for aye, but the real reason is that our modern civilization requires the eyes to do more work than was even the case before.

Consequently, the eyes, if in the least defective, may give you a lot of trouble, though in reality they are no worse than those of your grandfather who did not wear glasses till he was an old man.

If you feel the least symptom of eyestrain, remember that it is nature's warning to you and consult us at once.

G. F. Hutcheson

Optometrist



If you would like to be sure of always having a supply of fresh pure country milk from choicest dairy cows keep a few tins of St. Charles milk in the house all the time. Use it for every milk need. All grocers have it—four sizes.

Send for Free Recipe Book.

The Borden Co. Limited

MONTREAL



Daily Selections FOR Guardian Readers

From the W. S. Louson collection.

BARTER

If it that secret place Where thou hast cherished it, there yet is lying Thy dearest bitterness, thy fondest sin, Though thou hast guarded it with hurt and crying Lift now thy face Unlock the bolted door and let God in And lay it in his holy hands to take. How such an evil gift can please Him so I do not know; But, keeping it for wages, he shall make Thy foul room sweet for thee with blowing wind (He is so serviceable and so kind) And set sweet water for thy thirst's distress Instead of what thou hadst of bitterness; And he shall bend and spread Green balm boughs to make a springing bed Where thine own thorns pricked in;

Who would not pay his dearest sin To let such service in? —Margaret Wildmer

You Can't Cut Out a BOG SPAVIN or THOROUGHPIN but you can clean them off promptly with



ABSORBINE

and you work the horse at the same time. Does not blister or remove the hair. \$2.50 per bottle, delivered. Will tell you more if you write. Book 4 R Free. W. F. Young, Inc., 141 Lyman Bldg., Montreal

Carter's Seeds Grow

and are the BEST THAT GROW.

The following letter proves the above statement to be correct.

Carter & Co., Ltd.

Seedsman,

Charlottetown, P. E. I.

Dear Sirs:—Will you kindly forward me a copy of your Seed Catalogue as I wish to select my seeds and have them sent to the Magdalen Islands (Canada). I find your seeds much more satisfactory than any other seedsman's for my Canadian Garden.

Yours truly,
151 Beech Street,
Waverley, Mass.,
U. S. A.

A full stock of GARDEN SEEDS on hand.

No. 1 Clover and Timothy Seed, Seed Oats, Wheat, Barley, Peas, Vetches, Buckwheat, Corn, etc., etc.

Lowest prices Wholesale and Retail.

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THE CHARLOTTETOWN GUARDIAN

str Charles Dalton, President. J. R. Burnett, Editor and Publisher D. K. Currie, Associate Editor

Morning Daily (founded 1887) \$5.00 per year (delivered) in advance. \$4.50 per year (mailed) in advance in Canada and United States.

FRIDAY, MAY 18, 1923

TRADE WITH THE U. S.

There are some encouraging features in our trade with the United States, features which indicate steady growth in Canadian development rather than any betterment in our trade relations with our southern neighbor. The Fordney tariff has practically shut out many Canadian products while at the same time United States products are pouring almost freely into our country. Notwithstanding our many handicaps, our adverse balance of trade with the United States has been reduced for the year ending March 31, 1923, as compared with the previous year. Our imports from the United States were valued at \$540,000,000, our exports to that country \$380,000,000. This adverse balance of \$160,000,000 contrasts with an adverse balance of nearly \$400,000,000 in 1920. Compared with the previous year, we gained \$76,000,000 in exports, and increased our imports only by \$25,000,000. Despite a big decline in usual sales of farm products, Canada is gaining in the race. Of our imports from the United States, agricultural products amounted to \$73,000,000. Animal products amounted to \$34,000,000. Here is \$100,000,000 worth of goods most of which we could supply ourselves. Leaving out Southern fruits and various specialties, our imports of farm products from the States were uncalled for. We bring in butter, eggs, grain, wool, fruit that competes with our own and a wide variety of staple products of the same kind as we export in large quantity to the United States. The farmers of Canada have to pay heavy duties under the Fordney tariff to get their goods into the United States, but Canadians find it more profitable, apparently, to buy similar products in the United States than from the home producers. It is an anomalous condition, largely political, but partly due to transportation difficulties. The difficulty pointed by our aggressive freight rates is indicated by a remark in a Toronto exchange which says that the freight on potatoes is often more than the selling price "and it may pay the farmer to buy dutiable American potatoes rather than potatoes from the Maritime provinces which have to be reduced in price to go to the New England States."

The freight handicap is a crippling one and must be removed if Canada is ever to become the great producing nation that its unlimited resources entitle it to be. When we realize the effect of a yearly importation of one hundred million dollars worth of American farm products into our comparatively small Canadian market, the fallacy and the falsity of our political free trade arguments becomes painfully apparent. We have been shut out of the American market to protect American farmers while certain politicians among us cherish the hope that, if we are lenient and let their products in to our country almost free of duty, they may some day admit ours into their country! Meanwhile the Americans are selling in our market a hundred million dollars worth of products that should be sold by our own farmers.

OUT AGAIN

Wednesday's Patriot devotes a column and a half of editorial space to an attempted explanation of a little extract in that day's Guardian from the report of the proceedings in the legislature and which, as usual, it blames the Guardian for. The Guardian made no comment on the debate, it needed only to show how neatly Mr. Stewart caught Premier Bell "out," and at the same time exposed "the silly little argument" advanced by the Hon. Mr. Le.

A CONUNDRUM

The Patriot is still carrying on its editorial page the conundrum, "Why should I vote Liberal?" and evidently no satisfactory answer has been received. Might we suggest that the conundrum be changed into "Why shall I vote Liberal?" We believe this would appeal to a wider constituency and might start something.

Notes by the Way

We often hear the remark that things were very different before the War in the ante-bellum days, so to speak. But that hyphenated word ante-bellum has gained a new meaning since the Bell Government came into power, marking another crisis in our provincial history. We spell bellum with a capital B in these times and we note the contrast between the ante-Bellum and the post-Bellum days with painful memories. The Great War brought with it heavy taxes which we and our children and children's children will have to pay for generations yet to come—necessary burdens, because they are the price of our liberties. Not such are the Bellum taxes, imposed upon our province in time of peace.

Doubled provincial taxes—war taxes in times of peace, provincial taxes unknown before, these are among the things the Bell regime has brought us, that were unheard of in the ante-Bellum days. The collector of poll taxes entering every house in the land was a new and sad experience to our people. It was a new and sad experience in our provincial history that the poor man must pay as much for his head as the richest man in the land. And the Bellumites said it was necessary to do this in order to raise more revenue, which they proceeded to spend in road jobs to the tune of \$150,000 a year on a plan which before they got into power they said would ruin the province if it was ever tried! That which they then called "infernal" has since become quite heavenly!

Our Liberal friends may like to recall a few contrasts between these days of the Bell regime and



That Boop of Hours

By James W. Barde, M.D.

WHAT ABOUT MASSAGE?

Since the war massage has received a great deal of thought and attention.

Is there anything in it? Yes, it is one of the best therapeutic agents used by man, and where scientifically used is proving very valuable.

What do I mean by scientific use? Simply that a well trained masseur must not only know his anatomy and physiology, but must understand his patient's strength and disposition also. You see to put it in plain language massage is simply exercise. The only difference is that the masseur works your body for you instead of you doing it.

The whole idea in massage is the stimulation of the circulation. As you know the blood builds up every part, manufactures the juices, carries away waste matter, and so forth.

Now if without the expenditure of too much nervous energy you can have all this done more rapidly and completely for you, particularly if you are not feeling very well, you can at once see the great benefit of massage. In the case of tired muscles in athletes, tired and stiff from the products of fatigue, it is estimated that a fifteen minute massage will move as much of these waste matters away from the muscles as would six hours complete rest and sleep. Massage is of wonderful benefit in indigestion and constipation. It stimulates the muscular wall, the contents move along and thus prevent any stoppage.

Then the large amount of blood found around intestines is forced into the general circulation and returns from the lungs with increased ability to do its work. Also the actual absorption of the food into the blood is hastened. And finally the lower bowel or large intestine with its waste matter is stimulated to throw this waste matter out of the body, thus avoiding that awful condition constipation. Then there is the soothing of the nerves by light massage. Of course where one is well, exercise is really worth more because more work can be taken and the other benefits of exercise are attained. But for the person below par, or unable to exercise, massage is a great boon.

It stimulates action in every part and action is life itself.

Great Removable Sale

Begins on Friday Morning MAY 18th

We expect to be open again for business in the new store at the old stand, Queen Street about June 1st. Full particulars of this great event will be announced later.

In the meantime we are going to have a Clearance Sale of all goods now in stock at Wadman's Old Stand, 145 Great George Street.

These goods are all new, this Spring's importation and consist of Dress Goods, Silks, Cottons, Ladies Ready to Wear, Men's and Boys Clothing, Millinery, Hosiery, Gloves, Overalls, Curtains, Underwear, etc., etc., amounting to about \$15,000.00.

We have \$75,000.00 worth of new goods now on the way for the opening of the new store. These goods are from almost every quarter of the Globe.

In the meantime every dollar worth of goods we have on hand must be disposed of within the next two weeks. This includes all the Store Fixtures, Counters, Ladies Mantle Racks, Shelving, Light Fixtures and Window Shades, Electric Fans. These were purchased from the Estate of A. W. D. Wadman, Ltd., and must be disposed of now.

S. A. McDonald

145 Great George Street

Uncle Sam Makes Money on Old Ship Sale

MANILA, May 16—The United States army made more than \$22,000 on the sale of four army vessels during the week by refusing brought approximately \$10,000 first bids and advertising a second round than the first bids. The sale time of these vessels was a final clean-up of salvaged material in the Philippines sold to a lumber company, Lippins department. The old transport, Lisicum which up of salvaged material in the Philippines brought \$43,792, while the first bid. Final approval of the sale was only \$30,170. The tug General began to be by the war department at Weeks and General Lawton and a War Department. The sale of the sal quartermaster scow brought a total value of \$22,000. The sale of the 600 on the sale of four army ves- and advertisement for bids, which

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MASTER MASON has a great big hold on thousands of men—because it's really mighty fine tobacco. The minute you light up—you know you've struck the best of them all. It packs perfectly and burns evenly right to the very bottom. Big plug for economy—and so it won't lose its freshness. Demand it always. Rock City Tobacco Co. Limited

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PLUG SMOKING

THE BIG PLUG 20¢

Look at the Head A band of BLUE tipped with RED MAPLE LEAF MATCHES Well worth 15¢ a box