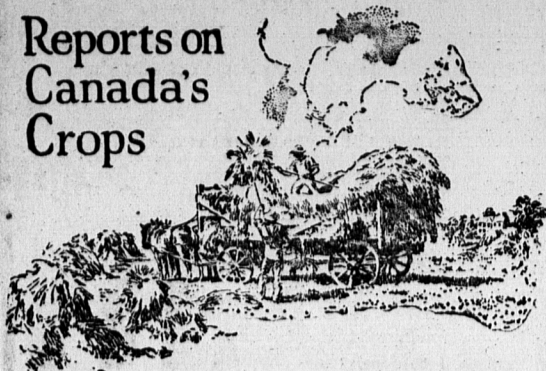


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AN OPEN DOOR

Back from the city street, serene 'tis standing With upward pointing spire, in carven stone That passing years have touched with reverent fingers Until each groove and arch have mossy grown.

Out on the air an organ's note comes stealing, And seems to softly call the wanderer in To pause and rest where peace is tender brooding, Apart from all the ceaseless strife and din.

Behind the altar dim, a wondrous window, Against the glowing rays of setting sun— The Loving Shepherd with His hands outstretching, As if to comfort every weary one.

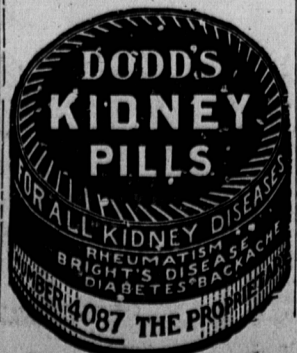
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THE CHARLOTTETOWN GUARDIAN

Morning Daily (founded 1887) \$5.00 per year (in advance) delivered. \$4.50 per year (in advance) mailed in Canada and United States.
President, W. Chester S. McLure; Vice-President, J. R. Burnett; Secretary, Lieut. Col. D. A. MacKinnon, D. S. O.; Editor and Manager, J. R. Burnett; Associate Editor, D. K. Currie; New York Representative—Frank R. Northrup; Chicago Representative—E. J. Power

FRIDAY, APRIL 11, 1924

THE CLOSING SESSION

The first session of the Stewart Administration closes today with the usual ceremonies. While congratulating our representatives on the respite coming to them after four weeks of practically incessant strenuous work we view their departure from the city with regret. They have mingled with our citizens as freely as their duties permitted; they made many friends and won the good opinion of all by their devotion to duty and their generally fair and courteous conduct as legislators and as temporary citizens. We shall look forward with pleasure to their return a year hence when a warm welcome will await them.

The session has we believe been the shortest regular annual session in our history, yet it will have to its credit more than the ordinary amount of legislation. His Honour the Lieutenant Governor will give his assent to about forty Acts discussed and regularly passed during the session, many of them involving matters of vital importance to the welfare of our people.

The unfortunate financial mess left by the late government naturally created a sensation but it was treated more in sorrow than anger by the Premier and members of the government while the Opposition made little attempt to excuse or condone it. The leader of the Opposition, while admitting the deficit for the past year was \$197,000 and did not deny the enormous addition to the provincial debt, claimed that had the late government remained in power till the end of the year, instead of retiring four months' earlier, they would have shown a surplus! As no one knows what might have happened had the Bell government not been defeated when it was, and as many believed it was not improving with age, the claim did not carry much conviction and the report of the External Auditor has not been questioned. Nor will it be. The financial condition of the province is known and it remains now only to retrench, to economize, to collect what revenue is available and make the best of it. This, we are convinced, is the intention of the Stewart government and, from the beginning they have made, it is safe to conclude they will carry it out. There has been some petty criticism, much, if not all of it, from a mistaken sense of duty as His Majesty's loyal Opposition. Little attention has been paid to this. When definite charges against the government were made, such as that no other province in Canada had paid rent or made appropriations for Lieutenant Governor's residences, they were promptly met. In this case it was shown that not only did other provinces pay rent and up keep, but that the amount paid to the present Governor or in lieu of rent was a mere bagatelle compared with payments by our former governments for the up-keep of Government House.

There has in fact been little opposition and this is to the credit of the little band which is presumably the seed from which a Liberal party of the future may yet grow. This seed, during the session has been subjected to such dis-infecting influences as will in all probability destroy any injurious germs that may have survived in the process of changing over.

It is not too much to say that the session now about to close has set a pace which future legislatures may follow to their own and the country's advantage.

While a great deal of legislation has been enacted, much of it necessitating discussion and the expressing of different views, there was no slipshod glossing over of incomplete work, and it is not probable that the time of future sessions will be wasted in amending the legislation of this. In every way, Premier Stewart and his colleagues are deserving of congratulation on their first session.

NOTES BY THE WAY

The record of The Guardian on the Indemnity question is clear. We opposed the increase and for years past contended for a reduction. Some reduction has now been made in deference to public opinion. So far The Guardian wins, the people win, economy wins by "beginning at the top" as we have all along insisted. How stands the record of the Liberal party and its organ on this matter? The Bell Government made the Salary Grab. Some Conservatives voted with them. They were powerless to stop it had they been so disposed. Here are a few extracts from The Patriot's recent deliverances on the subject:

March 8, 1924. Thus far there is no indication "of any generosity as they (the Conservatives) never promised any definite reduction." (This is a direct contradiction of its earlier and later statements that several Conservative members had stated the Indemnity would be reduced to \$200.) Evidently afraid that it might be reduced to that figure, The Patriot in the same issue went on to say:

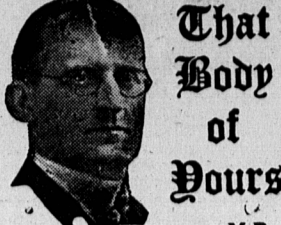
"To reduce the Sessional Indemnity back to two hundred dollars would surely make it appear 'ridiculous in the eyes of the Canadian people. As far as the Patriot has been able to ascertain 'the policies of the Liberal party and the Conservative have been 'both alike on the Sessional Indemnity question' (!) In the same issue The Patriot strongly contended for maintaining the \$500 rate as it is said, 'Two hundred dollars would go further fifty years ago than five hundred dollars would today.'

Later, on learning that the reduction would be \$100. The Patriot denounced it as paltry and contemptible. And, on motion of Mr. Dennis, on Tuesday last, the entire Opposition voted to reduce the Indemnity to \$200! "Thus, according to The Patriot of March 8, they 'made themselves ridiculous in the eyes of the Canadian people.' They did more. They illustrated the truth of the couplet, 'A marvellous Providence fashioned us holler, on purpose that we might our principles swallow.' They swallowed their principles. And then—like the snake which took its tail in its mouth and proceeded to envelop its body and head, leaving nothing but a greasy spot, they virtually swallowed themselves!

More even than that. By that vote they confessed that the Salary Grab was wrong, that the Bell Government was wrong in enacting it, that they themselves had been wrong in supporting it, that the Patriot had been wrong in defending it and that the Guardian was right in denouncing it! There can be no escape from this conclusion. And if so it follows as night follows day that \$36,000 was wrongfully swiped from the people into the pockets of Members of the Legislature. It has frequently been the lot of The Guardian to make converts in unexpected quarters. We had not however hoped so soon to bring the "able" leader of the Opposition and all his following to the penitent bench, but there they are!

There they are, under the whip of their own party organ for making themselves ridiculous and seeking shelter in The Guardian's fold! We cannot however admit them until they have undergone a period of probation. We put to them this test question: Will you go before the people at next election and advocate a \$200 Indemnity? If the Opposition will promise to do this and keep their promise we shall be convinced of their sincerity. But the election is yet in the distance. The Patriot has not yet stated what it will do, or what will be its attitude toward the Opposition in the future. They have renounced the Salary Grab which the Patriot has all along supported and defended.

Strained relations are visible in the Liberal camp as the legislative session draws to a close. Those who remember the stormy caucuses of the past three or four years will admit that this is nothing new and will hope that a truce may be patched up. It would be so sad if the Liberal organ should feel compelled to discard its old-time party, or if the party which has "made itself ridiculous" should disown its form-



By James W. Barton, M.D. TRYING TO INDUCE SLEEP

I have often wondered if any statistician has ever gathered together all the different suggestions for inducing sleep. Sleep is just as necessary as food, and the continuous loss of it injures the system. But as I've mentioned before, the loss of a couple of hours, two or three times a week, will not hurt you. Now what about these sleep suggestions? You know a number of them; counting the sheep jumping over a wall, counting your fingers over one at a time slowly and methodically, hot pad to the feet, deep breathing, and many more. I'm not going to suggest anything new, but I just want to outline the principle underlying the successful wooing of sleep. The principle is "Don't let your brain work." How can you prevent it working? Simply by slowly drawing the blood away to another part of the body. And that is the idea underlying the methods used so successfully in a sanitarium. With one person, a hot water bottle or electric pad is placed at his feet, and he is told to rest with his arms and legs slightly bent; not on the stretch. Another is given a bowl of hot soup, and advised to relax. For still another, a set of light exercises is prescribed, such as raising on the toes a number of times, or squatting on the heels. These exercises are taken to the point of slight exhaustion. I believe you see the idea. With the hot water bag or pad to the feet, the circulation is stimulated sufficiently to draw the blood gently from the brain. With the hot milk or soup in the stomach the blood goes in an increased amount to the digestive apparatus. You know how, after a substantial meal, you feel heavy, sleepy in fact. It is because the blood is putting its efforts into manufacturing juices for digestion, and in the actual muscular action of the stomach. This is the reason that business men and students often take just a light lunch at noon, as a heavy meal makes them heavy or mentally dull some time afterwards. And the exercise, if not taken too vigorously, draws the blood into the calf and thigh muscles and thus

away from the brain. My suggestion is to use the one that fits your particular case or age. If you have a very poor circulation and are getting up in years, rise of raising on your toes, or the hot pad, or the hot milk or soup, is indicated. If you are young the light exercise or squatting on your heels, is your best method.

FRIDAY, APRIL 11
CARDINAL BEAUFORT
(Henry) English prolate and statesman, half-brother of King Henry IV, died at Winchester, England, on April 11, 1447. He was president of the court that sentenced Joan of Arc to the stake.

GEORGE CANNING
Noted English statesman and orator, for a short period premier, was born on April 11, 1770. He entered Parliament at the age of twenty-four, and twice became Secretary for Foreign Affairs.

SIR HENRY RAWLINSON
English diplomatist and Assyriologist, distinguished for copying and deciphering the trilingual cuneiform inscription on a mammoth rock at Behistun in Western Persia, was born on April 11, 1810. His feat formed an epoch in the history of Assyriology.

CHARLES READE
English novelist and dramatist, noted for his censorious writings of social wrongs, died at London on April 11, 1884. Among his best known novels are "The Cloister and the Hearth," "Hard Cash," and "It is Never too Late to Mend."

Your Birthday
APRIL 11.—You possess a considerable amount of vanity, like to dress well, and are careful of appearances at all times. You are artistic, think quickly, act slowly, and love deeply. You are tender, kind, and thoughtful, and are dearly loved by your kin and immediate household. Beware of a tendency to find fault, and appreciate your many blessings. Your birth-stone is a diamond, which means innocence. Your flower is a daisy. Your lucky colors are red and yellow.

er organ and all because of that Indemnity Grab which they all cherished so fondly a few years ago!

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