

Woman's Realm :- Social and Personal :- Fashions :- Literature

Happenings of the Week

Lord Duncannon, who has spent the summer with his parents... Lord Willingdon, the Viceroy of India, whose visit to this Province is a pleasant memory... Senator John McLean of Souris celebrated his 87th birthday on Sunday last and received congratulations from all over Canada.

A Morning Smile

A teacher, giving a lesson on beans, asked the children to compose sentences containing the word "beans." The usual bright boy produced "My father grows beans," and the usual bright girl was ready with "My mother cooks beans."

Dorothy Dix's Letter Box

What Are the Three Essentials to a Happy Marriage? — Dilemma of Man Whose Old Love Won't Leave Him — Did Father Humiliate Himself to Child by Confessing That He Was Wrong? Dear Miss Dix—Some one asked me what I thought were the three essentials of a successful marriage. I replied: Good health, a sense of humor, a knack of getting along with people.

GARDENING

HARDY GARDEN BUSH FRUITS The Earl of Bessborough's Gardener Gives a Few Tips Equally applicable to gardens in many parts of Canada, are the remarks of Mr. T. E. Tomalin, gardener to the Earl of Bessborough, Governor General of Canada, at his Excellency's English country seat, Stansted Park, Rowlands Castle, Hampshire. Writing in the "Gardener's Chronicle" with reference to hardy garden bush fruits, Mr. Tomalin says:— "Where new plantations of these are to be made during the coming autumn the preparation of the ground should be taken in hand forthwith. Black and red currants, gooseberries and raspberries usually occupy the same site for many years, and it is therefore very necessary to thoroughly prepare the ground by trenching or double digging, and to enrich it with a generous dressing of farmyard manure. The manure should be dug into the lower levels, so that it does not come into immediate contact with the roots of the newly planted bushes, but where it will serve as a reserve of food when the bushes are beginning to bear fruits and will need extra nourishment.

FOR THE WOMAN READER

A FLAIN MAN'S CREED You don't get flowers unless you sow the seeds; Until you work and dig and pull up weeds Your garden won't be clear. Who values pleasure till they've felt some pain? The rainbow's glory only follows rain; Relief comes after fear. You can't buy knowledge, not the smallest bit. For men get gold by digging deep for it; Down in the earth it lies. You don't win races if you only trot; You've got to sprint, and sprint a jolly lot If you would win a prize. You can't have friends worth anything unless You show yourself a friendly soul, I guess. And stop to have a chat; And if you take a nasty knock one day Some good thing comes to smooth the lump away; For life is just like that! L. M. O. OUT DOWN THE ICE BILL Keep your ice box full at all times with as large blocks of ice as it will hold. This advice is to housewives who want to keep down the ice bills and to protect their foods by the most efficient method. Ice melts in proportion to the amount of surface exposed, so that small pieces disappear much more quickly than the same weight of ice in one or two large blocks. This applies in taking ice out of the refrigerator for outside use; care should be taken not to chip off a number of small pieces to be put back into the box. TWO-PIECE DRESS TO REPLACE PRINCESS STYLE The princess line, now supreme, will have its reign curtailed by the two-piece when the time comes to change. We say this on the basis of the increasing numbers of this style, not only in day-time fashions, but more recently, in evening fashions. It is, in fact, in this particular field, where the princess holds certain supremacy, that the adoption of the two-piece type was most unexpected. When the two-piece comes in and is accepted, it is not always possible to explain its success. At present, there seems no specially striking reason why it should be on the program, other than that the greater emphasis on the cocktail suit and its use of the formal blouse has merely paved the way for the two-piece dress to take hold. At present, practically all versions bear out this statement of relation to the skirt and overblouse of the cocktail suit, for the blouse is always in a contrasting color, and generally fabric, to the skirt. Black or its equivalent serves for the skirt, but blouses get through the pick of all the rich silks, including laces and metals and in a variety of colors. ATTRACTIVE WOMEN ON THE SCOTLAND YARD FORCE The three women detectives of the attractive personality and none yet 30 years of age—hence considerable interest is being manifested in them by the general public, though little is known about them beyond officialdom. They have been given permanent employment by Lord Trenchard, Commissioner of Metropolitan Police, as plainclothes detectives in London's West End. Two of them are dark haired, the third is a blond. For the past year they have undergone almost as rigorous a training as the male detectives. They are familiar with every branch of crime work—even taking fingerprints and assuming disguises. If you met one in Piccadilly you could not say: "I bet that's a woman detective." She might be dressed exactly like the most fashionable shoppers who throng the showrooms and stores, even to the lipstick. On the next encounter she might be an efficient, permanent-waved typist hurrying to the office. They have been able to trace the rendezvous of women criminals in London's underworld, and as a result more than one gang of jewel thieves has been broken up. PRESERVING MENT It is useful to have a supply of preserved mint on hand for making mint sauce during the winter months. It is simple to preserve and well worth the little trouble involved. Chop finely sufficient mint to fill a large breakfast cup. Cover the mint with boiling water and leave it to soak until cold. Finally stir in a few tablespoons of fresh vinegar. Store in airtight stone jars until required. The mixture should be of the consistency of thick mint sauce. When required for use about one tablespoon of the mint should be enough for mint sauce for six people.

Daintiness With Chic Styles

Illustrated Dressmaking Lesson Furnished with Every Pattern by Annabelle Wottingham. Delightfully fresh and simple is the pretty little dress patterned here—practical too. It is tartan plaided gingham, so smart and sturdy for small people. The collar is white pique. It will tub and tub and always come up smiling to the bitter end. Note the French yoke. Its new deep square cut and points that lend plenty of freedom for active youngsters. Linen, cotton broadcloth, dimity, wool challis prints and wool jersey are other nice ideas. Style No. 456 is designed for sizes 2, 4 and 6 years. Size 4 requires 1 1/2 yards of 39-inch material with 1/4 yard of 35-inch contrasting. Price of PATTERN 15 cents in stamps or coin (coin is preferred.) Wrap coin carefully. No. 456. Size Name Street Address City State

DON'T PUT UP WITH an UGLY SKIN

Fruit-a-tives give new beauty. "I was run down and listless. I felt irritable all the time. My face was a sight, due to pimples and rash. I was ashamed to meet people. 'Fruit-a-tives' proved just what I needed. In less than two months my skin cleared up. I got rid of severe constipation and felt full of pep." Fruit-a-tives... all drug stores

THE COOK'S CORNER

Doughnuts 2 eggs 1 cup sugar 4 to 5 cups flour 4 teaspoons baking powder 1 teaspoon salt 1 cup milk 1 teaspoon vanilla 1 tablespoon butter Beat eggs very light, continue beating while adding the syrup. Mix and sift two cups of the flour with the other dry ingredients. Add milk alternately with the sifted flour. Add the flavoring, melted butter, and beat hard. Add more flour to make a dough as soft as can be handled. Roll, cut out and fry in deep fat. Time in cooking, 3 minutes each. Temperature of fat, 380 degrees. Eggless Doughnuts 3/4 cup sugar 3/4 cup milk 1 tablespoon butter 1/2 cup not mashed potato Flour 2 teaspoons baking powder 1/4 teaspoon salt 1/4 teaspoon spice 1/2 teaspoon lemon extract Add sugar, milk, and butter to hot potato and stir in enough flour mixed and sifted with other dry ingredients, to make a soft dough. Roll, cut and fry in deep fat. Time in cooking, 3 minutes each. Temperature of fat, 380 degrees. FINED FOR CRUELTY TO CAT GRIMSBY, England, Sept. 29—Because he had subjected a cat to an operation without due care and humanity, George Ernest Greenfield, of Grimsby, who conducts a dispensary for sick animals of poor people, was fined \$25 and ordered to pay \$25 costs, when he appeared in court recently. Evidence showed that Greenfield had punctured the cat's eye and then sewn the eyelids up. He told the owner he had removed the optic, it was stated.



MOTHER... never give children a grown-up laxative. If your child is fretful, listless, has no appetite — he probably needs a good laxative. But — careful, mother! Many laxatives — made for adults — are far too harsh in action for the sensitive system of a little child. Yes, even "reduced" doses! Give your child the laxative made especially for children—Castoria. It is gentle, safe — yet effective. It does not gripe, contains no narcotics, and children actually like to take it! Purchase a bottle today — at your druggist's. Castoria for constipation in children from babyhood to 11 years