Woman's Realm ~ Social and Personal ~ Fashions ~ Literature

Snaps Up Sandwiches!

Meet the first Prepared Mustard made in Canada—and the finest. Meet the mustard that is your friend indeed on any sandwich assignment. Whether it's the daily chore of a workman's lunch—the occasional afternoon tea—or the annual family picnic, Schwartz Prepared Mustard is your supreme sandwich pep'er-upper. Makes meals more appetising by bringing out the hidden flavours of meats, fish and cheese. And on cold ham, oh boy!

W. H. SCHWARTZ & SONS, LIMITED
Canada's Oldest Coffee and Spice House
HALIFAX • NOVA SCOTIA

A Morning Smile

FOREARMED

"What about this 'ere universal disarmyment, Bill?"

"W'y, it's summat like me and my old woman. When there's a bit of a windy brewin' the one wot proposes peace is the one wot ain't got rid of the poker!"

ALMOST PLEASED

The teacher was trying to make Elsie understand subtraction and she said: "You have ten fingers, now supposing there were three missing what would you have then?"

"No music lessons," said Elsie promptly.

DOUGHNUTS

One egg ,1 cup sour milk, 1 cup sugar, pinch of nutmeg, ½ tsp. soda, enough flour to make a thick dough to roll, and if sweet milk is used add 1 tsp. of baking powder in place of soda. Fry in very hot lard so they cook fast and don't taste greasy.

FARMS PARED DOWN

In Romania where the laws of inheritance allow farm tracts to be divided from generation to generation, many farms have been scaled down to the dimensions of Canadian gardens.

Living & Leisure

The Woman's Realm

OPPORTUNITY

Said yesterday to tomorrow:
"When I was young like you,
I, too, was fond of boasting
Of all I meant to do.
But while I fell adreaming
Along the pleasant way,
Before I scarcely knew it,
I found I was today!

"And as today, so quickly
My little course was run,
I had not time to finish
One half the things begun.
Would I could try it over,
But I can ne'er go back;
A yesterday forever,
I now must be, alack!

"And so, my good tomorrow,
If you would make a name
That history shall cherish
Upon its roll of fame,
Be all prepared and ready
Your noblest part to play
In those few fleeing hours
When you shall be today."
—The Pacific.

HINTS ON ETIQUETTE

If your husband has a private secretary in his office, don't ask her to do errands for you on her lunch hour unless positively necessary. It takes time to obtain a place and a meal in a restaurant these days, and any employed girl has only enough time—and scarcely that—to do her own personal errands.

COLOR DERIVATION

Emeralds and rubies get their color from the same substance, chromium oxide.

BASIC DRESS WISE

A wisely chosen basic dress for one's individual need is always ready, and always in good taste. It is just what its name implies—basic, and you can build your wardrobe around it.

Rubies were believed in ancient times to have the power to stop bleeding.

My Neighbor Says:—Garden makers are wise if they begin dusting or spraying their roses very early in the season. In this way they are likely to ward off mildew and black spot. A number of different spraying compounds now for sale give good results.

To prevent juices soaking into the bottom crust of fruit pies sprinkle crust with granulated tapioca. To make sure you will have a juicy pie, fold edge of top crust under edge of lower crust, then crimp together in high scallops.

To prove that a modern motor car is one of the safest places during an electrical storm, a scientist recently sat in an all-steel automobile and had his assistants hurl a tit 3,000,000-volt flashes of man-made lightning.

In practically all vegetables, and especially the leafy and root sorts, the real secret of crispness and garden freshness is quick growth. Lettuce that has been stalled in its growth period or carrots or young beets that have received a check, then started to grow again, are almost sure to be tougher or woodier than they should be. The reason is simple. Once growth slows down for any reason, the roots or leaves start to toughen and cry-out, withthe result that crispness and tenderness soon disappear. Even if quick growth is resumed again, there is liable to be a lowering of the high, fresh quality one has a right to associate with vegetables grown right at the kitchen door.

A tablespoon of New Orleans molasses stirred into a glass of milk makes a molasses milk shake that is rich in the minerals needed for glowing health.

Chimney flues and smoke pipes should be cleaned at least once every year, preferably in the spring at the end of the heating season.

White Russia is thought to have been so named because of the former traditional costume of its people —white smocks, fibre shoes with white leggings and white home-spun coats.

"When I am tired and not regular

I depend on Fruit-a-tives"
LIVER TABLETS

Ellen's Diary

By An Island Farmer's Wife

This was the morning the young cattle were turned out to pasture on "the other farm." They would have spent Sunday in the open if the storm had not come on Saturday evening. The long awaited morning when stable-feeding would finally cease had come at last. I can not say whether James' calculations, as to the actual date were correct or not. I think that week by week as with practised eye, he carefully measured mow and bin, he had a fairly accurate idea that it would be round this time of year, they would finally be put to grass. Not perhaps that there would be any lack of fodder for them, but rather in hopes that some would still remain. I may say, James is the best man to want a surplus, not to part with, of course, but knowing full well, down the years, the occasional pinch of dry or wet seasons, he gets a feeling of confidence in having the extra stack ,or bin of "old" oats as he says: "To fall back on." So this morning, with his mind pretty well at ease, every one of the cattle kind, excepting the dairy-cattle and the wee calves, were gathered from the stables and driven in the road. At Rob's gate, those from his stables increased the number and together they were driven over to "the other farm," there to enjoy the luscious herbage, the cooling stream, the shade and shelter of trees and sheds until once more the stabling time comes round.

• • •

This is one morning I'm always glad to hail not that it makes so much difference to me, but the men at Alderlea gain a respite from the stable chores so time-consuming in his busy season, Jeanie and I helped get the animals on their way standing at gap and at gateway. I thought as they began the trip ,and found the hard clay of the road-bed foreign to their hooves, they acted much as I would if possibly I were set down on a foreign strand. They were timid and cautious at the beginning and then feeling that all was well, they confidently set forth determined to follow the road to its end. We watched them red and white and roan, as in orderly fashion and some for their first time, they disappeared over the hill on their way to their "green pastures."

• • •

It will perhaps be weeks before I shall see them again then perhaps at a "salting time", when they crowd about us and a strange-looking one eyes me in a friendly manner, I bewildered shall question James: "and this is . . . ? And he will answer patiently as he might to Jamie: "That's the one you carried drinks to all Spring" And I shall be puzzled by their changed appearance for the pasture will make them thrive.and it will not be so very long before those to be sold "off the grass" will be placed on board the truck to take their last long ride.

• • •

After dinner, James went in to assist Rob, at some work and Jock continued the ploughing. Jeanie and I finished the border we had begun prior to the rain on Saturday evening and planted it to dahlias, gladoli and nasturtiums by way of "breaking it in." It was in land that had not been cultivated for years so much labor went to preparing the seed-bed.. Pard will be obliged to work over-time keeping inquisitive hens from undoing this work of our hands. Then we planted almost all the vegetable garden, Jeanie doing the work of planting with utmost care and precision—It, I notice is a way school—ma'ams have, although of course there must be the exceptions—to make the rules! I'm not so sure there will be any bumper crop, for as I told James after he had spread what he considered an extra cost of fertilizer over it: "There might be enough, if it were all in one spot, to grow a geranium." James of course had the potato fields in mind when he doled us our share but as I say: "On Prince Edward Island, there'll always be potatoes!"

• • •

We had "company" at Alderlea this evening and Jeanie came from across the lane to help with the lunch. I was very well satisfied with the bread in the sand—wiches even if James does his best to curb my vanity. Young Bill Stevens—Kit's boy!—tired from driving their tractor all day and hungry from an early supper said: "Aunt Ellen, these hit the right spot!" The visitors chatted about the storm, the crops, this business of potato-planting and fertilizers and I heard James chime in with something about "the dark of the moon." As they went to their cars one said: "The moon is red to-night" and another said: "Look at the circle" and when James in an apprehensive way asked: "How many stars are inside it?" I heard Kit rejoin "stars? Its too late to count stars to-night!"

• • •

James tired though he is, after a telephone conversation went along as far as Rob's with one of the visitors. There's a sick animal there needing attention. James said not to wait up for him. So I shall obey him for once at any rate—It is so easy to do this night.

Until tomorrow — Diary—Goodnight.

A total solar eclipse cannot last more than seven and a half minutes; an eclipse of the moon may last well over an hour.

Dorothy Dix Says—

WIFE NEEDS PLAYGIRL CHARMS

Must Be Able To Jolly Husband Along As Well As Be Good Mother And Housekeeper

DEAR DOROTHY DIX—(1) Do you think a woman who is an excellent housekeeper, a wonderful mother and highly intelligent can hold her husband when he is attracted to gay, loving and sirenish women?

(2) Do you think it is wrong for a young girl to go out on dates with a married man who does not get along with his wife, but who have not secured a divorce from her because of his two little children whom he adores? (3) Do you see anything wrong in young people from 16 to 25 years old discussing such problems as sex, birth control and things of that nature?

(4) Do you believe the old proverb that "a woman should think with her heart and a man should think with his head?" (5) What a fellow tries to proposition a girl what other method ought she to take in addition to slapping his face? I think that slapping of faces is rather old-fashioned and there must be some simpler, more civilized way to make a man realise that you aren't that kind of a girl ,and still remain friends with him. CURIOUS GIRLS.

ANSWER—(1) Every man wants a wife who is an excellent housekeeper and good mother and who has plenty of sense, but she doesn't stand much chance of holding him unless she adds the charms of the playgirl to them and is gay and loving and is willing to take the trouble of jollying him along.

(2) It is not only wrong, it is silly for a young girl to fall in love with a married man who makes his children an excuse for not divorcing his wife, because she is bound to lose out in the end. There is no percentage in dates that do not lead to the altar. (3) There is nothing wrong in young people discussing the intimate problems of life, provided they do it with their doctors, or their clergymen or priests or rabbis. Otherwise it is vulgar curiosity.

(4) Both a girl and a man should use their hearts and their heads when picking out their mates. If they did, there would not be so many unhappy marriages. (5) Slapping a man's face when he propositions you is certainly an emphatic way of saying "no", but a better way is to keep him from insulting you by conducting yourself so dircreetly and modestly that he will know that you are the kind of a girl that even a cad treats with respect.

DEAR DOROTHY DIX—We have been married eleven years and my husband and I are very fond of each other and get along very well together except when we play bridge. If I make a mistake, it precipitates a scene. He berates me for playing a terrible game; that I don't pay attention; that I play like a fool and so on. He gets so furious and says so much that it is embarrassing not only to me, but to everyone around, and I get so hurt and rattled that I can't even see the cards. What shall I do? PERPLEXED WIFE.

ANSWER—The only thing you can do is just to refuse to play in a game in which your husband is taking part. If you love cards, that is a sacrifice, but it is better than being insulted by him and made to look ridiculous before other people.

It is commonly said that there are two things that no sensible woman should do. One is let her husband try to teach her to run a car. The other is to play cards with him.

DEAR MISS DIX—If a girl intends to tell her boy friend of her past before she marries him, when is the proper time to do it—before, or after she accepts an engagement ring? LINDA..

ANSWER—If she is ever going to do it, she should do it before. That will at least keep him from being able to say she deceived him when he throws up her past to her in a quarrel.

THE COOK'S CORNER

GINGERBREAD

½ cup of shortening
½ cup of sugar
2 eggs
1 cup of milk
1 cup of molasses
1½ teaspoons of baking soda
½ teaspoon of salt
1 teaspoon of ginger
2½ cups of flour
1 teaspoon of cinnamon (if you like it, some don't.)

Cream the shortening with the sugar and add the two eggs unbeaten and the molasses. Then sift in the dry ingredients and add alternately with the milk. Beat well and bake in a greased pan for about forty minutes.

A LOVABLE DUTCH GIRL DOLL IS MADE AT LITTLE EXPENSE

DESIGN NO. 886

Here is cute Dutch girl doll made of rags about 16 inches tall. Pattern No. 886 contains complete instructions for making the body of the doll, hair, clothes and shoes.

To order pattern: Write or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau Charlottetown Guardian.

Design No. 886

Name

Street Address

City Province

BREAK UP MENU MONOTONY

MAGIC'S MOLASSES BISCUITS

2 cups sifted flour
4 tspns. Magic Baking Powder
¼ tspn. salt
2 tbspns. sugar
½ cup chopped nuts, any kind, or raisins
4 tbspns. shortening
¾ cup milk (about)
¼ cup molasses
¼ cup water

Mix, sift first four ingredients. Cut in shortening until mixed. Slowly add milk to make soft dough. Roll ½-inch thick on lightly floured board; sprinkle with ¼ cup nuts. Roll as for jelly roll. Cut in 1-inch slices. Mix molasses and water and pour into well-greased layer cake pan. Sprinkle with remaining nuts. Place biscuits on top, cut side down. Bake in hot oven (425°F.) about 25 minutes. Turn out immediately. Makes 10.

MADE IN CANADA

MAGIC CUTS FOOD COSTS

SWIFT'S WEEKLY FOOD HINTS

Martha Logan, Swift's famed home economist, whose weekly, wartime cooking column is a regular feature of this page. Look for these valuable hints each Monday

by Martha Logan

Silverleaf Lard

Now in good supply and very reasonably priced, this fine cooking fat should be on every housewife's shelf

There was a time not so very long ago, when there seemed to be a real risk that we in Canada might find ourselves short of cooking fats. Fortunately, the efforts of Canadian farmers have averted that danger and now there is no reason why every kitchen in Canada should not be supplied with a pound or two of that wonderful standby, Silverleaf Lard.

Not only is lard a very valuable source of energy but it also contains other vital elements absolutely essential to health. Use lard in all kinds of delicious dishes, for pan-frying and of course in baked goods. It is good—good for you —and we now have enough.

Martha Logan

RHUBARB PIE

1½ cups sifted pastry flour
1 tsp. salt
½ tsp. baking powder
7 tbsps. chilled Silverleaf Lard
Ice cold water

Mix and sift into a bowl the flour, salt and baking powder. Cut half of lard into these dry ingredients, to the size of wheat grains—then cut in remainder of lard, to the size of small peas. Sprinkle with cold water, and mix with a fork, adding enough water to make a dough which will just form a mass that cleans easily from the bowl. Chill.

FOR THE FILLING:

5 cups ½-inch pieces of rhubarb
6 tbsps. flour
1½ cups sugar
1 tbsp. butter

Prepare the rhubarb. Add combined flour and sugar. Turn mixture into a deep pie dish (the sides may be lined with rolled-out pie-paste, if desired); dot with butter. Moisten edges of dish. Roll out paste, slit for escape of steam, and place over the rhubarb. Trim and crimp edges. Bake in a hot oven, 450 degrees, for 12 minutes, then reduce heat to moderately hot, 375 degrees, and bake until rhubarb is tender and crust baked and nicely browned. *Note:* A support may be placed in the centre of the pie dish before turning in the filling.

SWIFT CANADIAN CO. LIMITED

Makers of Premium Ham and Bacon; Silverleaf Lard; Jewel Shortening; Brookfield Butter, Eggs and Cheese

STELLA MARIS SCHOOL

Honor Roll for month of May.

Principal's Department

Grade —X—1. Freda Gallant, 2. Marion Doyle, 3. Gavan Doyle.
Grade X Junior — Joan Blacquiere.
Grade VIII—1. Alyre Pineau, 2. Lorraine Doucette, 3. Edgar LeClair .

Vice-Principal's Department

Grade VII—1. Rene Doucette, 2. Ida Doyle, 3. Rosena Gauthier and Louis Peters.
Grade VI—1. Hazel Gallant, 2. Beatrice Doucette, 3. Kathleen Gallant.

Intermediate Department

Grade V—1. Alvire LeClair, 2. Oswald Gallant, 3. Terence Doucette.
Grade IV—1. Frances Peters, 2. Margaret Rose Doucette, 3. Desmond Gallant.

Junior Department

Grade III—1. Lillian Pineau 2. Elizabeth McNeill 3. Mildred Gallant
Grade II—1. Annette Blacquiere, 2. Guelda Gallant, 3. Charlotte Gallant.

Primary Department

Grade III—1. Emery Gallant, 2. Velda Blacquiere, 3. Yvonne Gallant
Grade I—1. Betty Peters and Linus Doiron, 2. Albinus Gauthier, 3. Bernardine Gauthier.

This War—Four Years Ago

By The Canadian Press

JUNE 5, 1940—Battle of France began with German attacks on the Somme. Sir Stafford Cripps appointed British ambassador to Russia. Sixteen organizations including Fascist, Communist and Nazi bodies declared illegal under Defence of Canada Regulations.

Needlecraft

For The Home

VERSATILE TWO - PIECER

A bright little suds-lover that's keyed to your busy, summertime life—from hopping a commuter train in the morning to a movie-date at night.

No. 3654 in size 16 requires 3¼ yards 36-inch fabric. Applique included in pattern.

Send 20 cents for PATTERN. Print your Name, Address and Style Number plainly. Be sure to state size you wish.

Address Pattern Department the Charlottetown Guardian.

Name

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LONDON —(CP)— British Jews have undertaken to supply Mrs. Winston Churchill's Aid-to-Russia fund with 25 mobile ambulance units at a cost of $225,000.

THE SOLDIER'S PAL—MECCA OINTMENT
Should be in every kit—relieves sore feet, etc.

"I WANTED TO SHOUT FROM THE HOUSETOPS—

No need for clothes to look HALF-WASHED!"

THAT'S BECAUSE SUNLIGHT'S EXTRA-SOAPINESS GETS RID OF THOSE EXTRA-DIRTY SPOTS

SEE FOR YOURSELF HOW MUCH BRIGHTER CLOTHES COME ALL OVER

● Just a touch of Sunlight on the soiled parts leaves a film of soap . . . and as you wash, Sunlight whips up into the richest, deepest-cleansing lather you ever saw. No wonder Sunlight never leaves clothes looking "half-washed." Grand for dishes and so kind to hands, too!

FOR A COMPLETE WASHING JOB . . YOU CAN'T DO WITHOUT SUNLIGHT