

PAIN IN YOUR BACK

It may be a mild form of muscular rheumatism, or it may mean that your kidneys are not doing their duty. When the kidneys fail to filter the poisonous waste products from the blood, there is sure to be trouble in the form of rheumatism, skin diseases or something of a serious nature.

Take Penslar Bucha and Palmetto Compound at the first indication of kidney or bladder trouble. Of all the Penslar Remedies there is none we hear more good things about from our customers.

E. A. FOSTER Central Drugstore Headquarters for the Penslar Remedies

CHILD'S TONGUE BECOMES COATED IF CONSTIPATED

WHEN CROSS, FEVERISH AND SICK GIVE 'CALIFORNIA SYRUP OF FIGS.'

Children love this "fruit laxative," and nothing else cleanses the tender stomach, liver and bowels so nicely. A child simply will not stop playing to empty the bowels, and the result is, they become tightly clogged with waste, liver gets sluggish, soars, then your little one becomes cross, half-sick, feverish, don't eat, sleep or act naturally.

Millions of mothers give 'California Syrup of Figs' because it is perfectly harmless; children love it, and it never fails to act on the stomach, liver and bowels.

Behring Sea Fur-Bearing Seal Herds Have Increased

(Canadian Press Despatch.)

SEATTLE, Wash., October 30.—The seal herds on the Behring Sea have increased so rapidly since the killing of the fur-bearing animals was prohibited that the government will begin to kill them regularly next year, according to a statement by H. J. Christopher, assistant agent for the United States bureau of fisheries, who has returned from an inspection trip to the islands.

LONDON, October 31.—The United States embassy today received a report from Wesley Frost, American consul at Queenstown, that the British steamship Marina had been torpedoed without warning.

Sensation In U.S. Election Campaign

NEW YORK, Oct. 30.—The first real sensation of the political campaign was sprung Saturday night by United States Senator Henry Cabot Lodge when in a speech at Somerville, Mass., he asserted that President Wilson, at the time the second Lusitania note was sent to Germany, wrote a post script informing the German Government that the contents of his former "strict accountability" note were not to be too seriously interpreted.

LIFE AT SEA

While seamen are required in some branches of naval service to receive little or no previous sea training can be placed in the larger ships, where, side by side with seasoned comrades, knowledge of life and fighting routine on a battleship can be acquired by the intelligent and keen recruit in less time than a landsman would deem possible.

Moulding Character Of The Child

Mrs. P. W. Anderson, a dramatist and author of considerable repute, delivered an interesting, clever and educative address before a meeting of the Ottawa Women's Club, setting forth the great part home influence plays in moulding the character of the child; suggesting the improvements parents might effect both in their personal lives and in the furnishing of the home.

When we consider the countless possibilities and influences which tend toward the shipwreck of homes we are overwhelmed by the tremendous responsibility which women as homemakers have assumed, and are tempted to echo the cry of old, "Who is sufficient for these things?"

Our particular interest today, however, is in the mother, for it is she, the home and truly it has been said that no knowledge is too great too small or too varied for a mother to possess as she can find ample scope to exercise it all within the four walls of home.

Byron would limit a woman's library to the Bible and a cook-book, while the old Roman laying no stress upon education either of a religious or culinary nature could pay no higher tribute to the Roman matron than to affirm "she sat at home and spun."

GERMANS SEND S.O.S. FROM THE MEUSE

PARIS, Oct. 31.—A German carrier pigeon was captured by the French at Port D'oumont during the fighting in the region of Verjucq on Tuesday. It carried the following message: "The rolling fire of the enemy with guns of the heaviest calibre is such that sectors S.O., and H. are to a great extent levelled. The garrison, including that of sector V., is disappearing completely. Some of it has been obliged to fall back on the 88rd and 98th Regiments, which also had to retire."

A LAND OF GOLDEN OPPORTUNITY

"Canada, without any booming, is going to be one of the greatest countries in the world. "The Canada of today is a land of peace and plenty, a place of sunshine and big crops, a country whose soil spells wheat and out of whose farms thousands are growing rich."

How School Teacher

Alburta, Pa.—"I am a teacher in the public schools and I got into a very nervous run-down condition. I could not sleep and had no appetite. I was tired all the time. My sister me to try Vinol. I did so, and within a week my appetite improved and I could sleep all night and now I feel well and strong."

A RED CROSS POET

The author of "Songs of a Sourdough" has been on service for more than a year as a Red Cross chauffeur in the Anglo-American Ambulance Corps. Out of his wonderful experiences he has written a volume of verse entitled "The Rhythms of a Red Cross Man" in which he shows the comedy as well as the tragedy of the life. The following is a characteristic poem:

room hung with pictures is a room hung with thoughts. That home is a failure which is not made attractive, a place of repose, peace, cheerfulness and comfort, where the soul can renew strength to encounter the labors and troubles of life. A home that is merely a house furnished, is on a par with the furniture store and fails for short of realizing its possibilities.

Present day architecture has made great advances in the rendering of houses comfortable and labor-saving. Ruskin tells us that good architecture is essentially religious, while many who have made a study of social conditions and criminology claim that the passing of the old fireplace—the heart of the home—around which the whole family were wont to assemble has played a prominent part in the falling off of home life during the last quarter of a century.

When we are tempted to return after a more up-to-date manner, let us hesitate before we remove the old land marks, and ask ourselves if we have sufficient gratitude to behold with calm and unruffled spirits our new possessions, put to good every day wear and tear, without ever being in danger of developing the nagging habit, or driving on most precious possessions into the street, preserving our petty belongings at the price of losing our children.

Love of Country

That home is a failure in which love of country is not inculcated and emphasized. Let us teach our children regarding the liberties and freedom which we as part of a great nation, enjoy, and which while we are assembled here in comfort and safety many brave men are laying down their lives to uphold and to those who have gone forth to do battle for us and to the self-sacrificing wives and mothers who remain, we feel we owe a debt which our children's children cannot hope to repay.

Work Out Own Ideas

In our present day we prefer to accept neither the limitations of Byron nor the tribute of the Romans, but to work out our own ideas along the lines laid down by Ruskin, namely, in order to avoid failure in the home as well as in art "the hand, the head and the heart must labor together." Home makes or mars the child. It is mainly in the home that the heart is open to influence, the habits are formed, the intellect awakened, and the life moulded for good or for evil.

HOME MUSIC

A house without music is like a nursery without children, silent, gloomy and desolate. Music is the harmonic soul of life, breathed or suggested everywhere in nature, and only absent from the lips and hearts of those who are "fit for treason, stratagems and spoils." The influence of music is not only soothing and delightful to the ear, but is refining, purifying and exalting to the mind and heart.

Song by a Prospective Exile

Shades of evening close not o'er us, Leave our lonely bark awhile, Morn, alas! will not restore us, Yonder dim and distant isle, Still my fancy can discover, Sunny spots where friends may dwell, Darker shadows round us hover, Isle of beauty, fare thee well, 'Tis the hour when happy faces Smile around the "spars" light, Who will fill our vacant places? Who will sing our songs tonight? Through the mists that float above us, Faintly sounds the vesper bell, Like a voice from those who love us, Breathing softly, fare thee well, When the waves are 'round me breaking, An I pace the deck alone, And my eye in vain is seeking, Some green spot to rest upon, What would I not give to wander? Where my old companions dwell, Absence makes the heart grow fonder, Isle of beauty, fare thee well.



no little joys or sorrows. All their experiences are overcast. They are cast down to the deepest depths of woe at the loss of a copper, and transported to the highest heaven at the prospect of adopting a vagrant fellow.

There is where we fall. From the high altitude of our wisdom and experience it is difficult for us to reach down and appreciate the intensity of their joys and sorrows, and yet if we are to retain their confidence we must cultivate a sympathy with their interests which will form a basis of a true and lasting companionship.

Many a child receives his sole knowledge of the Bible and of other things during his intermittent half hour spent in Sunday school; and in some miraculous manner his parents expect him to grow up God fearing the law abiding, without any effort on their part to lend the little feet into the way everlasting.

Example of Parents

Many parents are conscientious regarding precepts, but feel no responsibility regarding example. While the children are small they are sent to Sunday school and possibly to church occasionally, but seeing father and mother indifferent along these lines, it does not grow into part of their lives, and when the children grow older and choose their ways, the parents lament the fact that they have grown up so indifferent to all that pertains to the higher life.

STOCK QUOTATIONS

(Special to the Guardian) HALIFAX, N. S., October 31.—(Quotations furnished by F. B. McCurdy & Co., Stock and Bond Brokers, Members Montreal Stock Exchange, McCurdy Building, Halifax, N. S.)

Table with columns for stock names, 28th, and 31st. Includes items like Atchafon, Am O and Py, Am Loco, Anaconda, Am S and R, Can Pac, Gen, Col F and I, Crucible Steel, M. F. Ct, Mex Nor Power, Nor Pac, Pa Steel, Reading, Stubbins, Union Pac, U. S. Steel, U. Copper.

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SHALL WE HAVE CONSCRIPTION?

Today as I walked the public street, A healthy young shirker I chanced to meet. A smiling young damsel tripped at his side Who looked upon him with evident pride.

A lawn tennis racket he gracefully bore But he is a shirker from centre to core, White pants, white shoes, a full open vest, Revealed to the eye a muscular chest.

If Conscription should come and I hope it will, We could send those Shirkers to face Kaiser Bill. Of course they would run at the very first crack, And a German bullet they would get in the back.

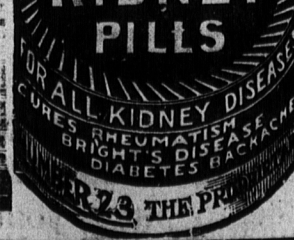
Thousands of our boys are out at the front, Enduring "trench warfare," doing their stunt. That the Shirkers at home can enjoy life, Far from all danger, of battle and strife.

Girls: do you think you are entirely blameless, To encourage a man who is utterly shameless, Turn them down little girl, with a flash of your eye, And if they should ask you the reason why.

Say: I like you all right, but you have no inclination To fight for your God, your country, or nation, A man who won't fight for his home in this strife, Has not enough sand to fight for a wife.

Nearly a half million have gone out overseas, While thousands remain to loaf at their ease, Those who went, saved the nation, Going down in glory, like the setting sun.

It was a Shirker when the boys come home, To the woods for me as a place to roam, But they will be at the station, shouting to "beat the band," You will know them every time with neither grit or sand.



Jewelry

If you want honest goods at honest prices you will not forget us when about to purchase a Watch, Clock or article of Jewelry. Special attention given to repairing of Watches etc.

C. W. Patterson Jeweller

WHAT AIR PATROLS ARE DOING

As for the way in which British aviators bully the enemy's machines when they can get at them, a few specific examples will illustrate it. Says the London Times correspondent, "On September 1 Lieutenant... encountered a formation of 12 Roland's. Naturally, Lieutenant... got away as fast as he could. Did he? Read this:—

"He dived in amongst them. Firing one drum. The formation was broken up. Lieutenant... then got under the nearest machine and fired one drum at 15 yards from the pilot's seat, causing the machine to plunge to earth southeast of Bapaume. Shortly afterwards some more hostile aeroplanes came up in formation. Lieutenant... attacked one, which went down and landed in a gap between two woods. Several other machines were engaged with indecisive results, and, having expended all his ammunition, Lieutenant... returned."

It was careless of Lieutenant... not to have more ammunition about him; but what is one to say of a man like this, who spends a happy day in tackling first 42 enemy machines, and then several more, driving into them like a hawk into a light of pigeons, and simply "shooting" them all over the sky?

And that same evening another lieutenant took a hand in the game which he had just won. He was engaged with one into had only eight birds. He picked out one—doubtless the old cock, though the report does not say so—which "went down in a spin" (you know how a bird does it sometimes) "falling near Bapaume." The neighborhood of Bapaume seems to have been fairly sprinkled with damaged enemy aeroplanes that day.

Another day two officers "encountered" six enemy machines near Cambrai. Then follows:— "While he was diving at the hostile patrol leader three hostile machines dived on to the tail of Lieutenant A's machine. One of the enemy machines was attacked by another pilot, while Lieutenant B. engaged another and fired 2 1/2 drums into it as it passed across the tail of his machine. This enemy machine made a vertical dive with a stream of smoke pouring out behind. Lieutenant A. turned and opened fire on the third machine with his front gun, firing about 20 rounds at it. The pilot turned and got under the tail, and Lieutenant A. also turned and fired another 20 rounds into it, after which it was seen to drive vertically out of control and to turn on its back. The remaining hostile machines dispersed and were seen to land west of Cambrai."

On another occasion one of our machines was attacked by four of the enemy, but, "turning sharply, emptied one drum into the nearest at 20 yards range," when the enemy turned on his side and fell. The pilot then attacked another machine which was just above him, firing a drum and a half at close range. The Roland turned a complete cartwheel on its right wing tip and fell out of control.

These little exploits are only incidents in the regular daily work of our flying men. Their most important job in spotting enemy gun positions, and other things that our own guns may get on to. On one day 132 targets are thus "dealt with." On another day our men drop bombing an aerodrome and they see the enemy wheeling all their machines out of the sheds—which they know will be bombed—so our men drop a little lower and bomb the machines in the open. Another time they go for a factory and "a big explosion occurs." Then it is a railway station which "is hit in several places." Or they come down and use their machine-guns on the soldier workers manning about a pitch-head, or on "the enemy's support lines" or the second line hostile trenches south of Beaumont Hamel."

One does not wonder that the Germans in their trenches hate our aeroplanes. What one does wonder at is that now for months and more that it has been going on, and that it is only in bursts when the protection of bad weather has given the enemy a chance to pull himself together, that the German airmen attempt the initiative at all.

BRITISH SAILORS' RELIEF FUND.

Previously acknowledged \$3064.25 New Perth Red Cross Society (per Mrs. S. Van derstine) 25.00 Total \$3089.25 J. M. HUGHES, Secy treas.

Saxol Salve

CURES SKIN AFFECTIONS. One package proves it. Sold and guaranteed by above Vinol druggist.