

THINK IT OVER.

Something You Can See in Any Restaurant or Cafe.

A physician puts the query: Have you ever noticed in any large restaurant at lunch or dinner time the large number of hearty, vigorous old men at the tables; men whose ages run from 60 to 80 years; many of them bald and perhaps gray, but none of them feeble or senile? Perhaps the spectacle is so common as to have escaped your observation or comment, but nevertheless it is an object lesson which means something.

If you will notice what these hearty old fellows are eating you will observe that they are not munching bran crackers nor gingerly picking their way through a menu card of new faugled health foods; on the contrary they seem to prefer a juicy roast of beef, a properly turned loin of mutton, and even the degraded broiled lobster is not altogether ignored.

The point of all this is that a vigorous old age depends upon good digestion and plenty of wholesome food, and not upon dieting and an endeavor to live upon bran crackers.

There is a certain class of food cranks who seem to believe that meat, coffee and many other good things are rank poisons, but these endeavoring, sickly-looking individuals are a walking condemnation of their own theories.

The matter in a nutshell is that if the stomach secretes the natural digestive juices in sufficient quantities any wholesome food will be promptly digested; if the stomach does not do so, and certain foods cause distress, one or two of Stuart's Dyspepsia Tablets after each meal will remove all difficulty, because they supply just what every weak stomach lacks, pepsin, hydrochloric acid, diastase and nut.

Stuart's Dyspepsia Tablets do not act upon the bowels, and in fact are not strictly a medicine, as they act almost entirely upon the food eaten, digesting it thoroughly, and thus gives a much needed rest and giving an appetite for the next meal.

Of people who travel nine out of ten use Stuart's Dyspepsia Tablets, knowing them to be perfectly safe to use at any time and also having found out by experience that they are a safeguard against indigestion in any form, and eating, as they have to, at all hours and all kinds of food, the traveling public for years have pinned their faith to Stuart's Tablets.

All druggists sell them at 50 cents for full-sized packages, and any druggist from Maine to California, if his opinion were asked, will say that Stuart's Dyspepsia Tablets is the most popular and successful remedy for any stomach trouble.

PREFERRED TO WAIT

Some Westville People Won't Have Any Other Flour Than "Royal Household."

The WESTVILLE FREE LANCE recently obtained the following interview with Geo. E. Munro, one of the leading merchants of Pictou County. I will be read with interest by all who have used and are using "Royal Household" Flour.

"Yes, we handle 'Royal Household' Flour; we sell a good deal of it," he called at the store of Mr. George E. Munro. "I am sorry to say that for a few days we were completely sold out of stock; but a carload now coming in will keep us going a little while unless the demand increases, which it may do, judging by the reports we hear of 'Royal Household's' popularity in other parts of Canada."

"I understand," said Mr. Munro, "that 'Royal Household' is now the popular flour, as far west as Victoria, British Columbia, and that the millers who make it have had great difficulty in keeping up with their orders. I have made no effort to obtain the opinion of Westville people who have bought the flour, as to its quality, but this I can say, that no complaints have been made, which is a very good sign that the flour gives satisfaction. During the few days we were out of stock several people came to us anxious to get a barrel of 'Royal Household,' and when asked if they would have a substitute the reply invariably was that they would wait for the new carload to come from the mills. Personally, I believe that 'Royal Household' is a very fine flour, probably the finest that has ever been made in Canada, and I have no hesitation in selling it as such. You are at liberty to make this statement in your paper, in fact I would consider it fair to have you do so."

dom 21, 23

Dominion Blend Tea

Sales exceed that of any other in the Lower Provinces. Choicest growth of India and Ceylon.

RUSSIA IS READY TO ASK FOR PEACE

Grand Dukes, Czar, Ministers, Newspapers, and People Are Eager to End War. Already Talk of Terms. Generally Admitted That Manchuria is Lost.

St. Petersburg, Feb. 13.—Russia's cry is for peace with Japan, and peace at once, no matter what the cost. No one talks of the possibility of a spring campaign in Manchuria. There is no more grandiloquent talk of "crushing Japan." There is no further insistence for "just one victory."

The newspapers openly favor peace. The grand dukes are reconciled to it. The Czar is eager for it. The ministers openly discuss it.

M. Witte, the most influential man in the Government, is quoted as saying: "Peace must be secured in the far east at any cost."

The newspapers take a pessimistic view of the war, and generally admit that Russia must seek peace at once. The Bourse Gazette, in a remarkable editorial, goes to the length of saying that while Russia has not won a victory, the lustre of Russian arms is not dimmed, and therefore Russia can without humiliation discuss the possibility of a termination of the war.

The Neshadri publishes an open letter from the secretary of M. Bezobrazoff, president of the Yalu Timber company, demanding the truth about the Yalu river concession, which he claims were the direct cause of the war. He declared that when the truth is known it will be seen how easy it was to adjust the differences with Japan.

Sauvurin, editor of the Novoe Vremya, in a pessimistic review of the first year of the war in today's issue of his paper attributes the responsibility for the Russian disasters firstly to Foreign Minister Lamsdorff, former Viceroy Alexieff, and Baron Rosen, late Russian minister to Japan, whom he accuses of drawing Russia into a terrible war by complete ignorance of the true state of affairs in the far east. M. Sauvurin declares the reason for the fall of Port Arthur before the complete exhaustion of its means of resistance was the death of Maj. Gen. Kondratenko, "who was the real hero of

the defense of the fortress and who filled both the civil and military men with courage, while Lieut. Gen. Skosseloff only manifested civil courage."

The general talk for peace is accompanied by a discussion of the terms Russia would be willing to accept. First of all, it is considered impossible to meet any demand for a cash indemnity. It is conceded, however, that Russia must retire from the whole Liaotung peninsula, and consent to Japan's occupation of Port Arthur. Manchuria, of course, would be returned to China.

The army organ publishes official statistics of Field Marshal Oyama's forces, based on the regimental numbers on the uniforms of the Japanese killed during the engagements with Gen. Kouropatkin's forces.

According to this report Gen. Kuroki, commanding the Japanese right, has 76 battalions, 11 squadrons, and 306 guns, about 85,000 men, besides 70 to 80 reserve battalions. Gen. Nodzu, commanding the center, has 60 battalions, 6 squadrons, and 198 guns, or 65,000 men.

Gen. Oku, commanding the left, includes Gen. Nogai's forces, has 98 battalions, 23 squadrons, and 342 guns, or 110,000 men. The number of reservists with Gen. Nodzu and Oku is unknown.

The total of Field Marshal Oyama's regular troops is placed at 205,000 cavalry and infantry, and 830 guns. The total number of reservists is probably 100,000. Military men estimate Gen. Kouropatkin's superiority at about 40,000 men without including the Sixteenth army corps, which is not yet in the Far East.

A SMILE IN EVERY DOSE.

If your little ones are cross, peevish and fretful, give them Baby's Own Tablets, and they will soon be cheerful, smiling and happy. Wonderful mothers who use this medicine will find their little smile in every dose. Mrs. N. Nathan, Noshonong, Ont., says: "Before I began using Baby's Own Tablets my little one was always sickly and cried day and night. But the Tablets have regulated his stomach and bowels, and he is now a healthy, good-natured and growing child. Mothers need not be afraid to use this medicine—it is guaranteed to contain no opiate or harmful drug, and may be given with perfect safety to a new born babe. Sold by all medicine dealers or sent post paid at 25 cents a box by writing the Dr. Williams' Medicine Co., Brockville, Ont.

\$450 TO THE TON.

SAULT STE. MARIE, Feb. 12.—There is excitement in the Webwood gold field over the finding of ore running \$450 to the ton. Machinery has been running a few days with good results. It is claimed there is \$5,000,000 worth of ore in sight without going below the present level. A big rush of prospectors is expected in the spring.

CATARH OF THE HEAD

Is very common, but awfully dangerous because it causes deafness and leads to consumption. Cure is as certain to follow the use of Catarrhzone as day is to follow night. You simply breathe the fragrant healing Catarrhzone which spreads through the nasal passages, throat and lungs, driving out every vestige of catarrh. "I was cured of chronic catarrh of the nose and throat" writes Ernest M. Wilkinson of Lauriston "after many years of misery by Catarrhzone which is a splendid remedy to keep the air passages from becoming Catarrhzone relieved quickly and my cure has been permanent." Price \$1.00 for two months' treatment; trial size 25c.

BRUCH SI AND THE POPE.

MONTREAL, Feb. 12.—A cable from Rome to-day says Mgr. Bruchesi has secured from the Pope the complete separation of the Montreal and Quebec branches of Laval University. It is said that Montreal will benefit by the separation.

HE WANTED TO BE PRESIDENT OF A BIG RAILROAD.

Once there was a school teacher who had to pull his class what they desired to make them contented for life. One little fellow said: "I want all the tea loon pudding I can eat." Another said: "I want to be President of a big railroad." Twenty years later this same teacher on visiting the jail met the "tapoon pudding boy," who was serving a term for vagrancy, while in a mansion surrounded by a happy family lived her other "pup," his ambition realized.

Nearly a quarter of a century ago Paton & Co was organized. Its ambition was to become the finest store in Charlottetown, and today this magnificent shopping headquarters stands without a peer—a tribute to ambition and energy, the foundation stones of success.

A multitude of discriminating people are now reaping the benefits of our success, which centres around "knowing how to buy" and "giving values that other stores are unable to equal."

We want you to enjoy the manifold advantages of our furniture department. See us in our carpet department this week. Jas. Paton & Co. 18dwf.

OLD SECRET SERVICE MAN TELLS OF MYSTERIOUS CRIMES

U wittingly Tracked Two Famous Detectives All Over Europe—How the Unknown "Red Wool" Conspirators Put his Friend to Death.—Dramatic Story of the Life of the Sleuth Hound.

Francis Lake, who for a number of years has been a trusted detective on the Australian secret service, has recently published some of his adventures, which are distinctly of the Sherlock Holmes variety.

"I always liked the life of a detective," said Mr. Lake, "and have worked at it since I was quite a youngster. Before being married I had worked in the West End, and was thoroughly familiar with all the low-class clubs and the Court penal scum who frequent them. They are the men who give the C. Division of the police such a great amount of trouble."

"I had a friend in high office at Scotland Yard who knew my liking for detective work, and he introduced me to a secret service agent of the Austrian Government working in London. The latter at once offered to pay me a salary to assist him, and for twelve months I worked as a secret service spy. At the end of that period he offered to retain me in the secret service."

HAD TO SWEAR TO SECRECY.

"My first duty was to sign a bond in London that I would never divulge my business or my whereabouts even to my relatives or friends. Not even my wife knew my real occupation during these years, and in fact I told all my friends that I was in the employ of the Eastern Telegraph Company, which would account for my constant absence abroad. For a short time, while in the secret service, I worked for a newspaper in Fleet Street, the editor having no knowledge of my real occupation."

"After signing the bond of secrecy I was sent to Vienna, and spent the first two months in familiarizing myself with Austrian criminals. "One day I was shown the photographs of two men in ordinary attire and told to impress their likenesses on my mind. The following morning I was introduced to two gentlemen by a secret service officer, and at once recognized them as the men whose likenesses I had seen the day before. When they had gone the officer told me they were two well-known criminals, and that I must follow them wherever they went. At the same time he handed me a bundle of notes and told me if I needed more money to apply to the police commissary in whatever town I found myself or else to the Austrian consul."

"In the evening the two men left Vienna, and I followed them by the same train to Paris. From Paris they came to London, and proceeded to a low club in Soho. Never for one instant did I lose track of my men. They left London a couple of days later, and I followed them back again to Vienna. On getting out of the train at the station I was met by the officer who had despatched me and introduced to the supposed criminals I had been tracking. They proved in reality to be two of the best known detectives in the Austrian service."

"By far the most extraordinary and thrilling case with which I have been connected was that of the murder in the Rue Arcole in Paris, on Jan. 21, 1902. The murdered man was an Austrian by birth, but for a minor political offence was sentenced to seven years' banishment from his native country. He went first to France and took up his residence in Paris."

"RED WOOL" MYSTERY. "I met him there, and on the second night after our arrival in the French capital I invited him to dine with me at the well-known Cafe Viennois, in the Rue Montmartre."

"While sitting at the table I noticed he got rather fidgety, and at last suggested that he had better leave me to finish dinner alone. On inquiring the reason, he called my attention to a group of five well-dressed men at an adjacent table, and informed me that he knew them, and it would be better for me not to be seen in his company."

"On looking across at the group I recognized one of the men as relative of the murderer of the Empress of Austria. I persuaded my companion not to leave hurriedly. A few moments later one of the occupants of the other table noticed us, and after scrutinizing us for a time, rose, came over to our table, and addressed my companion in his native tongue."

"At the finish of the conversation the two men raised their hats to each other, and my companion, turning to me, begged me to come outside immediately. Once in the street, he turned to walk towards the Opera House, and I asked him to tell me the meaning of his strange behavior. He would not answer a word until he got to the corner of the Opera House, when he stopped abruptly and said: "You are only a young man, and you don't want to die yet, do you?" "Not if I can help it," I replied and

clutched my revolver in my overcoat pocket, thinking he meant to attack me. "Well," he continued, "take my advice. I have done you a little service and you have done me several little kindnesses. Go to the Commissary of Police, ask him for a protective escort, and don't stop travelling until you are out of the country. If you don't follow my advice RED WOOL will end your career. An revolver and bon voyage, monsieur," and he immediately turned and walked away towards Cook's tourist offices.

"From that day to this I have never succeeded in solving the mystery, for the following morning my companion was found dead in the Rue Arcole, stabbed to the heart with a knife round the handle of which was tied a bow of RED WOOL."

Fairville, Sept. 30, 1902. C. C. RICHARDS & Co.

Dear Sirs,—We wish to inform you that we consider your MINARD'S LINIMENT a very superior article, and we use it as a sure relief for sore throat and chest. When I tell you I would not be without it if the price was one dollar a bottle, I mean it.

Yours truly, CHAS. F. TILTON.

THE WORLD OVER Thousands of Mothers are using DR. CODERRE'S INFANTS' SYRUP

For Children's Ailments, you cannot but admit the fact that this preparation is one of merit and is all what is claimed for it. It is safe, pleasant and soothing for children teething, and a prompt check for bowel and stomach troubles.

Physicians and Professional nurses recommend it. In purchasing, see that Dr. Coderre's signature and portrait is on every wrapper. Beware of the many SYRUPS put up in a similar form and made to look like Dr. Coderre's.

Price, 25c. per bottle, or by mail on receipt of price. Sole proprietors, THE WINGATE CHEMICAL CO. LIMITED, Montreal, Canada. STANTON'S PAIN RELIEF, A FAMILY REMEDY FOR INTERNAL AND EXTERNAL USE

It is Claimed

that more eyes are ruined by improperly fitted glasses than by natural causes. Eye defect comes sooner or later to all alike and to be properly fitted means years of comfort ahead. Our optical department is equipped with the latest appliances and is at your service.

G. H. TAYLOR, Jeweler and Optician. SUNNYSIDE.

Iron-Ox Tablets

When the body is in a weakened and exhausted condition, the quickest way to get right is to use Iron-Ox Tablets.

Those who feel that weary, dragged-out feeling that indicates loss of vitality and general weakness of the system, seldom realize how dangerous their condition is. There is constant misery when the body is in this condition. The appetite is gone, the stomach cannot digest its food properly, the nerves are irritable and on edge, and sound sleep is impossible. Iron-Ox Tablets do wonders for the man or woman in a run down condition. They quickly put the stomach, bowels and nerves in a healthy state, so that the whole body is toned up and strengthened, and every organ performs its duties in a regular and normal manner. Iron-Ox Tablets cure by toning up the stomach, bowels and liver to proper and regular action. They act upon the nerves, soothing and quieting them, so that rest and refreshing sleep follow their use. Fifty Iron-Ox Tablets in a handy aluminum pocket case, 25c. Buy of your druggist or send direct to The Iron-Ox Remedy Co., Detroit, Mich.

For sale in Charlottetown by Apothecaries Hall, Johnson & Johnson, H.A. Mills, A.W. Reddin, McDonald & McKinnon and in Summerside at Gourlie's Drug Store.

Colds Become Pneumonia

AND BRING FATAL RESULTS IN A REMARKABLY SHORT TIME THE SAFEGUARD IS DR. CHASE'S SYRUP OF LINSEED AND TURPENTINE.

Nearly everybody knows that pneumonia results from neglected colds and yet there is scarcely a newspaper you pick up these days but contains the report of some fatality from this deadly disease. Colds are so common that the danger they carry with them is overlooked.

Dr. Chase's Syrup of Linseed and Turpentine you have a positive cure for colds and a complete safeguard against such serious developments as pneumonia and consumption. The exceptional curative properties of turpentine and linseed are well known, and in Dr. Chase's Syrup of Linseed and Turpentine they are combined with half a dozen other ingredients in such a way as to be pleasant to the taste, and wonderfully powerful in the cure of throat and lung diseases.

Such ailments as croup, bronchitis and asthma are quickly relieved and entirely cured by this treatment. There is, we believe, no medicine so well suited for family use as a cure for coughs and colds, and as a safeguard against the deadly ailments which so frequently arise from them.

MRS. EUGENE LEE, King Street, Truro, N. S., states: "From an infant one of my children was troubled with bronchitis, and the least cold would aggravate the trouble. We could not get anything to help him and were often greatly alarmed. Hearing of Dr. Chase's Syrup of Linseed and Turpentine as a treatment for bronchitis we used it, and are glad to state that it effected a complete cure. If any of the children are troubled with cough or cold, give them a little of this medicine, and have never known it fail to bring relief."

Dr. Chase's Syrup of Linseed and Turpentine, 25 cents a bottle, family size, three times as much, 60 cents, at all dealers, or Edmondson, Bates & Co., Toronto. To protect you against imitations, the portrait and signature of Dr. A. W. Chase, the famous receipt book author, are on every box.

When fitting up for Spring work try the NEW FOUNDRY Foot of Queen Street For CASTINGS, REPAIRS of all kinds. Founders, Machinists and Boilermakers. The Charlottetown Foundry Machine Co. Ltd. Phone 73 Peake's No. 1 Wharf. P. O. BOX 411.

Have you seen Our New Grade of Extra Strong Wrapping

In Natural Color especially suited for Dry Goods. Best Wrapping for large parcels. Stocked in 3 sizes—made to order in any size.

SCHOFIELD BROS.,

St. John, N. B., Selling Agents. The E. B. Eddy Co. Ltd., Hull Paper Mills

Some Half Price Goods

75 pairs Ladies' Cloth Gaiters. 50 pairs Ladies' Felt Buttoned Overshoes for 50c a pair. 25 pairs Misses, sizes 1 and 2, 50c a pair. A lot of colored Ribbons, half price. A lot of odd Coats and Vests, half price. Men's Fur Caps, 1/2 off. If you want any of the above goods, this is your chance.

J. B. McDONALD & Co. 10 dwf