

Woman's Realm -:- Social and Personal -:- Fashions -:- Lite rature

The HOUSEWIFE and HER ACTIVITIES

OUR PART.

We cannot all be heroes. And thrill a hemisphere. With some great daring venture. Some deed that mocks at fear. But we can fill a lifetime. With kindly deeds and true. There's always noble service. For noble souls to do.

(Selected by Plain Pate.)

Keep the pantry well stocked during the winter months. If weather conditions prevent the grocer or butcher reaching your house you will have no difficulty in preparing a meal if you have on your pantry shelves foods in cans and packages.

MANY USES

A piece of cheesecloth laid over the dressing-table accessories when using powder, and then shaken out of the window, will save many a dusting. Colored cheesecloth makes an ideal rag bag and button bag, as the exact material wanted can be easily seen, which saves emptying the bag for a weary search. A piece of cheesecloth should also be kept in the ironing basket so that when a damp cloth is needed for pressing purposes one is always at hand.

Love is blind; marriage is an eye opener.

The fellow who has a burning ambition is seldom fired.

Starting a task is more difficult than the task itself.

We can't believe all we hear is true, but we can repeat it.

The only standard wages during the depression were the wages of sin.

Opportunities always look bigger when they're headed the other fellow's way.

Folk who are wise enough to expect nothing are surprised when they do get something.

Now that business is on the up-grade we'll need a lot of sand to keep the wheels from slipping.

The woman who gossips repeats everything she hears, except the mean things she hears about herself.

A debate is an argument with timed speakers; an argument is a debate with both parties talking at once.

GLOVES LIKE HANDS CAPTIVATE LONDON

London—Gloves which look exactly like hands have made their appearance in London. They are made of flesh-color suede and the tips of the fingers are varnished to represent nails. Pink, red and gold are the favorite colors for this variety. At a short distance, these gloves look just like hands, especially when they are held together.

SOON YOU'LL HAVE A TELEPHONE IN YOUR POCKET

A pocket telephone is on the way. Signor Mastini has perfected an invention to enable the telephone subscriber to receive and answer calls when driving about in a car, as well as if he were at home or in the office.

A specially designed wireless receiver and transmitter are affixed to the instrument at home and a similar equipment attached to headphones is carried in the car. The equipment's bulk is the chief drawback at present, but the inventor is confident that it can be reduced to pocket-camera size.

DIGNIFIED GOWNS

Formal evening gowns have taken on a new dignity and elegance.

WEAR GLOVES AT NIGHT FOR SMOOTH HANDS

If you desire to keep your hands of the alluring, velvety texture, the best plan is to give them plenty of lubrication during the cold weather. Do not use cold water for washing your hands during this season. Your water should be warm, or at least tepid, and your soap should be a pure, bland product. And always, after washing your hands, apply a good hand lotion or cream, in order to counteract any drying effects of the cleansing.

If you really want to do the best by your hands, too, get into the habit of wearing gloves at night. Before retiring, cleanse your hands well with tepid water and a bland soap. Then dry them and massage a rich cream into them. Knead it well into the skin, massaging the fingers all along their length. Then don a pair of loose cotton or chamomile gloves. You may lightly coat the inside of each glove with your chosen cream before putting it on. If you wish, permit these gloves to remain on over night. And in the morning, you'll be delighted at how soft and satiny smooth your hands will become.

THE OLD STORY

There is a story of the late Andrew Carnegie and Charles M. Schwab being invited as distinguished guests to a banquet at one of the American universities which they had both liberally befriended. On going upstairs to dress for the occasion they found the furniture in disarray and the valet rummaging about the floor on his hands and knees. "You two gentlemen have given a million dollars to this college," he said, "but you've only one collar stand between you, and now I've lost that."

LONDON'S LAST CROSSING-SWEEPER

If it were possible Old Joe should



Dorothy Dix

When Husbands and Wives Learn to Take Each Other as They Really Are, to Overlook Faults and Accept Each Other's Good Points, Life Will be More Worth While

If you want to get any happiness out of your human relationships, you have to take people as they are and not as you would have made them if you had been consulted about their creation.

Of course, we admit that we are not absolutely perfect ourselves. In rare moments of humility we concede that we have a few minor faults. But we expect our families, our friends and our acquaintances to overlook these and concentrate their attention upon our shining virtues. However, the mercy we demand of others we do not extend to them. We expect them not only to be without flaw or blemish, but also just to our tastes; and when they are not, it somehow takes the edge off of the pleasure we might have had in them.

The inability to accept people as they are is the fly in the ointment of marriage and friendship, and has probably caused more tears to be shed, more divorces and more heartaches and loneliness than any other one thing. The friend is just as rare as the saint. None of us is altogether good or altogether bad. Our shortcomings are mitigated by our good qualities. There probably never were a husband and wife who couldn't have lived together in reasonable peace if they had just accepted each other "as is," as the shipping manifests say. Nor would there be many friendships broken if people would only take the best that others had to give them and not expect the impossible of them.

At the bottom of every unhappy marriage there is what we call the disillusion of wedlock. The wife does not turn out to be the angel the young husband thought she was. The husband doesn't prove to be the romantic lover that the wife dreamed she was getting. So they are both disgruntled and miserable, and either make marriage a long, drawn-out purgatory to each other or else fight their way to the divorce court.

Apparently it never occurs to either one of them to take their mates as they are and love what is lovable in them, enjoy what is enjoyable and get whatever of entertainment and amusement and profit there is in the situation. A man does not say to himself, for instance, that Belle's looks are nothing to rave over and that her conversation is very good as exciting as bread pudding, but that she worships the very ground he walks on and that she would do no more than to worship the very ground he walks on and that she would do no more than to worship the very ground he walks on.

Nor does he say that Maud is a sloppy and slovenly housekeeper and that her cooking would kill an ostrich, but that she is so entertaining and amusing that she feeds him mentally on angels' food and that he has never a dull moment in her company. Nor does he say that it is true Jane is a dull moment in her company. Nor does he say that it is true Jane is a dull moment in her company.

Nor does a woman say that while John is short on words he is long on deeds and that while she may be a trifle heart hungry now and then, she has never had to worry over her next diet mignon was coming from. Nor does she say that even if Percival has a roaming foot and does occasionally stray away from the home fireside, that when he is at home he treats her like a Lady Love and is the most agreeable and delightful of companions. Nor does she say that she can really raise a thrill in his business and that she can really raise a thrill in his business.

No. The husband concentrates on his wife's lack of youth or beauty or charm or domesticity or whatever her faults are until they become unendurable. He lacks the philosophy to realize that if he would just accept her shortcomings as part of herself, just a flaw in the jewel, and that if he would dwell upon her good qualities he would not mind the defects at all.

So with wives. If only they had the wisdom to take their husbands as they are without trying to reform them nearer to their hearts' desire, we should be saved from so many messy divorces and from the pitiable spectacle of so many middle-aged women who have thrown up good homes, and husbands who were good providers because the men they were married to were not romantic or had grouchy dispositions or philandered a little.

And if we would only take our friends as they are, with their little peculiarities, their aggravating habits, their queer little ways, how much more should we be able to realize that if he would just accept her shortcomings as part of herself, just a flaw in the jewel, and that if he would dwell upon her good qualities he would not mind the defects at all.

DOROTHY DIX.

contrary to English church tradition. At the rear is an ancient sailors' gallery, while the church contains a well-patronized tennis court.

Trinity Church was founded nearly 100 years ago by an eccentric shipowner and philanthropist, Richard Green, who decided to "go" his followers to church when he learned that bells could be rung only in buildings consecrated at the Church of England.

Every Sunday for nearly a century the congregation has been "gonged" to services.

The Children's Church in Barkling road on London's eastern side has a congregation that consists entirely of boys and girls. They manage the church's affairs almost unaided by their elders, and several of the "boy deacons" are under 15.

A special church for the deaf and dumb, with services and sermons conducted in sign language, has been maintained at Deptford for many years. The deaf and dumb also have a combination church and motion picture theatre at Lambeth.

Probably the only church to be found in a railroad station is a quaint sight at Hainault Station near Ilford.

To save the churchgoers a two-mile walk to Barkingside Parish Church, a waitingroom at the station has been converted into a hall of worship, and communion services are held there by special permission of the railway company.

Strange places of worship exist in the provinces also.

On Whale Island, Portsmouth Harbor, the Church of St. Barbara, devoted to men of the sea, was built by shipwrights from salvaged portions of old vessels. The floor and ceiling are like a ship's deck, and above the rugged altar hangs a ship's lamp. The altar cross is a memorial to Rear Admiral Hood, who died in the Battle of Jutland.

Throughout England the traveler finds numerous churches where the stone towers are some distance from the main building. These edifices, mostly in Suffolk and Bedfordshire, date back to times when the towers were used to defend the churches against attacks and as vaults for religious treasures.

Things to Avoid in Furnishing

Too many pictures of uncertain value.

Too many overstuffed pieces of furniture.

Too many heavy draperies in small rooms.

Too many things of no value on the mantel.

Too many periods of furniture in the same room.

Too many articles of furniture placed on the bias across corners of the room.

Too little evidence of the individual living in the home and expression of their own taste.



TRUE BEAUTY means beauty "All over"

AND you can have this all over skin loveliness. Your whole body—not just face, throat and shoulders—can be satiny soft and youthful. Just follow the simple Palmolive beauty treatment given below. It's recommended by over 20,000 beauty experts.

Even in winter time you can trust Palmolive to keep your skin lovely. Trust the oils of olive and palm that are carefully blended in this famous beauty soap. For it is these costly, oriental oils that make Palmolive's lather soothing and softening for your skin. Penetrating the pores, it keeps all your skin youthful and radiant... as it gently cleanses and refreshes.

So start with Palmolive today, and keep your complexion lovely, even in winter time.

Try this Palmolive Beauty Treatment Use it for face and throat and for the bath. Gently massage into your skin, a warm, rich Palmolive lather. Cleanse pores thoroughly. Rinse with warm water, then with cold. That's all there is to this simple beauty treatment. And here's another beauty hint. Palmolive, used as a shampoo, keeps your scalp healthy, hair soft and lustrous.

Mistaken Kindness

No one knows better than the doctor how futile it is to tell an invalid not to go out too soon.

The adult skeptic learns to his sorrow that his lowered resistance after gripe, or flu or a hard cold, is doubly ready to pick up another germ, and it's all to do over again.

Perhaps he won't be sick the same way, most likely not, because there are literally dozens of so-called "low-grade" germs and symptoms are rarely the same.

This should teach us something about children. When a boy or girl has been ill and the doctor says, "Stay there for a few more days," he means exactly what he says. The child may feel all right and fever may be gone, so he wants to get up and about. "Please, mother, can't I put my bath robe on and go downstairs?"

DANGERS LURK EVERYWHERE

Perhaps it is warm down there and perhaps not. Who notices the draught under the living room door that teases bare ankles? Who sees him slip to the door and call across the street to his friend?

Later his mother cannot imagine where he got another spell of gripe. Not the same kind, mind you, but something that isn't even a collateral cousin of the first that laid him low.

This time he stays sick longer, in all probability, because he has already used up much of his "resistance" on the first attack.

Now he has to defend himself with what is left.

There is, furthermore, another reason why children should be careful for awhile after a high temperature siege.

Tissues are replenished naturally; blood chemistry is not up to normal; muscles and bone material

WEAKNESS AGGRAVATES STRAIN

When he is better he feels well, but is just a bit weak. His eyes are bright. He eats like a hungry wolf. His spirits mount. He insists on action. Denied this, he reads. If not denied, he, perhaps, goes out with his sled or skates and makes up for lost time.

Who suspects that eye muscles and nerve are weak? Or that heart muscles are flabby? Or that foot muscles are flabby?

In later years he will, remark in all perplexity to the specialist looking after his eyes or his heart or the orthopedist trying to relieve the pain in his flat-arched foot, "What has caused all this trouble, doctor?"

"Strain of some sort or other when you were run down, very likely," he may answer. "Sometime when you were sick you may have gotten up too soon. These things often start in childhood when vitality is low and spirits too high."

"Why didn't mother watch me then?" sighs the sufferer.

Mothers are always too kind.

FRUIT COOKIES

One and one-half cups sugar, one cup butter or substitute, cream together. Add three eggs, beaten well, 1 1/2 tablespoons of water in which is dissolved one level teaspoon soda. Sift one-half teaspoon salt with 3 1/2 cups flour, add one half the flour to the mixture and then add one package of mince-meat, softened with one-third cup of hot water and the remainder of flour. Drop by teaspoons into pan and bake. Spread out to cool. This makes about five dozen.

TO SEE CHINA FOR FIRST TIME

Anna May Wong, noted film star, shown as she sailed for China for the first time. Born in California, she has never seen the land of her fathers. She plans to study the Chinese theatre and may take a group of Oriental players on a world tour.

SMART CLOTHES FOR THE HOME DRESSMAKER

Paris is always thinking up something new! This time—it's matching undies. Yes! to be really up-to-the-minute your undies must match.

Much practicality and daintiness has the undie ensemble patterned for today.

And it's such an easy little ensemble to fashion, even for an amateur sewer.

Note how beautifully both the slip and the step-in mould the figure, the hips ad waist. They both have brassiere tops, cut comfortably low under the arms.

You'll want to make several sets in satin or crepe silk. Trim with lace or finish in more tailored effect with bias binds. The small cost to make this set will surprise you.

Style No. 1663 is designed for sizes 14, 16, 18 years, 36, 38 and 40-inch bust. Size 16 requires 2 1/2 yards of 38-inch material with 1 1/2 yards of lace for slip with 1 1/2 yards of 38-inch material for panties.

Price of PATTERN 15 cents in stamps or coin (coin is preferred). Wrap coin carefully.

No. 1663. Size

Name

Street Address

City

State

A DRY HOUSE

See that adequate ventilation is provided under the part of the house where there is no cellar.

THE COOK'S CORNER

WHITE COOKIES

Cream together one cup of sugar, and 1/2 cup butter. When they are thoroughly creamed, add a well beaten egg and two tablespoons milk. Add three tablespoons, if necessary, of vanilla. Flavor with one teaspoon vanilla. Last of all add two cups of sifted flour to which you have added a liberal pinch of salt and one heaping teaspoon of baking powder. Roll out, very thin and bake in a quick oven. This recipe will make four or five dozen cookies.

VEGETABLE LOAF

1 cup cooked carrots
2 onions cooked
1 cup cooked parsnips (chopped finely)
1 can peas, drained
1 tablespoons parsley
2 tablespoons butter
1/2 teaspoon white pepper
1/2 teaspoon celery salt
2 teaspoons salt
2 eggs
1 teaspoon Worcestershire sauce
Mashed potatoes or bread crumbs. Mix carrots, parsnips, onions, peas, minced parsley and melted butter together and beat in eggs and seasonings. Then add enough mashed potatoes or bread crumbs to absorb moisture so that the loaf will be the consistency of soft dough. Season well and sprinkle with grated cheese. Bake in a moderate oven 350° for 30 minutes. Serve with mushroom sauce.

MINCEMEAT

11 lb. finely chopped cooked beef
1 lb. finely-chopped suet
2 lb. brown sugar
2 lb. currants, washed and drained
2 lb. seeded raisins
1/2 lb. mixed chopped candied pineapple and halved candied cherries
1/2 lb. silvered candied citron peel
8 cups finely-chopped apples
2 teaspoons of ground lemon rind
1 cup halved and shelled filberts
1/2 teaspoon of salt
1 teaspoon each of ground cinnamon, nutmeg, allspice, cloves and ginger
1 quart of cider or other fruit juice

Combine the ingredients, bring to a boil, then simmer for five minutes and store in sterile jars.

WITH BEEF

Nearly any vegetable goes with roast beef or beef fillet.



NEURITIS PAINS SOON VANISH

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THERMOGENE DRIVES PAIN AWAY

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Judges of fashion show held at Coral Gables, Fla.

acclaimed 11-months-old Laura Barton (above) winner. She captured honors with her portrayal of the latest in campy elegance, quite the thing these days

THE HOUSE OF HAMILTON BAKERS SINCE 1840 PICTOU, N.S.

You've got to hand it to those Hamilton Bakers, for they've certainly got the classiest bunch of meal-time entertainers on the Maritime circuit. Look at their latest line-up—Dainty Cream Sodas, Zephyr Waters and Malted Milk Lunch. This is the popular priced trio that's making name and fame for Hamilton wherever they go.