

Woman's Realm -- Social and Personal -- Fashions -- Literature



Milady Beautiful

By Lois Leeds



Lovely hair!

Modern hair dressers add beauty to your hair by graceful lines and contours. It is just as important to keep your hair soft, lustrous, abundant, rich in color.

Danderine

The One Minute Hair Beautifier

Etiquette

By Roberta Lee

Q. When a girl's personal card is used to send a gift, is it proper to strike out the "Miss"?

For The Cook

WHITE FRUIT CAKE

Three-quarters pound fresh butter, 1/2 pound fruit sugar, 6 eggs, 4 cups flour, sift first and then measure; 1 1/2 teaspoons baking powder, 1/2 pound Sultana raisins, 1/2 pound citron (shredded), 1-3 pound cherries crystallized, pinch of salt.

Comfort... Daintiness

Two qualities women seek in matters of personal care

The combination of comfort and daintiness in Kotex, the New and Improved Sanitary Napkin, is exactly what is desired, particular women tell us.

In matters so intimate as feminine hygiene, it is now unnecessary to tolerate discomfort, for Kotex is soft and fleecy, and fits like a garment.

Insanitary, old-fashioned methods of protection are unthinkable in a day when health comes first. Kotex guards health. Buy Kotex at any drug, dry goods or department store without embarrassment.



USED BY SURGEONS

- 1. In Hospitals... Kotex is the identical material used by surgeons in leading hospitals.
2. Kotex is soft... Not a deceptive softness, that soon packs into chafing hardness.
3. Safe, secure... keeps your mind at ease.
4. Kotex filler... is far lighter and cooler than cotton, yet absorbs 5 times as much.
5. Deodorizes, safely, thoroughly, by a patented process.

MADE IN CANADA KOTEX Sanitary Napkins

leave it severely alone if it is prominent and annoys you, have your physician remove it for you.

(4) Rust, bright red, wine shades, brick and terra-cotta are good colors for your type. You may also wear the new dahlia shades, warm shades of brown, blue and green, coral, dull pinks, apricot, deep cream, eggshell, bronze green, deep yellow, black relieved with bright trimming.

Crows' Feet Around the Eyes

Dear Miss Leeds—I notice around the corners of my eyes a great many wrinkles such as they call crows' feet. So every night before retiring I apply cold cream to them to smooth them out.

Answer—I hope that you have read my recent beauty chat in my column on the subject of eye wrinkles, their cause and treatment. The cold cream or any other reliable brand of cream will not cause the growth of hair.

Suitable Make-up and Colors

Dear Miss Leeds—I have dark brown eyes, black wavy hair and a dark complexion. What type am I and what shades of powder, rouge and lip stick should I use?

Answer—You are of the Latin type and your face powder may be sun tan, ochre or brunette shade, with raspberry or crushed rose rouge and raspberry or ruby lipstick.

Can. National Railway Earnings

MONCTON, Dec. 14.—The gross earnings of the Canadian National Railways for the week ending December 7th, 1929, were \$4,312, 126 as compared with \$5,397,745 for the corresponding period of 1928, a decrease of \$1,055,609 or twenty percent.

Manitoba Govt. to Aid Winnipeg

WINNIPEG, Man., Dec. 14.—Manitoba's government has definitely promised to aid the City of Winnipeg in the relief of unemployment. Details of the province's intentions were contained in a communication received today by civic officials.

Company Promoter (trying to raise capital for new scheme): "But, my dear sir, it will make enormous profits eventually. It's only in its infancy!"

Character Close-Ups



OF THE HUBBY OF THIS LADY IS LEADING A DOUBLE LIFE HE'S TAKING BIG CHANCES, AS THIS MOUTH AND NOSE INDICATE SUPERCURIOSITY

Dorothy Dix Letter Box

When Average People Wed, Do They Doom Their Children to the Same Mediocrity?—What Can a Wife Do to Make Her Husband Companionable?

Dear Miss Dix—I am an average young man madly in love with an average young girl. Would it be quite all right for us to marry with the prospect of visiting the mediocrity of the average couple upon another generation?

Answer: Certainly eugenics is an important question, but, as a matter of fact, it is a subject about which we know very little that is authoritative as yet.

Animals can be bred up, more or less, to a desired type, as is seen in race horses and prize cattle and fox terriers, but in the mating of men and women the spiritual equation enters and it is yet to be shown that the marriage of two movie stars produces a living picture, or that the offspring of college professors are more highbrowed than the millrun of children.

On the contrary, some of the homeliest fathers and mothers I know have had the handsomest children, while some of the finest-looking couples have had the runtiest ones. It is no uncommon thing to see a radically beautiful girl who has a mother who looks like a chromo, and to behold a regal-looking mother with an ugly little mouse of a daughter.

And it is the same way about brains and talents. It is an axiom that a great father seldom has a great son. Sometimes very intelligent people have stupid children, but it is by no means the rule.

The men and women who sing in opera, who are great actors, who write books and plays, who pile up great fortunes, who make great inventions, are almost invariably the children of just plain, ordinary people and there is nothing in their heredity or their environment to account for their achievements.

So just because you and your sweetheart are average young people there is no reason for you to refrain from marrying for fear you may bring average children into the world. Your children will have just as good a chance to be geniuses and do wonderful things as any one else's.

And suppose they are not geniuses and don't set the world on fire? Their part in life is not less important. We can do with very few geniuses, but we need a lot of honest, capable men and women.

"God must have loved the common people. He made so many of them." said Abraham Lincoln.

Dear Miss Dix—If a man is not companionable, is there anything a wife can do to make him so? I married a man very much older than I am and find myself very miserable with him because we have nothing in common.

It is certain that he will never adapt himself to yours, because his habits are fixed and unalterable and because he belongs to the old type of husband who believes that all that a woman needs to make her perfectly happy is a wedding ring and a house, and that when a man has given his wife these he has done his full duty toward her and he doesn't need to bother about her any more.

He doesn't understand that the modern woman, who is perfectly capable of supporting herself, doesn't marry for a meal ticket and isn't satisfied just to be clothed and fed. She demands that her husband give her sustenance for her soul as well as for her body.

Of course, you made a mistake in marrying a man so much older than yourself that he does not enjoy any of the pleasures that you crave and which belong to youth. You are beginning to see the show of life. He has seen it until he is tired of it.

But all of that does not settle your problem, nor make your long evenings less dull, and at 24 it is a dreary prospect to look forward to—years upon years of sitting up with a paper worm for one's only company—but I do not know what you can do about it unless you find solace also in reading, or else draw about you a circle of young people who will give you the companionship your husband refuses you.

Dear Miss Dix—I am studying at normal school to be a teacher, but I find myself totally unadapted to the work and hate it, while there are a number of other things that I would enjoy doing.

Answer: Change by all means. Unless you are interested in your work and love it you will never make a success of it. There is no greater joy in life than doing the work that we love to do for its own sake.

Half of the failures in the world are people who have drifted into doing the work that Nature never intended them to do and that bores them so that they cannot put any punch into their labor.



For Mothers—"FRY'S"

For true nourishment in a delicious form, FRY'S Cocoa is supreme. A cup at breakfast-time to help through the day, and another at bedtime will help both mother and baby to enjoy sound restful sleep.



Write for Free Recipe Book. J. S. FRY & SONS (Canada) Limited, Montreal, Que.

What the Fashionable Are Wearing

Illustrated Dressmaking Lesson Furnished With Every Pattern

By Annebelle Worthington



A cunning yoked dress for active little maids of 2, 4 and 6 years, employs buttercup yellow chambray. Brown chambray piping accents pointed scalloped hemline, and neckline with open V at front.

hours of your time at a substantial saving.

Another interesting suggestion quite as sturdy is orchid and white checked gingham with piping in plain orchid. Nile green linen with yellow contract. French blue dimity with tiny white polka-dots with plait white, red and white printed plique with plain red, pink batiste with sky-blue, white cotton broadcloth with shiny finish with tiny red polka-dots with plain white trim and flesh coloured crepe de chine are darling combinations.

Form with fields for No. 3206, Size, Name, Street Address, City, State.

Son: "Why do you suppose Adam was made before Eve?" Dad: "Oh, I suppose it was to give him a chance to say a little something first."

Household Hints

By Roberta Lee

How to Make Linoleum Varnish

A good linoleum varnish can be easily made merely by melting a small amount of glue in a pint of water. See that the linoleum is clean and dry before applying. Apply with a paint brush at night and the surface will be dry and hard by morning.

To Prevent Scorching

To keep meat from scorching while roasting and it is in danger of becoming too brown, place a dish of water in the oven. The rising steam will prevent scorching and the meat will cook better.

"Yellowed" Handkerchiefs

"Yellowed" handkerchiefs can be whitened by soaking them over night in a solution of pipeclay and warm water. Then wash and boil.

A Morning Smile

The hotel proprietor ran a great draw among the guests. He suggested an entrance fee of half-a-crown each and a winning number to take the whole proceeds. Every guest subscribed, and numbers were inscribed on metal discs.

The little angelic daughter of the proprietor was prevailed upon to draw the winning disc from a hat. Her father shook the hat well and requested his offspring to shut her eyes and put in her hand to draw out one disc.

Little Doreen fumbled for a long time whilst the assembled guests smiled benignly.

"Hurry up, child!" remonstrated her father. "But daddy," said Doreen, "I can't find the hole one."



Choose Christie's Plum Puddings and Cakes for your own Christmas entertainment and for Christmas gifts. As seasonable as they are delicious.

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Christie's Biscuits The Standard of Quality Since 1853