

# Woman's Realm / Social and Personal / Fashions / Literature

## Dorothy Dix Says—

### TOO MANY YOUNG COUPLES LACK THE WILL TO FIGHT

#### They Start Married Life On The Idea They Should Live Far Beyond Their Means And Refuse To Work For Comforts

The number of young people who get divorces is out of all proportion to their elders. It is so common for boys and girls who have been married three or four years to part that it would almost seem that domestic misery is as much of a juvenile disease as the mumps or the measles, any that few who have an attack of it have the stamina to stand it. Apparently they lack what the doctors call "the will to live," which is the main factor in any recovery, and when they have to undergo a little suffering and cannot play about as they used to they make no effort to better the situation or to help themselves. They moan and groan and throw up their hands and pass out. And we wonder why another marriage has gone on the rocks. We wonder why two young people who are so desperately in love before marriage that they thought they could not live without each other find after marriage that they cannot live with each other. For neither one is a roller coaster individual. And they have the little children who will be crushed and maimed in the wreck of the home that their parents are pulling down over their heads. Why do decent young men and women do such a thing? Here is the answer written by a young wife, who says:

"We have been married three years and have one child, a fine little boy 13 months old. My husband and I love each other desperately, but we quarrel continually and call each other names we would not call a dog. Now he has taken to slapping me and twisting my arm when he becomes angry, and I feel that we should part before he does me great bodily harm or I lose my mind, because these scenes make me so nervous that I become sick, get hysterical and stammer after each quarrel. Try Living Apart.

"We have tried living apart, but every minute of the time away from each other is torture to us both. But when I came back, the endless quarrels started again. I think perhaps it is because my husband is a clerk who makes a small salary so that we have to deprive ourselves of pleasures, nice clothes and good times, that makes us get so on each other's nerves."

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## Mother, This Home-Mixed Cough Relief Is Splendid

**Saves Real Money. No Cooking. Real Results.**

To get really surprising relief from coughs due to colds, you can easily prepare a medicine, right in your own kitchen. It's very easy—anyone can do it—needs no cooking, and tastes so good that children take it willingly. But you'll say it's hard to beat, for quick results.

First, make a syrup by stirring 2 cups of granulated sugar and one cup of water a few moments, until dissolved. Then get 2 1/2 ounces of Pinex from any drugstore, and pour it into a

16 ounce bottle. Then add your syrup. This gives you 16 ounces of really splendid cough syrup—about 4 times as much for your money. It never spoils, and lasts a family a long time. And for real, quick relief, it is actually splendid. It works in three ways—loosens the phlegm, soothes the irritated membranes, and helps clear the air passages.

Pinex is a special compound of proven ingredients, in concentrated form, well known for prompt action in coughs and bronchial irritations. Money refunded if it doesn't please from any drugstore, and pour it into a

AN "APPLE FOR THE TEACHER" BEANIE



DESIGN NO. 991

This bright red beanie only takes minutes to crochet and everyone will admire it. Finished with a green leaf on top, it is just the thing. Pattern No. 991 contains list of materials needed, illustration of stitches and complete instructions.

To order pattern: Write, or send above picture, with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian, Needlework Department, Design No. 991.

NAME \_\_\_\_\_ STREET ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ PROVINCE \_\_\_\_\_

**BEST YEAST**

*Fresh*

from our MARITIME plant  
the MARITIME Favorite!

**BEST FOR BAKING - BEST FOR HEALTH!**

## WON'T YOU JOIN ME?



When you feel weary, tired, cold, hot BOVRIL is very comforting. Its rich beefy flavor is delightful. Why don't you try it! You will enjoy a daily cup of delicious

## BOVRIL

## Plane Jane

By ROBERTA COURTLAND

### CHAPTER XXXI

Jane spent a long and sleepless night. Sam's news about Greg and Doris had been a severe blow to her. She had thought herself prepared for it, but she wasn't. Although Greg had made it plain that his interest in her was purely casual, and that she had told herself as much, and again that he was probably in love with Doris, she had unconsciously clung to a small hope that perhaps she was mistaken. Now that that hope was dashed, she felt as though the bottom of the world had dropped out.

She arose in the morning with dark circles under her eyes but with a grim determination to find fortitude in work. From now on, she would concentrate all her attention on achieving her ambition of becoming a pilot. Perhaps in time she could forget that such a person as Greg Prescott existed.

When she went to the airport that morning, she was welcomed enthusiastically by all her friends and the grease monkeys, her fellow students, the field attendants, and Joe of the diner. She was soothed a little by their frankly expressed affection for her, but it was meager consolation.

As the days passed, the rest of Oakland treated her a bit guardedly. Though she has brought the town considerable advantage publicity, this had culminated rather sourly in the widely published account of Marise Sinclair's remarks about her in Miami. Hence, the town was not quite sure just what attitude to take toward her.

She had only occasional glimpses of Greg. After the night of her arrival home, he had not come to the house again, but she ran into him on the street two or three times. Each brief meeting was torture to her. She tried to act natural, with a grimace, but she ran into the turmoil of emotion that the sight of him stirred up in her.

Meanwhile, she had picked up again the former routine of her life, adding to her hours in the air, going to make Marise Sinclair (at those words!) By her achievements, she would force Marise to apologize as publicly as she had condemned her.

That was the goal towards which she aimed and, whenever Sam or one of her fellow students applauded her for some expert bit of flying, she knew she had gone one step further along the trail toward that goal.

Then, one murky, sullen afternoon, about a month after her return, Sam grounded the whole air-crew and sent them home.

"With the ceiling zero, visibility zero, the wind rising and a storm threatening," he said, "there is no sense in hanging around here. All of you might as well take the rest of the day off."

By the time Jane reached home, snow had begun to fall. She changed from her breeches and shirt to a housecoat, then went down to the kitchen to help Aunt Emily with the supper preparations.

"It's so cold, I thought it would be nice to have supper here in the kitchen by the stove tonight," said Aunt Emily.

They did and, afterwards, when the dishes had been washed, they built a fire in the living room. Jane curled up in a deep chair with a book, while Aunt Emily found her knitting and went contentedly to work.

It was nine o'clock when the doorbell rang sharply.

"Now who in the world can that be on a stormy night like this?" wondered Aunt Emily.

"I'll see," said Jane rising.

When she opened the front door, she was startled to find a shabby young woman with a bundled-up

## Your Individual HOROSCOPE

By Frances Drake

For Wednesday, October 29th

**MARCH 21 to APRIL 20 (Aries)**—More favorable star aspects than yesterday generally. Should be an especially good time for matters pertaining to advertising dealings with the public, industrial and mechanical interests, conferences.

**APRIL 21 to MAY 20 (Taurus)**—Many helpful influences prevail but are favored in handling finances, taking on added monetary responsibility. Dealing with superiors and business associates. Steady advancement favored.

**MAY 21 to JUNE 21 (Gemini)**—Much depends upon your duties and your own enthusiasm and attitude toward them. If you'll concentrate on essentials and not waste energy or time on side issues, you can do well today.

**JUNE 22 to JULY 23 (Cancer)**—Important personal interests, domestic and social problems are equally favored with industrial and employment matters. Fine period for manufacturing, building, laborious and technical work; a busy and busy day.

**AUGUST 24 to SEPTEMBER 23 (Libra)**—Both favorable for major and minor matters, industrial and private affairs. You should cooperate your skill and the quality of your work now. Don't go into debt needlessly.

**OCTOBER 24 to NOVEMBER 23 (Scorpio)**—Gains indicated and favored in your particular line of endeavor and in all worth while activities. Today sponsors fresh personal tries and achievement in them. Be hopeful, ambitious.

**NOVEMBER 24 to DECEMBER 23 (Sagittarius)**—Don't neglect urgent conferences, meetings, discussions, plans, dealings with superiors and fellow business associates. Cooperative measures; newspapers, magazines; advertising; defense efforts, business in general favored for gains.

**DECEMBER 24 to JANUARY 23 (Capricorn)**—Reasonable and needed expansion can be handled advantageously on friendly days like today. Benefits for all worthy efforts. Investments should be carefully studied before undertaken.

**JANUARY 24 to FEBRUARY 23 (Aquarius)**—Minor essential matters and work are the favorite now. Research, improving machinery, tools and other mechanical and industrial equipment are highly sponsored. Benefic rays.

**FEBRUARY 24 to MARCH 23 (Pisces)**—Favorable time for fishing incomplete and familiar matters or for starting new undertakings. However, forethought and discretion in spending are urged. Returns will depend greatly upon your efforts.

## A Morning Smile

"Have you read 'Freckles', Mr. Jenkins?"

"No, ma'am," he stammered, blushing, "mine are the brown kind."

"Ho, ho," laughed the American lad. "Jack said he always thought Sandy Hook was a Scotsman!"

"Haw, haw!" chuckled his English companion. "And just what nationality is the bally blighter, anyhow?"

Miss Jane Andrews, aren't you?" she asked breathlessly.

"Yes," said Jane. "Do come in. What in the world are you doing out in this storm with a baby?"

The girl stepped swiftly inside.

"He—he's terribly sick. He's going to—to die—unless you'll help him!"

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employees, you interested in the motion picture industry and radio are prime favorites this good day.

**AUGUST 24 to SEPTEMBER 23 (Virgo)**—Difficult work, tedious physical tasks and your usual routine probably won't give you as much trouble today as will financial transactions. Be discriminating in spending and shopping.

**SEPTEMBER 24 to OCTOBER 23 (Libra)**—Both favorable for major and minor matters, industrial and private affairs. You should cooperate your skill and the quality of your work now. Don't go into debt needlessly.

## FRIENDS MARVEL AT MY BRILLIANT WASHES... THE CREDIT GOES TO SUNLIGHT!

"I NEVER SAW SUCH WHITE LINENS! WHAT'S YOUR SECRET? ASKED ALICE. SUNLIGHT, OF COURSE!"

AND EVERYONE REMARKS ON THE SWEET, CLEAN SMELL THAT SUNLIGHT GIVES MY WASH.

SAFE FOR EVERYTHING YOU WASH

FOR WHITENESS AND NATURAL BRIGHTNESS

—it's all-PURE Soap



OTHER MOTHERS ARE FOREVER ASKING HOW I KEEP MARY ANN'S GINGHAMS SO BRIGHT. IT'S EASY WITH SUNLIGHT!

When you're decidedly fat, the smartest dress can do little for you—often you look FATTER!

Only diet can restore the lovely figure of youth; and on a scientific low-calory diet you can lose 2 pounds a week and perhaps improve your health, too.

The idea is to eat your fill, but only of low-calory foods like Swiss steak (200 calories serving) and lemon jelly (150 in 1/2 cup). Eating high-calory dishes like beef hash (400 a cup) and lemon meringue pie (300) you quickly exceed the reducer's calory allowance and gain weight.

As many low-calory foods have lots of vitamins, the slimmer you get the peppier you feel—the more radiant, smooth-skinned you look! Spinach has only 40 calories a cup, whole wheat bread 80 a slice.

You'll be thrilled by the naturally whiter, brighter, sweeter-smelling washes that Sunlight gives you every week. Sunlight contains no harmful adulterants—it's all-pure soap... safe for everything you wash

Easy on Your Hands! And Sunlight's so easy on your hands. No more rough, "work-a-day" hands when you use Sunlight in both wash-tub and dish-pan! Sunlight makes dishes shine yet keeps hands white and smooth. It's thrifty, too—for, with Sunlight, there's no waste, no spilling. Get Sunlight at your store today.

**Ganong's**  
Ganong's Best  
CHOCOLATES

DELECTO  
COCOA  
1 lb.

THE FINEST IN THE LAND

## THE COOK'S CORNER

### ORANGE NUT COOKIES

1 cup shortening  
1-2 cup white sugar  
1-2 cup brown sugar  
1 egg  
2 tablespoons orange juice  
1 tablespoon grated orange rind  
2-3 cups all purpose flour  
1 teaspoon salt  
1-4 teaspoon soda  
1-2 cup chopped nuts

Method: Cream the shortening until light. Then cream in first the white sugar, and then the brown. Beat well. Add the egg which has been well beaten, and continue beating the mixture until light and fluffy. Add the orange juice and the grated orange rind to the creamed mixture.

Sift the flour with the salt and soda, and gradually blend this into the creamed mixture, a small amount at a time. Lastly add the nuts, and these may be either walnuts, or pecans.

When well-mixed, form the dough into rolls about 2 inches in diameter. Wrap these in waxed paper and store in the refrigerator until ready to use. If desired, the dough may be left in the bowl in which it was mixed, merely covered, and stored.

When you wish to bake the cookies, unwrap the rolls and slice thinly. If the dough hasn't been shaped, it will have to be rolled out and cut with a cookie cutter.

Place the cookies on a lightly greased baking sheet, and bake in a moderate oven (375 deg. F.) for from 8 to 10 minutes.

### LEMON SPONGE PUDDING

3-4 cup sugar  
1-2 tablespoons butter  
3 egg yolks, beaten thick  
3 tablespoons flour  
1-2 teaspoon salt  
1-2 cups milk  
1 lemon, juice and grated rind  
3 egg whites, stiffly beaten

Method: Blend together the sugar and butter, then add the well-beaten egg yolks. Add the flour and salt, the milk, lemon juice and grated rind. Fold in the stiffly beaten egg whites.

Pour into a baking dish and set this in a pan of hot water. Bake in a moderate oven (350 deg. F.) for about 35 to 40 minutes. This is good served either hot or cold.

### Count Calories to Have Fashionably Slim Figure

WORKS FOR HOURS to ease coughs, relieve muscular soreness or tightness, help clear congestion in upper bronchial tubes and bring comfort.

ACTS 2 WAYS AT ONCE

PENETRATES to upper bronchial tubes with soothing medicinal vapors.

STIMULATES chest and back surfaces like a warming poultice.

TO BRING RELIEF

For Better Results VICKS VAPORUB The Improved Way

## Living & Leisure

—The Woman's Realm

**STEPLADDER OF LIFE**

It takes a little courage and a little self control. And some grim determination. If you want to reach the goal it takes a lot of striving. A firm and stern-set chin. No matter what the battle. If you're really cut to win.

**MATERIAL IS CHEAPEST IN PAINTING JOB**

When you set out to do your own painting job on the country or town home bear in mind that 75 per cent of a paint surfacing project goes into labor costs.

Only one-fourth of the entire cost of an exterior painting job goes into the materials. The other 75 per cent is spent for labor. Labor is one of the most short-sighted forms of economy.

Such products do not cover as much surface and do not last as long as a paint of proven quality.

Most of the eye-glasses now worn in the Philippines are from America.

### MEN AS TREES WALKING

Somewhere in Britain is a secret camouflage research centre, where sculptors, painters, illustrators, and artists of all sorts are perfecting methods of making our armies invisible. The vanishing trick is now a scientific fact. All the researchers—men and women, are in the Services.

They can make a man vanish at 50 yards; he may have become a tree. They can conceal anything from a big gun to a troop of tanks. You could walk over machine-gun nests they have trified with and never know they were there. Every new idea is rigorously tested, and the inventor is only satisfied when he cannot find what he is looking for himself.

### SHE'S A WISE WOMAN—

Who keeps in mind that a little credit is a dangerous thing. Who is able both to mend her husband's clothes and his ways. Who has learned the paradox that to have joy one must give it. Who can tell the difference between her first child and a genius. Who most admires those eyes which belong to a man who understand her.

Who acknowledges the allowance made by her husband by making allowance for him.

Who appreciates that the largest room in any house is that left for self-improvement.

Who manages to keep not only her house and her temper, but her servants and her figure as well.

Who can distinguish between the laugh of amusement and the one meant to show off a dimple—Adapted from Nancy Greig's Woman of Tomorrow Program.

## Mothers of Growing Children, Listen—

**WHEN CHEST, COUGHING COLDS STRIKE**

Relieve Misery the Improved Home-Tested Vicks Way

Instead of taking needless risks, take the advice of many experienced mothers... relieve miseries of your children's colds with the improved Vicks treatment that takes only 3 minutes and makes Vicks VapoRub give EVEN BETTER RESULTS THAN EVER BEFORE!

STIMULATES chest and back surfaces like a warming poultice.

TO BRING RELIEF

## Needlecrafts

—For The Home

A skirt and a jacket to wear together or to team with other clothes, are the handiest items of every school girl's wardrobe. This trim jacket is cut on the new longer lines that are favored by the older girls as well. The skirt is flared for comfort as well as for chic. You might make two skirts, one to match and one to contrast with the jacket. Be sure that the fabric you choose is sturdy enough to withstand the rough treatment it's bound to receive from an active youngster.

Style No. 3108 is designed for sizes 6, 8, 10, 12 and 14 years. Size 8 requires 1 1/8 yards of 54-inch fabric for jacket; 7-8 yard for skirt.

Send Twenty (20c) coin is preferred, for Pattern Write plainly your Name, Address and the style number. Be sure to state the size you wish.

Style No. 3108 Size \_\_\_\_\_

Name \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_

Relieves distress from MONTHLY FEMALE WEAKNESS

Lydia E. Pinkham's Vegetable Compound not only helps relieve monthly pain but also weak, nervous feelings—due to monthly functional disturbances. It helps build up resistance against the stress of "difficult days." Made in Canada.

3103 SIZES 6-14