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Save On These Useful
Everyday Articles at Holman's
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Adjustable Head Couch
 All-cotton Mattress, covered in attractive Cretonne. Good strong spring.
 Week-end Special Friday and Saturday
 (Charlottetown Store Only)

\$9.45

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 Choice of two colors—Green or Back Moire Tops. Special

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6 Sandwich Plates FREE

with the purchase of China Sandwich Tray at

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(Both Stores)

Large, reversible **DRY MOPS**

A quantity of these high grade Mops at the special price of

99c

(Both Stores)

Get Your **JELLY GLASSES** This week end. With Covers

5c

(Both Stores)

10 SCRIBBLERS

Assorted for Pen and Pencil Work. Ruled and Plain.

10 for 25c

(Both Stores)

2 Gallon Butter Crocks

Complete with Cover. Special

(Both Stores)

58c

HOLMAN'S

Monthly Meeting Of St. Charles Auxiliary

The monthly meeting of the St. Charles Auxiliary Society was held at Charlottetown Hospital Wednesday evening, Sept. 6th, with an excellent attendance of members ready to give active service in furthering the interests of that institution. Four new members were registered and all members were urged to assist in increasing the

membership of this splendid society by inviting personally those women of the two city parishes they know to be interested in helping the sick and suffering and in procuring for the City Hospital the best and most modern hospital equipment and also in providing maintenance for those unable to pay for needed care and medical or surgical service.

The President, Mrs. MacIntyre expressed the joy and pride of the members to Reverend Mother St. Paula who has been so many years the Mother Superior of the hospital and associated so intimately with the St. Charles Auxiliary, being its treasurer, upon her appointment as Mother General of the Sisters of St. Martha with supreme jurisdiction over all the houses of the order in this Province, but while they rejoiced in the honour done the Reverend Mother it was with the keenest regret they parted with her as an active member of the Society.

The Reverend Mother replied saying the St. Charles Auxiliary would ever be dear to her heart and her interest in its work and the work of Charlottetown Hospital would never alter. She cordially invited all members to visit Mount St. Mary's her new home. Arrangements were discussed for the presentation of the sacred drama "The Hill of Triumph" written by Rev. Leo Murphy of Annapolis Royal and adapted from his novel of the same name.

This drama will be directed by Paul Kollins B.L., (the strolling vagabond of the air) and it is proposed to present it Oct. 9th, 10th and 11th.

A special meeting will be held next week when the newly appointed Mother Superior of the Hospital, Rev. Sister St. Camillus, will be introduced to the members.

After further planning the activities for the balance of the year the meeting adjourned.

Mindard's Liniment for Rheumatism

City Schools

re-open for the FALL and WINTER TERM on Tuesday, September 5th.

Carter's Bookstore

Headquarters for SCHOOL BOOKS and SCHOOL SUPPLIES.

We are well stocked as usual. The prices of all books are sold by us at the regular list as arranged by the BOARD OF EDUCATION.

School Supplies

Our prices will be found lower than those asked at the Govt. School Supply Store and better values given. Come to Carter's for your wants. Store open each evening.

CARTER & CO. Limited

SUMMERSIDE and Prince County

—This column is reserved for news of local interest but advertising of a new nature may be inserted at 5 cents a word strictly payable in advance.

—TO LET—Six roomed house on Harvard Street, Summerside, furnace heated, bath room, garage. Newly papered and painted throughout. Also rooms on Water Street. Bonness Studio. 900.

—WHEN ATTENDING the Alberton Exhibition your meals at the Albion Terrace Hotel. Goose Dinner and Supper. 50c each meal. 965.

—LOCK SETS, hinges, glass knobs, kitchen cabinet hardware, bevelled plate and plain glass and all builders' supplies, sold at Braces'. 961.

—WINS INTERMEDIATE CHAMPIONSHIP—The Summerside Baseball Club defeated the Harris Sluggers with a score of 18 to 1 in the last game of a series for the intermediate championship and therefore carried off the honours. S.

—COUNTY COURT—In the County Court at Summerside on Thursday before H's Honour, Judge Imman, in the case of Lecky vs. Cameron damages were awarded to the plaintiff for eight dollars and 75 cents.—S.

—TUG-OF-WAR and Sports, competing for the Arnett Trophy, in the Kensington Rink Wednesday, September 13th, 1933, at 8 P. M. Any team from any Polling Division in Prince County eligible. All teams wishing to compete kindly have their entries in the hands of the Secretary on or before September 9th. 895.

—WIN CHAMPIONSHIP FOR MIXED DOUBLES—Mr. W. R. McDonald and Miss Janet Horne were the winners of the mixed doubles in the Summerside Tennis Tournament. Their opponents were Mrs. Eric McKay and Mr. A. E. Harris. S.

—BODY RECOVERED—The body of Arsene Arsenault, who was drowned on Aug. 23rd while out setting his traps in the Straits, was recovered by fishermen on Wednesday afternoon in the middle of the Strait. His body was very decomposed. An investigation was held by Mr. J. P. Gaudet and a verdict of accidental drowning was returned. The funeral took place on Thursday morning from the Church at Egmont Bay. S.

—VISITING GUELPH—Mrs. MacGougan of Summerside with her three sons, Kelt, Harry and James, accompanied by her nephew, Mr. George Penfold left by motor on Thursday morning on a visit to Guelph, Ont. Mr. Kelt MacGougan, will later continue the study of medicine at McGill University.—S.

—NATIVE OF MILL RIVER PASSES—There passed away a few days ago in New York, Mr. Angus McLellan, formerly of Mill River. The funeral took place on Wednesday, Sept. 6. Mr. McLellan was unmarried, one sister, Mrs. Thomas Corcoran of Piusville, and one brother, Mr. Joseph McLellan, on the homestead at Mill River, are left to mourn. S.

—WALKER-KELLY NUPTIALS—Seldom did the sun shine more beautifully as it did on the morning of August the sixteenth, and seldom was St. Patrick's Church, Fort Augustus, the scene of a more interesting wedding, when Miss Margaret Walker of Mt. Ryan became the bride of Mr. Carroll Kelly of Fort Augustus. The ceremony was performed by Rev. D. P. Croken. Just as the clock chimed the hour of seven the bride, leaning on the arm of her brother, Walter, walked slowly up the aisle to the strains of the Wedding March, played by Mrs. Charles Cumiskey, New Hampshire, sister of the bride. The bride was gowned in a dress of white satin, bridal veil and orange blossoms, and carried a bouquet of Ophelia roses and maidenhair ferns. Miss Florence Walker of Boston, Mass., attired in maize chiffon and hat and accessories to match attended the bride. Mr. Arthur Lamb of Springfield attended the groom. After the ceremony the bridal party motored to the home of the bride where a dainty wedding breakfast was served. Immediately after breakfast the happy couple left for a motor trip through the province. On their return a reception was held at the home of the groom. Previous to her marriage the bride was given a miscellaneous shower by her friends. She was the recipient of many beautiful gifts, including a generous cheque from her former employer in Boston, Mass.

—BUY your 1934 Green Sheaf Plymouth Manilla Binder Twine at Braces' now. 981.

—POLICE COURT—In the Summerside Police Court on Thursday two drunks were each fined \$3 and costs. On Friday one drunk was fined \$3 and costs.—S.

—MISS BATESON SPEAKS AT THE DIFFERENT CONVENTIONS—Miss Bateson, who has charge of the new Carnegie Library demonstration, attended the various Teachers Conventions throughout the Province and gave a very general idea of the demonstration as it will be applied in this Province. She said that although the present plan does not include a library for the schools, she felt that that would come in time. The present scheme is to cater especially to the needs of the rural people, and to give them the same advantages as the city people. The demonstration is the second of its kind in Canada and is more or less an experiment. There will be many books which will be helpful to the teaching profession and to children. The teachers could have access to the books and the children could study them with the teacher. A proper respect for books should be taught. The idea of the library is to have only the best books placed before the children. There will be three centres in Prince County, at Summerside, Alberton and Tignish, but as soon as it was thought advisable centres would be established in other places. Following Miss Bateson's talk at Tignish a committee was formed to arrange for the taking care of the new library.—S.

—Mrs. Henry Bryan of Portage is in the Prince County Hospital for treatment and is doing nicely.—S.

—Miss Yvonne Dolron of Cape Egmont was operated on in the Prince County Hospital on Thursday and is doing nicely.—S.

—Mrs. Brannen and her daughter, Miss Ann, of Moncton, N. B., returned on Friday afternoon to their home. Mrs. Brannen was the guest of her sister, Mrs. Sellick of O'Leary and Miss Brannen the guest of Miss Evelyn McKenzie of Summerside.—S.

—Miss Catherine MacLean, Supervisor of Junior Red Cross, with her guest Miss Shipley of Amherst, N. S., attended the teacher's conventions at Summerside, O'Leary and Tignish. Miss Shipley gave a delightful demonstration of vocal music for junior pupils. S.

—Mr. W. E. Daley left on return to Boston on Friday morning. Mrs. Daley and Mrs. D. J. Steele are remaining over on account of the serious illness of their mother, Mrs. W. A. Ching of Summerside.—S.

—Mrs. T. Sullivan and family of Malden, Mass., Miss Mildred Houston of Revere, accompanied by Mrs. Pillman and son, left by motor Thursday morning on their return home after a pleasant visit with Island friends.—S.

—Mr. and Mrs. Fred J. MacDonald, Saint John, N.B., returned to their home recently, after spending a pleasant holiday at the residence of Mr. D. B. MacDonald, North Bedouque, and visiting east and west from there. Mr. MacDonald thinks the Island Province is one of the best summer resorts in the Maritimes and was favourably impressed with the apparent comfort and prosperity of the people generally.

IF YOU WANT A DOCTOR Why Call The Plumber??

—Friends will regret to learn that Mrs. Walter Schurman of Linkletter Road was operated on in the Prince County Hospital recently and is doing nicely.—S.

—Miss Winnie McCaul of Free-town is a patient in the Prince County Hospital.—S.

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EASTERN GUARDIAN

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—SUBSCRIPTIONS to The Eastern Guardian are being handed to their Rep. Archie Hume, or left at H. J. Mabon's Drug Store, Montague. 106

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HEALTH

YOUR WEIGHT

"Is it worth while making an effort to control my weight?" is a question which each one should ask himself. The control of your body weight is entirely your responsibility; no one else can do this for you.

It is worth while to make the effort because experience has shown that, as a group, those who are either unduly over or under the average weight for their sex, age and height are not as healthy as they should be, neither are they as free from disease nor do they live as long as those who are of practically average weight.

There is an individual variation. The family whose members are, in general over or under weight, are not in this condition because of heredity, but rather because of the eating habits of the family. The overweight family is made up of hearty eaters, the children having in their eating habits, followed the example set by their parents. The reverse is true as regards the under-weight family.

Height is influenced by heredity. Tall parents are likely to have tall children, but the amount of fat which is stored up depends upon the amount of food eaten and not upon heredity. This again is an individual matter, for the bodies of some use up more food than others but the individual who is adding up weight and is thus storing up fat, is simply eating more food than his body can use.

It does not pay in a health sense to be fat, nor is it desirable to be too thin. After forty, it is better to be slightly below the average weight, but because slenderness is healthy, it does not follow that to be emaciated is good for the health and well-being of the individual concerned.

The best weight for any person is that weight at which he feels best and at which he enjoys the largest measure of health. In practice, it will be found that this optimum weight is not far from the average figures as given in the published height-and-weight charts.

Having decided that it is worth while to control your weight, the next question is "How can it be done?" The answer lies in watching your food intake. In order to increase weight, use more butter, fats, cream, sugar, and cereals. To lose weight, reduce the use of those

"ENTERPRISE" HAS DONE THE THING THAT "COULDN'T BE DONE"!



"Gentlemen, it hardly seemed possible that we could build the Enterprise Monarch with so many new improvements and so much greater quality—at a lower price than ever. But here it is!"

The ENTERPRISE MONARCH.
The kitchen range supreme! Extra deep closet with heat pipe at back. Roomier top. Heavier fire-box parts. Many other features making this the most efficient and most beautiful range in ENTERPRISE history.

Today ENTERPRISE offers you range values that are almost unbelievable! Long the most outstanding range in Canada, the ENTERPRISE Monarch now reaches new heights of convenience, beauty, durability and efficiency . . . and a new low in price!

Here is leadership that far outstrips the field! Here is quality unsurpassed. Here is value that even ENTERPRISE, long famed for value, has never approached before!

Now you can have a new Enterprise Monarch in your kitchen—a range retaining all the special features which have made it so famous, as well as adding many new ones—at a saving of more than one-third the former purchase price.

DO NOT WAIT! Send at once for the valuable information offered by the Coupon at the right.

For every cooking and home heating need, there is an efficient Enterprise product at a price that means immediate economy and a quality that means savings throughout the years.

ENTERPRISE offers now greater usefulness, greater beauty and greater economy throughout a complete line of kitchen ranges. An investment in one today will save you money through many tomorrows!

You Can Buy an Enterprise Range Today at Prices Ranging All the Way from Approximately \$100. to as Low as \$39.90

There is outstanding quality and economy also in ENTERPRISE Cabinet Heaters and Furnaces.

MAIL THIS COUPON TO GET THE INTERESTING DETAILS

THE ENTERPRISE FOUNDRY CO., LIMITED
Dept. Q, Sackville, N.B.
Please send me full particulars about the new ENTERPRISE Ranges.
NAME.....
ADDRESS.....
The fuel I burn is Coal Wood Gas Electricity

ENTERPRISE for Every Cooking and Heating Need

See Complete Display of Enterprise Ranges at **NEW LOWER PRICES** **R. T. HOLMAN LIMITED** Island Distributors **SUMMERSIDE CHARLOTTETOWN**

foods mentioned for increasing weight, and satisfy yourself with fruits and vegetables in their place. In all cases, a balanced diet must be eaten, or harm will be done. This is the reason why faddy diets are dangerous.

Questions concerning Health, addressed to the Canadian Medical Association, 184 College Street, Toronto, will be answered personally by letter.

A CURE FOR THUMB SUCKING

Billy was three and he sucked his thumb. Jeanie, his sister, was six months old and she sucked her thumb. She didn't suck it all the time—just when she went to sleep. At other times she lay and coo-d and played and never thought of her hand. But her mother was worried. She wasn't going to have another thumb-sucker in the family if she could help it.

When Billy was that age she had worked hard to try to break the habit. She never could, however, and now she was at her wits' end to know what to do.

From Bad to Worse

She bought some little bulb-shaped affairs to tie over Jeanie's hands so she could not get them to her mouth. Jeanie mouthed them and screamed and cried. After a week of struggle her mother tied her arms down by her sides by wrapping a big towel about her body. This was worse still. The baby,

about. She tried one after the other only to give them up because the baby needed sleep. The whole house needed it. "Let her stork her thumb for a while," she declared. "I'm tired of struggling."

WELL DRILLING

Now is a good time to have a well drilled as the equipment is on the Island.

TRASK WELL CO.

VAUGHAN H. GROOM, Local Representative at Morley M. Bell's Law Office

Summerside or Phone 297

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THE COAL SEASON HAS BEGUN

WE OFFER **VICTORIA—BRAS D'Or—SYDNEY**

One Price \$7.75

SPECIAL PRICES ON CAR LOTS

Ask for quotations on slack for blowers. **H. R. LARGE & CO.** Tel. 1000 Retail & Wholesale 55 Queen St.