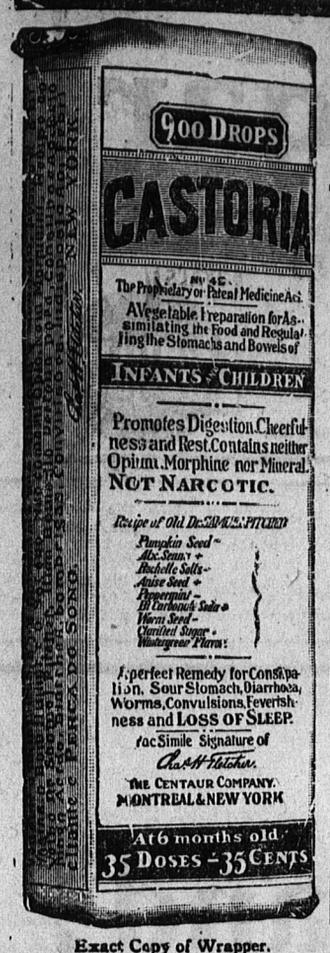

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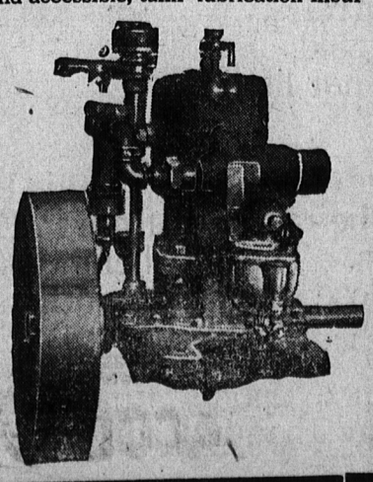

Besides all these advantages the Imperial is equipped with the world-famed Improved Thermen Muffler.

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Health and Happiness Go Hand in Hand With Good Plumbing

Unless the plumbing system you have installed in your home is the best—the kind we sell, it will cause you much annoyance, and displeasure, increase your expenses and be a menance to the health of your household.

Our plumbing systems have been endorsed by authority to be the best, our methods the most modern, our workmen experts and the material superior. Hundreds of our satisfied customers throughout the province are always ready and pleased to tell you of the supreme plumbing satisfaction then enjoy.

Call today and see our splendid showing of sanitary fixtures, get our prices and terms. We will furnish you with the names of your neighbors who will tell you what they think of our plumbing service.

Fred H. Trainor, Opp. Prince Edward 80 Grafton Street

"USE MORE LEMONS," ADVICE OF EXPERT

Any housewife who thinks of lemons as being nice for lemonade and not much use beyond that has a lot to learn.

In the first place so high an authority as Dr. Wiley says they should be eaten freely all the time as a food.

"Both oranges and lemons should be used as freely as the financial ability of the consumer may permit," he says. "I don't think anything I have ever said about a fruit diet is too strong to say about oranges and lemons. Even in straitened circumstances people should eat plenty of them not only in the summer time but all the time."

In the second place the flavor of lemons is so palatable and tempting that in this way they possess remarkable food value. But most persons are not familiar with more than a few ways to use them. They make lemon sauce for puddings and they make lemon pie, and in many dishes they put a few drops of lemon juice, all the time ignorant of the fact that here is a fruit which can be served in numerous ways never before thought of in the average home.

"A dozen lemons would last me a month," said a woman to me once.

"And you would last many months longer if you used a dozen a week," I answered.

To all housewives I would say "Use more lemons."

In so doing I well realize that lemons already are a staple in nearly every home, but only for a limited number of uses.

They are looked upon as food adjuncts, whereas they really are food, and most excellent food at that.

THE HEROISM OF BERNHARDT

Sarah (she was christeied Rosine) Bernhardt, is probably as well known as any other human being. Her name has for almost two generations been a household word throughout the civilized world, and it is far from an exaggeration to say that millions in every civilized land are today paying the sincerest homage to the heroism she is displaying in the face of a very great misfortune and are hoping earnestly for her recovery.

Some of the dispatches fall into the error of saying that the outcome of the operation is gravely uncertam for the reason that she is in her seventieth year. To be exact, she is well on in her seventy-first, having been seventy on the 22nd day of last October. She was born in 1844 and entered the Paris Conservatoire at the age of 14. It may be said that she has been before the public ever since, for she was in her 'teens when she made her first appearance at the Theatre Francaise, taking the heroic parts of Iphigenis and Valerie. After a short abandonment of the stage, she once again appeared before the footlights, taking burlesque parts. Notwithstanding her success in these, it was manifest that tragic drama was her forte, and she returned to high art at the Offeon.

How her fame spread in one of the most familiar chapters in dramatic history. She played triumphant seasons in London in 1879, 1886, 1888, and almost annually thereafter playing not only the great French classic roles, but in "Camille," "Fedora," and "La Tosca." In these dramas as well (after 1890) in Sardon's "Cleopatra," which was one of her greatest impersonations and which became familiar to theatre-goers in North America and Australia, as well as in Europe. She abundantly deserved the decoration conferred upon her by the French Academy.

Bernhardt's farewell tours have long been the theme of iocose allusions; but the truth is that this marvelous woman, persisting to the age of seventy-past in her enthusiasm for her art and her life-work (the injury requiring the amputation of her leg was due to her energy in rehearsal) ought to be, and is, an inspiration to us all.

HEADACHES

Thousands of men and women suffer from headaches every day, other thousands have headaches every week or every month, and still others have headaches occasionally, but not at regular intervals. The best Doctor is often unable to find the cause of many of these headaches, and in most other cases, knowing the cause, he does not know what will remove it, so as to give a permanent cure. All he can do is to prescribe the usual pain relievers, which give temporary relief, but the headache returns as usual, and treatment is again necessary. If you suffer from headaches, no matter what their nature, take Anti-kamnia Tablets, and the results will be satisfactory in the highest degree. You can obtain them at all druggists in any quantity, 10c worth, 25c worth or more. Ask for A-K Tablets.

SICK-HEADACHES

Sick-headache, the most miserable of all sicknesses, loses its terrors when A-K Tablets are taken. When you feel an attack coming on, take two tablets, and in many cases, the attack will be warded off. During an attack take one A-K Tablet every two hours. The rest and comfort which follow, can be obtained in no other way.

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4th Dam Rose Lawrence 13522, by Prince Lawrence.

5th Dam Bute Rose 9949, by Springhill Darnley 2429.

In this stallion is found as good a blending of the Clydesdale champions of Great Britain as in any draft horse in Canada, and that he will prove a great sire I feel confident. He is five years old, brown with white trimmings—face and legs.

Will make a season in the stud at S. Rustico.

Albert Craswell, manager in charge. Service fee $10. Mare at owner's risk.

A. A. LECKIE, Veterinary Surgeon, Owner.

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THUNDERSTORMS

To take shelter during a thunderstorm beneath a solitary tree, or under an open shed or barn, or to be the most prominent object in a field or on a common, is to court death. People are continually being warned of this danger, but the warning is often ignored, with the result that terrible tragedies—like that which occurred on Wandsworth Common recently, when several people who took shelter in an open shed at Epsom during a thunderstorm were struck—occur.

As the eminent scientist, Sir Ray Lankester, who says that all children should be warned against seeking shelter in a thunderstorm under any solitary, upstanding shed, tree, or group of trees, points out such danger can, to a large extent, be avoided if people will only behave in accordance with the dictates of knowledge and experience. The danger of people standing under a tree during a thunderstorm really arises from the fact that the shed or the tree stands out high above the surrounding surface and its top is the nearest point for some distance round to the thunder cloud, and is likely to "attract" the electric discharge, or to serve as the passage of the electricity from the cloud to the earth.

Avoiding Danger

It is equally dangerous to be the most prominent object in a field or common during a thunderstorm. Indeed, more persons are struck and killed in this way than when sheltering under trees. What, then, is a man or woman or child to do when caught in the open in a thunderstorm? They may take shelter, says Siir Ray Lankester in the Daily Telegraph, in a wood, though not under any isolated tree nor under a long high hedgerow.

They should ask for shelter in any available house or cottage. Failing this, they may (as goats and sheep and cattle do) get under a low-lying rock-face, or into a ditch, or dry hole, or even, if the storm is close round them, lie flat on the ground. It is less dangerous to be wet through than dry, since wet clothes may, and have before now, saved a man's life owing to the fact that they are good conductors, and allow the electric current to pass away without obstruction.

When Indoors

When you are in a house during a close and immediate thunderstorm you should keep the windows shut and avoid placing yourself between two large and prominent conductors of electricity, such as the water-pipe or gas main (if your plumber has permitted you to know where they are) and the fireplace. If the house is a detached one or a corner house, and the storm is close, you will be acting reasonably if you retire into the basement until the storm is over.

It is important that everyone should be able to judge of the neariness or distance of a thunderstorm. The sound of the thunder, caused by the heating and sudden expansion of the air by the great electric spark which we call "a flash of lightning," travels a mile in five seconds. When there is an interval between the flash and the sound of the thunder of two seconds or more, the storm is for the time being at a safe distance, but when the interval is only a second or less the storm is close, and any prominent object near you, or you yourself may be struck.

MIDSUMMER STYLES

Midsummer brings the really flimsy gown, as ephemeral as possible. For such a frock nothing is lovelier than the embroirered Swiss flouncing with which the white counters are heaped high. It is not very expensive; it is quite durable and very appropriate to the tiers of ruffles which we call shirts this season.

Some very attractive gowns of old-fashioned mull in white and biscuit were shown recently in a collection from Paris; while literally millions of yards of tulle have been employed by the designers for afternoon and evening frocks. Net is an admirable substitute for tulle if you want a gown to give you longer service, while the organdies are delightful. There is a new kind in fine white with a flower in a butterfly embroidery upon it at intervals, in two colors.

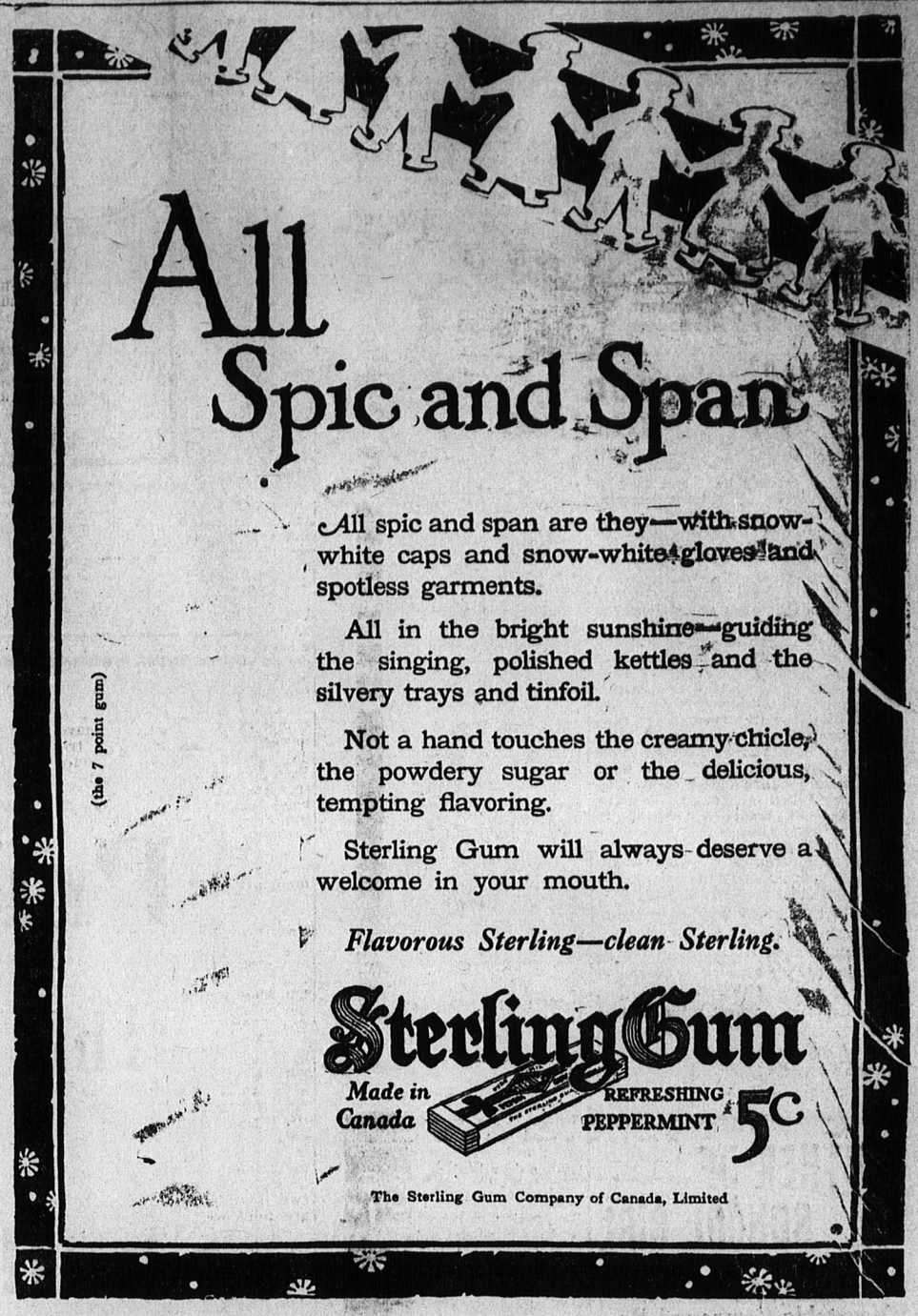
Flowered Lawns Reappear

Old fashioned flowered lawns and muslins have reappeared, together with Irish dimity. Girlish frocks are evolved from pale-colored organdie, pink, llavender, yellowish, and trim with many tucks, or narrow pleatings. Cotton voil and cotton crepe are fabricks of many possibilities which have been wonderfully developed by domestic manufacturers. Stripes of all known kinds are found here and dainty challie patterns, with checks, diamonds, dots, and the new wallpaper designs of stripes and flowers combined. In all white crepes there is a damask stripe or figure which is very good, and more expensive varieties are hand-printed to look like hand painting.

Many frocks are constructed of handkerchief linen, both white and colored. Often two colors are combined in one gown. New are the all-over flower patterrns and the colored one—the colored powdered with tiny dots, for example. Bordered llinens, as well as cotton crepes and voiles, are shown in great assortment, but gowns of bordered material require great ingenuity in the making, or they will appear too obvious. For strictly morning wear in the country there are heavy crepes in glass toweling checks, and cotton percales, well adapted to the flaring skirts of the season.

Cool Shopping Suits

For cool shopping suits there are ratines and sponges for those who like them, and cotton gabardine, which is proving very meritorious. Separate skirts are built of cordroy, or of its more aristocratic cousin, golfine, and of cotton garbardine, besides, of course, of linen. Pique in various widths of the cord, has been revived, and all of these materials crush less than llinen and are therefore perhaps preferable to it. Sand and biscuit shades are seen as often as white. They are better with a striped or colored linen blouse than white, which demands a white blouse as well to look its best. Sportswomen will welcome the improved tub silks and habutals, which are made to withstand the frequent ravages of the washtub.



All Spic and Span

All spic and span are they—with snow-white caps and snow-white gloves and spotless garments.

All in the bright sunshine—guiding the singing, polished kettles and the silvery trays and tinfoil.

Not a hand touches the creamy chicle, the powdery sugar or the delicious, tempting flavoring.

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Are you going to be satisfied with just an ordinary crop this season Mr. Farmer, or are you going to make every inch of your farm a paying piece of property. If you are ambitious and anxious to succeed, drop us a postal card today, we'll send you free booklets and full information regarding the use and abuse of fertilizers.

AULD BROS., Limited

Lower Queen Street

How To Use Fertilizers

While the soil may ycontain certain qualities of fertilizer naturally, in most cases it will not pay to give serious attention to this source of fertilization. Farm yard manure and similar refuse substance especially, should always be used with hoed crops, in which case it is plowed under otherwise it is best used as a top dressing. When plowed under farm manure should be applied for fall plowing unless the crop to be grown requires the entire growing season as, for example, Indian Corn. The fertilizer in such manures becomes available very slowly.

ON A SPECULATIVE BASIS.

There are larger profits from a small flock of sheep well managed than from anything else on the farm.

The trouble with most farmers who have tried the sheep business and have quit it is that they have started in on a speculative basis. They see the prices of wool go up around 30 cents, lambs selling at $6 and $7 per hundred pounds and the neighbor making money off his sheep and they decide that they want a flock. When such there are none to be had except at a very high price. He turns them out with his other stock, expects them to winter in the mud around the stock barn with cows, horses and hogs, and the result is a disappointment and the flock of sheep for sale the next year at whatever price he can get.

Especially where large flocks are kept it is better to go to the market and buy a good grade of Western ewes, raise one set of lambs from them, turn the whole bunch on the market and then select another bunch of thin ewes.

If you succeed well by this plan, the ewes must be extra well fed, and go back to market in good condition; they will bring considerably more than first cost.

This plan appeals to me strongly for two reasons: First, the ewes are seldom affected by parasites and by changing every year you stand some chance of keeping free from them. Then there are always some ewes in the flock that become too fat for profitable breeders; that is, they can be replaced by ewes that are sure breeders for much less money than they bring.

We have followed this plan to some extent ourselves, and always with good results. This I recommend for the man with speculative turn of mind. To the man who takes pride in his flock, I would say: Keep some distinct breed and rise your own ewe ock.

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