

The Manager of
The Royal Bank of Canada
 Iovites

Interviews or Correspondence

Business Accounts
 Carried on Favorable Terms

Savings Accounts Opened
 with ONE dollar.

Total Assets Capital and Reserve
\$53,000,000 \$10,000,000

J. F. McMillan,
 Manager, Charlottetown.

Health

Nothing is more conducive to good health than the

Flower and Vegetable Garden,

our

High Grade English Fertilizers

are quite as necessary for use in the garden as for the growing of

Wheat, Oats, Potatoes, Turnips,

and all other farm crops. They are

Inexpensive, clean, easily applied and most efficient.

Try them. Pamphlets and prices on application.

AULD BROS.

ADDING NEW LINES

That is they are new lines for us, they are not new in the Experimental Sense as they are old enough to represent all that is good in China. We refer to

Crown Derby

Cauldon China

Parogan China

These with a new stock pattern of Lemoges, make our stock one of the best assorted and up to date in the Provinces

A. N. McKAY

HOUSEHOLD RECIPES.

FIG JELLY RECIPT.

Take half a pound of figs, soak in cold water over night, then cut in small pieces and stew until soft in the water they soaked in—then add one and a half cups sugar let boil a short time then add half a package of gelatine soaked in a little cold water let boil together, pour into a mold, serve with whipped cream.

CHEESE SOUFFLE.

Make a thick white sauce, with half a cup of milk, one tablespoonful of flour, same of butter, and yolks of three eggs, pinch of salt and cayenne add one cup of grated cheese, stir over fire until melted, when cool add the whites of eggs well beaten, then bake twenty minutes and serve at once.

THE CORNERSTONES OF BEAUTY

The prime factory of good looks is good humor. No face can be ugly if lit by smiles. Cheerfulness brightens the eyes; digs little wells of happiness about the mouth, gives a blithesome spring to the step.

TASTE IN WALL COVERINGS.

It is taste, not price, that counts in selecting wall paper. Before selecting papers one should study the house, noting the rooms in which the sun is bright—a paper can add or take from the cheerfulness of the whole room. Burlap canvas is a wall covering that strikes a distinctive note. Just at present there is a great demand for wide borders, crown effects and frieze patterns. They are, as a rule, very costly and not easy to manage, in spite of their beauty they seem to eat up the wall space and frequently tend to make a room look top heavy.

TO RELIEVE CHOKING.

Choking can be relieved almost instantly by a slight pressure of the finger on the bridge of the nose, between the eyes, gradually increasing the pressure towards the forehead.

TO RESTORE COLOR TO IVORY KNIFE HANDLES.

Rub your Ivory knife handles with turpentine to restore their color when they have turned yellow you will be surprised at result.

RECIPE FOR BROWN BREAD.

3 cups rolled or Quaker oats, butter size of an egg, a little salt, 3 cups boiling water. Cover and let stand for 3 hours, then add 1 cup molasses, 1 yeast cake and mix well. Add to this enough white flour to knead like other bread and let rise over night. In the morning mold and put in pans and let rise again, then bake. Hot rolls made from this are delicious for breakfast.

CRUMBLY GINGERBREAD.

1 lb flour 1/2 lb butter 1/2 lb sugar 2 teaspoonfuls ginger. Mix all together dry and put in a large pan and cut in squares while hot. Use light brown sugar.

CHOCOLATE FROSTING.

2 squares chocolate, 1/2 cup hot coffee than add enough powdered sugar to make it stiff enough to spread. Flavor with vanilla.

HOW TO CORN BEEF.

For fifty lbs. beef make a pickel with two gallons water, four pounds of salt one and a half pounds of brown sugar, one and a half ounces saltpetre, half an ounce of saleratus. Put these ingredients on to boil and when they boil skim and put away to cool. When cold put the beef in it. Put weight on the meat to keep it under the brine.

A DESERT.

Whip very stiff and sweeten a half pint of cream and set away to chill. Cut up fine one banana, one orange and twelve marshmallows. Add two table spoonfuls of preserved pineapple and a few broken nuts meats. Just before serving beat fruit into cream and put in sherbet glasses with a cherry on top. This makes a nice change from ice cream for afternoon tea or "At Home."

TO REMOVE CANDLE GREASE

Put silver in a dish of sour milk and leave for half an hour and take out and wash in warm water, with a few drops of ammonia in the water, and dry with a soft cloth and it will be bright without the tiresome process of polishing.

After a bottle of olives has been opened those remaining get flat and tasteless. This can be overcome if half an inch of table olive oil is poured on the top. The olives will keep indefinitely in this way.

TO REMOVE CANDLE GREASE FROM A GARMENT.

Put a common white blotter on the underside below where the spot is and another on top. Then take a hot iron and press. The heat will melt the grease and the blotter will absorb it. Repeat if necessary, using another part of blotter.

HONEYCOMB TIMBALE.

Boil in salted water large sized macaroni. When cold cut into pieces 1/2 inch long, making rings. Butter plain dome-shaped mold and line with the rings fill mold with minced uncooked chicken, turkey or veal mixed with cold cream sauce. Add three or four eggs and creamed mince, put into mold, cover mold with greased paper. Place in pan of hot water and poach in slow oven over thirty minutes. Cooked meat may be used in which case allow only twenty minutes.

WAFFLES.

1 1/2 cups flour
 3 t sp. baking powder
 1 t sp. salt
 1 cup milk
 Yolks 2 eggs
 Whites 2 eggs
 1 tablespoon melted butter.
 Mix well and sift dry ingredients into beaten yolks with milk, stir in flour, add melted butter, beat thoroughly, cut and fold in beaten whites. Cook in buttered, hot waffle-iron. Serve with honey, maple syrup, or powdered sugar.

RICE CROQUETTES WITH JELLY.

1 cup rice
 1/2 cup boiling water
 1 cup scalded milk
 1 tsp. salt
 Yolks 2 eggs
 1 t. sp. butter
 Wash rice added to water with salt boil until rice has absorbed water. Add milk, stir lightly with fork, cover, steam till rice soft. Remove from fire, add egg yolks and butter, spread on shallow plate to cool. Shape in balls roll in crumbs then shape in form of nests. Dip egg, again in crumbs, fry in deep fat and drain. Put cube of jelly in each croquette.

Paint may be removed from window glass by rubbing it well with hot strong vinegar.

A FEW SUGGESTIONS.

To the Editor of The Empire Guardian,
 Dear Madam,—It is not often we women get an opportunity to air our views, but since this is a woman's paper I venture to make a few suggestions.

We spend most of our time fighting dust and dirt in our homes and trying to keep everything in its proper place. Think what it must mean to an orderly woman to walk down one of our streets. What do we see? Paper, banana and orange peelings, etc. thrown around in every direction. On our main streets packing boxes and even wares exhibited for sale, right out on the sidewalk. Then, in the hot weather, we go from a home with fly-screens and dots guarding the approach of a fly, to do our marketing. What do we find? Grocery stores with no attempt at a fly-screen, the market square with meat exposed for sale in the hot sun, covered with flies. We go into the market to buy poultry, never drawn, thus paying by the pound for so much refuse. In most cities people will not buy poultry unless it is properly prepared. These are only a few of the things that try a house-keeper's soul. Is there not a remedy?

HOUSEKEEPER.

IMPORTANCE OF GOOD MILK.

Madam,—In battling against that most terrible foe, tuberculosis, no single remedy is as effective as rich pure milk, and by the irony of fate, this our chief dependence as a curative agent is the most subtle means by which tubercular infection can be conveyed.

Then there is the ever-present danger that instead of building up the strength of the patient, it may but bring fresh recruits to swell the ranks of the dreaded micro organism. It is not then the wisest folly to overlook the need of taking every possible precaution to see that our milk supply is above suspicion. No milk vendor should be permitted to ply his trade unless every cow from which he obtains his supply be periodically subjected to the tuberculin test, and the milk itself subject to frequent analysis. Reports duly attested to be regularly published in the press.

Hoping that ere long public opinion may demand this much needed reform.

I am yours &c &c,
A DAUGHTER OF A DAUGHTER.

REMARKABLE INSCRIPTION.

On the south wall of the parish church at Streatham—
 Elizabeth, wife of Major-General Hamilton, who was married near forty-seven years and never did one thing to disoblige her husband, she died in 1746.

BANK OF NOVA SCOTIA

—INCORPORATED 1832—

CAPITAL — \$3,000,000.
RESERVE FUND — \$5,400,000.

A general banking business transacted
 Savings Accounts opened by deposit of \$1 or over

SAFETY DEPOSIT BOXES TO RENT

FOR THE INFORMATION OF DEPOSITORS

The Books and Statements of this Bank are annually submitted to an examination by strictly independent auditors.

CHARLOTTETOWN BRANCH
R. G. WALLACE, Manager.

HUMOROUS.

ONE TONGUE ENOUGH.

Milton being asked by a friend whether he would instruct his daughter in the different languages, replied, "No sir, one tongue is sufficient for a woman."

Gentle reader, nightcaps are again coming into fashion. The announcement need not in the least disturb the equanimity of those who like to look as charming in the privacy of their own chamber as they do when exposed to the critical gaze of their sisters, their cousins, and their aunts—to say nothing of the non-critical gaze of admirers of the opposite sex.

Stella—"Does she accompany on the piano?" Bella—"No she just sits in the audience and hums."—(Pluck.)
 Mr. Newed—"Well, dearest, you can't say I ever contracted bad habits." Mrs. Newed—"No George you generally expost them."
 Judge—"Is he intellectual?" Oh no. He's the sort of a fellow who calls it changing his mind when he decides to put on a different necktie."
 Cleveland Leader.

Mother—"Well, darling, what have you learnt, and how do you like school?" Tommy—"Oh, mater, the boys call each other fools and idiots and asses—it's just rippin'!"
 First struggling poet—"Just think what a wonderful poet Poe was, and they say he sold 'The Raven' for \$10." Second Struggling Poet—"He wasn't a poet—he was a wizard of finance."
 (Life.)

"Hope," remarked the mere man, "is certainly a wonderful thing." "It is," rejoined the wise woman. "Why, one little nibble will keep my husband fishing all day."
 (Chicago Daily News.)
 "Our daughter," said Mrs. Scaddsworth, "is about to become allied with one of the noblest houses of England." "Indeed," replied her neighbor. "Well I congratulate you. It will not be as hard as it might have been. You can easily cut down expenses here at home by keeping only one or two automobiles and giving up some of your clubs."
 (Chicago Record Herald.)

"Waiter has this steak been cooked?" "Yes, sir; by electricity."
 "Well, take it back, and give it another shock."
 (Judge.)

Sportsman—"Hello, count, what did you fall over?" The Count—"What I fall over? I fall over ze'ead of my 'orse."
 (Punch.)
 English Countess (admiringly)—"Your gown is just ripping, my dear." American Duchess (in alarm)—"Oh, where?"
 (Baltimore American.)
 Patience—"Getting married stopped his stammering." Practice—"How so?" "His wife won't let him open his mouth now!"
 (Yonkers Statesman.)

Judge—"Up again, Casey, for evading the law." Casey—"Don't rub it in, judge. O! only wish O! had evaded it instead of runnin' into two cops on the corner."
 (Pluck.)

REASSURING.

The Stout One: "Can you keep a secret, old man?" The Thin One: "Rather. I'm as silent as the grave."
 The Stout One: "Well, I want to borrow five pounds." The Thin One: "That's all right. Consider it as if I had never heard it."

THE SABBATARIAN AT HOME.

Time—Sunday morn in the Hielan's. Young M'Kie (feeling the joy of life) "Eh, but it's a graun' morn the morn, feyther." (No answer.) Young M'Kie (louder): "I say it's a graun' day, feyther." Feyther: "I ken it's a graun' day! I ken it is. But whif' out o' a day is this—to be talking about the weather?"

DO NOT WORRY.

Do not worry over what the people say about you; no one can hurt you but yourself. This truth has been often repeated in different words; and yet to everyone the time comes sooner or later, when it appeals to him in the light of a discovery. With the illumination gained by experience the old truth flashes upon his mind with new force. He has learned for himself that as long as he keeps his escutcheon clean, malice has no real power to hurt him. Only when he departed from the straight path-way of honor, and made himself a party to some transaction that he would be ashamed to have known, has his character received an injury—and that by himself.

Gained Over \$1,000,000.00

The Record for 1908 of the

Canada Life Assurance Company

stands out in all important respects as one of the most successful in its whole history of sixty-two years. The three most important factors in Life Insurance management are

Mortality, Interest and Expense

for the earning of surplus depends on them. The Company's record was notably favorable under all three.

THE RECORD: In 1908 The Canada Life's

MORTALITY DECREASED
RATE OF INTEREST INCREASED
EXPENSES WERE REDUCED

THE RESULT: In 1908 The Canada Life earned over \$1,000,000.00 Surplus, the greatest gain in the Company's history.

W. K. ROGERS,

Charlottetown
 Manager P. E. I. Branch.

DAUGHTERS of the EMPIRE

and all other ladies who like a fashionable Stationery, should use our

"French Organdie"

Linen band paper and envelopes. It has a beautiful writing surface and the price is only 12c pr qr, and 12c for package of envelopes.

Ask To See It

Haszard & Moore

Sunnyside Bookstore

There Are No Others



REGINA

One of the Queen's among watches eventh: \$8.00 ones keep good time and the 21 jewel are fit for a Queen or King to carry.

We use a transit, and regulate our fine watches from actual observation

E. W. TAYLOR
 South Side Queen Square

Eyeglasses

We have been selling and suiting both City and Country with fine Eyeglasses and Spectacles since 1870. Another test is often advisable which we shall be pleased to make when desired.

We keep thousands of lenses in stock and can fit in different style frames in rimless.

E. W. TAYLOR
 South Side Queen Square.

It is the "Gem" of them all.
Stanley Shaw & Pearden

GOOD FOR TWENTY VOTES

Charlottetown Guardian

BALLOT

CANADIAN & U.S. TOUR NOTES

NAME: _____

ADDRESS: _____

This ballot no good without below date.

This ballot is void after May 29th, 1909 and must be received by "Tour Editor," The Guardian, Charlottetown, on or before that date. It is void if it does not contain that printed date and it is also void if it is not received in its present form with but the addition of the name and address of the candidate for whom the 20 votes are intended.