

Woman's Realm Social and Personal Fashions Literature

Helpful Hints For The Women Folk

WHEN EARTH'S LAST PICTURE IS PAINTED

When earth's last picture is painted and the tubes are twisted and dried, and the oldest colors have faded and the youngest critic has died, we shall rest, and, faith, we shall need it—lie down for an aeon on peace.

Till the Master of All Good Workmen shall set us to work anew.

And those that were good will be happy; they shall sit in a golden chair.

They shall splash at a ten-league canvas with brushes of comets' hair.

They shall find real saints to draw from, Magdalen, Peter, and Paul.

They shall work for an age at a sitting and never be tired at all.

And only the Master shall praise us, and only the Master shall blame.

And no one shall work for money, and no one shall work for fame.

But each for the joy of the working, and each in his separate star.

Shall draw the Thing as he sees It for the God of Things as They are!

—Rudyard Kipling.

The more the human heart has to love, the wider and deeper becomes its range of affection and its capacity for love.

When roasting or frying meat, sprinkle a little flour into the fat; this will stop the fat from spluttering and spattering over the walls and top of the stove.

It very often happens that your best friends become your worst enemies.

The authenticity of old paintings can be determined by the use of the X-ray.

NOW MY CAKES ARE AS GOOD AS MOTHER'S



BECAUSE I TOO, USE SWANS DOWN CAKE FLOUR

FOR BETTER CAKES TRY SWANS DOWN

27 TIMES AS FINE AS ORDINARY FLOUR

RECIPES FOR THE 9 MOST POPULAR CAKES ARE ON THE PACKAGE

147 Recipes—Hundreds of Baking Hints in "Kate Smith's Favorite Recipes"

Today send for "Kate Smith's Favorite Recipes"—a beautiful 48-page book. Contains 147 recipes, 87 interesting illustrations. Explains the how and why of tender, crisp, golden brown cake as only Kate can do it. Use coupon below.



General Foods, Limited, Cobourg, Ontario.

Please send me "Kate Smith's Favorite Recipes". I enclose 6c in postage stamps.

Name _____

Address _____

First favorite with many smart women is the slim frock of sheer wool or silk crepe, the bodice all-over tucked, the skirt knife pleated.

On the average, cigarette smokers throw away about one-quarter of each cigarette.

Jackets and coats with "Jerkin" necklines are highlights of the La-chasse collection of sports and town suits. They are collarless and cut out to show the frocks and skirts beneath.

ROGUE'S GALLERY

A "Hall of Shams" has been planned in Kansas City to cut down the toll taken by automobile accidents. If an accident results in a serious injury or death, the motorist will be photographed with their victims and the picture hung in City Hall where they will be available to the public. To get the pictures, all accident calls will be relayed to the police accident investigation bureau and a photographer will be sent to the scene.

—Automobile Topics.

At Wistaria Vine Gardens, Sierra Madre, Calif., a single wistaria vine covers one acre of ground.

Hans Christian Anderson, author of children's fairy tales, is said to have disliked children.

PREPARE EARLY FOR THE SPRING

It isn't too early to begin thinking about the way you want to look next spring. It takes a few months to lose several pounds or to get your hair in excellent condition. And at least more than a couple of months to eliminate frown lines and tiny wrinkles acquired since last Easter.

First of all, try to get a mental picture of the ideal you. Not an ideal movie star, or an ideal debutante, but an ideal you. Then work toward measuring up to that ideal.

If you're overweight, by all means map out a sensible method of reducing. If your hair is dull and limp, too oily or too dry, resolve to brush it at least five nights a week. If possible, con-

YOUR INDIVIDUAL HOROSCOPE

(By FRANCES DRAKE)

(Copyright, 1939, King Features Syndicate Inc.)
Look in the section your birthday comes in, and find what your outlook is, according to the stars.

For Thursday, March 28th

MARCH 21 to APRIL 20 (Aries)—Not auspicious for extensive business operations or stretching the budget. Take precautions to safeguard your interests. Don't cross your employer or associates. Day will respond best to quiet, efficient management and planning.

APRIL 21 to MAY 20 (Taurus)—Indications point to steady, perhaps slow progress rather than spectacular or speedy achievement. Proceed cheerfully with your everyday routine, make improvements over-enthusiastic or reckless individuals. A tricky, albeit interesting day. One that can be turned to good account.

MAY 21 to JUNE 21 (Gemini)—You will all need self-control to sidestep the hazards lurking for over-enthusiastic or reckless individuals. A tricky, albeit interesting day. One that can be turned to good account.

JUNE 22 to JULY 23 (Cancer)—Give strict and alert attention to all important duties and responsibilities. Indications point to substantial benefits and headway if the right effort and persistency are exercised.

JULY 24 to AUGUST 22 (Leo)—Born before August 8? Your stars warn against extremes and wasting valuable time on frivolous matters. All Leites can start today by observing closely the methods of successful persons and applying them to your own activities.

AUGUST 23 to SEPTEMBER 23 (Virgo)—Be purposeful and determined to go straight through with your plans as prearranged. And you can make sure headway if you will observe this rule: "Do not do others as you would have them do unto you."

SEPTEMBER 24 to OCTOBER 23 (Libra)—Unimportant day perhaps for showy deeds or things that have only transitory value but wholesome and useful activities are favored and should be entered into. Better rays tomorrow.

OCTOBER 24 to NOVEMBER 22 (Scorpio)—Here's a day for shrewd bargaining, using your ability to get as much as you can with the least expended effort of money. The honest way of control! Test your patience yourself—it's good practice if done the right way. Have ease of manner throughout day.

NOVEMBER 23 to DECEMBER 22 (Sagittarius)—Tact in personal matters and careful handling of money affairs especially required now. In fact, the whole period asks considerable thought and diplomacy, and particularly for you born before December 7.

DECEMBER 23 to JANUARY 21 (Capricorn)—Don't speak without thinking of what the results of your comments may be. Be attentive to loved ones and put up with their discrepancies without criticism. If you'll try this, you'll be surprised how quickly they'll get out of moodiness. Anyway, you'll be emphasizing the real meaning of the expression "being big."

JANUARY 22 to FEBRUARY 20

25¢
Barbours ACADIA BAKING POWDER
SMART HOUSEWIVES DEMAND
Barbours ACADIA BAKING POWDER
Because it is DOUBLE ACTING

sult an expert and have some special scalp treatments.

If your skin is sallow or if you have blemishes or minor blemishes here and there, do exercises or take long, brisk walks to stimulate your circulatory system. After night and morning cleansing, raise your face and throat with ice cold water until the skin is pink and tingling.

Posture and Food
Eat more fresh fruits and green vegetables than highly seasoned or rich, heavy foods. Drink quantities of water and see if your complexion doesn't become prettier.

Do something about bad posture before you even consider what kind of clothes to buy next spring. No dress, however handsome, will conceal a protruding stomach due to an exaggerated hollow in the middle of the backbone. No sweater, however well made, will hide a dowager's lump on the back of the neck, invariably due to carrying the head badly.

Children should be taught to give and take in the family and in play and made to realize that they cannot make everybody play their game. It is the little girls who take their doll rags and go home if they can't have a husband when they are grown. And the boys who won't play if they can't be captain are the ones who never can keep jobs as men.

Children should be taught the amenities of polite society, how to enter a room, how to talk and how to listen, how to show little courtesies to the aged, how to get acquainted to some stranded girl or boy at a party, how to do the thousand little things that help make life easier and pleasanter for others and that bring in such great rewards to the doer.

And all of these things can be taught to the child, for it is just as easy to acquire good manners as bad.

Will Love Ever Return?
Dear Miss Dix—The first two years of my marriage were made miserable for me by my husband's infidelities. He just seemed unable to settle down and give up other women for me. There were bitter arguments, but I still loved him and strove to keep our home together.

Finally we decided that perhaps if we had a child it would help matters, but before the baby was born I had to leave him because I felt I would become absolutely demoralized if I had to witness any more of his affairs. The baby came and with it my husband's transformation. He became the most domestic of men, crazy about the baby and me, and does everything in his power to make us happy and comfortable.

A Morning Smile
But—and here is the irony of fate—now that my husband is devoted to me I find that my affection for him is all gone. He realizes this and we are considering divorce. He is willing to support me and the baby.

A STRONGER WEARER
The man walked into the tailor's shop with a parcel. "This suit," said he. "You told me I should never wear it out." "That's right," said the tailor. "Well, your car's next," said the man. "I haven't dared to!"

THE BREATH OF SCANDAL
Through the quiet village, lit by the winter sun, he strolled the woman from London. Presently she paused to talk for a while to a villager.

"How quaint and quiet this place is!" she gushed. "I never dreamed of such peace. How true it is that one half of the world doesn't know how the other half lives."
"Huh!" replied the villager shortly. "Not in this village, it ain't!"

New Under-arm Cream Deodorant Stops Perspiration



1. Does not rot dresses—does not irritate skin.
2. No waiting to dry. Can be used right after shaving.
3. Instantly stops perspiration for 1 to 3 days. Removes odor from perspiration.
4. A pure white, greaseless, stain less vanishing cream.
5. Arrid has been awarded the Approval Seal of the American Institute of Laundering, for being harmless to fabrics.

15 MILLION Jars of Arrid have been sold. Try a jar today!

ARRID

39¢ a jar

Dorothy Dix's Letter Box

DOROTHY DIX SAYS—
PERSONALITY GETS ITS START THROUGH CHILDHOOD TRAINING

Begin Teaching Good Habits and Molding Character in Cradle—Today's Letter Box

Dear Miss Dix—What are some of the fundamentals which should be taught to children in order to develop a pleasing personality in them? My youngsters are mere babes, but I am anxious to begin their training early in order to save them from a handicap under which I have always suffered, and that is being an unintentional snob. ANXIOUS MOTHER.

Answer:
At any rate you are a wise mother, because not one woman in a thousand ever seems to think it necessary to pay the slightest attention to her children's social development and teaching them the fine art of how to get along with other people. Yet on nothing else does our happiness and success in life depend so much as upon our ability to make and hold friends. People who do things for us because they like us that they would not do because it is our due to save our lives. Ninety times out of a hundred our fortune or failure is determined by whether we make a pleasing impression on those with whom we come in contact or irritate them.

To be a good mixer is a talent that generally comes by nature, but there is no doubt that a satisfactory synthetic approach can be taught children if their mothers will take the trouble to inculcate into the youthful minds the qualities that make for popularity and eliminate those that cause us to be poison to our fellow travelers.

The first of these is, of course, to teach a child good manners which after all are just the elementary essentials of considering the rights and comforts of others. The child who has been taught from his infancy up to be courteous, to show deference where it is due; never to push or grab or try to get the best of everything for himself; who speaks as politely to the poor and unfortunate and old as he does to the prosperous will always be liked and will always have a tremendous advantage over the boor.

Children can be taught to be neat. I know one mother who never lets her children smart. Not long ago I heard her say to a little 3-year-old, "You smile when you say that." And I thought that in a world that is so full of sour grumblers, whining and complaining women that that little girl who had been taught to be neat, to smile and to be cheerful would be as welcome as sunshine wherever she went.

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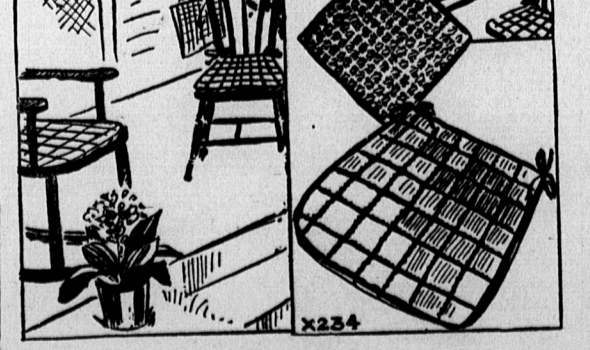
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CROCHETED CHAIR SEAT AND POT HOLDER



Crocheted seats for the kitchen chairs with matching pot holder add a touch of individuality to the home. Pattern No. X 234 contains list of materials needed, illustration of stitches and complete instructions.

To order this design, write your name and address on a piece of paper and send with 15 cents in coin or stamps to Needlework Department, Charlottetown Guardian.

Design No. X 234
NAME _____
STREET _____
PROVINCE _____

THE COOK'S CORNER

HONEY NUT MACAROONS

2 egg whites
1-2 cup honey
1-4 teaspoon salt
2 cups shredded cocoanut
Method: Beat the egg whites until foamy and then add the salt and continue beating until the egg whites are stiff, but not dry. Gradually add the honey, and lastly fold in the shredded cocoanut and the flavoring. Drop the mixture by small spoonfuls onto a well-greased baking sheet and bake in a moderately slow oven (325 deg. F.) for about 20 minutes. When done, place the pans on a damp cloth and remove the macaroons immediately. If they harden to the pan before you can remove them all place them in an oven for a few minutes to soften them again.

CORNFLAKE MACAROONS

2 egg whites
1 cup brown sugar
2 cups cornflakes
1-2 cup chopped dates
1 cup shredded cocoanut
1-2 teaspoon vanilla
Method: Beat the egg whites until stiff, but not dry, and then gradually beat in the brown sugar. Then fold in the cornflakes, the chopped dates, and the shredded cocoanut and lastly the flavoring. Drop in small mounds onto a well-greased baking sheet and bake in a moderately slow oven (325 deg. F.) for about 20 minutes. When done, place the pans on a damp cloth and remove the macaroons immediately. If they harden to the pan before you can remove them all place them in an oven for a few minutes to soften them again.

MERINGUE FRUIT DROPS

1-4 lb almonds
2 egg whites
1-2 cup fine granulated sugar
1-2 teaspoon vanilla
1-2 teaspoon lemon juice
Method: Stone the dates and blanch and skin the almonds and put these together through the fine blade of the food chopper. Add the vanilla and lemon juice and shape the date-nut mixture into small balls.

Beat the eggs until they are stiff but not dry, and gradually beat in the sugar.

The fruit balls are then covered with meringue. This is done by placing a fruit ball on a teaspoon and lowering it into the meringue so that it is well-coated. Place the meringues on a well-buttered baking sheet and bake in a fairly slow oven (275 deg. F.) for about 10 minutes, or until the meringue coating is dry. These can be made in any desired color by adding coloring to the meringue.

V. C. STARTS AT BOTTOM

LONDON (CP)—Enlisting as a private in the B. E. F. of 1940, Captain D. W. Belcher, who won the Victoria Cross in the second Battle of Ypres, May 13, 1915, relinquishes his commission, the London Gazette announces.

SAFFRON WALDEN, England (CP)—When a wall in a 60-year-old house collapsed here, Betty Greenhill, 17, was killed. Her mother escaped injury because she was on the front doorstep when the collapse came.

Your Wedding Can Be Beautiful and Correct



Be Posted on Dress, Etiquette

The loveliest of weddings for you and your betrothed. But, first, so many details to be settled—of attire, etiquette.

Your dress should suit the style of your wedding, formal or informal, as well as the hour.

At a traditional formal daytime affair, the bride sweeps down the aisle in trailing white gown and veil. The groom wears dinner clothes and striped trousers. After six evening attire! The bride's dress is the same as for a formal afternoon wedding, but the groom dons white tie, tails.

Or, fashionable these days to be married informally at noon—the bride in a smart suit and hat, the groom in business clothes.

Informally after six, you wear a dinner dress and tiny hat or a simple white gown and short veil. The groom wears dinner clothes.

How many attendants? As many as you like at a formal wedding. One or two for the bride at an informal affair.

Where should the bride and groom stand during the ceremony? Who is in the receiving line at the reception? These and all your wedding questions are answered in our 32-page booklet. Gives etiquette for the ceremony and reception, correct attire for bride, party, guests. Tells how to budget expenses, who pays for what.

Send 20c in coin for your copy of Planning and Budgeting Your Wedding to The Guardian Home Service. Be sure to write plainly your Name, Address, and the Name of booklet.

Name _____
Street Address _____
City _____ Province _____

POOR COMPLEXION?



POPULAR GREASELESS MEDICATED CREAM NOW USED BY MILLIONS TO HELP CLEAR UP COMPLEXIONS

If your skin is coarse or rough—if externally caused blemishes spoil the natural beauty of your complexion—you long for a clearer, softer skin—try this popular, medicated Beauty Cream. Nurses first discovered how Noxzema Skin Cream helped clear up poor complexions and aided in restoring skin to normal, healthy beauty. Today over 1,200,000 jars are used in Canada yearly!

New! It Works—Noxzema helps soften and smooth rough skin. Its soothing medication relieves irritation—helps more quickly heal externally caused blemishes and chapped, weathered, roughened complexions. Apply it as a Night Cream, massaging it into the pores. Use it as a Powder Base—for long-lasting, even make-up. See if Noxzema can't improve your complexion as it has so many thousands! Get a jar today.

SPECIAL OFFER!
SAVE 10¢
ALL DRUG AND DEPARTMENT STORES

Grow Vegetables Fast For Flavor and Tenderness

PLANT FOOD TABLE

The standard application of a balanced plant food is 4 pounds per 100 square feet (a space 10 x 10 feet square). You may figure one pound per pint, so an area 10 by 10 ft. requires two quarts. One quart will feed 50 square feet and one pint 25 square feet.

Where smaller quantities are required, use a rounded tablespoon per square foot. For convenience, here is a table showing some common areas and the standard balanced plant food application for each:

- 5' x 5' equals 25 sq. ft. — requires 1 lb. (or 1 pint).
- 5' x 10' equals 50 sq. ft. — requires 2 lbs. (or 1 quart).
- 10' x 10' equals 100 sq. ft. — requires 4 lbs. (or 2 quarts).
- 20' x 30' equals 600 sq. ft. — requires 24 lbs.
- 25' x 100' equals 2,500 sq. ft.— requires 100 lbs.

Vegetable gardening is more a test of technique than flower gardening for the average amateur.

BEST FOR BOTTLE FED BABIES
BEST FOR COOKING TOO!

Carnation
SUNSHINE
MILK

Smartest Fashions And Winter Styles

Your slim young daughter looks for comfort in her clothes. She wants something that's made to have a good time in... and you want her to have a dress that will stand hard wear, yet neat and smart. A blouse and jumper outfit is the ideal solution to your problem. It is out wide for roominess as well as for style, the simple drawing-string blouse is easy to wear, easy to launder. You should make the other blouse version, too—a long sleeved design with a dainty "little girl" collar.

Style No. 3192 is designed for sizes 4, 6, 8, 10, 12 and 14. Size 2 equals 28 inches of 30-inch material for blouse; 1 3/8 yards 30-inch or 1 1/4 yards 34 inch for jumper.

Send fifteen (15c) coin is preferred for pattern. Write plainly your Name, Address and style number. Be sure to state the size you want.

Name _____
Street Address _____
City _____ Province _____

R. M.'S NEW TUNE

PORTSMOUTH, England (CP)—In three days, Captain Vivian Dunn, bandmaster of the Portsmouth Division of Royal Marines, composed a march, "Heroes of the River Plate" to welcome back to England the crews of the warships engaged in the battle with the Graf Spee.

Use Minard's for scales.