



A Familiar Scene in Thousands of well Regulated Homes

From youngest to oldest in healthy, happy families, scattered wherever civilization reaches, a dash of ENO sparkling in a glass of water starts each vigorous, fruitful day.

ENO prevents unsuspected constipation, tones up the system and insures internal cleanliness.

There Is No Substitute For ENO



Prepared only by J. C. Eno Limited. Sales Representatives for North America Harold F. Ritchie & Co. Ltd., 10-18 McCaul Street, Toronto.

A Morning Smile

The small boy was sobbing loudly. "What's Billie crying about?" inquired his mother of the maid. "Well, ma'am, he wanted to go and play with Master Robbie next door. "Why didn't you let him go?" "Because, ma'am, I 'eard as 'ow they was having charades, and I wasn't sure whether it was catch-

SCOUT NEWS

(Continued from page 2)

commissioner of the New Brunswick Provincial Police and former commander of Military District No. 7, Saint John, has accepted the position of vice-president of the Boy Scout Council for the province of New Brunswick. It is announced by Mr. Allan G. McAvity, president of the Scout Council.

Etiquette

By Roberts Lee

Q. When should one return a formal call?
A. It should be within two or three weeks at most. If it is not, it is an indication that the friendship is not desired.
Q. Should answers to formal invitations be made in the first or third person?
A. The third person.
Q. Is it permissible at an informal dinner to put the vegetable dishes on the table and let the guests help themselves?
A. Yes; this saves much extra work for the hostess.

Household Hints

By Roberts Lee

Whitening the Skin
The skin can be whitened by mixing and applying equal parts of rose water and lemon juice.
Moths
To keep moths out of blankets when not in use, scatter slices of yellow soap in the folds. Then wrap well in newspapers.
Color
Use colors to make food attractive to the eye. An ordinary dish can be made to look more appetizing by garnishing with fancy slices of pimento, watercress, parsley, or green peppers.

The Provincial Boy Scout Council for New Brunswick is now in its second year of operation and is steadily growing in scout and cub membership throughout the province. There are more than 1500 boys enrolled as Scouts and Cubs throughout New Brunswick and, with the ever-increasing staff of volunteer workers, the future for scouting in this province is most hopeful, it was stated by Scout officials here today.

Associated with Mr. McAvity and Brig. Gen. Hill in provincial Scout work is LeBaron Bull, of Fredericton, an enthusiastic Scouter who is efficiently filling the post of Provincial Commissioner, particularly responsible for the practical maintenance and growth of Scouting in New Brunswick. Mrs. G. Wilford Campbell, of Saint John, is the honorary treasurer of the council, and, as an enthusiastic worker on the Saint John Council, also holder of the coveted Scout Thanks badge, is rendering valuable and much appreciated service to the organization. Other representatives of the council are located in Saint John, Fredericton, Moncton and other provincial points.

What the Fashionable Are Wearing

Illustrated Dressmaking Lesson Furnished With Every Pattern
By Anabelle Worthington

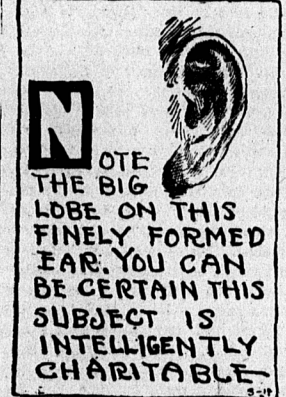


3363

A navy blue crepe silk that expresses simplicity and good taste for mature figure.
The circular skirt in wrapped treatment falls in graceful drape at left-side front, giving the figure charming length.
The hips are extremely flat.
The surplice bodice with collarless neckline, shows lingerie influence in white crepe vestee. It's a stunning dress for street.
Style No. 3363 comes in sizes 36, 38, 40, 42, 44, 46 and 48 inches bust.
Printed crepe with plain, light weight woolen and crepe marocain appropriate.
Pattern price 15 cents. Be sure to fill in size of pattern. Address Pattern Department. Our Fashion Magazine is 15 cents, but you may order a pattern and a Fashion magazine together for 25 cents.

No. 3363. Size
Name
Street Address
City State

Character Close-Ups



NOTE THE BIG LOBE ON THIS FINELY FORMED EAR. YOU CAN BE CERTAIN THIS SUBJECT IS INTELLIGENTLY CHARITABLE.

Good Things To Eat

Cabbage Salad
Shred 1 head of cabbage and 3 onions on the cabbage cutter. Add 1 finely chopped green pepper and 2 tablespoons pimientos. Marinate with French dressing. Serve on lettuce leaves with paprika sprinkled over the top.

Beef Cakes

One cup of cold beef, 1/2 cup ham or bacon, salt, pepper, 1 egg, 1 onion. Chop the beef and the ham together very fine, season to taste. Add finely minced onion, well-beaten egg and mould into little flat cakes. Fry in butter slowly until both sides are browned. A nice little change for lunch.

French Potato Puree

This is usually listed on hotel menus as Potage Parmentier. Cook a few stalks of leek in butter for 3 minutes in a large saucepan. Put through the chopper 1 onion, 1 stalk celery, the stalk to leek. Place in the saucepan 8 potatoes, pared and sliced, 1 quart of stock of choice and boil for twenty minutes. Strain and press through a colander. Add 3 tablespoons butter, blended with 3 tablespoons flour, season with salt and pepper and bring to a boil, stirring constantly. When smooth, serve garnished with chopped parsley. This should make about 6 or 7 servings.

For The Cook

ANGEL WHISPERS

Take the white of two eggs in butter, sugar, flour and cornstarch. Beat butter and sugar to a cream, and add eggs, well beaten, then flour and cornstarch, and, lastly, two teaspoons baking powder. Put a small teaspoon of this mixture on buttered tins. Bake in a fairly hot oven. Place together in pairs with jam and dredge with frosting sugar.

AMERICA'S AVALON (NEWFUNDLAND)

"Hall, to our own elect", is the welcome.
Of them who dwell in Avalon, the Isle Of earthly paradise, where some folk while They wish to sit in council, and, plan some, Great policy of state, with-out a drum And band, to gain consent to it; make trial
Of what is happens; then, to compile For every-one, Faith's true compendium.
"The race is to the strong", I hear you say,
"And, I can go and pick my cronies, when
"I choose". But I reply, "You need to pray,
"That you, correctly, choose the wisest men,
"To decide how man-kind shall not, astray,
"Wander, when quaffed are their goblets, again".
Roscoe R. Miller

London women are refusing to wear one of the Paris spring styles.

How the Row Started

When Jones stepped on Bill Smith's sore corn there was trouble. Jones gave some good advice to Smith and told him to go to the nearest drug-gist for a bottle of Putnam's Corn Extractor. Putnam's is the original corn remover—takes corns out by the roots—no pain, always successful. 35c at drug stores.



ALL THE KITCHEN UTENSILS

As well as other items in our hardware line are of first quality and made to withstand more than the normal abuse. We have all the things you need, from nails to saucepans, from hammers to curtain rods. Think of us when you think of hardware.

The Rogers Hardware Co., Limited

"How CAN you afford so many new stockings?"



"Since I learned this secret of the big Broadway Shows... my stocking money goes twice as far!"

"MY stockings cost me \$1.45 a pair and they never seemed to last any time at all!
"One day I looked over the ruins of half a dozen pairs. I was so tired of having only one good pair to my name! How I longed to have six pairs in my stocking box all in good condition.
"But my stockings wore out so fast it left me poor just replacing worn-out ones.
"Then I happened to read how the big New York musical shows keep their stockings just like new twice as long with Lux.
"I determined to try it myself.
"I've actually done just what these shows do—I make my stockings wear twice as long by always washing them in Lux. Now my stocking money buys extra pairs instead of just replacing worn-outs. I've got several good pairs of the latest shades all the time and I don't spend a cent more!"
Give your stockings this marvelous Lux care that doubles wear : : : make your stocking money go twice as far!



Ziegfeld Chorus (right.) All New York musical shows use Lux to double the life of stockings, whether they cost \$25 or \$1.50 a pair.

Lever Brothers Limited, Toronto—Sole makers by appointment to their Excellencies the Governor-General and Viscountess Willingdon

Only 3 MORE DAYS to see our Special Frigidaire Hydrator Demonstration



Our special demonstration of the Frigidaire Hydrator ends at 10 P. M. next Saturday. Don't miss this opportunity to see the Hydrator actually in use. See how it makes even wilted vegetables crisp and fresh : : : how it keeps them that way until used.
And, while you're here, examine the beautiful cabinets in Porcelain-on-steel inside and out. See the famous "Cold Control" in operation. See how it speeds the freezing of ice—how it enables you to make a wide variety of frozen desserts that require extreme cold.

And don't fail to taste the new and different salads and desserts we're serving. Don't forget to ask for your free copies of our two new recipe books. If possible, come in today. We're open evenings until 5:30 o'clock.

EASY PAYMENT PLAN

Let us tell you about our easy payment plan. Come in at your first opportunity. We are open every day during the demonstration until 5:30 P. M.

R. T. HOLMAN, LTD

CHARLOTTETOWN

P. E. ISLAND

Milady Beautiful

By Lois Leeds

(Continued from page 8)

between the eyes. Remove the excess cream and apply your rejuvenating facial pack. There are many such facial packs may be made by mixing cornmeal, oatmeal or almond meal to a smooth paste with rosewater, buttermilk or witch hazel.
The facial pack that I am describing below is the egg pack which may be used for restoring a faded, rough, dry, scaly complexion. To make the pack, beat the whites of two eggs to a froth with a little rosewater, add two tablespoonfuls of warm almond oil or olive oil. Add a pinch of powdered alum and boric acid and beat together until it becomes a soft workable, creamy paste. Apply the pack evenly and allow it to remain on the skin for an hour or more. If the treatment is taken at bedtime the pack may be left on the skin overnight. Make a mask of thin muslin and fasten it behind the head with tape.

First cut holes for the eyes, nose and mouth. In the morning remove the pack with tepid water. Apply a skin lotion, a thin film of foundation cream and powder. Brush the eyebrows with a small eyebrow brush moistened with olive oil or brilliantine. Brush the eyelashes upward, holding the forefinger of the left hand underneath the eyelashes whilst you brush them upwards with the brush in the right hand. Be sure that every particle of powder is removed from the eyebrows and eyelashes and from the wings of the nose. Apply the merest trace of rouge and lipstick and touch the tip of your ears with a little dry rouge and flesh-pink powder.
Another favorite facial pack may be made by mixing together two tablespoonfuls of carbonate of magnesium; one tablespoonful peroxide and sufficient oily cold cream to make a workable paste. Apply evenly over the face and neck after cleansing the skin thoroughly. Massage the cream in thoroughly for ten or fifteen min-

utes and apply the mask. Leave on for half an hour or so, then remove with tissue squares, absorbent cotton or a clean cloth. Pat on a mild astringent and blot the skin dry. Apply your skin tonic and finish your make-up if you are going out after the treatment.
Tomorrow — Beauty Questions Answered.



Be Sure to Ask for Kotex There is no substitute for this feminine hygienic necessity

Doctors and Nurses advise women everywhere to use Kotex, the New and Improved Sanitary Napkin, because it assures ample hygienic protection. The cellulose absorbent wadding which is used in Kotex is five times as absorbent as ordinary cotton. Kotex is wonderfully soft and pliable. Nothing else can be so comfortable, and still bring you such security and freedom from worry. No embarrassment when buying. Just say Kotex at any drug, dry goods or department store. Regular size 60c for box of a dozen. Super-size 75c. Directions in every package.

5 Features of the New and Improved Kotex

- 1. Kotex is soft—Not a deceptive softness, that soon packs into chafing hardness. But a delicate, lasting softness.
- 2. Safe, secure . . . keeps your mind at ease.
- 3. Kotex filler—is far lighter and cooler than cotton, yet absorbs 5 times as much.
- 4. In hospitals . . . Kotex is the identical material used in 50% of Canada's leading hospitals.
- 5. Deodorizes, safely, thoroughly, by a patented process.

MADE IN CANADA
KOTEX
Sanitary Napkins



That throbbing pain at the base of the spine is caused by improper kidney action. Fix up the kidneys and the backache goes away quickly.

There are certain juices and herbal extracts in Dr. Hamilton's Pills which soothe and heal kidney illness. After the first dose, you feel better—the dragging ache in the back is relieved, urinary disorders are corrected, vague pains throughout the muscles and joints disappear.

For Backache, Kidney Disorders and Urinary complaints there are scores of cases where Dr. Hamilton's Pills proved entirely satisfactory. Refuse a substitute. Sold everywhere.

HAMILTON'S PILLS STOP BACKACHE