

**CANADIAN PACIFIC**

**SAILINGS**

FROM SAINT JOHN, N. B.

Jan. 24, Feb. 21	Melita
Mar. 14, April 17	Metagama
Mar. 28	Montcalm
To Glasgow—Liverpool	
Dec. 28, Feb. 1	Minnedosa
Jan. 4, Mar. 8	Montclair
Jan. 11, Feb. 8	Metagama
Jan. 18, Feb. 15	Montroyal
Jan. 25, Feb. 22	Montrose
To Belfast	
Dec. 28, Apr. 4	Minnedosa
Jan. 11, Feb. 8	Metagama
Jan. 25, Feb. 22	Montrose
Mar. 8	Montclair
To Antwerp	
Jan. 24	Melita
Mar. 28	Montcalm
Apr. 17	Metagama
To Hamburg	
Feb. 21	Melita
Mar. 14	Metagama

Apply Local Agents,  
**GEORGE CARTER,**  
Dist. Passenger Agent,  
40 King Street,  
Saint John, N. B.

**Milady Beautiful**  
By LOIS LEEDS



**BEAUTY QUESTIONS ANSWERED**

**An Ivory Skin**

Dear Miss Leeds—My hair is reddish and my skin is a yellowish ivory color. I have dark circles around my eyes. I am 18 years old, 5 feet 3 inches tall and weigh 120 pounds. I eat right, am pretty strong and exercise outdoors. How can I make my skin white, like my sister's and brother's? My lips are very red.

**BOBBIE.**

**Answer**—An ivory skin often goes with reddish hair. I am afraid that you will never have a white skin, as that is not your type. Your weight is good and your mode of living appears to be correct. You should have medical advice on the dark circles however. Have a thorough physical examination by a doctor. He can tell whether the yellowish tinge of your skin is natural to your type or whether it indicates lack of health. Perhaps bleaching treatments might help bring the color to your cheeks and give your skin a lighter tone. Try a cucumber or lemon cream for this purpose. Every morning give your body a good, hard rubdown with a coarse towel after you have taken setting-up exercise and a quick shower or hand bath. To give the hand bath, moisten your hands in cold water and slap them over your body, rubbing the skin dry immediately. Tense the muscles of your cheeks and give them a gentle rubbing massage with the heel of your hands to stimulate the circulation.

**LOIS LEEDS**

**Exercises for Hips and Back**

Dear Miss Leeds—My hips and back are large so that it is hard to be fitted properly with ready-made clothes. I read that I reduce them? I am 17 years old and weigh 118 pounds. Is this correct?

**HELE**

**Answer**—Here are some good exercises for you: (1) Stand erect with hands on hips. Kick backward as hard and as high as you can with your right leg, inclining your trunk forward as you do so. Repeat ten to twenty times with each leg. (2) Sit on a hard wooden chair and alternately contract and relax the muscles on the seat until you are a little tired. (3) Do leg-raising sideways and forward, keeping knee straight. (4) Do stationary running. (5) Do the inverted bicycle exercise lying on your back on the floor. Raise legs and hips off the floor, placing your hands at the small of your back to support them. Kick upward with each leg alternately.

**LOIS LEEDS.**

**Moderate Loss of Hair**

Dear Miss Leeds—(1) Every time I comb my hair quite a bit comes out, although I have plenty left. I had my hair bobbed a month ago. Would this cause the falling hair? (2) I am 13 years old, 5 feet 2 inches tall and weigh 112 pounds. My measurements are: Wrist, 6; ankle, 9; bust, 31; waist, 26½. Are these good?

**THIRTEEN.**

**Answer**—(1) It is normal to lose some hair every day so that new ones may grow in. Do not worry about this unless your hair becomes scanty, which, I think, is improbable. Brush and comb it every day. I do not think the bobbing makes the hair fall. Massage your scalp for ten minutes every day. (2) Your weight and measurements are good. Your ankle appears to be a little large, but perhaps you are measuring it at the smallest point. Did you?

**LOIS LEEDS.**

**In Memoriam**

**MRS. MARGARET MOHAN**

A gloom has been cast over St. Malachai's Parish, Kinkora, by the passing away of Mrs. Margaret Mohan, a relative of the late Owen Mohan, at her home in Shamrock on Nov. 15th, in the 73rd year of her age.

During her brief illness from pneumonia, the best medical skill was in attendance, assisted by tender and solicitous nursing; but despite all human efforts the Angel of Death claimed her for his victim. Deceased was of very quiet gentle manner and was most highly respected in the community in which she lived. Ever an earnest pious Christian lady in her last moments she had the consolation of the Spiritual ministrations of her good Pastor, Rev. Dr. Smith, and fortified by the sacraments of Holy Church her gentle spirit went forth to its eternal reward. Her funeral which took place on Thursday, Nov. 15th, was largely attended from all sections of the parish hearing testimony to the esteem in which she was held by all who knew her. High Mass of Requiem was sung by her pastor after which her remains were laid to rest beside those of her husband who died some years ago.

The pall bearers were, Emmet Hughes, J. J. Hughes, Alphonse Malone, Aeneas Hughes, Hugh Gill and George P. Trainor. She leaves to mourn four sons, and three daughters, viz: Mack, Blacksmith, Borden, John H. one of our Island's most successful teachers, Patrick, Hugh and Frank and daughters, Patricia, Mrs. Thomas Des Roche) St. John, who arrived in time for funeral, Margaret and Minnie, May her soul rest in peace.

**What Makes A Wife Easy to Live With? Dorothy Dix Lists Four Qualities Husbands Rejoice Over**

**The Qualities That Make a Wife a Blessing Instead of a Curse Are: Equanimity, Congeniality, a Vast Admiration for Her Husband and Appreciation of His Efforts in Her Behalf**

A WOMAN may have all of the standardized wifely virtues. She may be as devoted as Patient Griselda, as domestic as a gas range and as a vacuum cleaner, and as above reproach as Mrs. Caesar, and yet make her husband's life a torment to him. So the other day I asked a group of men what quality it was in their wives that made them easy to live with.

"MY WIFE has a sweet reasonableness," said the first man. She doesn't demand the impossible and have hysterics when she can't get it.

"WHEN business is good and I can lavish luxuries on her, she is delighted with the nice things I give her, but when I strike a streak of hard luck and we have to pinch and economize, there is never a whimper out of her. She is just as gay and cheerful as when we are prosperous, and she bucks me up by reminding me that we have to save a few rainy days, and that the storm will blow over after a bit, and the sun will be shining again.

"MY WIFE doesn't throw a fit every time I am late to dinner, or stay downtown to meet an old friend, or go off on a vacation trip alone. She knows that a business man cannot always control his time, and that even the most-married man likes to get away from the petticoats every now and then and have a powwow with other he-men.

"MY WIFE doesn't get green-eyed over every pretty girl in my office, or because I occasionally take an old woman friend out to lunch, or because I admire beautiful women and like to look at them. She knows that the fact that a man is married doesn't make him blind to the charms of other women, or keep him from admiring them, but that this abstract admiration doesn't affect his devotion to his wife.

"WHEN I do foolish things, when I wander off the strait-and-narrow path my wife doesn't take it tragically. She knows it is a stumble and not a fall, and she picks me up and dusts me off and laughs at me and forgets it. I never have to lie to my wife. Whatever I do I can tell her the truth about, and there's nothing saves as much wear and tear on a husband as that."

"THE thing that makes my wife easy to live with is that she keeps on cutting bait," said the second man. "Most women slump as soon as they're married. They leave off their company clothes, and the company names they wore during courtship, and they think that any old rag and any old line is good enough for a mere husband.

"MY WIFE has always paid me that compliment of thinking that I was worth dressing up for, so that I have never had to compare her indignously with the girl I fell in love with. Better than that, she has always continued to treat me as if I were a lover instead of a meal ticket.

"GOD knows I have my faults. Plenty of them, but she has never told me of them, or reminded me of what a poor, weak, faltering creature I am. She never criticizes my tastes. She never flouts my opinions. She laughs at my jokes and listens with interest to my stories.

"SHE makes me feel that whatever a cold and unappreciative world may think of me, she admires me beyond all other human beings, and that I am still the hero of her girlish dreams, and if there is anything more soothing than that to a man's vanity, I don't know what it is."

"THE thing that makes my wife easy to live with is her being such darn good company," said the third man. "She is the best pal ever, and there is never a dreary moment when she is around. She is full of pep, and always on her tiptoes and ready for anything. If I want to step out on an evening, she can grab her hat and be on her way in two minutes, and when we get to a place she doesn't wet-blanket the occasion, as so many wives do, by finding fault with the program, or the music, or the food, or grumbling over the price, or wondering why I didn't take her somewhere else. On the contrary, she is always the life of the party and puts ginger into the occasion by her witty sallies about people and things.

"BELIEVE me, we have no dull evenings at home when we yawn in each other's faces and there is a silence so thick you could cut it with a knife. Nobody could be bored when my wife is around because she is just full of pep and lively chatter—things she has seen, things she has read, things that have happened to her, for she can't go to the butchershop without seeing something funny, or getting some little story that is full of human interest.

"THE reason that most men leave home is because they are bored stiff in it, but not me. I am a fireside companion because I have a wife to talk to who catches everything I say on the fly, and who is so entertaining herself that she makes other company fall flat."

"THE thing that makes my wife easy to live with is being appreciative," said the fourth man. "It is easy to do things for people who show some gratitude for your favors received, and hard to do them for those who take all of your labor and sacrifice for granted and as a matter of course, and as no more than they had a right to expect. That is what many wives do and it is what makes many husbands sour on matrimony.

"MY LOT is like that of the average married man. I slave like a dray horse for my family, and by the time the bills are all paid there isn't much left for father. I can easily see where a man could get to a place where he would think he was getting a pretty raw deal and that marrying and bringing up children wasn't worth the price, but my wife makes it worth while for me.

"FOR she enables it somehow. She glides the drugery and makes me see myself as doing something bigger than I am—passing on the torch of life, giving fine citizens to my country. That sort of thing, you know, she has taught the children to regard me not as a cash register that they can punch for more money when they want it, but as a sort of unsmiling martyr and hero who has given his life to them.

"I TELL you it is mighty easy to work for a wife who appreciates all you do for her and mighty discouraging to have to work for one who never even says 'Thank you,' but just 'Gimme, gimme, can you spare? Have you got? Let me have.'"

SO SAID these men. What is it that makes your wife easy to live with—if she is, Mr. Husband?

**DOROTHY DIX.**

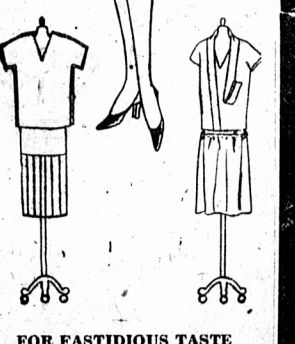
**GIRL HELPS IN GREAT WORK**

What is regarded as the greatest archaeological feat accomplished in Asia Minor in three centuries was recently completed by Sir William Ramsay, the famed archeologist and historian and his daughter, Miss A. Ramsay. The work was the assembling of fragments of a long Roman inscription discovered at Pisidian Antioch, which was founded by the Roman Emperor Augustus. It was in this city where the Apostle Paul delivered the sermon recorded in Act XIII. The inscription contains 35 chapters, and is the longest Latin inscription known to historians. It is a record in detail of parts of the life of Augustus.

**BRINGING UP FATHER**



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**FOR FASTIDIOUS TASTE**

An apron frock that is really picturesque fashioned of durable cotton broadcloth in lovely orchid shade with tiny purple polka-dots. The kimono waist, seamed on shoulders, is cut with V-neckline with piping of purple, to correspond with deep V formed by revers collar of white broadcloth. The edge of collar, cuffs and skirt are finished with fagoting. The envelope pockets with flaps are attractive and useful. Style No. 300 is designed in sizes small, medium and large, and can be made with 2½ yards of 36-inch material with 3¼ yard of 36-inch contrasting for the medium size. Printed saten, dimity, in dainty floral pattern, candy striped percale, radium silk in geometric print, plain gingham in soft brown shade trimmed with yellow, and natural colored pongee self-trimmed with fagoting worked in brown are so different and so extremely smart for morning wear. Pattern price 15 cents in stamps or coin (coin is preferred).

We suggest that when you send for this pattern, you enclose 10 cents additional for a copy of our Winter Fashion Magazine, showing all the most attractive Paris styles. Also embroidery and interesting ideas for Xmas gifts you can make.

**RABBITS AND HARES LEND VARIETY TO MENU**

Hares and rabbits are now in condition and can be turned into many excellent dishes. Hares are preferred by some people, as they are larger and have better flavor.

It is not widely known that pork, in one form or another, is usually combined with rabbit to give it the fat it needs, and also to improve the flavor. Baked pickled pork, fried rashers of bacon or sausages may be used. They may be cooked separately or with the rabbit, but whichever way it is prepared, pork should accompany the rabbit and if possible pork fat should be used in frying or basting in preference to beef or mutton dripping.

**Roast Hare or Rabbit**—Make this stuffing: Mince finely 3 ounces of suet and 1 1-2 ounces of rawlean ham and 6 ounces of bread crumbs. Add a tablespoonful of minced parsley, salt and pepper to taste and 1 teaspoonful of lemon and a soupcon of the grated rind. Bind all together with one egg well beaten.

Bake in a moderate oven from 1 1-2 to 2 hours basting frequently. Baked rabbit—To boil a rabbit whole an oval stewpan is required. When the water boils put the rabbit in, also one onion quartered, a bunch of dried parsley, trimmings of celery, half a dozen peppercorns, a

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When becoming a new subscriber or sending in your renewal for the Charlottetown Guardian, include an extra 25c., and we will include a year's subscription to The Canadian Magazine, a monthly publication well worth considerably more money and representative of the best in Canadian literature. You can either have this addressed to a friend as a Christmas Gift, or mailed to your own home. Where could you find anything more inexpensive and more appropriate at the same time?

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blade of mace and a teaspoonful of salt, steep in the pan now and again and remove any scum that may arise, as if left in it may dis-color the rabbit.

Never waste the water in which rabbit has been boiled—it contains nutriment and is very appetizing. Thicken slightly with a little flour or potato, it will make a good soup for two for in many households in these days of "rush" there is often a call of lunch for one or an odd meal for one of the other members who may be on the rush.

Sauces served with rabbit are either parsley, onion or mushroom, which is usually a white sauce with the addition of the above. It can be served either poured over the boiled rabbit or separately.

To Jug a Hare or Rabbit—Cut into meat joints, dust with flour and fry a nice brown. Drain well from the dripping and place in an earthenware jar with a cover. Some people add port to jugged hare. Two wine-glasses will give the flavor required. Peel a large Spanish onion and shred Honor Roll for the month of November:—  
Grade VIII.—1. Ella Butler, 2. Lillian Jackson, 3. Glen MacKinnon.  
Grade VI.—1. Raymond MacKinnon, 2. Annie MacSwain, 3. Verna MacDonald.  
Grade V.—1. Marian Jackson.  
Grade III.—1. Marie Kennedy, 2. William Butler, 3. William MacSwain.  
Grade I (a).—1. Lidia Butler, 2. Hazel Jackson, 3. Luell MacDonald. Enrollment 30 percentage of attendance 70.01. Teacher:—C. J. MacLean.

**SILVER FOXES**

Mr. Louis O'Bryan representing the Eitingon-Schilb Co., Ltd., of Leipzig, New York, London, Montreal, the largest fur merchants in the world is now at our office and will be with us during the next week, and will be interested in all grades of Silver Fox, Red Fox and Cross Fox pelts for United States and European markets.

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**MUSIC FOR BENGAL PUPILS**

Bengal has just accepted that music is part of education and culture, and the Bengal Government is preparing a comprehensive plan for introducing Indian music in the schools. At a conference on musical experts recently held at Calcutta, a program was prepared for submission to the government.

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