

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

What the Fashionables are Wearing

Illustrated Dressmaking Lesson Furnished With Every Pattern

By Annabelle Worthington



659

pointed treatment that gives emphasis to the moulded basque bodice. Black sheer velvet with white lace made the original Paris model.

And you can copy it exactly. Think of the saving in cost. And you'll be surprised how little of your time it will take.

Style No. 659 comes in sizes 16, 18, 20 years, 36, 38, 40 and 42 inches bust.

Plain shade velvet, black crepe satin and dark green crepe marocain are fascinating schemes.

Be sure to fill in the size of the pattern. Send stamps or coin (coin preferred.)

Price of pattern 15 cents.

No. 659. Size

Name

Street Address

City

A Morning Smile

NEEDED IN GOLF

Rich Man—"There's no sense in teaching the boy to count over 100. He can hire accountants to do his bookkeeping."

Tutor—"Yes, sir, but he'll want to play his own game of golf, won't he?"

For The Cook

FILLED COFFEE RING

2 cakes Fleischmann's yeast. 1 cup milk, scalded and cooled. 1 cup lukewarm water. 7 cups sifted flour. 6 tablespoons shortening. 1/2 cup sugar.

3 eggs. 1/2 teaspoon salt. 1 tablespoon sugar. 1 tablespoon melted butter.

Dissolve yeast and one spoon of sugar in lukewarm liquid; add 3 cups flour and beat until smooth; add shortening and sugar creamed lightly; add well-beaten eggs, and finally the remainder of the mixed and sifted flour and salt to make a soft dough. Turn out on floured board and knead lightly. Place in greased bowl and set aside in a warm place to rise for 2 hours.

Roll out in an oblong piece 1/4-inch thick. Brush with melted butter. Cover with the following filling:

1 cup citron peel. 1-3 cup orange peel. 1-3 cup lemon peel. 1 cup grated pineapple. 1 1/2 quarts raisins.

Put all through food chopper. Roll up lengthwise and place in a circle on a greased baking sheet. Cover and allow to rise again until light. Glaze with egg and milk. Bake in a moderate oven.

Ice while warm with plain white icing and sprinkle with coconut or chopped walnuts. This is simply delicious and is sufficient for three small rings.

Dorothy Dix Letter Box

Have Women or Men the Best of it in Marriage? Foolishly Fond Mothers Who Run Their Children's Lives by Their Indulgence

Dear Miss Dix—For thirty years I have been maintaining a private hospital and if there is any experience that enables you to judge men and women better than that, I don't know what it is. My observation is that in the unmarried state the woman has the worst of it. It is rather seldom the man treats the unmarried woman as he should. Just once in a while does he come across with the money when she needs it. I have always pitied the unmarried woman in her relations with men.

But, presto, change when marriage comes. Then the man has the worst of it. A doctor, who has a large general practice, tells me that in all his life he has never had a call to a man who was not sick paid for by hard-working woman, but he has had thousands of calls to women who are not sick paid for by hard-working men. So many wives make a graft of matrimony. Thank God, men don't often sit down and ask themselves the simple question: Is my wife an asset or a liability? A PHYSICIAN.

Answer:

This is a man's world, doctor, and I think men have the best of it married or single, generally speaking.

Of course, it is indisputable that before marriage the man has all of the lucky breaks. He has the privilege of picking out the girl he fancies, instead of having to sit up and keep his fingers crossed for luck, as the girl does, while she hopes and prays and makes dumb signals to some boy—any boy—to notice her. When a man falls in love with a girl and wants her for a wife, he can openly woo her, while the girl has to work under cover, which naturally cramps her approach to his heart. A man can nearly always marry the woman he wants, but the woman has to marry the man she can get.

A man can monopolize all of a girl's time and keep all other suitors away until her marrying time is past and then, when her youth and beauty are gone, he can fit away to some younger and prettier maiden. But the girl is left stranded because she has no longer any of the allure with which to catch another man.

And in the case of an illicit love affair it is always the woman who pays the price. Nature sees to that in the first place and then society collects the balance of the account. The world smiles at the male philanderer and shrugs its shoulders and calls him a devil of a fellow, but it shuts its doors on the woman philanderer and calls her a name that is not mentioned in polite society.

And it seems to me that in marriage women also get the worst of it, also speaking by and large, for there are exceptions to every rule. Undoubtedly there are parasitic wives who take all and give nothing, but they are few and far between, and the average wife works just as hard as her husband for the common good. She toils longer hours than he does, she makes just as many sacrifices as he does, and she throws in child-bearing and child-rearing to boot. Whatever else a man has to suffer, he doesn't have to suffer that.

Perhaps women are more given to imaginary ailments than men are and men do have to pay more doctors' bills than women pay, but think of the thousands upon thousands of wives who are supporting able-bodied husbands whose poor nerves or weak hearts or fallen arches or what not prevent them from doing any work more strenuous than eating three square meals a day, reading the paper in the morning and going to the baseball game or the races or some hangout in the afternoon. The number of lazy, loafing men who are supported by their wives is perfectly appalling.

So it isn't only the husbands who have a right to sit down and figure out whether their lifetime is an asset or a liability. Wives might well balance their own ledgers and many a one would find herself in the red if she did.

Life isn't easy for either men or women. Marriage isn't all gain, and the only thing that squares the account is love. If a husband and wife love each other enough, they don't count the work nor the sacrifice. DOROTHY DIX.

Dear Miss Dix—What's the matter with mothers? My sister has brought up a family of six boys and one girl, all naturally normal, healthy, intelligent, decent kids, but she has ruined them all. They have no education because they took no interest in school and were never able to pass an examination, but she blames that on the teacher. They have a fine ranch, but they are too lazy to work it and are going in debt and will eventually lose it. Their mother blames the times for that. She is 80 years old, but her big strapping sons will sit around and let her go to the woods and carry wood to make the fires and empty the tubs they have bathed in, but if you suggest that they are selfish to her she flies at you like a tigress.

I am an old bachelor, but it is my opinion that if children could be taken away from their mothers when they are 15 years old they would make better men and women. G. R. H.

Children should be taken away from that kind of mother at birth. It is too late to undo her work after she has been at it for fifteen years. They are ruined past all redemption by then.

Many psychologists are of your opinion, Mr. G. R. H., that children would be better off if reared by strangers or in institutions, and not long ago one of them stated that it was less dangerous for a child to have a congenital disease than a grandmother or a maiden aunt. But fortunately not all mothers are as blind and besotted in their mother love as your sister is and there are an increasingly large number of intelligent and clear-eyed women who recognize that mother influence is as powerful a weapon for evil as it is for good and that it may be made just as much a curse as a blessing to children.

There is nothing else in the world so tragic as the fact that a mother's love so often makes her do her children an injury greater than malice could invent. You see this every day in mothers who make doormats of themselves for their children; who teach their children to be selfish and self-indulgent; to indulge their passions, to be weak and lazy and no-account, and who utterly unfit them for life in every way.

These make the men and women who are failures because they have never been taught to work; who are quitters because they have been encouraged to give up whenever the sledding got hard; who are weaklings because they have never had strength enough tord in them to stand alone. These make the men and women who are thieves and harlots because they have to have the things that money buys, and they get them in the easiest way.

And when all of the teaching of these unwise mothers bears its logical fruit and their children "turn out badly," as the phrase goes, and show them neither duty nor affection, it breaks their hearts. But they have only themselves to blame. They are reaping what they have sown and their children have a right to hate them for making them what they are and ruining their lives.

Certainly it is far better for a child to have no mother at all than a foolishly fond mother who cannot see its faults. DOROTHY DIX.

Happenings of the Week

THE Queen has been spending a week with Princess Mary, Countess of Harewood, and the Earl of Harewood at Harewood House, near Leeds. The Queen occupied the suite of beautiful state rooms for which Harewood House is famous and which have been renovated and redecorated since Lord Harewood succeeded to the estate. The last occasion upon which the Queen stayed there was immediately after the announcement of Princess Mary's betrothal.

Those attending the luncheon at the Clifton Hotel, which was very attractively decorated for this much anticipated event were His Worship Mayor Lidston who presided. Seated on his right were the Governor General and Premier Stewart. On his left the Lieutenant Governor and M. Andre Patreux, French Consul. Chief Justice Matheson, Hon. Justice Arsenault, Hon. Justice Saunders, Hon. J. E. Sinclair, Hon. Senator Creelman McArthur, Hon. Dr. W. J. P. McMillan, Hon. G. Shelton Sharp, Hon. L. M. McNeill, Hon. A. F. Arsenault, Rev. J. J. MacDonald, Rev. Dr. Monaghan, the Mayor of Kensington, the Mayor of Alberton; Mr. A. E. MacLean, M.P.; Mr. J. E. Wyatt, Mr. J. F. Arnett, Mr. R. B. Richardson, Mr. L. R. Allen, Col. Uiric Dawson, Major E. H. Strong, K. C.; Capt. L. A. Moore, Lieut. Com. T. H. Scott Jackson, members of Town Council and others.

The Queen continues to take great interest in her wonderful collection of fans of all countries and periods, and she made one or two interesting additions to this collection. It was originated by Queen Alexandra many years ago, and was kept for a time at Marlborough House. Later Queen Alexandra presented the entire collection to Queen Mary, who has added to it considerably. The "gems" of all these fans are probably the old Spanish ones that were presented to the Queen some years ago by King Alfonso.

Charlottetown was in gala attire on Monday for the visit of His Excellency the Governor General of Canada, the Earl of Bessborough, and an air of excitement pervaded young and old, as everyone had some part in welcoming their King's representative. The weather was ideal and the Garden Province was in holiday attire, sun shining, richly hued trees, and flags flying. Of the several delightful social events, the reception given by His Honour the Lieut. Governor and Mrs. Dalton was outstanding.

During the afternoon hundreds of guests were presented to the Governor General by his Provincial Aide Lieut. Col. Fred I. Andrew, M. M. His Excellency was accompanied by his Private Secretary Mr. A. F. Lascelles, M. V., O. M. C., and Lieut. Fuller, R.N.A.D.C. The Lieut. Governor, Mrs. Dalton and Miss Murray, daughter of His Honour mingled among the guests making one and all welcome. Mrs. Fred I. Andrew and Miss Helen A. Grant ushered the guests to the dining room where the tea table was presided over from four to five by Mrs. J. A. MacDonald and Mrs. J. D. Stewart, who poured. Cutting the ices were Mrs. J. A. Mathieson and Mrs. W. Chester S. McLure. From five to six Mrs. W. J. P. McMillan and Mrs. W. S. Stewart poured and Mrs. C. Gavin Duffy and Mrs. Murdoch McKinnon cut the ices. Assisting in dispensing hospitality were Miss Barbara McDonald, Miss Marjory Stewart, Miss Avila Mathieson, Miss Iphigenia Arsenault, Miss Lena McLure, Miss Dorothea McMillan, Mrs. G. Elliot Full, Mrs. C. C. Thompson, Mrs. D. F. Tierney, Miss Bernadette Connolly, Miss Ruth Heartz, Miss Queenie Jenkins, Miss Francis Kerwin, Miss Peggie McMillan.

Also in attendance were Mr. M. Alban Farmer, Private Secretary to His Honour; Lieut. Col. Full, Major Tierney and Lieut. Connolly. During the afternoon delightful music was rendered by Dixon's orchestra under the direction of Miss Kathleen Hornby. The Lieutenant Governor and Mrs. Dalton also entertained at luncheon at Government House on Monday.

On return from an auto trip to Summerside where the hospitality of the western Capital was extended to His Excellency and staff, tea was served at Government House

and farewells said. The ladies in the party were Mrs. Dalton, Miss Dalton, Mrs. Murray, Mrs. J. D. Stewart, Mrs. J. A. Mathieson, Mrs. F. I. Andrew, Mrs. G. E. Full, Mrs. G. S. Sharp. Mrs. George Buntain was hostess at Bridge Thursday evening honoring Miss Edyth Brown who is leaving shortly for New York, having spent the summer here with her sister.

Miss Dorothy Holl, whose marriage to Mr. Alvin C. Hutchison of Saint John takes place next Saturday morning in St. Paul's Church has been very widely entertained prior to the happy event. On Friday of last week she was honored by Mrs. Orin McGregor, Miss Edna Gordon, Miss Cecilia Shannon and Mrs. Walter Smith who gave a delightful bridge at Mrs. McGregor's home.

On Monday, Mrs. C. J. Bousefield, who recently returned from an extended trip to the Old Country gave a miscellaneous shower for Miss Holl and the lovely gifts received were ample evidence of the popularity of the young couple. On Wednesday Mrs. Leith McLeod was hostess at Bridge in her honor and last evening Mrs. (Dr.) Notting. On this occasion also the variety of the shower was a pleasant surprise.

Mrs. Leith McLeod was a bridge hostess also on Thursday evening. Part of Lady Bessborough's autumn wardrobe is coming from London. Rosemary, the Countess' dressmaker, acting on her instructions, has added an interlining to the coats and costumes they are sending out. At their dress display this week, they showed a two-piece ensemble similar to one chosen by Lady Bessborough. The coat is in brown herringbone tweed patterned with fawn and white and has the new beaver collar and beaver-trimmed sleeves. The frock in fawn, of a lighter weight, has a brown spot design and features the full-elbowed sleeve.

Mrs. C. M. Shannon entertained at afternoon tea on Wednesday at her lovely new home on Brighton Road in honor of Mr. and Mrs. Saddler of Georgetown, Demerara, who are leaving Monday on return after a six months holiday spent in Canada. During their stay Mr. and Mrs. Saddler visited Montreal, Toronto, Niagara Falls and in the Maritime Provinces, making their headquarters with their daughter, Mrs. Louis Saddler, Brighton.

A number of Charlottetown ladies motored to Summerside yesterday for a luncheon bridge given by Mrs. (Dr.) Tanton. A cordial welcome is being extended to Mr. and Mrs. G. Shelton Sharp who have arrived from Bideford to take up their residence in this city.

Mr. Harry Hyndman is making a good recovery from his recent operation for appendicitis in the P. E. Island Hospital. Mrs. Fred S. Chandler, 8 Brighton Road, is convalescing nicely from her recent operation.

Major the Hon. W. D. Herridge, Canadian Minister to the United States and Mrs. Herridge, have left for Washington, D.C., where they will take up their residence permanently.



NO DISTRESS after eating

GET RID of that old dread of indigestion, and eat without fear of distress. When food ferments; disagrees; lies like lead in the stomach, it is a sign of too much acid. The stomach nerves have been over-stimulated. The quick corrective is an alkali. Don't resort to burning doses of soda—take instead, an antacid that will correct the condition. Phillips' Milk of Magnesia! A spoonful of this soothing alkali restores the proper alkaline balance to an acid-soaked system. Then the stomach, liver and bowels function as they should. To avoid the condition of acid mouth, you should use a milk of magnesia tooth-paste. Your teeth are worthy of the best dentifrice. Try Phillips' Dental Magnesia, which contains 75% concentrated Phillips' Milk of Magnesia. digestion will be vastly improved. Things will taste better and you will feel better in so many ways. Also, you will find when your system is properly alkaline you are not so susceptible to sickness and colds. That you are no longer troubled with constipation, or with headaches, gas on the stomach. An alkaline balance builds resistance. Ask for Phillips' Milk of Magnesia, which is the preparation of magnesia prescribed and recommended by your own doctor for correcting excess acid. 50c bottles are sold at drug stores everywhere in the Dominion. To avoid the condition of acid mouth, you should use a milk of magnesia tooth-paste. Your teeth are worthy of the best dentifrice. Try Phillips' Dental Magnesia, which contains 75% concentrated Phillips' Milk of Magnesia.

PHILLIPS' MILK OF MAGNESIA (MADE IN CANADA)

The tea hostesses at the Golf Links this afternoon will be Mrs. H. J. Palmer, Mrs. H. M. Davison, Mrs. C. E. McNutt, Mrs. L. H. Davison, Miss Alice Cox.

Regretful farewells were said to Miss Bessie Beer who left Wednesday morning on return to Newton, Mass, after a delightful summer with her parents, Mr. and Mrs. E. H. Beer.

Princess Elizabeth and Princess Margaret have achieved the distinction of having a Court Circular all to themselves. Issued from Balmoral Castle, the circular just read: "Princess Elizabeth and Princess Margaret of York have left the Castle." Princess Elizabeth is five and Princess Margaret one.

Mrs. G. H. Taylor's many friends are glad to see her out again after several weeks' indisposition. Mrs. G. Gordon Hughes returned Wednesday from a visit to her sister, Mrs. Keefer in New York.

Mrs. Donald Nicholson spent the week-end with relatives in Summerside.

The following touching plea has been sent to the New York Times by a woman contributor: "Please save the women of this country. Have a law passed, preferably a constitutional amendment, forbidding any woman to wear an Empress Eugenie hat. We all look as though someone had hit us on the head with a hammer. No wonder the second empire failed; it was Eugenie's hat. And there are no others. Help us!"

The end of summer time makes Buckingham Palace and Windsor Castle two of the busiest places in the country. Windsor Castle contains more than 250 clocks, and Buckingham Palace has more than 150, all of which have to be put back one hour. The King is very fond of clocks and thinks that no room is complete without one; and he certainly has plenty to choose from in the royal residences. The inventory in the Lord Chamberlain's office of the Windsor Castle clocks alone fills two volumes. The most valuable clock is a small one that Henry VIII. gave to Anne Boleyn on their wedding day. The weights are engraved with lovers' knots. This clock has been said to be worth \$10,000. A curious clock in Buckingham Palace is in the shape of a negress' head. The hours are shown in one eye and the minutes in the other.



"FATIGUE? I just postpone it!"

"No, I don't have 'nerves.' You can't have them, and hold this sort of position. My head used to throb around three o'clock, and certain days, of course, were worse than others. "Then I learned to rely on Aspirin."

The sure cure for any headache is rest. But sometimes we must postpone it. That's when Aspirin saves the day. Two tablets, and the nagging pain is gone until you are home. And once you are comfortable the pain seldom returns! Keep Aspirin handy. Don't put it away, or put off taking it. Fighting a headache to finish the day may be heroic, but it is also a little foolish. So is sacrificing a night's sleep because you've an annoying cold, or irritated throat, or grumbling tooth, neuralgia, neuritis. These tablets always relieve. They don't depress the heart, and may be taken freely. That is medical opinion. It is a fact established by the last twenty years of medical practice.

The only caution to be observed is when you are buying Aspirin. Don't take a substitute because it will not act the same. Aspirin is made in Canada.



BABY FRETFUL, RESTLESS? Look to this cause. When your baby fusses, tosses and seems unable to sleep restfully, look for one common cause, doctors say. Constipation. To get rid quickly of the accumulated wastes which cause restlessness and discomfort, give a cleansing dose of Castoria. Castoria, you know, is made specially for children's delicate needs. It is a pure vegetable preparation; contains no harsh drugs, no narcotics. It is so mild and gentle you can give it to a young infant to relieve colic. Yet it is as effective for older children. Castoria's regulative help will bring relaxed comfort and restful sleep to your baby. Keep a bottle on hand. Genuine Castoria always has the name: Cassell's Castoria CHILDREN CRY FOR IT

Paris Styles. PARIS, October 9.—(U. P.)—After all is said and done, there is really only one way to be definitely smart — smart in the sense that the best known couturiers in Paris mean when they say "smart," and that is always to know your own needs, the colors that experience has proven lend you charm, the lines that slenderize or fill out, and above all things, to avoid being conspicuous. Attract attention, yes, but not by being noisily dressed. In view of these "secrets" of the trade, dressmakers have designed so many articles of appeal to be worn with very simple frocks and sport tailcoats that there will not be even a faint excuse for falling to be well-groomed. When it comes to coats you have your choice of the thinnest bolero with sleeves that one house has copyrighted and called the "Fregolis," on down the line of the body and trailing the ground in a formal velvet and fur for evening. For dresses, daytime especially, there are less rigid requirements. All houses recognized for their knowledge of Parisian chic differ about this question which makes it possible for us to wear our skirts starting, say at about twelve inches and going up or down two or even three inches of her way. For evening there is less choice—but then the graceful choice of having the evening gown display neat ankles for dancing—makes us willing to forego a variety of length here. The long just-off-the-floor gown must be included in the wardrobe too, for the very formal occasion.

Best for You and Baby too When Granny was young she used: BABY'S OWN SOAP. Then as Now—the leading Canadian Soap for Toilet and Nursery. Best for You and Baby too. 10c. in individual cartons. ALBERT SOAPS LTD. - MONTREAL.