

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

What the Fashionable Are Wearing Illustrated Dressmaking Lesson Furnished With Every Pattern

By Annebelle Worthington



A sheer woolen in new yellow

brown and white combination that expresses effective simplicity in its soft tailored lines.

The notched revers collar of plain wool crepe in the yellow-beige tone combines with scalloped closing of skirt, that takes a diagonal slant above plaited inset, to carry out chic one-sidedness to lengthen the silhouette.

Long dart-fitted sleeves have turn-back cuffs. The belt shows slightly raised waistline.

Of course you'll want a sheer woolen for sports and general daytime occasions, because it denotes Paris chic.

Here is in style No. 2608, designed in sizes 16, 18 years, 36, 38, 40 and 42 inches bust.

In the medium size it can be copied exactly with 3/4 yards of 60-inch material with 1/4 yard of 32-inch contrasting and worn with brown suede belt.

Plain woolen in bottle green with revers collar in matching tone self-checked woolen which is repeated in cuffs is swagger for sports and semi-sports.

Silk crepe, canton crepe, crepe satin and printed velvet offer lovely ideas for its development.

Pattern price 15 cents. Be sure to fill in size of pattern. Address Pattern Department. The New Fall and Winter Fashion Magazine is 15 cents, but only 10 cents when ordered with a pattern.

Form for pattern order: No. 2608 Size, Name, Street Address, City, State.

Milady Beautiful

By Lois Leeds



BEAUTY QUESTIONS ANSWERED EXTREMELY OILY SKIN, FLAT CHEST AND BUST

Dear Miss Leeds—Will you please tell me what I can do to get rid of an oily skin? My face is extremely oily. I thought perhaps it was due to using too much facial cream, so I stopped using it, but it has not helped any. In the morning when I awake my skin is so oily it actually feels greasy. (2) I should also like to know what exercise I should take to develop my shoulders, chest and bust; they are so narrow and give my hips a wide appearance.

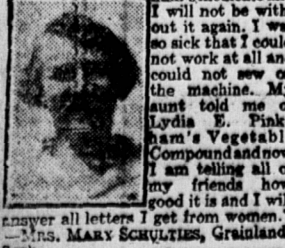
WORRIED.

Answer—The condition of your skin is caused by want of elasticity in the glands (pores), which either secrete abnormal quantities of oily matter, in excess of natural use, or are obstructed at their openings. Stimulating astringent washes are necessary in order to restore the tone and vitality to the relaxed glands. Unwise eating, constipation and other internal disturbances will

WOMAN SO SICK COULD NOT WORK

Helped by Taking Lydia E. Pinkham's Vegetable Compound

Grainland, Sask.—"I am glad that I heard of that good Lydia E. Pinkham's medicine and I will not be without it again. I was so sick that I could not work at all and could not see on the machine. My aunt told me of Lydia E. Pinkham's Vegetable Compound and now I am telling all of my friends how good it is and I will never all letters I get from women." —MRS. MARY SCHULTZ, Grainland, Sask.



also make the skin oily red and coarse. Choose your diet wisely. Avoid heavy, greasy dishes, fried foods and re-cooked dishes. Include more raw fruit and fresh green vegetables in your diet every day. Drink several glasses of water between meals. Take a warm cleansing bath at bedtime and a tepid sponge, cold shower and a brisk rubdown in the morning.

Take active outdoor exercise regularly. Practice correct posture and deep-breathing exercises. Take up swimming of some other active exercise. For local treatment bathe the face in warm water and use a mild soap. Add one tablespoonful of the following lotion to your last rinsing water. One ounce ammonia water, four ounces cologne water, one dram simple tincture of benzoin. Shake well. Dry the face thoroughly and before you apply fresh make-up or face powder apply an astringent, such as witch-hazel or the following lotion: Three ounces cucumber juice, five ounces elderflower water; two ounces cologne water, one-half ounce simple tincture of benzoin, one-half teaspoonful borate of soda. Put the first two together into a bottle, shake well and then add the cologne water. Add the benzoin drop by drop, shake again and dissolve the borate of soda if the solution.

Mix well. Apply with a piece of clean absorbent cotton. Keep the lotion in a handy place and use it after washing and drying the face or after removing cream. It may be used during the day before you apply fresh face powder at nighttime.

(2) Slouching sitting posture and in correct walking posture are responsible not only for round shoulders and flat chest, but for poor circulation, the cause of slowness and many other complexion troubles. You should take ten minutes every morning for special exercise that will bring into play the chest, arm and shoulder muscles. They will stimulate the circulation and remedy your other beauty problems.

Here is a good exercise for you to do several times a day: Stand erect, with one foot slightly in the rear of the other. Take a deep breath, raising arms over head; rise up on your toes as you do so. Hold this position for ten to twenty counts. Slowly lower the arms downward by singing them outward and downward, exhaling, Exhale as much air as possible, so that the next breath will be deep, but do not strain. Swimming, tennis, hiking, golf or other outdoor sports are very helpful also.

LARGE MOLE, COLORS AND WEIGHT

Dear Miss Leeds—What is the correct weight for a girl 17 year old and 5 feet 2 inches? (3) I have hazel eyes, fair skin and brown hair. What colors are becoming to my type? (2) I have a large mole on my fore-



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KING COLE Coffee

For The Cook

QUEEN MARY'S RECIPE FOR SPONGE CAKE

(By Evelyn Graham in the Cosmopolitan.)

3 eggs (whites beaten separately) weight of 3 eggs in powdered Sugar (3/4 cupful) Weight of 2 eggs in self-raising flour (1 cupful) Put yolks and beaten whites of eggs in basin, sift in sugar and beat up, then sift in the flour. Have ready a cake tin lined with paper. Put in mixture and place in hot oven. If gas is used lower gas immediately cake is in oven and do not look at cake for at least twenty minutes to half an hour. Gas should be very low. Test with skewer and if the batter is clean when taken out the cake is done.

Household Hints

By Roberta Lee

To Set Color in Wash Goods

Vinegar is excellent for setting dark colors, using one-fourth cup of vinegar to one quart of water.

Removing Paint

When removing old paint with sandpaper, dampen the sandpaper with benzoin to get quick results.

An Emergency Salad

Mix one cup of cooked diced carrots with one cup of cooked peas and one half cup of chopped celery. Add 3 or 4 tablespoons of broken nut meats and 1 tablespoon of finely chopped pimento. Mix with French dressing and serve on crisp lettuce.

Mina's Lintment for Distemper.

head. How can I remove it without leaving a scar?

BALLY.

Answer—The average weight for a girl of 17 years and 5 feet 2 inches tall is between 113 and 121 pounds. (1) You may wear most shades of brown and tan, rust, capucine, Burgundy, ruby, wine, garnet, soft shades in green, dark and medium blue, ivory, eggshell, beige amber, mustard, yellow, peach, charivasee, gray, or ebil and shell pink. (3) Have your physician remove the mole for you. It is not wise to try to remove it yourself; (2) do so many cause an infection. It can be removed successfully under medical supervision so that there will be very little or no scar.

LOIS LEEDS.

Tomorrow—Tired, Aching Feet



Should Wives Work Outside the Home? Dorothy Dix

The Girl Who Gives Up a Good Job to Get Married Can't Be Accused of Marrying to Get a Living, Nor Should She be Expected to Support the Family and Run it, Too.

A man writes me that he thinks the reason that so many marriages are failures is because what men desire in matrimony is love while what women seek is some one to provide for them. Therefore, he considers that the answer to the conundrum of how to be happy though married is for both parties to marry only for affection and companionship and for the wife to follow some gainful occupation outside the home and contribute as much money for the support of the family as the husband does and to turn over the care of the children, if any, to outsiders.

I think my correspondent is mistaken in thinking that many women in these days marry for a living. Women did so in former times. When matrimony was about the only respectable avocation open to a female, they naturally embraced the only opportunity that was open to them, but very few of them marry now to get a man to support them, for the very good reason that they can support themselves better than any husband they can get is likely to. Matrimony has ceased to be a graft with women and has become a sacrifice.

Whatever else the modern girl may be, she is no fool. She knows her unions and is perfectly aware that the poor young clerk who is "keeping company" with her is no millionaire in disguise and that when they are married he will not take her to life in a palace and shower matched pearls and fests of motorcars on her and doll her up like the Queen of Sheba. On the contrary, having expert knowledge, gained through personal experience, of the size and inelasticity of pay envelopes and just how far a dollar will go, she does not befool herself with the theory that two can live as cheaply as one and that a man who is earning no more than she is can give her the luxuries she has when she has her whole salary to spend upon herself.

Also, she looks around and sees that the girls who have married are far shabbier and harder worked than those who stick to their jobs. Sadie, who was a high-priced private secretary and the glass of fashion, is still wearing the wrecks of her trousseau. Mammie, who used to go to Paris twice a year to buy gowns, considers it a treat now if she can get some one to stay with the children so that she can go down town for a couple of hours. Mina, who was a crackerjack saleswoman with big commissions, works fourteen hours a day cooking and washing and baby-tending.

When a girl contemplates the lot of her married friends she beholds nothing that leads her to believe that she would improve her material condition by marriage and swapping a good situation for a husband. Nor does she deceive herself on the subject. She knows that it is far more fatiguing to perform on a gas range than to do in a typewriter; that housework is much less interesting than the work you do in a store or office, where you see new people and hear new things all day long. Furthermore, that the wife job has no pay envelope attached to it as has the job outside of the home.

So the girl of today may be acquitted of the charge of marrying to get some one to support her. She marries for love. So does the man. There is nothing sordid about the average American marriage. It is based entirely on romance and sentiment and the desire of two young creatures for each other, and yet nowhere else is marriage so often a failure as it is with us. We lead the civilized world in the number of our divorces.

Nobody can explain why men and women who marry for nothing but love should so soon fall out of love with each other. But they do, and so far as one is able to judge, it appears that the men are more quickly disillusioned than the women and that the affection of husbands is less able to stand the strain than the sacrifices of matrimony entail than that of the wives. There are more unfaithful husbands than there are wives. More wives who are clinging desperately to husbands who are weary of them and trying to shake them off.

Whether this is the fault of the women or the men, who can say? Perhaps wives do not know how to play the game so as to keep their husbands fascinated with them. Perhaps husbands are constitutionally fickle and cannot help but roam. But I do not believe that the solution of the problem of making a happy home is for the wife to work outside of it.

I think, in the first place, that the man who is not willing to work for his wife and children and who resents supporting them is a poor creature who has nothing of real manhood about him and that he could never possibly keep the respect and affection of his wife. And, in the second place, I think that any woman who does her part as wife and mother and makes a comfortable home has done her share of the work in the mutual partnership and should not be expected to go out and earn the money to buy the material out of which to make the bread as well as to make it.

The man should bring home the bacon. The woman should cook it to a turn. The man should provide the raw material for the making of the home. The woman should be the home-maker. That is the fair division of labor, and the making of a home is an undertaking so fast, so complicated, requiring such an expenditure of thought and energy and intelligence that it leaves a woman neither strength nor time for anything else.

To expect a woman to work all day in an office and then come home at night and clean the house and prepare the food for the family and for her to furnish half the money besides to pay for the upkeep of the home is certainly handing her the hot end of the bargain and as none of us enjoy being cheated or over-reached, I cannot see how it would promote domestic peace and harmony for wives to be married to husbands who took all and gave nothing.

There may be a few men who feel that their wives and children are burdens upon them and who begrudge them the money they cost, but to the great majority of men the very fact that their families are dependent upon them endears them to them. It brings out all the tenderness and chivalry in their natures, and nine times out of ten you will find that the clinging-vine wife is more cherished than the go-getter.

But if men are going to demand that their wives shall contribute half of the support of the family, then, in all fairness, they should have half the babies. DOROTHY DIX.

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Etiquette By Roberta Lee

Q. If one breaks a dish while visiting, what should he do? A. Replace it, regardless of price or how much trouble it may cause to find a duplicate.

Q. Are long claw-like finger nails good form? A. No. The nails should be carefully filled and slightly pointed.

Q. Is it a duty of the hostess to see that conversation does not lag? A. Yes. But a well-chosen congenial group of persons is never at a loss for conversational subjects.

A Morning Smile

DISTANCE You see the row of poplars on the opposite bank, apparently at equal

HUMAN TOES DISAPPEARING (British United Press) LONDON, Nov. 6.—"Not only women's toes, but also men's toes, are disappearing," declared a leading London surgeon in commenting on a statement made previously by Dr. Norman C. Lake, lecturer, that he-heeled shoes were responsible for the gradual disappearance of women's toes. "Women are not the only sufferers," he continued, "for the toes of all civilized humanity are in process of being coming atrophied. The adoption by mankind of an upright position was the first step towards doing away with the toes, which had formerly been used for hanging on to trees and holding articles. The advent of roads and the encasing of the feet in boots and shoes led to the further disuse of toes, and with the growing tendency to substitute artificial methods of locomotion for walking, the feet are sure to develop eventually into stumps. High heels, of course, are hastening the process in the case of women and are prematurely stunting the feet. "I do not think anything can prevent the final disappearance of the toes of men and women - excluding the big toes. The little toe, in fact, has almost gone now." Police and constabulary authorities in the Philippines are fighting a bill in the legislature providing that citizens of the Philippines and the United States residing in that country may own firearms without a license.

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