

Woman's Realm :- Social and Personal :- Fashions :- Literature

REGAL TABLE SALT Free Running

The HOUSEWIFE and HER ACTIVITIES

TAINT WHAT WE HAVE

Taint what we have But what we give...

SMART CROCHET BERET

Berets have grown from the unimportant looking...

The directions for the one given are simple...

Required:—Two ounces of Diana non shrinking knitting wool...

First row—3 chain, 1 treble into ring, add 14 treble more...

Second row—3 chain, 2 treble into first treble...

Third row—Increase by working 2 treble into every other stitch...

Fourth row—Increase 2 treble into every third stitch...

Fifth row—Decrease 2 treble into every fourth stitch...

Sixth row—Increase 2 treble into every seventh stitch...

Seventh row—Increase 2 treble into every tenth stitch...

Eighth row—No increase...

Ninth row—This is the first row of the underpart...

Tenth row—Decrease by missing every seventh stitch...

Eleventh row—Count five stitches to right, centre back stitch...

Twelfth row—Count 5 stitches, beginning from eleventh row...

Thirteenth row—Count three stitches away and repeat as usual...

Fourteenth row—Count three stitches away and continue as usual...

Fifteenth row—Count three stitches within sixteen inches to end...

Sixteenth row—Count three stitches away, continue as usual...

Seventeenth row—Join wool at centre front...

Eighteenth row—Count three stitches away and continue as usual...

Nineteenth row—Count three stitches within sixteen inches to end...

Twentieth row—Count three stitches away, continue as usual...

Twenty-first row—Count three stitches within sixteen inches to end...

THE PRINCE'S BOOKS

A reference to the visit of the Prince of Wales to the London depot of the "Books for the Unemployed" scheme...

FLOWERS IN SILHOUETTE

This is when flowers were appreciated only for their color or their scent...

Studied effects are now aimed at, the spring flowers, narcissi, daffodils, tulips...

These floral silhouettes are not only beautiful in themselves, but fascinating in the shadows...

These floral silhouettes are not only beautiful in themselves, but fascinating in the shadows which they produce.

These floral silhouettes are not only beautiful in themselves, but fascinating in the shadows which they produce.

These floral silhouettes are not only beautiful in themselves, but fascinating in the shadows which they produce.

These floral silhouettes are not only beautiful in themselves, but fascinating in the shadows which they produce.

These floral silhouettes are not only beautiful in themselves, but fascinating in the shadows which they produce.

These floral silhouettes are not only beautiful in themselves, but fascinating in the shadows which they produce.

These floral silhouettes are not only beautiful in themselves, but fascinating in the shadows which they produce.

These floral silhouettes are not only beautiful in themselves, but fascinating in the shadows which they produce.

These floral silhouettes are not only beautiful in themselves, but fascinating in the shadows which they produce.

These floral silhouettes are not only beautiful in themselves, but fascinating in the shadows which they produce.

These floral silhouettes are not only beautiful in themselves, but fascinating in the shadows which they produce.

These floral silhouettes are not only beautiful in themselves, but fascinating in the shadows which they produce.

These floral silhouettes are not only beautiful in themselves, but fascinating in the shadows which they produce.

These floral silhouettes are not only beautiful in themselves, but fascinating in the shadows which they produce.

These floral silhouettes are not only beautiful in themselves, but fascinating in the shadows which they produce.

These floral silhouettes are not only beautiful in themselves, but fascinating in the shadows which they produce.

These floral silhouettes are not only beautiful in themselves, but fascinating in the shadows which they produce.

These floral silhouettes are not only beautiful in themselves, but fascinating in the shadows which they produce.

These floral silhouettes are not only beautiful in themselves, but fascinating in the shadows which they produce.

These floral silhouettes are not only beautiful in themselves, but fascinating in the shadows which they produce.

THE COOK'S CORNER

FISH PIE

Tuna or Salmon

1 medium-sized potatoes diced 1 large or two small carrots diced Small onion, cup in pieces.

Boil in water with little salt until soft, then drain. Make a cream sauce of milk, butter and flour, pepper and salt.

Add the above vegetables to the sauce and add one-half can of peas, having drained the water off them.

Using a deep dish such as you would use to bake a meat pie, deep apple pie, etc., put in a layer of the above and sprinkle generously with tuna fish, another layer of the vegetables and tuna fish or salmon until the dish is filled.

Cover with nice rich biscuit dough and put in fairly quick oven to cook the crust.

This makes a lovely supper or luncheon dish. (The tuna fish as we buy it here, comes in cans about the size of a small salmon can.)

When the carrots are old we put them on first adding the potatoes when the carrots are about half done, as the carrots take much longer to cook. Also, in draining we sometimes leave a little of the water on and add it to the cream sauce.

Lemon Mince Meat

(Makes 2 pints or filling for 2 medium sized pies; or 12 individual pies)

1 cup raisins 3 cups finely chopped apple 1 cup chopped nuts 1/2 cup melted butter or orange marmalade 1/2 cup lemon juice 2 cups sugar 1/2 teaspoon salt 1/2 teaspoon cinnamon 1 teaspoon each of cloves and ginger

Soak, drain and chop the raisins. Mix all ingredients. Seal in sterilized jars. When making into pies add to each pint 1/2 cup melted butter. This is a simpler and more wholesome combination than many mince meats.

A unique Christmas dessert is a Lemon Mince Meat Sundae, made by serving this mince meat as a sundae sauce over vanilla ice cream.

A unique Christmas dessert is a Lemon Mince Meat Sundae, made by serving this mince meat as a sundae sauce over vanilla ice cream.

A unique Christmas dessert is a Lemon Mince Meat Sundae, made by serving this mince meat as a sundae sauce over vanilla ice cream.

A unique Christmas dessert is a Lemon Mince Meat Sundae, made by serving this mince meat as a sundae sauce over vanilla ice cream.

A unique Christmas dessert is a Lemon Mince Meat Sundae, made by serving this mince meat as a sundae sauce over vanilla ice cream.

A unique Christmas dessert is a Lemon Mince Meat Sundae, made by serving this mince meat as a sundae sauce over vanilla ice cream.

A unique Christmas dessert is a Lemon Mince Meat Sundae, made by serving this mince meat as a sundae sauce over vanilla ice cream.

A unique Christmas dessert is a Lemon Mince Meat Sundae, made by serving this mince meat as a sundae sauce over vanilla ice cream.

A unique Christmas dessert is a Lemon Mince Meat Sundae, made by serving this mince meat as a sundae sauce over vanilla ice cream.

A unique Christmas dessert is a Lemon Mince Meat Sundae, made by serving this mince meat as a sundae sauce over vanilla ice cream.

A unique Christmas dessert is a Lemon Mince Meat Sundae, made by serving this mince meat as a sundae sauce over vanilla ice cream.

A unique Christmas dessert is a Lemon Mince Meat Sundae, made by serving this mince meat as a sundae sauce over vanilla ice cream.

A unique Christmas dessert is a Lemon Mince Meat Sundae, made by serving this mince meat as a sundae sauce over vanilla ice cream.

A unique Christmas dessert is a Lemon Mince Meat Sundae, made by serving this mince meat as a sundae sauce over vanilla ice cream.

A unique Christmas dessert is a Lemon Mince Meat Sundae, made by serving this mince meat as a sundae sauce over vanilla ice cream.

A unique Christmas dessert is a Lemon Mince Meat Sundae, made by serving this mince meat as a sundae sauce over vanilla ice cream.

A unique Christmas dessert is a Lemon Mince Meat Sundae, made by serving this mince meat as a sundae sauce over vanilla ice cream.

A unique Christmas dessert is a Lemon Mince Meat Sundae, made by serving this mince meat as a sundae sauce over vanilla ice cream.

A unique Christmas dessert is a Lemon Mince Meat Sundae, made by serving this mince meat as a sundae sauce over vanilla ice cream.

A unique Christmas dessert is a Lemon Mince Meat Sundae, made by serving this mince meat as a sundae sauce over vanilla ice cream.

A unique Christmas dessert is a Lemon Mince Meat Sundae, made by serving this mince meat as a sundae sauce over vanilla ice cream.

A unique Christmas dessert is a Lemon Mince Meat Sundae, made by serving this mince meat as a sundae sauce over vanilla ice cream.

A unique Christmas dessert is a Lemon Mince Meat Sundae, made by serving this mince meat as a sundae sauce over vanilla ice cream.

A unique Christmas dessert is a Lemon Mince Meat Sundae, made by serving this mince meat as a sundae sauce over vanilla ice cream.

Dorothy Dix's Letter Box

Is Any Parasite More Despicable Than Able-Bodied Child Who Sponges on Worn-Out Parents? — Does Advice on 'How to Hold Husband' Degrade Marriage?

Dear Miss Dix—I am a man 55 years of age, totally disabled for the last two and a half years, most of which I have spent in bed, and suffering from an incurable disease. I have a small income that could provide the necessities of life for us because my wife, to whom I owe my life, is willing to do all the household work and make the dollar go very far.

We have four children at home. The oldest girl is 24, healthy and strong. She is not a bad girl, but the tragic part about her is that she does not want to work; refuses to even look for a job in spite of the fact that we are not in a position to support her. She gets up late in the morning, goes to sleep again after lunch and goes out whenever she has a chance. What worries me in addition to her unwillingness to support herself is her influence over the young children who are 21, 20 and 18.

We ask your advice on this family problem. ANXIOUS PARENTS.

Answer: I doubt if there is any problem in the world that is more difficult to solve than how to deal with lazy, selfish, parasitic children. Unfortunately we cannot blame the example of the birds who cast their young out of the nest when they are big enough to depend upon themselves, for we are held back from taking these heroic measures not only by our affection but by our sense of responsibility.

We lack the hardihood to chuck our children out of doors and say to them, if you will not work, neither shall you eat. We cannot endure the thought of their being cold or hungry or lacking a comfortable bed. We are afraid of what might happen to them, and especially of what might happen to a girl if she were turned out of her home to fend for herself, and so we encourage such of our children as are so inclined in becoming loafers and idlers and graters.

Thus we have the common spectacle of children who are more inhuman than those savage tribes of which travelers tell us who devour their old parents. For these civilized children eat their parents alive. They take without compunction the very food out of the old parents' mouths. They strip them on their clothes. They work their fathers and mothers to death to support them.

All of us knew homes in which poor bent old fathers toil to support heavy young sons who are too temperamental to work. All of us know old mothers who work their fingers to a bone washing and cooking and sewing for daughters who lie abed until noon and spend the balance of their time keeping their dates.

What the parents should do who have these grafting children is hard to say because, after all, the fault is the parents' and they are more to blame than the children. In the last analysis children are what their parents make them and they treat their parents as they were taught to treat them.

You cannot spoil and indulge a child for twenty years and then expect it to be altruistic and unselfish. You cannot make a doormat of yourself for your children and not expect them to trample over you. If children are taught from their cradle up to appreciate what their parents do and be grateful to them for all the sacrifices they make for them; if they have duties and responsibilities laid upon them and are required to do certain tasks; if they are made to feel that independence is necessary to self-respect, they will be a prop for their parents' old age instead of a millstone around their necks.

I am sorry I cannot give you any remedy for dealing with your daughter. If she has any sense of duty, she would be eager to put her strong young shoulders under the load and help you and her mother bear it. So would the other children, all of whom should be earning their own livings and assisting you instead of being a burden upon you, just as hundreds of thousands of other girls and boys, less well prepared for life than they, are helping their fathers and mothers.

It is a pity that your youngsters cannot be made to understand the contempt with which people regard lazy, idle boys and girls who sponge on their old fathers and mothers. And it is still more a pity that they cannot be made to comprehend how much happier they would be at work than they are loafing.

DEBORAH DIX.

Dear Miss Dix—The expressions "how to catch a man" and "how to hold a husband" are degrading and take away the beauty and sanctity of courtship and the marital estate. Nature intended man to be the pursuer and all modest women acknowledge and adhere to this precept.

MRS. F. P. F.

Answer: Doesn't that sound like something out of the hair trunk in the attic? Fine and beautiful, but old-fashioned and not wearable in the present mode.

Perhaps Nature did originally intend that man should be the pursuer and woman the pursued, and we still pretend to believe in that romantic theory, but in reality, we know it is no more a rule than is the myth about Santa Claus. For ninety-nine times out of a hundred and maybe the hundredth time, it is the woman who sees the man first and gives him the high sign that attracts his attention to her.

Nor do I see why it is immodest or degrading or in any way whatsoever reflected upon a woman to pick out the man she wants as a husband and for the father of her children, and to use every art and wile she knows to catch him. Marriage is her business, and it is what her happiness and prosperity depend upon and she would be a fool not to go after what she wanted.

Personally, I deplore the fact that this has to be done by stealth and that a woman has to camouflage her intentions toward a man and pretend she is running away from him when she is really running after him. I hope to live to see the day when the idea of convention that prevents a woman from popping the question to a man will be done away with, and a girl can go fist-footed up to the youth she fancies and say: "John, I love you and want to marry you. I have a good disposition and am a crackjack cook and I'll do my best to feed you well and make you happy."

It is queer that with all the candor and honesty of which modern girls boast so much, they still lack the candor and the honesty to do their courting in the open.

Nor do I understand how it degrades marriage or makes the sacred relationship between husband and wife less sacred for her to deliberately try to keep him in love with her. It only shows common sense, because there is no married woman who does not realize that men are fickle and prone to wander and that they are beset with temptations on every side and particularly on the business side.

The wife has to meet competition, and if she has the intelligence God promised an angle worm she gets busy trying to do it. She keeps herself looking as attractive as she can. She makes herself as agreeable as she can and thereby keeps her husband in love with her. And if that is a crime and unwomanly and degrading make the most of it.

DOROTHY DIX.

But suddenly something in Dexter's intent gaze reminded her of Jimmie's equally intent gaze and she put the tea down on the table.

"Good gracious!" she chided herself. "Am I getting so conceited that I imagine every man who looks at me for more than two seconds is admiring me?"

The glassware man presented no sentimental hazard, that was sure. He stood snapping the lid on his old-fashioned watch, most impatiently. So Molly pulled out her list and made her order as explicit as possible. And she felt a bit guilty when Dexter plunged into a spirited argument, wherein he forced the glassware man to give a little more than the customary trade discount.

The stock she had been looking over had left her hands rather dusty. She patted her fingers together childishly, when they were in the street with the glassware man speeding rapidly away from them.

Dexter pulled out an enormous clean handkerchief, neatly folded, and presented it to her. She felt a curious stinging of heart as she took it. It didn't look at all like a bachelor's handkerchief, somehow.

"As though it's any of my affairs whether he is married or not!" she thought to herself and blushed as she remembered that only a few hours ago that had told Jimmie Gordon that for all she cared Dexter might be married and the father of a freckled child! She stood perfectly still, wondering whether

Dexter's son would be freckled—a little boy Dexter would be rather nice.

The side street was in the wholesale district, almost deserted now, with the after glow of sunset shining dully at the river end of the street.

Dexter wet his lips nervously. "I say—" he blurted out suddenly. "I—you—we might as well eat, eh?" His awkwardness annoyed her. She would have declined sternly if she hadn't suddenly looked at his eyes.

They at least were far more eloquent than his faltering speech! But Molly herself could hardly have been called a fluent conversationalist at this point. Usually glib of speech she found herself saying nothing, just nodding and swallowing hard.

Nor did Dexter seem to have the remotest idea about where they might dine. He seemed to be waiting for her to make a suggestion.

Again she found herself thinking of the advice Jimmie had given her. "You should have some appropriate place in mind, Jimmie, who knew exactly what to order."

Molly and Dexter stood staring at each other so long that finally Molly suggested like a school girl. "Somebody should do it in all the restaurants; five years that she had been steadily telling herself she must be having like the discreet little widow that she was.

"Well," she stammered, "where—might-as-well—eat?"

(To Be Continued.)

MADE WITH PLUMP JUICY FRESH-FROM-THE-VINE HEINZ BRED TOMATOES and THICK RICH CREAM BREWED IN AT JUST THE RIGHT MOMENT

THAT'S why Heinz Cream of Tomato Soup is so deliciously rich and wholesome. That is why it is the favourite in so many homes. It is simmered slowly in small batches just as you would make it. Full of homestyle flavour and goodness. Comes to you all ready to heat and serve; nothing need be added—a second cooking is not required. Let the family enjoy this rich, nourishing Heinz soup tonight.

So Different—So Convenient—So Economical

Heinz Ready-to-Serve Cream Soups: Tomato, Mushroom, Oyster, Asparagus, Celery, Green Pea. Other varieties: Bean, Chicken with Rice, Mutton Broth (Scotch Broth), Beef Broth, Vegetable, Chicken with Noodles, Mock Turtle. Keep a supply on hand. Prices are economical.

Made by Heinz at Leamington, Canada

HEINZ Ready-to-serve SOUPS

Notice: The undersigned Executor of the Estate of H. P. Feehan...

Daintiness With Chic Styles

Illustrated Dressmaking Lesson Furnished with Every Pattern

BY ANNABELLE WORTHINGTON

What about a little jacket dress for school-age daughter?

If you are planning ahead for spring, carry it out as pictured in navy and bright red checked woolen, with plain red woolen contrast. The saucy bow tie is navy necktie silk. The leather belt repeats the bright red shade.

It makes such an adorable and practical spring outfit, yet it is so cozy and smart for wear now.

The jacket can also contrast with the dress.

Its very smart in plaided woolen with plain toning jacket.

Style No. 487 is designed for sizes 8, 10, 12 and 14 years.

Size 8 requires 2 1/2 yards of 38-inch material with 1 1/2 yards of 38-inch contrasting.

Price of PATTERN 15 cents in stamps or coin (coin is preferred.) Wrap coin carefully.

No. 487. Size

Name

Street Address

City State

NEVER GIVE 'FLU' A CHANCE!

When "flu" is about, take no risks. At the first sign of a cold apply Thermogene medicated wadding. THERMOGENE is clean, harmless and simple to apply, and without any discomfort, it soothes and relieves the congestion.

THERMOGENE DRIVES PAIN AWAY

FOR WELL DRILLING

The Trask Well Co. VAUGHAN B. GROOM Local Representative

Merley M. Bell's Law Office

1413

Diamond Colors! Every teacher of Household Arts knows what they mean

IS there a difference in dyes? Ask any teacher of Household Arts! "I always use Diamond Dyes in my class work," one successful teacher says, "because no other dyes give such color beauty."

The reason is this: Diamond Dyes actually contain a greater amount of the finest aniline coloring.

That's why materials "take" Diamond Dyes so evenly. No spottiness or streaks. No dull tones, no off-casts. Lustrous, fine color—just like new material.

Have the beauty of Diamond colors in your wardrobe, your home furnishings. For permanent dark colors by boiling, use Diamond Dyes. For light shades without boiling, use the lovely new Diamond Tints. All drug stores have them. 15c.

DIAMOND DYES

Butter because richer in pure aniline

FARM FOR SALE

I offer for sale my farm of 85 acres, 55 clear, balance covered with scrub. Stream of water on the rear, pump at door. Good buildings, well fenced with wire. For particulars apply on premises or to McLean & McKinnon, Royal Bank Building, Charlottetown.

JAMES McCULLOUGH, Byrnes Road, Morv.

1-772

What Every Widow Knows!

By LUCILLE VAN-SLYKE

CHAPTER 10 DIFFIDENT DEXTER!

About the time that Clarence had been starting forth for the Pressing Club, Molly, Benedict and Dexter Hatch had arrived at the hotel supply where the grumpy wholesale merchant, whom Molly mentally tagged, "the grouchy glassware man" awaited them.

It was after business hours, nearly half-past six o'clock when they reached his place, and the glassware man was dyspeptic and a woman hater, and had only agreed to help Molly out because his cousin Dexter Hatch, had insisted upon this so doing.

But even so ungallant a man as the "grouchy glassware" could not long resist the bubbling good humor of the pretty little widow, as she ran along beside the samples in the stock-room choosing goblets and finger bowls for tea-shop.

Dexter himself, who would have been the most surprised man in the world if he had realized that he was rapidly falling in love with the petite Molly, plodded along after

her grinning at her enthusiasm for the slightly dusty samples.

"I'm so glad that the other man I ordered from didn't send the things!" Molly enthused. "These are ever so much better looking. Just look at this!" she held aloft a clever imitation of an exquisitely shaped colonial goblet. "Why, that looks almost as lovely as my grandmother's real ones used to look!"

The merchant, subtly flattered by her approval of his wares, moved to a loaded cupboard, opened it and silently drew forth one of the beautiful originals and held it out to her.

With a charming gesture she greeted her glowing cheek against the under part of the base.

"That's the way we used to make 'dimples' when we were little," she reminded her with shining eyes.

Dexter had a sudden vision of a wee, pink cheeked Molly thus experimenting. He smiled at her.

And when he smiled she discovered that he was really rather nice. That he didn't look half so stumpy as he had—now that she was forgetting to compare him with Jimmie Gordon's super-dapperness.

GRIPPE AND PNEUMONIA—only a step from one to the other. SCOTT'S EMULSION taken during and after that step.

SCOTT'S EMULSION RICH IN VITAMINS