

Woman's Realm Social and Personal Fashions Literature

Living & Leisure The Woman's Realm

QUIET FEET

Why do we go from day to day with noisy haste upon our way? We push and jostle, tread on toes. Our careless speech unthinking flows. The God who made us does not waste His energy in fruitless haste. The calm of all the deep Unseen is His, and theirs on Him who lean. Why, therefore, do we crowd and crush?

Lord, give us of thy holy hush—The grace to just go quietly. The beauty Thou hast made to see.

To be deaf sometimes, and sometimes blind. And often silent, always kind; To take the time and gentle thought To love each other as we ought; To have a boundless charity—For others' fault and frailty—Grant us unhurried hearts, and sweet.

That we may go on quiet feet.—Jessie Findlay Brown, in "Up Came the Moon."

HINTS ON ETIQUETTE

A business executive does not rise when a member of his staff enters his office, or an applicant for a job. He does rise, however, when a feminine visitor enters his office, and remains standing until she is seated, just as he would in social usage. When she leaves he escorts her to the office door.

OLD CLOTHES HAVE FURTHER USE AS WAR WIPERS

"Any rags today?" It isn't just the junkman, it's Canada calling. Rags are needed, everywhere now that the wheels of war are turning so quickly on land and sea and in the air.

Rags of all kinds, particularly cotton ones, are needed as wipers for the engines of planes used to train R. C. A. F. fliers. They are also needed in huge quantities to clean oil from the machinery in the great war plants turning out munitions and all kinds of war supplies.

Besides wipers, rags are used as a wrapping for delicate milled

parts of machinery and munitions. They also find a multitude of jobs in the Army machine shops, air-dromes and aboard Canadian ships. Before the war about 80 million pounds of rags were collected in Canada. In 1940 Canada imported from the United States, Newfoundland, Australia, New Zealand and the Netherlands, over 46,000,000 pounds. With the progress of the war these sources have dried up. The need, however, has increased many times over.

WALL SPIC, SPAN MEANS FREQUENT CLEAN-UP JOBS

Keeping the rooms of the house fresh and bright these days is a task for the busy housewife, who has Red Cross work and other war jobs to keep her going from morning till night. Re-decorating bills which many families can ill-afford can be avoided if walls are cleaned frequently. This is not as difficult as it may seem at first.

Painted or papered walls require regular dusting if dirt is not to become imbedded in the finish. Walls should be brushed lightly upwards and the cloth turned frequently. A soft cloth formed in a bag over a broom helps to get the work done more quickly and easily.

EXTRA ENERGY

Extra energy expended during the summer—working hard, gardening, cycling or walking, instead of driving—needs to be met with extra energy-producing foods. Canada's Official Food Rules counsel the yard stick by which meals can be measured and their nutritional value rated.

IRONING TIP

Old sheets make good covers for ironing boards. Instead of fabric, place the edge on a hemmed and a drawing run through it. It will be easier to remove the cover for washing and it will last longer.

LAUNDRY-MEN'S ADVICE

Laundry experts say that shirts

TO RELIEVE COLDS



FATHER JOHN'S MEDICINE
Made in Canada

DOES MORE because it helps 2 ways—
1. Relieves the cold
2. Builds up body resistance

That's why for 85 years every people have called for Father John's Medicine at the first sign of a cold. Profit from their experience. Ask your druggist for Father John's Medicine.

will wear better if the collars and cuffs are turned up and thoroughly soaped along the folds before being placed in the tub or washing machine for laundering.

RENEW INSULATION

Save coal by trapping the heat in furnace and pipes. Replace faulty insulation. Water and metal are such good heat conductors that fuel will be wasted unless these parts are well insulated.

Dorothy Dix Says—

MAN IN LOVE EAGER TO TALK ABOUT BEAUTIFUL SWEETHEART

Frequent Visits To Girl Not Sufficient To Believe Lad Has Serious Intentions

DEAR MISS DIX—I am a girl of 19. About three years ago I met a swell fellow who has always been very nice to me. He has always kept in touch with me and since he has been in the army he has written me regularly and come to see me whenever he came home on a furlough.

During all this time he has never told me that he cared for me. He has mentioned everything about the future yet, but he has hinted several times, I have tried to keep my letters to him friendly, but that is getting hard for me to do as I am very much in love with him. I think he feels the same way I do, although I am not sure.

MAN IN LOVE SHOWS FEELINGS

ANSWER—Well, my dear, about the only thing that is certain about a man in love matters is that as long as he keeps silent on the state of his affections his intentions are without intentions. He isn't in love with you. He just likes you and he is never weary of telling everybody who will listen how beautiful and marvelous and wonderful the girl is. And especially he tells the girl, herself, that no man ever loved as he does, and he is full of plans for the future, drawing pictures of the bungalow that is going to be a heaven on earth for the two of them, figuring out how they can save money by getting married on nothing a year.

Don't delude yourself into believing that a man is in love with you because he comes to see you occasionally; no, not even if he comes seven days a week. He may be enamored of your mother's cooking, or it may be that you are good company, or that he is homesick and has nowhere else to go. Anything else is just wishful thinking on your part. And don't believe that the reason a man doesn't propose to you is because he is shy or something. No man was ever too bashful to ask for what he wants.

Admittedly when a girl is in love with a man and doesn't know how he feels about her, she is in a difficult position. She doesn't know whether to go out and try to grab him and drag him to the altar before he knows what is happening to him, or to wait and let him show a little spec in his wooing, if such there be. Each course of action is fraught with danger, and the best the poor girl can do is to try to psychoanalyze her subject and find out as nearly as she can whether he belongs to the hunter or the hunted type of man.

From what you say, I should judge that your boy friend is a chap who would like to do his own picking and choosing and would scare him off quicker than for a girl to show that she had designs upon him. If that is the case, keep your letters to the merely friendly tempo that you have been in. Don't warm them up by a mere degree. Ban your might, without exciting his suspicions, a little of the kind of a kooky, kooky chronicles that would leave him thinking what an interesting companion you would be for a life term, and that would keep you fresh in his mind all the time.

But, as you want him, don't write him love letters. Sit on your hands when you feel that you are getting sentimental and are likely to let your emotions overflow on to paper. At the first hint of that he is off. He is on his guard.

The more you can make a man of his type feel that you can take him or leave him the more apt he is to take you. Don't throw yourself at any man's head, especially a soldier's. They teach dodging in the army.

DEAR DOROTHY DIX—Mother and Dad have been married for thirty years. We have found out absolutely that he is living with another woman and that he is about to lose his job because of it. Mother knows nothing of this though all of our friends and family know. I have been a hard worker and a good manager, and she has denied herself many of the things she wanted in order to get them where they are.

Would it be wiser and kinder for one of us daughters to tell her of how Father is treating her, or should we have a talk with him first? We know that he is very much afraid of her finding out about it because he has asked us not to tell her.

PLAIN TALK MAY SMOOTH FATHER'S PATH

ANSWER—By all means have a plain talk with your Father before you say anything to your Mother. Perhaps if you make him realize that you are not going to protect him in his double dealings any longer, it will put the fear of God in him and he will behave himself.

Probably he is still fond of your Mother in his way and admires and respects her and doesn't want her to repudiate him and divide her love between him and the woman who has broken up his home. Nor does he want to have his good, comfortable home broken up and his children alienated from him. He is just one of the foolish men who think they can sit without being found out, and that they can dance without ever having a partner. When he is called upon to settle the score, he may decide to go back to home and Mother.

If he doesn't, of course, you have no alternative but to tell your Mother, but let her live in her fool's paradise as long as she can.

DEAR MISS DIX—I have a young daughter who is just starting off to college. She has been going with a boy for two years and they insist upon getting engaged. I oppose it, not because I object to the boy, but because I think she should keep herself free to have a good time and get acquainted with many other lads. What do you think?

ANSWER—I fully agree with you. The girl is at the formative time of life, so is the boy for that matter. Their tastes change from day to day and they should be free to change their boy and girl friends with their shifting ideals. The boy whom a girl is crazy about this year, she might not have on a bet next year. She will have lost her taste for him as completely as she has for all-day suckers and chocolate sodas.

A Morning Smile

HONEST

The infant's school teacher was buttoning up the coat of the five-year-old.

"Did mamma hook this coat?" she asked, trying to fasten the collar.

"No, miss," came the reply. "She bought it!"

AN AWKWARD VISITOR

An old lady, on being told that a visitor was a vegetarian, remarked, "That'll be one o' these new religions I disown!"

While these present were still laughing at the old body's daughter arrived and on being told the joke she laughed so heartily that her mother became nettled and snapped, "I question very much if you ken yerself what it means."

The daughter controlled her mirth and said, "Of course I ken; it's an old sodger!"

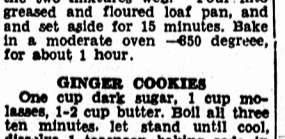
THE COOK'S CORNER

PRUNE BREAD

1 cup (good measure) of prunes
Boiling water to cover
2 cups sifted white flour
1 teaspoon salt
4 teaspoons baking powder
1 cup graham flour
One-third of cup of sugar
1-2 cup chopped pecans or walnuts
2 eggs
Juice of 1 orange
1 cup of sweet milk
Wash and pick over prunes and soak for half an hour in boiling

Home Service

If You're an Artist at Cooking, Do Something Now!



EARN MONEY AT HOME

Are you a good cook? Do your friends and neighbors rave about your cakes? If you really excel at it, if you do have a way with foods, you might be able to make money for yourself selling your art.

Making money at home is lots of fun, especially when you see the dollars you actually earned by yourself come into your pocketbook.

If you're handy with a sewing or knitting needle or crocheting try to sell your products.

Our 32-page booklet tells how many women have turned ideas into dollars and might help you along the same lines. Their experiences in the field of needlework, food, clerical work, merchandising and personal service may guide you to success.

Send 15c in coin for your copy of 21 Ways to Earn Money at Home to the Charlottetown Guardian Home Service Address. Be sure to write plainly your name, address and the name of booklet.

Name _____
Street Address _____
Town _____

DO YOU HATE TO GET UP IN THE MORNING?

Doesn't it feel odd to wake up in the morning clear-eyed, refreshed, full of pep? Yet so many, especially over 40, get up tired all over, with aching joints, a heavy head and a listless feeling.

The reason is usually a common complaint—a system clogged with poisonous food waste. Like most people, you need help to clean out a sluggish system, get back pep and spirit, and live the natural life of a young man.

Made from 100% pure vegetable extracts, **Bile Beans** are so gentle they are called "The Medicine That Copies Nature." These small, natural liver pills tone up entire system by stimulating flow of liver bile, so essential to good digestion and daily regularity.

You, too, can enjoy that "glad-to-be-alive" feeling every day. Try Bile Beans tonight—they work while you sleep. Over 7 million boxes used last year, convincing evidence of how greatly they are helping others.

A Job Only You Can Do

Price Control Questions And Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day.

The questions are those which have reached the Wartime Prices and Trade Board from housewives in the home. The answers are provided by the Board's staff of experts who have intelligent questions to ask on price control are written to send them in writing to the Women's Regional Advisory Committee of the War Time Prices and Trade Board.

Q. Do I need to take my ration book to the hospital if I expect to be there less than two weeks? What coupons will be taken from my book for a little over one week?

A. Unless you expect to stay in the hospital for a continuous period of two weeks, you will not have to give your ration book to the hospital authorities. . . . At the end of the second and of each succeeding two weeks, the management must detach the following ration coupons for each full two weeks of residence: one sugar coupon, one tea or coffee coupon, two butter coupons, four meat coupons and one preserves coupon.

Q. I will have 15 men for thrashing for three meals which is 45 meals altogether. I find all the extra sugar and meal I can get is one pound of sugar and four pounds of meat. Shouldn't it be more?

A. No, that amount is all the ration administration would allow in your case. You see, extra rations for temporary farm help are based on the same quantity consumers receive generally. For example, one person is allowed a maximum of 1-2 lb. of sugar each week which presumably covers three meals a day or 21 meals a week.

You are serving twice this number of meals, you will be entitled to extra coupons for about four pounds.

Q. My landlord says the new rental order gives him the right to increase the rent for my room. I live in a rooming house and share part of the accommodation with the landlord. Can he increase my rent?

A. The new order makes it clear that the rates charged to occupants of "shared accommodation" are frozen and may not be increased without the permission of a Rentals Appraiser. You would be classed as renting shared accommodation.

Your landlord could not raise the rent unless he took the necessary steps provided for in the regulations.

DALTON SCHOOL

Grade VII—1. Lena Gavin; 2. Lorraine Aremault; 3. Rega Harper.

Grade VI—1. Aldons Perry; 2. Olive Perry; 3. Edward DesRoches.

Grade III—1. Irene Gaudet; and Shirley Perry (equal); 2. Mary Cameron; 3. Theresa Gallant, Joan Hogan, and Billy Cameron (equal).

TO EASE MISERY OF CHILD'S COLD RUB ON VICKS VAPORUB

Send twenty cents for pattern. Write your name, address and style number. Be sure to state size you wish.

Name _____
Street Address _____
City _____ Province _____

Home Service

If You're an Artist at Cooking, Do Something Now!



EARN MONEY AT HOME

Are you a good cook? Do your friends and neighbors rave about your cakes? If you really excel at it, if you do have a way with foods, you might be able to make money for yourself selling your art.

Making money at home is lots of fun, especially when you see the dollars you actually earned by yourself come into your pocketbook.

If you're handy with a sewing or knitting needle or crocheting try to sell your products.

Our 32-page booklet tells how many women have turned ideas into dollars and might help you along the same lines. Their experiences in the field of needlework, food, clerical work, merchandising and personal service may guide you to success.

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Any Rags Today?



The old cry "Any rags today?" has an important meaning these days. Rags along with many other things are needed in the war effort. Old trunks in the attic often disgorge a wealth of these materials for local salvage campaigns. Worn-out clothing, sweaters and socks all can be converted to war uses. Rags, particularly cotton, are needed urgently. After processing they find jobs as wipers for the engines of planes used to train Royal Canadian Air Force fliers. Hundreds of Canadian war plants also use them to clean oil from machinery. In addition to their role as wipers, they also can be used to wrap delicate parts, munitions and machinery.

Needlecraft For The Home

THIS FRONT-BUTTONED JUMPER

Makes The Smartest of School Frocks

The cut is simple, the lines are good, and the style is suited to either a washable fabric or something warmer. Just the thing to fill the bill, when a girl begins to yearn for a touch of sophistication in her clothes and mother believes in young simplicity. Blouse is included in pattern, and features the Peter Pan collar.

Style No. 2675 is designed for sizes 6 to 14. Size 8 requires 1-3/4 yds. 35-in. fabric for the jumper with 1-1/2 yds. for the blouse. Pattern is hand cut to United States Standard Measurements and includes chart with step by step instructions.

Send twenty cents for pattern. Write your name, address and style number. Be sure to state size you wish.

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SAVE Stockings

Tests showed New Improved LUX cuts down runs over 50%!

● A famous test laboratory recently discovered something you should know about stockings!

Some stockings were rubbed with cake soap, some washed with new, improved Lux. Then they were pulled and strained as in everyday wear. These tests proved that washing with Lux cut down runs over 50% in rayon stockings. Similar results with cotton stockings, too!

Dipping in Lux saves stocking elasticity—that's why threads won't pop into runs so easily. Join the Lux Daily Dippers and save your precious stockings, too. Dip them in Lux every night. Dry rays thoroughly.

THRIFT TIPS—
WASHING . . . Dip after each wearing. Turn inside out—squeeze lukewarm, rich Lux suds through hose. Don't use hot water—it may fade the colour. Don't rub with cake soap—holes may appear.
RINSING . . . Rinse thoroughly in lukewarm water. Do not wring or twist. Roll in Turkish towel to remove excess moisture. Unroll immediately. Shake out for wrinkles.
DRYING . . . Dry indoors. Hang over smooth rod—never on radiator. Dry rayon stockings thoroughly.
CONSERVATION HINTS . . . Buy stockings that are large enough and the right length. Get at least two pairs of same colour and wear alternately. In washing, remove finger rings that may catch threads. Keep seams straight when wearing.

TONIGHT Dip your stockings in NEW IMPROVED LUX

The mildest, safest LUX ever made!
New, bigger package, more for your money! And remember, the large size is an even better buy!

LEVIN PRODUCE

2625
SIZES 6-14

More than 1,600 Poles married English and Scottish girls since the fall of France when 4 Polish army and air force came to Britain.

It is stated that 10,000 Norwegians have escaped to Britain since the country was occupied by the Germans. Seventy-five per cent of the Norwegian air force consists of escapees.

New under-arm Cream Deodorant Stops Perspiration

ARRID is the largest selling deodorant

39¢ a jar
Also in 15¢ and 99¢ jars

1. Does not rot dresses or men's shirts. Does not irritate skin.
2. No waiting to dry. Can be used right after shaving.
3. Instantly stops perspiration for 1 to 3 days. Prevents odor.
4. A pure, white, greaseless, stainless vanishing cream.
5. Awarded Approval Seal of American Institute of Laundering for being harmless to fabric.

To order pattern: Write, or send picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian.

Design No. 452
NAME _____
STREET ADDRESS _____
CITY _____ PROVINCE _____