

THE CHARLOTTETOWN GUARDIAN

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FRIDAY, JANUARY 3, 1930

The Federal Situation

Cabinet shuffling in the King Government, about which there has been so much speculation and discussion, has resulted in the appointment of Hon. Thomas A. Crerar, a former Minister of Agriculture and former leader of the Progressives in the House of Commons, to the portfolio of Minister of Railways and Canals.

A striking feature of the Prime Minister's announcement on December 30 is the absence of any reference to the Maritime Provinces. No mention is made of an early consideration of the adjustment of subsidies recommended by the Duncan Commission, nor is there any hint that Prince Edward Island's representation in the Cabinet, which was lost when Hon. John E. Sinclair was reduced to the ranks, will be restored.

Obviously, the Federal Government's eyes are fixed on the West. There will be some effort made to retain the allegiance of Quebec, but it would seem that the Maritimes will be left to shift for themselves politically. The strenuous bid that is being made for western support may or may not indicate an early election. There are rumors that the Government is planning to spring a surprise by calling the election early in the present year.

Dramatizing History

Recently, in discussing sound pictures on the occasion of the reopening of the Prince Edward Theatre, The Guardian suggested the great possibilities of the new industry in the reproduction of dramatic masterpieces. Shakespeare's "Taming of the Shrew" has already been produced successfully in this manner with Douglas Fairbanks and Mary Pickford in the leading roles.

Notes By The Way.

In the circle of eternal change that is the life of nature the seasons come and go. And human life is in part like that and partly in strange contrast with it. A limited circle rejoices when a child is born in the average human family and comparatively few are deeply moved when some aged grand sire departs this life and it is well that this is so, as otherwise our world would be much sadder than it is.

Hope is as great a leveller as is the grim reaper himself. And happy are the many aged ones who realise that hope has given their declining years much more comfort and satisfaction than they had expected. There is, even in the darkest day bright sunshine above the clouds. Youth is the season of hope, and by cherishing a kindly and hopeful spirit our young folk may have within them a perpetual feast throughout their span of life, be it long or short.

Much that is new is being or to be realised in Canada during the coming year much that was becoming worn and a little shabby is being repainted and polished to look as good as new. It is thus with the Ottawa Cabinet. It has been reconstructed, old defective timber has been rejected or repaired and shifted about until the new machine is said to look as much more beautiful and efficient than that of a year ago as is a "new Ford" compared with the "diver" of ten years ago.

Whether or not Premier King will try the speed and endurance of the good-as-new Cabinet machine over the Dominion course this year he has not told us. But looks that way. The new and the "shifted" Ministers would naturally like a new Parliament in which to boost of the new and bigger bridges, hotels, harbor works and parks which are the supposed evidences of the new and booming prosperity they have bestowed upon the Dominion of Canada.

Serious troubles in India are imminent and threatening as the new year dawns. It is a far call backward to the Sepoy Rebellion of 1857 with all the massacres and horrors which it entailed, but the danger now threatening springs from a different cause and is far more widespread. Russian propaganda has fed the flame among the teeming millions of India's people.

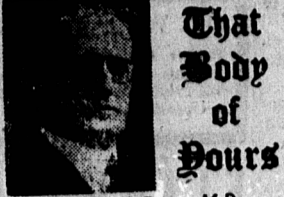
The avowed object of the disturbing element is a complete severance from British rule in India. It is a bold stroke that threatens and finds new arguments to support it. President Wilson inadvertently in his famous Fourteen Points laid down the pernicious doctrine of "self-determination" and the revolutionary elements in many countries have turned it to account for evil purposes which have borne fruit in the Irish Free State, South Africa, India, China and elsewhere.

And how are these troubles to be met? At the seat of Government in London there is an unstable Cabinet, carrying on without a stable majority, attempting impossibilities, and whose foreign policy, if it has any is as unstable as its majority in Parliament. China is striking out to abolish what is known as "extra-territoriality" for which course she has apparently some very good reasons. Hitherto Britain and other European nations had established their own law courts for the trial, civil or criminal, of cases in which their citizens were concerned, and who were therefore not amenable to the laws of China. It is not at all surprising that educated and respectable Chinese citizens resented these courts as humiliating and call for a change.

The Provincial Liberal organ would have us believe that everything is satisfactory, lovely and prosperous in this province even though we are denied representation in the Dominion Cabinet and Premier Saunders has not yet explained what he said about Maritime Union which Premier King has endorsed. If crime increases, and the number of drunks for the past year has been formidable it's all right. If the Saunders Government has been and still is borrowing it's all right. If the jails are full to overflowing it's all right to the Government organ as it joins in the chorus of prosperity and proclaims that Liberalism is building up our fair province. Quite regretfully we must shut our eyes to some unpleasant facts if we do not desire to have our attention drawn to them.

Editorial Notes

The annual report of the City Police Court disproves the claim that drunkenness is diminishing in Charlottetown. The drying up of the Province seems to be a more difficult proposition than the political prohibitionists intimated when they talked themselves into office.



By James W. Barton, M.D.

DON'T EAT WHEN THE MIND IS DISTURBED

I have spoken before about the case of Birchall the murderer, who ate three full meals during his trial, continued to eat them after he was sentenced to be hanged, and even on the morning of his execution ate a hearty meal.

And when the autopsy was made, a little over an hour after he was hanged, it was found that the food had been digested in the stomach and had entered the small intestine.

Why was this man able to eat regularly and heartily up to the very hour of his death?

Simply because he was absolutely free from emotion. He had planned this murder in England, went out to Canada with his victim, and put his plan into action in a cool methodical manner.

Now you and I are not built like that. We have our periods of joy, sorrow, anger and distress.

As a youngster you were advised that when you were mad you were not to say or do anything until you had counted up to one hundred slowly.

By this time your "madness" would be all or partly gone and you thus avoided doing something for which you would likely have been sorry.

It would be a wise proceeding if when you are mad, angry or worried, or under any emotional strain, if you would simply let the meal hour pass without eating than to take food into the stomach.

Over thirty years ago Dr. W. B. Cannon discovered in his experiments with animals that the slightest uneasiness, discomfort or anger, experienced by the animals, would immediately stop all movements of the stomach and intestines.

And that is just what occurs with us when we are disturbed in our minds.

The natural impulses sent by the brain which should bring regular movements to the stomach, thus churning up the food, and other impulses to the intestines, moving food downward, simply do not come.

This means that the food you take in the stomach remains there and ferments because it does not get stirred and mixed with the digestive juice of the stomach.

And similarly with food in small intestine undergoing digestion and absorption into the blood. It remains stationary and causes gas distension.

Further, the waste in the large intestine with no movements behind it, permits the blood to absorb these poisonous wastes into itself.

You can readily see then that you should be like the boy who is mad; wait awhile. Wait until you are calm before you eat even if you have to miss a meal.



TO A MINOAN CAT: ON WALL PRESCO OF ANCIENT CRETE

You little Cretan cat, eager and still, With body tense, with wide and steady gaze—

Look past the ferny tussock, look your fill!

Watch for a sign beyond the green fern-haze.

Beyond it is your prey, the pretty bird.

The little pheasant, chicking in the gorse.

He had not seen you come, he has not heard.

Two velvet steps—a spring—and he is yours!

Poor bird! And yet my hearts is all with you.

Hunting among the tussocks, in the dew,

Four thousand years ago, in windy Crete,

You little furry one, on velvet feet! My heart's with you, there's no denying that.

I hope—I hope you caught him, little cat!

From Mino, the King who ruled in Crete.

7,180 miles; Hudson Bay coastline mainland, 6000 miles; Atlantic coast line, 5,000 miles—total 18,180 miles. Canada's greatest width in due east and west direction approximately, 3,050 miles; greatest distance between southerly and known northerly land extremities, approximately 2,870 miles. Canada-United States Boundary—3,285 miles long; 1,787 by land, 2,197 overseas Dominion, bounded by 3 through water, Canada is larger in oceans. Coastal distances (per Canada Year Book): Pacific coast line, 912,000 acres.

THE LAND WE LOVE

By FRANK YEIGB

CANADA'S SIZE

Q. What is Canada's Size? A. Canada is Britain's largest overseas Dominion, bounded by 3 through water, Canada is larger in oceans. Coastal distances (per Canada Year Book): Pacific coast line, 912,000 acres.

A Message of Cheer for the New Year

By John P. MacPhie Pasadena, Calif.

Best wishes for the New Year, dear reader! Let me remind you however, that if the new year is to be a happy one you have much to do with it yourself. You must meet the conditions that bring happiness. It is largely in your own hands. Happiness does not come down from heaven in sealed packages. It is something within you and not without. It comes out of your own heart and mind. You will have to cultivate a cheerful happy disposition and learn to laugh more and more.

The wise man of the ages said that a merry heart doeth good like medicine. Old Samuel Johnson said that the habit of looking at the bright side of things was worth a thousand pounds a year. A hearty laugh is worth a hundred groans in any market was one of Charles Lamb's sayings. It is said that the ability to laugh was what helped Lincoln to get through his hard life. Rockefeller said on his 89th birthday: Laugh and stay young.

The moral of all this that we are to laugh all we can and when we can't laugh and look up, smile up and look pleasant. Now let me say here that life is more than laughter and merriment. Like every piece of cloth it has two sides—the sober side and the sunny side. To give it balance we must look at it from these two angles. We can't always be working and thinking; there must be a time to laugh and play. Nothing like a good hearty laugh to drive dull care away and make a cheerful happy nature.

Some years ago I heard Rev Dr. Conwell lecture in Los Angeles on the "Jolly Earthquake." The lecture was to show the power of laughter to make a happy man. The tradition of what he called the Laughing Earthquake took place on an Island in Japan. The island before the earthquake was barren and rocky, inhabited by wild beasts and insane people. But when the laughing earthquake came the whole island seemed to shake with laughter and become the finest part of Japan. Tradition has it that during the earthquake, everybody laughed, insane people were made sane; poor people became rich; unhappy people were made happy and glad, and no matter how horrible the scenes were everybody laughed.

Dr. Conwell then went on to show how men and nations have been made happy and great by the coming of laughter in the midst of great disaster. In time of trouble the man who can face defeat and laugh in it's face is the victorious man; the man who in time of trial or difficulty can hold his courage will conquer in the end. The power to laugh and look on the bright side of things is a great asset in life.

Dr. Conwell then gave some illustrations of the value of a cheerful face. He said: Some years ago when my wife was ill I went to the market to buy some potatoes. I had a basket on my arm. I went up in front of a stall and said to the man "How much do you ask for your potatoes?" He said in a sharp surly tone of voice: Sixty cents. Do you think I would buy those potatoes? No, because every one of them was filled with cholera and yellow fever; I left him in disgust.

I then went up the aisle and saw a stall where there were more potatoes, and a large jolly woman with a face like a moon on the last quarter in charge. When she saw me coming with the basket on my arm she burst out laughing and said: Why Dr. Conwell what are you doing in the market? I never saw you here before—what can I do for you this morning? I said: "How much are you asking for your potatoes?" She showed me two baskets, one for sixty cents and another at eighty cents. What is the difference in the potatoes I said? Oh, she said no difference at all, only in the price. Rich city folk when they buy things that cost more think they get the best, but she said laughing there is no difference in the quality.

Well, I want to know what potatoes you eat that makes you so happy. And then that jolly, happy-faced fat woman said: "I always eat the sixty-cent potatoes." Then I said hastily, I will take all the sixty-cent potatoes you have in your stall. Then all the potatoes were soon dumped into my

yard and my wife said things that a minister's wife should not say. But I never was sorry I bought them. Every time they came to the table they reminded me of the jolly woman in the market, and every eye in the potato winked at me. As long as they lasted we were glad and happy and really grew plump. The last I knew of the woman she owned three stalls in the market. Her happy face won out.

Then Dr. Conwell said he went to see some of the great men and women in the country to find out what stories made them laugh the most. He went to see Beecher to find out how he was able to do so much work and keep well. Beecher replied that he always tried at bed time to think of something good to laugh at. He said he often rested himself after a hard day's work by thinking of the man who came to his window after he had retired and said: "They have arrested my brother John for drunkenness and taken him to jail and I want you to come and bail him out. He said to the man, "I should think you had better get a pump and bail him out."

He went to see Emerson and asked him what he laughed at the most. He said he laughed heartily at one story for 25 years and it greatly rested him after a hard day's thinking. He said a young man once wrote two letters at the same time—one to his best girl and the other to his washer-woman and by accident exchanged the two in the envelopes. His lady-love by the mistake received this astounding letter: "If you muss the bosom of best shirt again I will have nothing more to do with you."

stowe to find out what made her laugh the most. She did not hesitate to say that while others did not seem to appreciate the joke, she laughed most at the coloured preacher in Kentucky who went to church one day without his Bible, and gave out his text as being from the Second Chapter of Methusalem, reading as follows: "As Solomon said unto Moses when in



WANTED - A Million College Graduates!

"THE best positions in industry today go to university trained men," President Hoover recently said. "In the next ten years Canada and the United States will need a million college graduates."

THE GREAT WEST EDUCATIONAL POLICY

Is the surest and most economical means of ensuring a successful career for your son or daughter. Example: You deposit a certain sum each year with the Company. When the time comes, the money is available for a complete university course. If, meanwhile, you die or become disabled (as defined in the policy) the Company will pay all the remaining premiums. If your child dies before age eleven, the money will be returned to you with 5 per cent. compound interest. Should he die after age eleven, the full amount of the policy—plus substantial profits—will be paid to you as ordinary insurance.



HYNDMAN & Co., Ltd. Provincial Managers, Charlottetown, P.E.I.

Protection with Profit

Great West Life surplus earnings have always been unusually large—policy-holders have consistently enjoyed generous profits. These profits, left with the Company, earn interest guaranteed never to be less than 3 1/2 per cent. Actually the Great West Life is paying 5 1/2 per cent.



the whale's belly, almost their poison-ant me to be a Christian."

What we need at the beginning of the New Year is a Jolly Earthquake to change us, and lift us out of the dumps and start us to sing and play and to laugh and happy.

Japan's population is estimated to have increased by 1,000,000 in last year.

More than 400,000 persons are employed in the 49,000 factories in gentina.

A. E. MacNeil & Co.

Auditors and Collectors of Business and Professional Accounts, Income Tax Returns Prepared.

Prowse Block 127 Grafton St. 810-1-1-2-6-8-10-13.

Hickeys advertisement featuring a large image of a Hickey and text: "The best leaf and the longest cure give you the most lasting and delicious chew when you ask for H & N Black Twist. You'll have the time of your life trying to chew the flavor out of this fine tobacco."

BLACK TWIST CHEWING advertisement with HICKEY & NICHOLSON logo.

COLDS!

Prompt and effective relief is obtained in Coughs, Colds, Chills, Sore Throat, Whooping Cough and Bronchial Troubles, in infant and adult, by MACS SYRUP OF TAR AND COD LIVER OIL COMPOUND

This preparation is compounded from pure drugs and has been thoroughly tried and tested. Eradicate colds quickly before they become deep-seated, thus tending the sufferer to serious bronchial and pulmonary conditions. 40 CENTS PER BOTTLE AT THE 2 MACS

DODD'S KIDNEY PILLS advertisement with a circular logo.

37th Anniversary Sale advertisement for Moore & McLeod Ltd. offering 25% off Crum's Prints, Soiesettes, Gingham, Galateas etc.