

Doc. Bird Says

Fools argue—Wise men talk it over. We'll talk it over with you.



There's no chance for an argument when we fill your prescriptions. Purest drugs—Perfectly compounded by modern methods. No substitution! You'll find them just as your doctor ordered.

E. A. Foster

Central Drugstore

"Penslar" Regulax will cure constipation—Try it—25c box.



It is Never too Late

to mend. So no matter what happens to your watch. Send it around to me

F.S. Mitchell

The Practical Watch and Clock Repairer 268 Queen Street Charlottetown

AWAITING WORD OF THE PATRICIAS' GALLANTRY.

OTTAWA, Jan. 20.—While there is still no reports of the casualties said to have occurred in a victorious charge of the Princess Patricia Regiment on the German lines, it is believed at militia headquarters that this is due to the fact that casualties in the British troops are now reported by mail to England after careful investigation to see that the lists of casualties are accurate. In some cases it has been a week and more before casualties were reported in England.

In the meantime no word from the regiment has been received at the militia department or at Rideau Hall.

EVERY DAY AIDS

If the turkey is not very fat, avoid its being dry after roasting by spreading butter over the outside, and baste it frequently while it is roasting.

Tin is a great saving of the expense of equipping a kitchen, if one wishes the outlay to be as small as possible. But it should be the thickly coated kind.

After you have used all the ham that will cut nicely from the bone after chipping the remaining meat for frizzled ham, boil the bone with cabbage.

Dresses that have been laid away in drawers for some time often become very creased. Hang them in front of the fire for a while and the creases will disappear.

A raw potato cut in half will clean marks on black material. A black serge garment can be made spotless and as new, if washed in potato water.



Your Future

Life insurance experts say that three out of four persons who attain old age are obliged to rely upon others for support. If you wish to be independent when your earning days are over you should begin to save at once.

Depositors in our Savings Department are protected by our Total Resources of \$80,000,000, our large Surplus, and our adequate holdings of Cash Reserves.

The Bank of Nova Scotia

ISLAND BRANCHES: Charlottetown, Summerside, Alberton, O'Leary, Kensington, Victoria, Montague.

PERSONALS

Mr. Bert Stewart has arrived in the city from Vancouver on a visit to his parents.

Mr. Isaac Carter, Charlottetown, was a passenger by the special train to Georgetown last evening.

Capt. John Read, of the Minto, was in Charlottetown yesterday and returned to Georgetown at night.

Mr. A. R. Brennan, of the Summerside Journal, was in town last night and leaves for home this afternoon.

Capt. T. G. Taylor, Agent of Marine and Fisheries, was a passenger by the mail special last evening to Cape Traverse.

The friends of Mrs. John O. King, of this city, will be pleased to know she is improving, after her long illness of a broken hip.

Mr. P. S. Brown, of the Revere Hotel, left Charlottetown last evening on his way to California, where he intends to pass the winter.

Miss Margaret McEachern, who has been teaching in the West, arrived in Georgetown yesterday morning and left for her home in Souris in the afternoon.

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WAR SURGERY IS VERY MERCIFUL

Science of Healing as Much Advanced as that of Killing.

If the great war reveals an advance in the science of killing, it is also notable, according to a writer in the Paris Journal des Debats, for great progress in the treatment of the combatants who have the lesser ill luck to be merely wounded. In proof of this contention he offers us the records of a surgical hospital at Vichy, where, in one month, out of a total of 600 operations—or about 20 per day—less than ten amputations were found necessary. These that were made, moreover, were minor operations, involving the loss of a finger or toe. The writer admits having seen more serious operations, as, for instance, the amputation of a leg, an arm, a hand; but they are very few in comparison with the records of war forty to fifty years ago. The number will remain small, too, he says, because "it is no longer the fashion. The reason for this he explains by quoting a Paris medical authority as follows: "Conservation should be the rule in treatment of bullet fractures. In an immense majority of cases complete healing is sure to follow, no matter which bone is hurt or how badly." A writer tells us, by another medical authority as the result of experience in the Balkan war. He adds:—

With wounds from modern projectiles, especially the bullet, which remains the most effective of all—being the cause of death or injury in 80 per cent of 100 in 1870 and of 81 in the "Turco-Russian war—a great and most favorable change is to be noted in the region of the wound is smaller and more localized. As to bone splinters they are small and numerous, while long ones are infrequently found. The first impression is that the case is very serious, that the limb is lost. No other thought occurred to surgeons a hundred years ago, who were responsible also for the former practice of withdrawing all bone splinters from a wound."

The writer then cites authorities as stating that amputation is justifiable only when "the mortification of the extremity is in itself fatal." In fact, "amputation is permissible only in the case of gangrene, or when the patient shows signs of being unable to withstand infection or lack of resistance against the toxic conditions resulting from the wound."

How Sickly Women May Get Health

If they could only be made to see that half their ills are caused by impure blood, it wouldn't take long to cure them with Dr. Hamilton's Pills. Truly a wonderful medicine that invigorates, strengthens, renews. Every tired, worn out, woman that tries Dr. Hamilton's Pills will improve rapidly, will have better color, increased appetite and better digestion. No better rebuilding tonic can be found than Dr. Hamilton's Pills which are safe, mild and health giving. For forty years Dr. Hamilton's Pills have been America's most valued family medicine, 25c. per box at all dealers.

What Thin Folks Should Do To Gain Weight

Physician's Advice For Thin, Undeveloped Men and Women.

Thousands of people suffer from excessive thinness, weak nerves and feeble stomachs who, having tried advertised flesh-makers, food-fads, physical culture stunts and rub-on creams, resign themselves to life-long skinniness and think nothing will make them fat. Yet their case is not hopeless. A recently discovered regenerative force makes fat grow after years of thinness, and is unequalled for repairing the waste of sickness of faulty digestion and for strength-giving, fat-producing elements of acknowledged merit have been combined in this peerless preparation which is endorsed by eminent physicians and used by prominent harmless, inexpensive and efficient.

A month's systematic use of Sargol should produce flesh and strength by correcting faults of digestion and by supplying highly concentrated fats to the blood. Increased nourishment is obtained from the food eaten, and the additional fats that thin people need are provided. Leading druggists supply Sargol and say that is a large demand for it. While this new preparation has given splendid results as a nerve-tonic and vitality, it should not be used by nervous people unless they wish to gain at least ten pounds of flesh.

ANNUAL MEETING OF ST. PETER'S CATHEDRAL

The annual meeting of St. Peter's Cathedral congregation, Charlottetown, was held last night, under the presidency of Canon Simpson, and was well attended.

The affairs of the church were shown to be in a very satisfactory state, the total receipts from all sources being \$6,139.66. The special offerings for missions and other purposes amounted to over \$1,400.

Messrs. F. R. Foster, L. E. Brecken and J. O. Hyndman were re-elected church wardens.

A committee was appointed to obtain an assistant priest.

Votes of thanks were given to the ladies of the congregation; the church wardens, the treasurer, the envelope clerk and the choir. The following is the general financial statement for the year:—

RECEIPTS.

Table with columns for item and amount. Includes Bal. credit in bank on 30th Nov. 1913, Envelopes, Loose Collections, Mites, Hodgson Bequest, Poor Fund, School Fund, Graveyard, Chapel Fund, Hodgson Memorial, King's College, Incumbent sp. donations, Asst. Priest sp. donations, Organist sp. donations, Env. Clerk sp. donations, Rev. D. Jones sp. donations, Diocesan Church Society, Clergy Superannuation, Ember Pennies, Missions appropriated, Missions unappropriated, Interest on Mrs. Poole's legacy, Choir Prizes, E. Foster Standard Candles—Mrs. G. A. Gane, Widows and Orphans, Sunday School Committee, Old Steam Pipe sold, Hospital Ship, Church Deficit.

EXPENDITURE.

Table with columns for item and amount. Includes Incumbent, Assistant Priest, Organist, Sexton, Bishop's income, Synod Assessment, Hodgson Bequest, Supplies, Repairs, Labor, Fuel, Light, Water, School account, Poor Fund, Graveyard, Chapel, Rochford Sq. House, Hodgson Memorial, King's College, Incumb. sp. donations, Asst. Priest sp. donations, Organist sp. donations, Env. Clerk sp. donations, Rev. D. Jones sp. donations, Ember Pennies, Diocesan Church Soc'y, Insurance, Clergy Superannuation, Hospital Ship, Widows and Orphans, Sunday School Com., Choir Prizes, E. Foster, Missions, Int. on Bank O'draft.

TOMMY ATKINS.

(By Holbrook Jackson.)

Now there are a great many well-meaning people writing a great many well-meaning things about the British soldier. But very few of them get close to the mystery of him. The soul of Tommy Atkins is as elusive as the soul of a woman—and, perhaps, for the same reason. But if we do not understand, there is no reason why we should write nonsense, as I fear many writers are doing. He sure the explanation of the British soldier is as obvious as it is unromantic. Our "contemptible little army" delights our Allies and disturbs our foes, because it is composed of matter-of-fact units, like my man from Mons.

Both the French and the German soldiers are romantic. In so far as they are conscious of fighting for any tangible thing, they fight for the ideals of "La Patrie" or "Das Vaterland." The Belgian also fights for his country—but with this important difference; his country, whatever it may have been to him in the past, is no longer an ideal. It is a plain, pitiable fact, tortured by the insufferable presence of a powerful and brutal invader. The Belgian is not a soldier fighting for an ideal of freedom of culture; he is in precisely the same position as a householder at grips with an armed burglar.

The soldiers of each of these nations have shown remarkable powers of endurance and resource. Each has been heroic according to national character and temperament; the French by their magnetic dash; the Belgians by their readiness to stand up against impossible odds; and the Germans by their willingness to sacrifice themselves to the Prussian mania for military bigness and efficiency.

DAILY LIVES THAT LACK AFFECTION

The lack of affection in everyday life is deplored in almost every place, and we are all sore in need of the good old-fashioned kind.

The other day I heard a mother complaining, in the hearing of her two daughters, that they never showed her any affection, "much as I do for them," she added.

"But ma," spoke up the oldest girl "you never showed us any affection. You never petted us and made a lot over us the way other girls' mothers do."

Yet I know these people love each other. There were tears in the mother's eyes when she first spoke to her children, and there was wistfulness in the voice of the oldest daughter when she spoke.

It isn't the lack of love in our daily life. There is plenty of love. It's the lack of expressing our love in little ways that make us grow in one's heart which makes many of us appear to be unloving.

Some of us have the gift of showing our love. Some of us grow up in an environment which suppresses any exuberance of tender emotions, needing only a touch of some one who "isn't afraid" to say and do the little things that give us courage to spend the endearing word, to give the caressing touch.

And some of us, though we love greatly, cannot break the shell of reserve that seems to grow harder and more unbearable with age. And some people are to be pitied, for they suffer much and are much misunderstood.

Only a very, very few of us are incapable of loving and these few, I believe, have no souls. In some way have never met one like this. I hope I never may. I hope that you never will.

Loveableness and lovingness can be cultivated. Really they are inseparable, for the one develops the other. Those of us who complain that we are not loved, should first take stock of what has been done to deserve love. One cannot exact love as one's due. You know. It isn't a duty. It is something so absolutely voluntary, something so freely and generously and unselfishly given, no matter what the personal sacrifice, that we are apt to look upon it as something really rather ordinary—a part of our everyday life; and occasionally we abuse it, ignore it or simply take it for granted, because it is so common.

Children often realize too late what a mother's love means to them. More than one wife has discovered an irreparable loss after she is rid of the husband who dealt too gently with her because he was too fond. More than one man who has deserted his home for a fairer fate, would give his right arm to get only his wife back, the surrounding love of his family. And so many of us banish the sweetest things of life because we are "so busy" because sordid ideals possess us, because, alas, some think we would lose the respect of others unless we constantly display before them our hardness and our sharpness.

No, friends, it isn't the lack of love; it's the lack of understanding love, the lack of showing love that makes this a difficult and disappointing life for so many.—Portland Express.

"This week's supply of Moirs toothsome chocolates have just arrived now is the time to get your supply of these dainty sweets. We have them in boxes, or in bulk at 60c per pound. MacKinnon Drug Co., Cor. Great George and Kent Streets. ME1F.

BLEEDING BELGIUM.

(By Walt Mason.)

The Belgians suffer—as they should—for German culture they withstood; what insolence! what hardihood! what blindness theirs! When to their gates the Germans brought the sword; they most unwisely fought; they should have helped the whole blamed lot to stay at home. They should have seen, with clearer vision, that everything that Germans do, is based on truth and justice, too, and glow with truth and light; if Wilhelm starts to drive a wedge through treaty, promise, oath and pledge, or splits them with the cabre edge, his course is right. If Wilhelm states, "I'll cross your state the short cut to a foeman's gate, so just sit tight, and calmly wait for your reward," a country promptly should obey, and give old Bill the right of way, for it's impertinence to stay the great war lord. But Belgium would not stand aside or act as chapman and guide, when German hosts began to ride across her plain; but angrily the people hissed "For home and honor" we resist the rampant war lord's armored fist, till all are slain! And now a bleeding wreck she lies; the wailings of her widows rise; her orphans clamor to the skies, and weep in vain; despoiled by vandals and by thief; so let us profit by her grief and all obey the Teuton chief—our duty's plain.

KIPLING TO WRITE SONGS FOR TROOPS.

LONDON, Jan. 20.—Rudyard Kipling is to write new war songs for the British troops, to be set to old English airs.

This announcement was made by Sir Charles Stanford, the noted composer, at an influential meeting held yesterday to discuss means of providing amusement for Kitchener's new army. Sir Charles said he looked for something better than "Tipperary" for the men to sing, though he admitted that was a fine air in itself.

Don't Persecute your Bowels

Cut out cathartics and purgatives. They are bad.

CARTER'S LITTLE LIVER PILLS

Purely vegetable. Act gently on the liver. Dissolve the delicate membrane of the bowels. Cure Constipation, Biliousness, Sick Headache and Indigestion, no matter how long.

Small Pill. Small Dose. Small Price. Genuine and bear Signature.

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CAN'T FIND DANDRUFF

Every bit of dandruff disappears after one or two applications of Danderrine rubbed well into the scalp with the finger tips. Get a 25-cent bottle of Danderrine at any drug store and save your hair. After a few applications you can't find a particle of dandruff or any falling hair, and the scalp will never itch.

PAPERS PUBLISHED IN THE TRENCHES.

Some of the methods by which the soldiers in the trenches spend their spare time and lighten the strain of being under fire are related in the Paris Figaro. Not only do they publish small newspapers in which the daily doings are detailed, but they have amateur theatrical performances in which they "take off" the peculiarities of their foes.

"Our contemporary, the Intranseigent," says the Figaro, "prints a facsimile of the newspaper which the soldiers stationed in the trenches at Arras edit to take up their spare time. It is composed on a typewriter which was found and taken by the men in the course of the campaign. This paper, the Argonne, has a contemporary with which it lives at peace, the Little Colonial, published by the Colonials in the neighboring trenches.

"One of our contributors has sent us a manuscript of a play composed by the soldiers which will be given today at a farm under fire of the enemy. This sketch has for a title, 'Oh! These Are the Boches,' and is in three acts. The characters are the Kaiser, Von Jagow, the Crown Prince, Molke, the Peer, and some assassins, German officers. The performance is full of songs. Some of these are 'William's Mustache,' to the tune of 'Marlborough,' 'The German Fakir,' to the air of 'Si j'etais rupun'; 'The German Soldier' to the tune of 'Ten Poupoule'; 'The French Soldier,' to the air of 'Clairion'; 'The English Soldier,' to the air of 'Sombre et Meuse'; 'The Dance of Belgian Independence,' to the tune of 'The Marseillaise,' and several others.

"As the authors announce, the little show is without fine settings. Gay and bright, it regales the spectators for the lack of decorations in this war humor, 'a la guerre comme a la guerre.'"

ROYAL YEAST CAKES

ARE USED AND ALWAYS GIVE PERFECT SATISFACTION

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