Woman's Realm / Social and Personal / Fashions / Literature

Dorothy Dix Says—

MARRIAGE SUCCEEDS ONLY IN SCHOOL OF HARD KNOCKS

Too Many Youngsters Expect To Live In Continuous Fairyland — And Quit When Realities Hit Them

One of our distinguished psychologists recently declared that the young people of today have an almost "terrifying desire" for perfect marriages and for the dissolution of their marriages if they are imperfect. This statement explains why more than one-third of the divorces are granted to boys and girls in their early 20s and who have only been married a short time. They are still children who believe in fairy stories and who cannot bear finding out that they are only make-believe tales that are not true, and that there is no such thing as a perfect marriage in an imperfect world. Nor are they old enough and wise enough to know that even if there were such a thing as an ideal marriage, they could not endure it any more than they could subsist upon a diet of chocolate creams. For the chief thing that makes marriage interesting is that it is an unknown terrain that we can spend 40 or 50 years exploring without finding out all of its unexpected heights and depths, or learning to negotiate all of its dangerous pitfalls. It is not a flat and level mead that we tire of because of its very sameness. Also, we love people more for their defects than we do for their virtues, and the very fact that we have to forgive their faults and be forgiven by them for ours, draws us together. Like the heroine in Barrie's play we say "poor soul" to them and they say "poor soul" to us and we are happy together. After all, sinners have not much in common with saints.

COME THE DISILLUSIONS

So it is pathetic to think of this terrifying quest of the starry-eyed youngsters for the perfect marriage and their belief that out of all the millions of men and women who have gone before them who have also hunted for the end of the rainbow, that they will find it. They look about them and see so many stolid, middle-aged couples whose romance has so long been dead that they have nothing left even to say to each other; they have heard their own parents quarreling every day of their lives, and they say: "This mustn't happen to us. We must go through life trailing clouds of glory. Our marriage must be perfect."

And their vision of a perfect marriage is as artless as a child's idea of a party—all ice cream and cake. They are to think alike on every subject, to have the same tastes, ambitions and desires. There are to be no arguments, no differences of opinion. No sickness. No hard times. No Pinching economies. No frayed nerves and rasped tempers from being bawled out by the boss, or having done a hard day's washing.

Always the wife will keep her youth and beauty and meet her husband o fan evening with a glad, sweet smile, with her hair immaculately coiffed and wearing pink chiffon. Always the husband will remain a great lover. And even the children will be miraculously born past the teething age, with curly hair and angelic dispositions.

MARRIAGE MUST BE STURDY

But life is not like that. And marriage is not like that by a long shot. Even the luckiest of marriages are full of the clashes of temperament between differing personalities, of inevitable disagreements and opposite points of view, of work and worry and trials and tribulations, of sickness and bills and strain and stress that tries the souls of both husbands and wives and makes them wonder at times why they did it.

But what these youngsters, who expected to find a perfect marriage and who throw up their hands and quit when they find that they have missed it, do not understand is that the happiest marriages are not greenhouse flowers, they are the sturdy plants that have struck their roots down in rocky soil and defied the wind and weather to kill them. For husbands and wives are not bound together by ease and luxury, but by the hardships they endure together, by the battles they have fought out shoulder to shoulder, by the weaknesses they have condoned in each other.

And the saddest part of the whole tragedy of these boys and girls who expect too much of marriage is that they could still find so much that is worth having in it if only they would make the best of what they have, instead of throwing the whole thing in the scrap heap; because many a marriage could be salvaged by a little patience and forbearance and common sense.

For while no husband or wife can ever come up to the romantic expectations of those seeking a perfect mate, they can develop into good providers and superexcellent cooks. And that is something.

Furthermore, divorce doesn't help to solve the problem of how to make a perfect marriage. For all marriages are cut off of the same bolt of cloth and have flaws in them.

* * * * * *

BEING PRACTICAL

Dear Miss Dix—After longing for a child for seven years, we had one, a beautiful little girl, perfect physically but abnormal mentally. She is now 6 years old. My friends urge me to put her in an institution, and our doctor advises us to do so because of the continuous heartbreak she is to me. He says the child will be a hundred per cent better off with other children of her own mentality. But my child is just as dear to me as any child is to any other, and my husband and I know we will never have another child. Wouldn't it be better to just keep her in our home where we are sure she will be loved and cared for? Is there any comfort you can give me? MRS. X.

ANSWER—That is a question that no one can settle for you. Your own heart must answer the question for you. But why do you not try the experiment of putting your little girl in an institution for a few months and see how she reacts to it? If she is happier with children of her own kind, let her stay. Otherwise take her back home.

I think you would find great comfort in adopting a child. It will take baby hands to heal the wound that Nature has so unkindly dealt you.

DOROTHY DIX.

It Happened Twice

BY T. C. BRIDGES

PEGGY GONE: ADDRESS SECRET

Mr. Meakin came out of the smoking-room and greeted the young doctor waiting in the hall.

'Come in, Arkwright. I want to speak to you.'

Rose, with her handkerchief to her eyes, went away, and the lawyer taking Arkwright by the arm, led him into the smoking room and closed the door.

'Peggy—she's gone," John Arkwright said in a dazed way.

"I know. I tried to keep her, but it was no use. She left a letter for you. Here it is. Read it!" Arkwright took the letter and the lawyer strode over to the window where he stood with his back to Arkwright, looking out. Arkwright's fingers shook as he tore open the envelope.

"My dear John," Peggy had written in her beautifully clear hand. "I could not help knowing what you meant to say to me when you came to the house after the inquest this morning, and don't mind telling you that I longed to hear it. Yet I have just sense enough left to be sure that I cannot and must not marry you until this business is cleared up.

"It isn't what you or I think, John; it is the opinion of those around us. I saw and heard enough this morning to realize that I am under suspicion. And a doctor's wife, like Caesar's, must be above suspicion.

"Perhaps I ought to have told you this instead of writing it but, to be honest, I hadn't the pluck. So I am running away.

"I have given Mr. Meakin an address by which he can find me, but he is under promise not to give it to you. And he will never do so until the mystery of Mrs. Trelawney's death is cleared up. Be wise, John. Put me out of your mind. Forget Peggy Garland."

Arkwright spoke imperatively to Mr. Meakin. "You have her address. Tell me." The old lawyer's face was grave as he turned to the younger man.

"John, you are a doctor, and you have taken the oath of Esculapius A solicitor's oath of secrecy is just as binding. Peggy is my client and I cannot give you her address."

"You don't understand. I mean to marry her."

"Unfortunately, I understand too well. Peggy knows your intention as well as you do. And she, I think, is as fond of you as you are of her. But she does not let her feelings blind her." He paused a moment, then went on. "See here, you know as well as I that some suspicion must attach to Peggy Garland. Peggy is a girl with a very fine character, and that is why she won't marry you or anyone else so long as a breath of this abominable suspicion clings to her. I need hardly tell you that she has refused her legacy.' He laid a hand on Arkwright's arm.

"I'm desperately sorry for you, Arkwright, but even if you had Peggy here in this room you could not persuade her to change her mind."

John Arkwright was silent for a moment, gazing out of the window with an expression of grim determination.

"You have promised her not to give me her address and I respect your promise. But that doesn't mean that I can't find her. Tomorrow I shall go to London to look for her." Mr. Meakin shrugged his shoulders.

"If you've made up your mind to go, go you will. But you are only laying up fresh trouble for yourself. As I said before, the thing is to find evidence to clear Peggy. Then she will marry you quickly enough."

"That evidence may take months to find," Arkwright answered. "Personally, I suspect Edgar Trelaw-

(Continued on page 8, Col 7)

Don't let baby suffer from head cold one unnecessary moment. Relieve, without delay, that sniffling and sneezing . . . the sore, irritated nostrils . . . choked-up passages that make breathing difficult and painful. Mentholatum brings quick relief or *money back.*

Buy a 30c tube or jar of Mentholatum today from your nearest druggist. A4

MENTHOLATUM
Gives COMFORT Daily

Living & Leisure

The Woman's Realm

FACE VALUE

It takes so many muscles
To make a frown,
And turn our faces
Upside down,
While Smiling requires
But very few,
And is really a splendid
Thing to do.

It takes courage to live
From day to day,
But a happy heart
Is the only way;
So smile awhile,
For beautys sake
And give your face
A lucky break.

Hail is formed by droplets of water being carried upward to freezing heights by rising draughts of warm air.

CHASED BRASS

It will always have a whitened appearance if chased brass is cleaned with powder. Wash the article in soap and water and then dry. Then rub the article with a freshlycut lemon. Rinse and dry with a chamois. No cleaning powder will be necessary.

SAVE TEA TOWEL

If you are one of those housewives who reaches for a linen tea towel instead of a pot holder to lift the hot pan, now is certainly the time to cure yourself of this expensive habit. Linen tea towelling is soaring in price and one cannot afford to have burns in them by careless handling, particularly when pot holders are so cheap.

HEALTHY NAILS HAVE BEAUTY WITHOUT POLISH

Soon you will be going without your brightly-hued finger nail polish. When that time comes it will be more important than ever to make sure that your finger nails are at their healthy best. One good way to protect them is to always wash dishes in a safe suds that give you beauty care in the dishpan. It won't dry out the natural oils that keep your nails lovely and supple.

BOX FOR OLD KEYS

It is wise to have a box for old keys and keep any reserve in there in case of emergency. It is surprising how many times one can go to this box and find a needed key which will fit and solve a bad situation.

GARDENING

Women school teachers in Wales have to know their vegetables They now hold night classes in gardening so that neighbourhood women may learn how to derive full benefit from garden plots. In one part of England some nuns who have never before worked in gardens have grown and harvested enough potatoes to keep a Kentish school supplied four months.

BEAUTY MAKES WAY FOR MORE MUNITIONS

When beauty is only skin deep, then beauty must give way to munitions.

Glycerine, and in some instances zinc oxide, used in the preparation of cosmetics — cold creams, facial packs, hair dyes, astringents and perfumes, are now required to make explosives.

When manufacturers use up their present stocks they will have difficulty in getting them replenished, so women should be thrifty in their use of these glamour aids. Stocks must be made to go as far as possible.

Women in India "preserve" potatoes by boiling them lightly, skinning them, and then letting them dry in the sun. Treated thus, potatoes will keep for twelve months.

Stores carried by a large battleship include 12,000 different classes of articles of all kinds.

For the last 300 years Worcester has been both a county and a city, with its own lord-lieutenant and sheriff.

In H.M.S. King George V there are 1,200 telephones in various parts of the ship, all linked up to one switchboard.

Before the war about 8,000 Cypriots, or natives of Cyprus, were living in London. Most of them are now in the Forces.

In walking a mile, a man of average height will take about 2,270 steps.

MACHINE MENDING

With the aid of the flat darner attachment, even a beginner can mend table linens and towels right on her sewing machine, and she will find that the finished job is beautifully neat and strong. If you do not know how to use this most handy of modern sewing machine attachments, let you local sewing centre instruct you. The flat darner attachment looks very much like an embroidery hoop and holds the fabric in place. Cut away the frayed material around the edges of the spot to be darned. Place the material in the darner frame, bring it down under the needle and lower the presser bar only after you have removed the presser foot from the machine. After the stitching has been finished in one direction, turn the hoop around and start stitching crosswise.

Aprons are gay in print on plain backgrounds; there are many of them making one of the most daring style divertissements of the season. Some are nearly all pockets. Some are sections inset in the skirt, merely bluffing they are aprons. Some hang loose in the honest-to-goodness apron fashion and others are haremed onto the foundation skirt.

Shorthand Skill Acquired at Home

Simple Lessons Business Help

To be more valuable in business means to be more useful! Shorthand is a skill for which there's always need.

It won't take you long to learn. You can teach yourself the fundamentals of Pitman shorthand, practising regularly each day.

Pitman shorthand is really simple —and what speed you can develop! For you don't write a "pot-hook" for every letter, but only for every sound. (Quicker to write symbols for "wa" than "weigh" itself!)

And each symbol is so easy to write. Downstrokes, dots and dashes flick off your pencil a mile a minute. A downstroke for "D" with a dot after it is the word "day." Or write the dot (the "a" sound) first and it's—you guessed —"aid!"

Then there are the "short forms," still briefer symbols, for often-used words. "Should"—a dash; "first"—a small oval.

In 18 simple lessons for home use, our 32-page booklet gives you a practical grounding in Pitman shorthand and serves as a foundation for a business college course. Each lesson includes rules, reading and writing exercises, short forms.

Send 2 c in coins for your copy of "Self-Instruction in Shorthand" to The Guardian Home Service Be sure to write plainly your Name, Address and the Name of booklet.

Name

Street Address

City Province

Say Schwartz —and Be Sure!

The hallmark on silver, the carat mark on gold: there are some marks that are a safe guide to the buyer. One of the best is a good name.

Ever since 1841 the name Schwartz has meant purity and strength in food flavours. You can therefore use Schwartz Vanilla, Lemon, Almond, Orange, Strawberry or Maple Flavoring Extracts with perfect confidence in your cooking. Say Schwartz—and be sure!

W. H. SCHWARTZ & SONS LIMITED
Canada's Oldest Coffee and Spice House
HALIFAX, NOVA SCOTIA

1841 A CENTURY OF PROGRESS 1941

THE COOK'S CORNER

SAVORY CRABMEAT AND VEGETABLES

2 tablespoons butter
1 small onion chopped
1 green pepper chopped
1 can corn
1 cup milk
1 1-2 cups crabmeat
2 eggs, beaten
Salt and pepper
Buttered toast

Method: Melt butter in a pan and add the chopped onion and green pepper. Cook these until tender but not browned. Add the corn and milk and heat well. Now add the crabmeat and the beaten eggs. Season to taste with salt and pepper. Cook over low heat until the mixture thickens and then serve hot on buttered toast.

CRABMEAT CROQUETTES

4 tablespoons butter
4 tablespoons flour
1 cup milk
1-4 teaspoon salt
Dash paprika
1-4 teaspoon Worcestershire sauce
1-2 cup soft crumbs
1 1-2 cups crabmeat
1 teaspoon minced onion
Fine crumbs
Beaten egg

Method: Melt the butter and blend in the flour. Add the milk, and cook, stirring constantly, until the sauce becomes very thick. Add the salt, paprika and Worcestershire sauce, soft crumbs, crabmeat and minced onion. Cool the mixture well.

Shape into croquettes or patties and dip first in fine crumbs, then in beaten egg which has been diluted with a little water, then in crumbs again. Fry in deep fat heated to 390 deg. F. or until a day-old cube of bread will brown in 40 seconds. They should be sufficiently browned in 3 or 4 minutes. Drain on unglazed paper and serve hot.

CRABMEAT CASSEROLE

2 tablespoons fat
1 onion, chopped
1 green pepper, chopped
1 stalk celery, chopped
2 tablespoons flour
2 cups milk
1-4 teaspoon salt
Dash pepper
1-4 teaspoon dry mustard
1 1-2 cups crabmeat
1 egg beaten
Buttered crumbs
Grated cheese

Method: Melt the fat and add the onion, green pepper, and celery. Cook until tender. Now blend in the flour and gradually add the milk, then the seasonings. Cook stirring constantly, for about 3 minutes Add the crabmeat and the beaten egg Mix well and pour into a baking dish Sprinkle the top with buttered crumbs and grated cheese. Bake in a moderate oven (350 deg. F.) until the top is nicely browned.

Needlecraft / For The Home

Help yourself to the season's newest silhouette and see how becoming it is! You'll love the shoulder-broadening, waist-whittling bib front, and the wide skirt is just as graceful as your favorite dancer. It's right for the classroom, the office or even a football game. Make it of a gay plaid, and watch the compliments fly! For that crisp, well-groomed touch, add the spanking white collar. If you prefer, of course, you can have a plain square neck that's wonderful with your necklaces.

Style No. 3008 is designed for sizes 12, 14, 16, 18 and 20. Size 16 requires 2 3-8 yards of 54-inch fabric; 1-8 yard of 39-inch contrasting.

Send twenty cents (20) coin preferred for pattern Write plainly your Name, Address and style number Be sure to state size you wish

Style No 3008 Size .....

Name

Street Address

City Province

ODD JOBS ON YOUR FURNITURE

Make good any damage to your furniture. Dents can be taken out by wetting with hot water, covering with six thicknesses of moist brown paper, and then ironing dry with a hot iron; repeat until the dent is raised Scratches can be toned down with brown stain, shoe polish or with six coats of iodine. Slightly softened beeswax pressed into cracks, stained, and then varnished makes them invisible. Use a child's paint brush to apply stain on a small surface.

A Morning Smile

NO DOUBT

First Widow—Men are cast pretty much in the same mould.

Second Widow—And some are mouldier than others.

IN ROUNDABOUT FASHION

"What does this mean, 'Under Entirely New Management'? That's the same old manager there."

"Yes, sir," replied the waiter, "but he's married again."

CROCHETED PILLBOX WITH PUFF STITCH

DESIGN NO. 1024

The popular pillbox hat may be made in a jiffy. It is worn without trimming or if preferred, a feather, tassel, etc., make quick change abouts. Pattern No. 1024 contains list of materials needed and complete instructions.

To order pattern: Write or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian.

To Charlottetown Guardian
Needlework Department

Design No. 1024

NAME -

STREET ADDRESS - - - - - - - - - - - - - - - - - -

CITY - - - - - - - - - - - - PROVINCE - - - - - - - - -

Newspaperman Casualty Back from Britain

Back from Britain came Captain Gills Purcell, former Toronto Winnipeg and Windsor newspaperman, who lost a leg in the Battle of Britain. Captain Purcell, general superintendent of the Canadian Press until he enlisted, was attached to the Canadian Corps in Britain as public relations officer, lost a leg while watching army manoeuvres. He was struck by a canister dropped from an airplane. In his Toronto home, he got a warm welcome from his son, Peter, and two daughters, Patsy, CENTRE, and Judy

On the job at Uplands air station, Ottawa, are 100 members of the Canadian Women's Auxiliary Air Force, the first group assigned to regular duties after training at Toronto. LEFT is Airwoman Stella McKee of Edmonton, one of 14 cooks tasting the soup. They prepare 2,700 meals a day. "Better than men in jobs where precision is required," said Squadron Leader S. A. Greene, after observing the girls at work on maintenance jobs at Uplands. Welder Dorothea Hoffman of Toronto (RIGHT), is working on a towing bar for an aircraft. She formerly worked at a Malton aircraft plant.