

THE MORNING GUARDIAN

THURSDAY, Feb. 26, 1903.

AN EDITORIAL VIEW OF PORRIDGE.

On successive days at a column's length the erudite editor of the Ottawa Citizen has discoursed upon porridge. The argument in his first article was that plain porridge is better food than any or all of the much advertised breakfast foods, provided always that the porridge is well and sufficiently cooked. Also that the so-called breakfast foods only came into vogue when porridge had been improperly discredited by being insufficiently cooked. The Citizen would restore the lost art of cooking porridge rightly. In his second article the editor declares the invasion of the breakfast food's is a direct reflection upon Canadian womanhood, implying that the woman of Canada cannot cook porridge, whereupon he exclaims, "Perish the thought!" and proceeds:

"It is all well enough to talk about the hand that rocks the cradle being the hand that rules the world. It is a sublime sentiment, even if a trifle grandiloquent in expression; but the danger of the hour is that the interest of the large majority in it tends more and more to become purely academic. We have viewed with alarm this tendency of the hand that rules the world to relegate the duty of rocking the cradle to a hired hand—surely a compliance with the letter but not with the spirit of the sentiment. But this matter of porridge is a more concrete proposition involving fundamental sociological considerations. What made Scotland what it is? Why, porridge. What laid Troy in ashes? A woman. There we have two shining examples of well-directed feminine ambition and energy. To many thinking minds, the well-being of the race is inseparably connected with porridge, more particularly properly cooked porridge. The clear-eyed, queenly daughters of a dominant race must cherish the domestic art of making porridge, good porridge. There can be no compromising with semi-ready, easily cooked doubtful substitutes without the experiencing of a subtle moral deterioration which is the penalty of a duty slighted, and which involves in this instance a widespread effect bound to result in the physical and mental deterioration of a hardy northern race bereft of its most stamina-producing nutriment, namely, porridge. If this young nation is to have a future commensurate with the glorious traditions of the past our womankind must resist the temptation to diletion in their domestic duties. They must remain thoroughly imbued with the heroic, self-abnegating, patriotic spirit which finds inspiring expression in the lines embodying that other great, self-sacrificing sentiment: Let us make the porridge of a nation, and we care not who makes it for us."

In a recent interview Lord Strathcona stated that he is now the largest shareholder in the Canadian Pacific Railway Company, and that since he was appointed High Commissioner he has neither bought nor sold a single share.

Mr. Chamberlain found a great deal more of racial bitterness and ill-feeling in Cape Colony than he found in the Transvaal or the Orange River Colony. In fact he was much encouraged during his visit to the newly acquired Provinces, but proportionately depressed by what he saw and heard in Cape Town. It would appear that the "nest of traitors" at the Cape might have been the better of a little wholesome punishment which they did not get.

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There was hearty rejoicing when it was learned last evening that the Minto had reached the Stanley and given her coal. There is good hope that now both steamers may shortly be at work again. The Stanley has now been out of service for over six weeks and the Minto for about two weeks, the most serious break in our winter steam communication for many years.

Governor Tillman of South Carolina, who shot down Editor Gonzales in cold blood, predicts that if not acquitted he will be visited with very light punishment. He boasts that he has the best legal talent in the state to defend him. Tillman may thank his stars that he does not live in Canada. If he did he would be effectually hanged before the winter's snow has melted.

There were three by-elections on Tuesday in Quebec and Ontario for seats in the Commons. The three seats all returned Liberals at the general election of 1900. These were North Grey, Ont. and Terrebonne and Two Mountains in Quebec. Terrebonne was one of the two seats which returned Hon. Raymond Prefontaine at the general election, and has been vacant since he resigned and decided to sit for Missouneuve. The two Quebec constituencies have now again returned Liberals by slightly increased majorities. North Grey on the contrary, which has usually gone Liberal by small majorities, has now returned a Conservative by 25. At the last election Dr. Horsey, since deceased, had 31 majority and in 1896 Clarke, Liberal, was elected there by 31. In 1891 Masson, Conservative was returned from North Grey by 247.

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Miss Ethel McAlpine of Aberfeldy writes: "I suffered considerably from catarrh and throat trouble. I have tried anything I ever used before, but nothing gave me relief. Mr. R. Sheldon of Leamington, Ont., says: "For two years I unsuccessfully sought a remedy to cure my son of catarrh, but permanent results were not obtained till Catarrh-zone was used. It cured my little boy like magic and he has been quite free from Catarrh ever since." Catarrh-zone is the best cure for Catarrh. It gives immediate relief and cures bad cases after other remedies fail. It is so simple that a child can use it, and so sure to cure that doctors prescribe it. Two months treatment costs only one dollar; sample size 25c. Sold by all druggists or by mail from N. C. Poison & Co., Kingston, Ont., or Hartford, Conn., U. S. A.

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