

# Woman's Realm Social and Personal Fashions Literature

## Needlecraft For The Home



**SEWING PLAYSURE**

It will be easy to make Little Sister's and in tending that Victory Garden this summer if you put her into an engaging playmate while she does it.

No. 3793 in size 8 requires 1 1/4 yards 36-inch fabric.

Send 20 cents for PATTERN. Print your Name, Address and Style Number plainly. Be sure to state size you wish.

Address Pattern Department the Charlottetown Guardian.

Name \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_

### A Morning Smile

"My old man's nerves are that bad," Mrs. Robinson said to the chemist, "he's afraid to ask for a rise. Would it do any good to give him a dose of them aspirin tablets?"

"Mary," said a lady to her maid, "I don't like the looks of that man who called to see you last night."

"Well, well," said Mary, "ain't it funny, missam? He said the same about you!"

Twice-worn undies do you harm For undie odor RUINS charm!



Protect your **UNDIES** and your **CHARM!**

It's every day charm that helps win popularity—romance. Don't let undies worn twice, spoil your charm and your chances. Things worn next to the skin absorb perspiration, develop unpleasant undie odor. Play safe—dip your undies in Lux every night. Lux whisks away odor. Safe Lux keeps undies new-looking longer. Sign up for a Lux charm course today for your undies and yourself! Get Lux in the new, bigger package and remember, the large size is an even better buy.

TONIGHT—dip your undies in—



A LEVER PRODUCT

## Living & Leisure The Woman's Realm

And some that out of night and time! These times you need to check over your regular routine. Snap out of it as many seconds as you can. Often it's just a matter of having all of your beauty tools in one convenient place. That does make a difference. It saves you precious minutes which are lost when you have to hunt for your lipstick or that convenient box of tissues!

Let's run through your regular make-up routine and see how it works. Assemble your foundation, powder, lipstick, rouge, freckle remover. You begin with your powder to beautify—a good foundation. The quickest and perhaps the easiest to use is the fluffy vanishing cream type. Smooth it on in three quick dabs, then use a tissue, moistened with skin freshener, to blend it evenly. You will find this old stage trick a streamlined way to finish your make-up.

Blot your foundation when it is even. Use a dry tissue to absorb excess. Now to your freckle remover. Try your foundation. Put it on generously. Brush off any excess by using a dry tissue. Be sure that there are no powder "pools" at the corners of eyes and nose.

Now to "set" your finished rouge for your "rosy cheeks." A select a shade to match your lipstick. A trick to avoid the "painted doll" look is to apply your "rosy cheeks" with a crumpled tissue.

Your becoming ways to wear your rouge. After the rouge is on, apply one more dusting of face powder. Brush off with your tissue. Now to "set" your finished lip. Moisten your tissue with skin freshener. Press, don't rub this lightly over face and throat. This removes any excess powder, gives your skin a fresh look and adds a little shine.

Las, comes your lipstick, four minutes after you started. Draw your lips out with the sharp point of your lipstick. Fill in with the flat side. Blot your lips on a tissue to insure a smooth, lasting finish—and you'll be a clean-cut wartime girl!

### IRON OVER PAPEE

To make your iron glide along more easily and quickly a folded piece of ironing board cover is just the thing. The paper prevents the underneath pad from absorbing moisture from damp clothes. This makes it unnecessary to iron clothes until the pad becomes dry.

### HINTS ON ETIQUETTE

If a friend makes you a gift, even if it isn't just what you would have chosen for yourself, thank the friend warmly—show your appreciation.

The coat is one of the most prolific of fish, a female 39 or 40 inches long producing 3,000,000 eggs.

### CLOTHES TIPS

Soak the new clothespins in a vessel of boiling water to which a little baking soda is added, for a few minutes. Rinse in cold water, let them dry in the sun and they will not break so readily.

### MEAT ACCOMPANIMENTS

With cold meat serve: Potato salad, macaroni, cottage cheese and shepherd's salad.

With pork: Apple and raisin salad, apple and beet salad, raw vegetable salad.

With beef: Lettuce salad with Russian dressing, mint jelly salad, carrot salad.

With veal: Celery and tomato jelly salad, sauerkraut and hard-boiled egg salad.

With lamb: Asparagus salad, raw beet salad, Cole slaw salad.

With chicken: Ginger ale fruit jelly salad, pineapple and celery salad.

With fish: Lemon vegetable aspic, cucumber salad.

### TWITCHING, FROWNING TAKE BIG TOLL OF BEAUTY

To face the world with poise, with confidence, you must have confidence in your appearance. And "face making" is one thing which destroys that poise and faith in yourself. Don't make faces unless they are pretty ones. Face twitching, screwing up your mouth, frowning all take their beauty toll through loss of smooth contour and the mirth of new lines.

Keep in one of your tense excited moments take a look in your mirror at the strained expression of your face. Frown, squint, and they'll stay there if you don't relax and get busy on pretty face making!

Learn to control the muscles of the face. Try to cultivate a pleasant expression. Not a winked look, not because one must express emotions. But get rid of that habit of screwing up your face, twisting your mouth, squinting your eyes. Relax, become face-conscious. Be your own boss, critic when you face your mirror.

Make-up is a fine builder of morale. And to make up is to cheer up, because you look well. Your mental state takes an upward swing and there's less reason to make faces!

### MAKE-UP

Set your clock at beauty saving!

### A SMART SWEATER IS EASY TO KNIT

This smart sleeveless sweater is knitted in a very short time on large wooden needles. Pattern No. 472 contains complete instructions for making sizes 32 to 42.

To order pattern: Write or send above picture with your name and address with 15 cents in coin or stamps to Bureau of Publications, Charlottetown Guardian, Design No. 472.

Name \_\_\_\_\_

Street Address \_\_\_\_\_

Province \_\_\_\_\_

### Doing it the Right Way

Garden experts who are well versed in all problems say that soil around crops such as corn and potatoes should be hilled up. "Hilling" consists of making a mound of earth around each potato plant or along each row of corn. This protects the roots and tubers of the young plants from drought and the heat of the sun. Particularly to those Canadians who are embarking on their first year of wartime gardening is this good advice. The soil around the corn should be hilled up when the tassels begin to show above the leaves; on the potatoes before they

### SPITE BRINGS WARNING

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## Should she go home with the man who brought her?



**It's Etiquet**

even though you meet the "one and only"—to return to your home with the man who brought you. It's Etiquet too, to keep yourself sweet and dainty. Before your dates, use Etiquet—the new antiseptic deodorant cream. \*More effective!



**It's Etiquet**

DEODORANT CREAM that stops underarm perspiration

1 to 3 days...

\*Scientific tests prove Etiquet 24% more effective as deodorant than other deodorant creams tested. Etiquet spreads smoothly... not crumbly; pure... not irritating to normal skin; works fast... no need to rinse.

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## Ellen's Diary

By An Island Farmer's Wife

This has been the strangest day. At breakfast it was so warm I opened the front door so that we might catch a breath of air. And from my place at the table I saw the first humming-bird, like a tiny horizontal cross piece and dip his beak deep in the heart of a columbine in the border. And a wild-canary balanced expertly on a branch of a nearby clematis rose sang one of the loveliest songs for us. I was almost sure the finest day would follow.

I first noticed it had turned colder as later I hurried to the mailbox with a letter. There was no mail in the box so I crossed the road to the woods beyond and in a sheltered spot set down to await the mailman's arrival. I knew he would come presently. It had become so chilly there was small sign of a wood-folk moving. There was a squirrel, who quietly scampered up a maple as my some air-routes was soon lost to sight among the trees. Then I heard the mail-wagon cross the "public" bridge and I went out to give him the letter. Churchill's "over too" he said by way of giving me the news. The day before, he was, on the destroyer H. M. S. Kelvin, and while he and his companions "were aboard, the ship joined in bombarding a German position on the North Eastern Normandy coast in Churchill's own style: "Some mail!"

The men-folk had gone to continue "the planting" at Rob's, and rain came intermittently at first and then James told me by the time the first piece was played, it poured. Jamie was to the field early this morning and James wrapped an extra jacket about him as again he rode the marker. When the first rain fell he made his way regretfully to the house.

The set-cutting at Alderley is over. It is such a small entry here and yet it means so much. Akin in my mind to those of the early wargator who wrote in his log: "This day, sighted land to the west." And once again shoulders can be squared for the burden, for this year at least has rolled away. But already, I find myself wondering: who is going to find the potatoes come fall?

There was assistance from the sterner sex this afternoon when field work was suspended because of the rain. It is a coincidence that James who with such a show of enthusiasm began the cutting of the cold dreary Saturday was able to help with the last bushel. Only yesterday he remarked to me: "If you write in your Diary, that you are still cutting potato-seed, any one reading will think you are either very slow at the work or else we have the entire farm in potatoes." James is often enigmatic even after all these years. I write the truth as I see it, it becomes truer; so if I dare to stray one bit or overstep some happy by way of "nailing" it, James will say "it's a fragment of your imagination."

Well at any rate the "rats" are done and as Aunt Kitty Mahoney would say: "It's one blessing."

Once again because of the rain and cold, cows and calves and naked sheep were rounded up and taken to warm stables and fold. This must indeed be the sheep-storm and yet I can never think this case is "tempered to the storm-lamb." The white lilac blossoms are being scattered to the wind and taken to warm stables and fold. This must indeed be the sheep-storm and yet I can never think this case is "tempered to the storm-lamb." The white lilac blossoms are being scattered to the wind and taken to warm stables and fold.

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## Dorothy Dix Says—

### USE CHILDPOWER IN SUMMER Scrap Paper Drive Proved Youths Willing To Cooperate When Needs Arise In Home

Vacation time is upon us and millions of harassed women are being driven to the verge of insanity by the incessant cries of their offspring. Mother, what'll I do next? Mother, get some a dime for a chocolate candy. Mother, can't I go to the movies? Mother, can't I go in swimming? Mother, can't I have a date with Johnnie? And so on and so on.

To tell mothers, except those rich enough to pass the buck to nannies, the day when school lets out is the day when the children are most busy and find amusement for those who have not yet learned to entertain themselves; how to keep Johnnie from getting in with a bang and Susie from going about the "good old summertime."

Utilize the child-power that is going to waste in every house in the land in which there are youngsters. Clear this activity that is so often misdirected to the domestic machinery and make it because during the school year they are kept busy. Their time is rationed and when vacation comes and they are turned out on their own, they are bored to death. They don't know what to do with themselves.

Nothing is more trouble than that the world is full of over-worked mothers, while their children are pinning for something to do and taking courses at the gymnasium for exercise. And if Mother would divide the household chores among her boys and girls and make each responsible for his or her own job, it would save her a