

Woman's Realm Social and Personal Fashions Literature

THE COOK'S CORNER

CREAMED VEGETABLES

1-2 cups cooked diced celery
 1 cup cooked carrot stock
 3 tablespoons flour
 1 cup milk
 1-4 cup celery stock
 1-4 cup carrot stock
 1-2 teaspoon salt
 Dash of pepper

Method: Measure cooked celery and 1-4 cup of liquid in which it was cooked, and do the same with the carrots. Now make a sauce: Melt the butter and blend in the flour. Add the combined milk, celery stock and carrot stock gradually, and cook, stirring constantly, until the mixture thickens. Season with salt and pepper and add the celery and carrots. Reheat thoroughly and serve with the omelette.

CARROT SOUFFLE

3 tablespoons butter
 4 tablespoons flour
 1 cup milk
 1-2 teaspoon salt
 1-2 teaspoon grated onion
 1-2 teaspoon grated onion
 3 eggs, separated
 2 cups diced cooked carrots

Method: Melt the butter and blend in the flour, add the milk and cook stirring constantly, until the mixture thickens. Season with salt and onion finely grated. Beat the egg yolks slightly and add a little of the sauce to them and then return the mixture to the rest of the sauce. Mix well, then cook slightly and add the cooked carrots. Beat egg whites until stiff and fold into the cooled sauce. Pour into a buttered baking dish. Set in a pan of warm water, and bake in a moderate oven (325 deg. F.) for about 45 minutes. Arrange to serve this immediately on taking it from the oven.

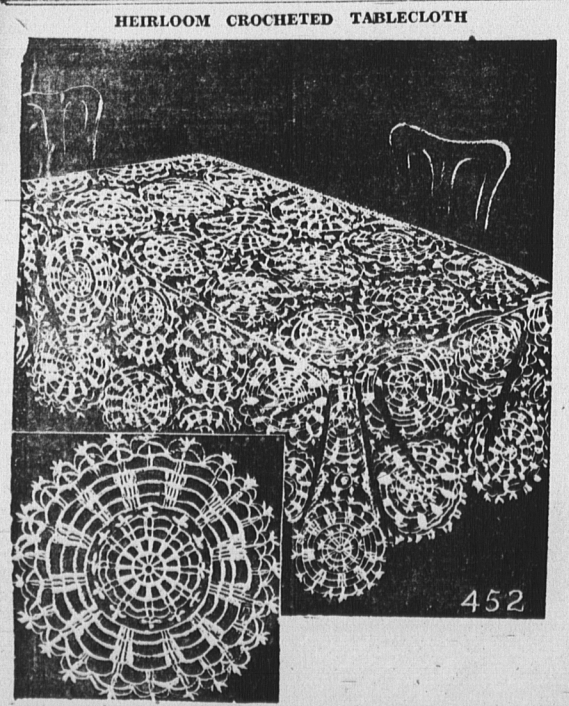
SMART MAKE-UP FOR SPRING

The Latest Shades in ROUGE LIP STICKS POWDERS

By Elizabeth Arden and Helena Rubinstein

ask to see the new Liquid Bronze Glow Make Up

JAMIESON'S DRUG STORE



HEIRLOOM CROCHETED TABLECLOTH

Three simple crochet stitches unite to make this medallion lace tablecloth. The larger medallions are joined by means of smaller ones. Pattern No. X 452 contains list of materials needed, illustrations of stitches used and complete instructions.

To order pattern: Write or send about picture with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian.

To Charlottetown Guardian Needlework Department
 Design No. X 452
 NAME _____
 STREET ADDRESS _____
 CITY _____ PROVINCE _____

MAGIC BAKING POWDER ALWAYS GIVES LIGHT, TENDER TEXTURE

Costs less than 1¢ per average baking

Dorothy Dix Says—

DON'T PARK COMMON SENSE WHEN YOU ENTER MARRIAGE

Too Many Girls Give Little Heed To The Warning Signs That Point Vividly To Failure And Unhappiness

Does the average woman, no matter what her age, race or previous condition of servitude, think of marriage only in terms of romance and sentiment? Does she labor under the hallucination that there is some magic in the marriage ceremony that will catch her up into a cloud of glory where she will be miraculously protected from all the problems of life? Does she honestly believe that marriage automatically changes a drunkard into a profligate, a miser into a generous, a tyrant into a gentleman, a grinding tyrant and gentle, and will keep her from ever being hungry again, or wanting a new hat? It seems silly even to ask these questions, yet it is daily borne on me that a vast number of my sex seem to park their common sense and cast all prudence and judgment to the winds when they marry. Every mail brings me dozens of letters from women telling of marriages they are about to enter into that are so predestined to failure that I wonder that any one outside of a lunatic asylum should even consider taking so rash a step. Here's a school teacher, for instance—and I am quoting actual cases—who is contemplating marrying one of her boy pupils, who is much younger than herself, although he has never earned a dollar in his life and has no way of supporting even himself, and she will lose her job if she marries, that she and her boy friend have planned to go on relief as soon as they are married. Girls by the thousands are deliberately marrying drunkards, gamblers, philanders, tightwads, boys who even before marriage abuse them, curse them, neglect them and show so plainly that you would think that even a blind woman could see it, that they have no qualifications for making good husbands. And thousands of girls marry boys who are penniless and jobless.

They Ignore Warning Signs

Why do these women marry as they do? They are not idiots. On the contrary, many of them are college bred; nearly all of them high school graduates. They are not ignorant of life. The great majority of them are business girls who know the worth of a dollar and just how far it will go.

They are not swept to the altar on some irresistible tide of passion, for often the girl who is about to commit herself by making an ill-starred marriage, asks my advice about which one of two poor prospects she shall take. And heaven knows the girl who has grown up in a poor family and watched her drudge of a mother washing and cooking and baby tending can have few illusions about the ease of matrimony.

Apparently the average girl never gives a single thought to the future when she marries. She doesn't sit down and try to figure out what sort of a husband Tom, Dick or Harry is going to make. She doesn't ask herself how she is going to like

having a drunken man come staggering in every night, or how she will enjoy playing second fiddle to her husband's avaricious flame. She doesn't even consider where her next meal is coming from. She just gets married, anyway.

Avoid Future Headaches

And, of course, why there are so many unhappy marriages, so many fighting and quarreling husbands and wives, so many wrecked homes and half-orphaned children, so many divorces, is because, after all, marriage doesn't end at the altar. It begins there. And it isn't made up of flubdub sentimentalities. It consists of hard realities. And when the bemused bride wakes up from her trance and sees what she has gotten for a husband, only too often she throws it back on the bargain counter.

Why girls are so eager to marry nobody can explain, but if they would only take time to do a little shopping around among the men and pick out something worth having, they would save themselves and the balance of the world a lot of headaches.

BLACKHEADS

Get two ounces of peroxide powder from your druggist. Sprinkle on a hot, wet cloth and apply to the face gently. Every blackhead will be dissolved. The one safe, sure and simple way to remove blackheads.

Everlasting Flowers Give Year-Around Bouquets

lastings Which Can Be Grown A Few of the Many Annual Ever Garden.

Gardeners with foresight will sow everlasting this spring. These beautiful flowers, which appear well in the garden and combine with other flowers in bed or border, can be dried for use in winter. They are a colorful race and arrangements for the table and mantel piece can be made which are good winter substitutes for the real thing.

One of the best of such flowers is the strawflower, or helichrysum, a hardy subject with rich blossoms. Its fine double flowers with yellow centers ranging from pure white through light and deep yellow to rich scarlet and crimson is excellent material for garden use.

The globe amarant, or gomphrena, is another good annual for this purpose. It is bushy in character and has purple clove-like heads which make good garden subjects and durable winter material for arrangements. Sow them at the end of April or the first of May in the open ground, and they will be a mass of bloom in August.

The annual statice is a flower of this type. It has continuous blooming habits, which are invaluable during seasons when color is scarce. Ammobium, or winged everlasting, have silver white flowers with a yellow disk that grows 2 feet tall. The popular gypsophila, baby's breath, charming free-flowering, is another good one to dry for winter's use, as well as for summer cutting material. Acroclinium, a daisy-like flower with white and rosy pink blooms, can be used for this dual purpose. Rhodantea, a charming annual with everlasting flowers, is another. It should have a light and rich soil, with added plant food and is valuable as a pot plant.

Drying flowers is simple. Tie

Knott-Sinnett Wedding



The pretty wedding group pictured above are, from left to right: LAC, Joseph Forster, Mrs. James Knott, LAC, James Knott and Miss Kathleen Hughes.

Miss Claire Sinnett, daughter of Mr. and Mrs. Earl Sinnett of Outremont, Que., was united in marriage to Leading Aircraftsman James Knott of Montreal, son of Mr. and Mrs. Robert Knott, at the Church of the Most Holy Redeemer yesterday morning at 9.30 o'clock.

The bride looking very winsome in an ensemble of powder blue was given in marriage by Dr. J. A. MacMillan of Charlottetown. The bridesmaid, Miss Kathleen Hughes of Charlottetown, was becomingly dressed in grey-blue with blue accessories. Both wore corsages of flowers. Groomsman was Leading Aircraftsman Joseph Forster of Cardile, England, at present stationed here. The groom is a member of the R.C.A.F.

Immediately after the ceremony which was performed by

Rev. R. V. McKenzie of St. Dunstan's University, the party moved to the Charlottetown Hotel where a wedding breakfast was served to immediate friends of the contracting parties.

In the afternoon a reception was held at the home of Mrs. Georgina Hughes, Sydney Street when many friends of the young couple called to offer their congratulations.

A feature of the wedding was the guard of honor drawn from members of the R. C. A. F. who were in attendance.

Mr. and Mrs. Knott will reside at Richmond Street, Charlottetown.

The guardian joins with many friends in wishing the newly married couple hosts of congratulations and many happy years of wedded life.

BRIDAL WREATH

Look first at the name

YOUR ONLY GUIDE TO PERFECT QUALITY!

The name Bridal Wreath inside the ring you choose means perfect beauty... complete perfection in coloring, cutting, brilliance and flawless quality! Thanks to the 4-point guarantee you know you are getting a worthy symbol of your romance.

FREE BRIDE'S BOOK AND INSURANCE

THE ONLY DIAMONDS WITH A POINT GUARANTEE OF COMPLETE PERFECTION

Selected Jewellers everywhere feature Bridal Wreath rings. On the left is shown one of the signs which identify these dependable Jewellers.

Where to see these lovely rings

Everlasting Flowers Give Year-Around Bouquets

one pound per pint, so an area 10 by 10 ft. requires two quarts. One quart will feed 50 square feet and one pint 25 square feet.

Where smaller quantities are required, use a rounded tablespoon per square foot. For convenience, here is a table showing some common areas and the standard balanced plant food application for each:

5' x 5' equals 25 sq. ft.—requires 1 lb. (or 1 quart)
5' x 10' equals 50 sq. ft.—requires 2 lbs. (or 1 quart)
10' x 10' equals 100 sq. ft.—requires 4 lbs. (or 2 quarts)
20' x 30' equals 600 sq. ft.—requires 24 lbs.
25' x 100' equals 2,500 sq. ft.—requires 100 lbs.

FASHION FLASHES

They'll be wearing during the spring and summer seasons ahead: Capes—for every hour of the day.

Young, bold colors—like chalk green, wheel purple, poppy-red and yellow, balloon blue, tricycle red and an even more vivid purple, called ultra violet.

Beige and brown instead of that perennial spring favorite, navy blue.

"Lady" suits, inspired by 18th Century riding habits.

Slopes—in wool with sparkling embroidery as well as fur.

Sloping shoulders. (They drop, but they do not droop.)

Hats that decorate rather than distort the face.

Ankle straps on shoes for both day and evening.

One-piece sports and play outfits. Dipping helmets.

Choice YOUNG tea leaves in a new tea ball that FILTERS

TENDER LEAF Tea Balls 18

Orange Pekoe

Blended and packed in Canada

Needlecraft—For The Home

Pinafors are not only cute but they are practical, too. Your little girl will love one to wear to keep her best dresses clean or to dress up her school frocks and make them like new again. Crisp cotton, gingham or a print in a bright color is a wise choice for fabric for this gathered skirt pinafore with ruffles over the shoulders. A pocket holds her handkerchief and a becoming square-necked blouse can be made to add if she wants to wear it as a dress.

Style No. 3374 is designed for sizes 6, 8, 10, 12 and 14 years. Size 8 requires 2 yards of 36-inch fabric for pinafore; 1 3/8 yards for blouse.

Send Twenty (20c) coin is preferred. For Pattern Write plainly your name, address and the style number. Be sure to state the size you wish.

Style No. 3374 Size _____

Name _____

Street Address _____

City _____ Province _____

Living & Leisure - The Woman's Realm

If on a Spring night I went by And God were standing there, What is the prayer that I would cry To Him? This is the prayer: O Lord of Courage give, O Master of this night of Spring! Make firm in me a heart too brave To ask Thee anything! —John Galsworthy.

By slivering a bird raises its temperature; the muscle contraction does it.

Brazil has appointed a committee to censor all school books.

The king crab of Alaskan waters grows to huge size, small ones weighing 16 pounds and measuring 58 inches from leg tip to leg tip.

Never wash your comb in hot water, but leave it to soak in cold salted water until the dirt softens, when it can be brushed out with an old toothbrush.

White people now outnumber natives in Alaska, according to census figures—39,170 whites, 32,468 Indians, Eskimos and Aleuts.

A factory in Brazil will turn oranges into concentrated juice, cattle fodder, and a pulp for making paper.

Only substance known to expand under the influence of both heat and cold is water.

Gloves for this Spring follow the classic trend, highlighting simplicity. Silpcons come in all lengths, but there are tailored gloves with fine, restrained detail such as handsewing or simulated hand stitching. Dressier gloves take to shirring, draping and appliques in feminine mood—but actually the perfect slipper on is the glove for which most women will find the most use.

WALL CLEANING TIP
To avoid streaking when wash-

Your Individual HOROSCOPE - By Frances Drake

For Friday, April 25th

MARCH 21 to APRIL 20 (Aries)—Start strong in an easy day but the whole trend in trade and industry is "up". Advertising your wares is very important if they are to be known by the general public. Work patiently and willingly for best results. Romance favored.

APRIL 21 to MAY 20 (Taurus)—Familiar matters and those activities for which you are especially adapted appear more fruitful for your efforts. New undertakings, unless imperative, are less favored.

MAY 21 to JUNE 21 (Gemini)—Better for finishing incomplete work and attending usual duties and routine than for launching into untried, risky ventures. But your judgment and the state of your affairs should be the guides.

JUNE 22 to JULY 23 (Cancer)—You may find it easier to spend money than to earn or save. All important issues should be carefully thought out and managed. Friendly invitations for recreation and social pursuits.

JULY 24 to AUGUST 22 (Leo)—Slow-moving projects and activities that require time and patience are first in favor. Hobbies, philanthropic affairs, religious and educational matters, domesticity also sponsored.

AUGUST 23 to SEPTEMBER 23 (Virgo)—If convenient, finish up your unfinished business, awaiting final touches. Give attention to health and personal and family needs. Plan and lay out your program for increased action next week.

SEPTEMBER 24 to OCTOBER 23 (Libra)—Constructive, progressive business activities, study, research, inventions, experiments, selling useful commodities, legal and inheritance matters first in favor this month.

OCTOBER 24 to NOVEMBER 22 (Scorpio)—Particular care must be taken today in work and other interests where accuracy, fitness and good judgment are important. Investigate all new projects before entering into them. Private affairs, domesticity, social affairs favored.

NOVEMBER 23 to DECEMBER 22 (Sagittarius)—Mild planetary setup not particularly auspicious for expanding or taking on new responsibilities you may not be able to manage, but splendid for increasing production and improving present work and facilities for handling it.

DECEMBER 23 to JANUARY 21 (Capricorn)—Very similar indications exist for you as for Sagittarius and Scorpio. A natural industriousness and tenacity of purpose will be big aids today.

JANUARY 22 to FEBRUARY 20 (Aquarius)—Clean up unfinished work, check errors of the week, confer with superiors, partners and those whose knowledge will be helpful.

A Morning Smile

MEREELY A HINT

Seven-year-old Bobbie returns from the neighbor's in great glee. "Mrs. Friendly gave me a piece of candy!"

"You didn't ask for it, did you, dear?" You remember what mother always tells you about unmanly things.

"Oh, no," Bobbie assured her. "I just said: 'Do you see what I got Mrs. Friendly?'"

HOUSE-BREAKER

Customer—"Can I exchange this unbreakable doll?"

Shop Assistant—"Is there something wrong with it?"

Customer—"No only the baby's broken every breakable thing in the house with it."

BABY'S CRY IS NOT ALWAYS TEMPER

DISTINGUISH between your baby's cry of pain and cry of temper. When it's the "pain cry" you remember what mother always tells you about unmanly things.

Easy to take as candy. Quickly effective. Safe and harmless. Contains no opiates or stupefying drugs. Each package gives an accurate check errors of the week. Often strikes in the night. 25 cents. Your money back if you are not satisfied.

Time To Stop This Gaining!

Yes, getting fatter and fatter! Last year's suits won't go on unless a lot of weight comes off.

"But dieting takes 50 much will power!" No it doesn't—these days, with modern low-calorie diets of three square meals a day with desserts!

Just see the tasty lunch we've pictured. On your diet you can eat such lunches and still lose 2 pounds a week... for they have few of those fat-making calories. Consomme, a delicious chicken sandwich, strawberries with cream add up to only 380.

You have only to keep away from high-calorie dishes. Imagine if you ate for lunch a club sandwich, omelet fattening mayonnaise. Why, that alone amounts to 609 calories.

And of course you'd want "something else," perhaps cream of tomato soup, 269 a cup, or prune pudding, 435 a serving! You see, now how you keep gaining? But with a calory chart you can easily avoid such disasters.

Be syphilike again? Our 32-page booklet gives calory chart and 42 tasty reducing menus based on healthful protective foods. Has a 3-day liquid diet to start you off. Tells how to gain.

Send 2c in coin for your copy of The New Way To A Youthful Figure To The Guardian Home Service. Be sure to write plainly your Name, Address and the Name of booklet.

Name _____

Street Address _____

City _____ Province _____

WOMEN WANTED

38 to 52 years old. Women who are restless, moody, NERVOUS—who fear hot flashes, dizzy spells—to take Lydia E. Pinkham's Vegetable Compound. Pinkham's Compound is effective to help women during these "trying times" due to functional irregularities. Made in Canada. WORTH TRYING!

Needlecraft—For The Home

Pinafors are not only cute but they are practical, too. Your little girl will love one to wear to keep her best dresses clean or to dress up her school frocks and make them like new again. Crisp cotton, gingham or a print in a bright color is a wise choice for fabric for this gathered skirt pinafore with ruffles over the shoulders. A pocket holds her handkerchief and a becoming square-necked blouse can be made to add if she wants to wear it as a dress.

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