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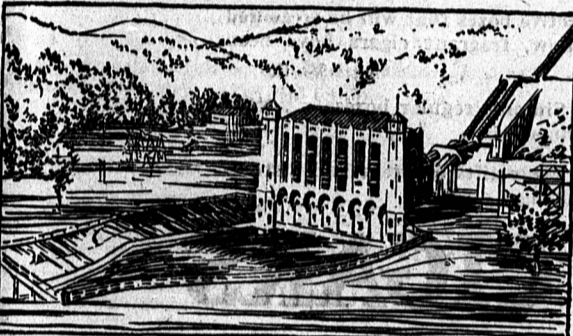
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The position of Canadian distilleries and their securities, and improvement and developments in the industry, are examined in our

December Market Letter

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JOHNSTON AND WARD

MacArthur Bldg., Summer St., Summerside, P. O. Box 259, B. Rogers, Jr., Manager.

Please send me a copy of your December Market Letter

Name Address

The Public Forum

This column is open for the discussion by correspondents of questions of interest. The Charlottetown Guardian does not necessarily endorse the opinions of correspondents.

WHY NOT EAT WHOLE-WHEAT BREAD

Sir,—Only a small percentage of our people eat whole-wheat bread. Why is this? The papers are filled with the advantages of whole-wheat bread over the kind we mostly eat. Why this persistence in the face of both medical and dietetic advice, in sticking to the denatured flour bread, with all of its healthful and nourishing portions, as the bran and the middlings separated from it? We give the best and most nourishing parts of the wheat to the pigs. We buy bran as a health breakfast food. Surely it must be good, and we all know that the superfine flour is plastic and its best parts, the bran and shorts, taken from it, leaving a denatured product. It doesn't make so nice a loaf this whole-wheat, and the bakers would prefer making flour bread, but what matters? The bakers will supply their customers with what they want. Then can anybody give logical reason why they don't eat whole wheat bread.

I am sir, etc. WHOLE-WHEAT

The Land We Love

By Frank Yeigh

FORT WALSH

Q. Where is Fort Walsh? A. Fort Walsh was a post of the North West Mounted Police built by and named after Inspector J. M. Walsh in 1875. The post was removed to Maple Creek, Sask., in 1883 and now carries an historic tablet, which reads in part, "In the Cypress Hills where hunting bands of the Blackfeet, Crres, Assinibones, Saulteaux and Sioux met and fought 102 officers and men in 1876, imposed Queen's law on 'A fretful realm.'"

FIXING EASTER SUNDAY

LONDON, Dec. 3.—Negotiations with other Governments concerning a fixed date for Easter have not yet been instituted, but are under consideration, said Sir Austen Chamberlain, Foreign Secretary, in the House of Commons today. The British House of Commons last July gave third reading to a measure stabilizing Easter at the Sunday after the second Saturday in April instead of determining the date by the phases of the moon. The bill does not come into effect until an international agreement has been reached.

SCRAMBLED SCRIPTURE

(From the Boston Transcript) Jane's mistress had a cold and Jane was the only one representing the family at the morning service. Where the sermon was on the text: "Unless ye repent ye shall likewise perish." On her return her mistress asked if she had enjoyed the discourse. "Yes'm; but you know I'm a bit hard of hearing." "And what was the text, Jane?" "Oh, he preached on: 'Unless ye pay the rent ye will have to leave the parish.'"

The "Flu" Left Her With A Wretched Cough

Mrs. E. A. Brooks, 1164 Robson St., Vancouver, B.C., writes: "Last winter I had the 'flu' twice, and the last time it left me with a wretched cough that seemed to stay right with me until I used

Dr. Wood's Norway Pipe Syrup



"The first bottle I used seemed to relieve it so much I purchased the second one, and now, I find my cough has completely left me.

"I shall certainly never be without a bottle of 'Dr. Wood's' Pine Syrup in the house."

Price 35c. a bottle; large family size 60c. at all druggists and dealers. Put up only by The T. Milburn Co. Ltd., Toronto, Ont.

IT'S A PRETTY COLD OLD BIRD



BE PREPARED ORDER YOUR COAL NOW

You not only want to be prepared against a cold winter, but, also, you want your coal supply in before bad weather sets in. Be prudent and place your order now.

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PHONE 176

Central Guardian

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LADIES RUBBER APRONS, price 39c to \$1.25. Prowse Bros. Ltd. 9534-12-6-31

DRIVING PARK—Anyone having bills against the Charlottetown Driving Park kindly furnish same not later than Monday, 10th December. J. W. Boulter, Sec'y-Treas. 9559-12-7-21

NEW SERIAL—"Idle Island," by Ethel Houston, a little spot for summer visitors on the Maine coast is the scene of The Guardian's new story starting next Saturday. The heroine is as charming as she is amusing. Watch for the opening chapter.

CHURCH OF CHRIST.—Regular services Church of Christ Sunday, December 9th. New Glasgow 11 a.m. Fredericton, 3 p.m. Bradalbane, 7 p.m. Bradalbane service dependent upon weather and road conditions. —C. E. Armstrong.

MARSHFIELD DUNSTON F. FNAGE, PLEASANT GROVE AND YORK.—Services in the United Churches will be held next Sunday as follows: Central Church, Marshfield — Dunstaffnage at 11 a.m. Church School at 10 a.m. Pleasant Grove at 2.30 p.m. York at 7 p.m. The Church School at York will begin its winter schedule at 2.30 in the afternoon next Sunday. Rev. F. E. Boothroyd, minister.

HIGH TEA AT NOTRE DAME.—Monday and Tuesday, Dec. 10th and 11th high class Supper will be served at 5 p.m. The bazaar offers choice Christmas gifts, including landscapes, hand-painted china and greeting-cards of delicate tints. The fancy table offers hand-embroidered pillow slips, tea cloths and services, table centers, runners, bridge-cloths, etc.—Come and meet your friends! 9566-12-7-21

TRANSFERRED.—Mr. Earl G. McLeod of the staff of the T. Eaton Co., Moncton, N. B., has been transferred to the new branch of their store in Campbellton, N. B., as manager of the dry goods section. Mr. McLeod was formerly from Hartsville, P.E.I. and many of his friends there will be pleased to know of his success and rapid promotion. Mr. McLeod is a son of Mr. and Mrs. A. B. McLeod.

ADDRESS STUDENTS.—Mr. F. J. Nash lectured before the Rector, faculty and students of St. Dunstan's University Wednesday night. His subject was "Public Speakers and Speaking." Mr. Earle Dalton, President of St. Thomas Aquinas Society, very ably presided. At the close a vote of thanks, moved by Mr. Gerald McGugan, of Charlottetown, and Mr. Lawrence Connolly of Sydney, both students, and supported by the Rector, Rev. Father Murphy, was tendered the lecturer. The University Orchestra played some very fine selections during the evening. Mr. Reuben Macdonald, who was called upon, made a few remarks, and the proceedings closed with the National Anthem.

NEXT YEAR'S LICENCE PLATES.—Prince Edward Island's 1929 automobile license plates will be orange on black, the same combination used in 1928 by the Province of British Columbia. The other provinces of Canada have the following color schemes for their 1929 motor vehicle license plates, according to reports received by the New Brunswick Government Bureau of Information and Tourist Travel: New Brunswick, Sky blue with white numerals and letters; Nova Scotia, White numerals and letters on red field; Quebec, White on black; Ontario, Black on light grey; Manitoba, White on dark green; Saskatchewan, Black on Orange; Alberta, Royal blue on orange; British Columbia, Green on cream.

CRANWELL — CHRISTMAS PHOTOGRAPHS. 9491-12-4-121

Misards tincture heals cuts and bruises

Baby's tender scalded skin soothed and healed by Sootha-Salva THE GUARANTEED OINTMENT

Daily Selections for Guardian Readers

December 7, 1928. FOOLISH ARE WE—All we like sheep have gone astray; we have turned every one to his own way; and the Lord hath laid on him the iniquity of us all.—Isa. 53:6.

PRAYER—True, O Lord, forgive. "GOD SAVE THE KING" O Lord, Who didst appoint Israel's first King, Send Thou from Heaven, send Health to our King; Wisely he's ruled the land Home and o'er seas, Hear us now as we bend Down on our knees.

Georges four, ruled the land But none like our King For his subjects world over His praises will sing. Kindly he is to all Under his sway, Ever dark India Loves to obey.

Torrid and frigid zones Hall him as King, Churches and temples His anthem do sing—"God save our noble King," Long may he reign, Long may our prayer to Thee Not be in vain. —Henry A. Ashmead, I. S. M.

Modern Etiquette By Roberta Lee

Q. At the dinner table, how long are partners expected to talk exclusively to each other? A. During the first two courses.

Q. Where does the groom's mother sit at the wedding breakfast or supper? A. To the right of the bride's father.

Q. To what rooms are the butler's duties confined? A. The dining-room and the drawing-room.

EDMONTON, Alta., Dec. 5.—(Canadian Press)—The salt well strike in the McMurray district, reported recently, is now believed to be one of the most important mineral discoveries yet made in Alberta. At the railway terminal at Waterways, salt has been struck at a depth of 670 feet. Drilling has continued down to 883 feet, which means that a salt bed 213 feet thick has so far been located. Drilling will continue in order to disclose definitely the extent of the deposit. No decision has been reached as to

WHAT A DOCTOR KNOWS ABOUT CONSTIPATION

There IS a way of overcoming the tendency to constipation. And here is how you can PROVE it.

The next time your bowels need any assistance, don't take the first laxative that comes to mind. Take one the druggist can assure you is made with CASCARA. Just as effective as using force, and it's good for the system. Indeed, it helps make good blood. For cascara is nothing but the bark of a tree. The Indians chew this bark, and live to an old age without a day's sickness.

What happens when you cascarize the bowels? They will usually function well for SEVERAL DAYS. One more dose—no larger, and perhaps smaller than the first—and the bowels function of their own accord for a still longer time. Until you



Don't feel the need of any aid of any sort for weeks-on-end. So, the only habit you get from cascara is that of natural and normal regularity. How different from things one must usually repeat on the morrow! Cascara is the ideal laxative; and the familiar little candy Cascaret is doubtless its ideal form. Children beg for these tasty tablets, and many men and women wouldn't think of taking ANYTHING else for the purpose. And EVERY drugstore has them.

CASCARETS They Work While You Sleep!

what will be done with the find in the way of development, but the Alberta government will shortly consider the matter and decide as between operating the well and turning it over to a private company.



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Victrola and Radio in one graceful cabinet gives music from records or from the air There is no more complete musical gift

No matter what the weather, or the time, or the place, the New Orthophonic Victrola No. 7-11 with the New Victor Radio is the instrument that assures you the best in music. Choose from the wonderful songs, dances, operas, symphonies, in the big Victor Record Catalog. Choose from the air, crowded with good things. Never be without music—and have it all from one good instrument.

The cost of \$315 is moderate. It includes in one cabinet, the New Orthophonic Victrola; a set of handsome colored record albums; the New Victor (plug in) Radio which needs no batteries (with all its tubes included) and the New Victor Radio Speaker built-in.

The New Orthophonic Victrola and the new Electrical Reproducing Orthophonic Victrola are made in a range of beautiful models with or without radio. Prices from \$1400 to as low as \$115 on convenient payments at His Master's Voice dealers

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