

Woman's Realm / Social and Personal / Fashions / Literature

LOOK PRETTY IN THIS CROCHETED HAT.



920

DESIGN NO. 920

For sunny days ahead make yourself this mesh cap with its jaunty knot worked through a huge gold ring, for extra chic and smart appeal. For special occasions, make it of metallic or silk thread. Pattern No. 920 contains list of materials needed, illustration of design and complete instructions.

To order pattern: Write or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian. To Charlotte-town Guardian Needlework Department

Design No. 920

NAME _____ STREET ADDRESS _____ CITY _____ PROVINCE _____

THE COOK'S CORNER

DELICATE VEAL DISH

Two pounds of breast of veal, 3 tablespoons butter, 3 tablespoons flour, 3 cups water, 1 onion, 4 cloves, 1 bay leaf, 1 tablespoon parsley chopped, 2 slices of lemon, 2 pinches of nutmeg salt and pepper, 1 wine glass of white wine. Cut veal into small pieces. Put into a stewpan with the water, flour and butter mixed as for thickening. Add the onion stuck with the cloves, the chopped parsley, the bay leaf, the lemon slices, nutmeg, salt and pepper. Last add the white wine, and cook slowly for 1-2 to 2 hours. Enough water and flour should be added to provide plenty of cream sauce. Strain sauce.

GRANDFATHER'S CLAM CHOWDER

1 quart shucked clams, 1-4 pound fat salt pork, 1 medium sized onion, 4 or 5 potatoes, sliced thin, 1 teaspoon or more salt, 1-4 teaspoon pepper, Flour, 4 cups scalded milk, 6 common crackers, 4 tablespoons butter. Inspect the clams, drain and reserve one-half cup of the clam liquid. Separate the tough necks from the soft parts, chop the necks. Cut the salt pork in cubes about three-quarters of an inch in size, place in the bottom of a chowder

A Morning Smile

GAS VS. ELECTRIC

Mr. Sharp arrived home from the office looking hot and bothered. He flopped into the nearest easy chair, wiping his brow. "What's wrong, dear?" queried his wife. "It's those darned gas-masks," he snapped. "They get heavier and heavier each day."

OPULENT

Being questioned whether he was in a position to keep a wife, Sandy confidently replied in the affirmative. "There's hardly a mornin'," he said, "but a' leave some o' ma parritch; in fact, if a' dinna get a wife soon a' maun get another pig."

kettle over low heat, and cook slowly until the fat is well tried out. Then remove the pork and in the fat, saute the onion sliced add layers of the potatoes and the chopped clams, seasoning each layer with salt and pepper, and dredging with flour. Cover with hot water and cook for about twenty minutes. Add the soft parts of the clams and the milk. Simmer about five minutes, add the clam liquor, that has been reserved. Bring to the boiling point and serve, pouring over the crackers which have been split. Add the butter and garnish with the pork scraps.

Dorothy Dix Says—

GIRL'S SELFISH FAMILY PREVENTS MARRIAGE

If She Continues To Support Relatives She Will Ruin, Not Help Them

DEAR MISS DIX—I am a boy of 23 with a good, permanent job, and I am in love with a fine girl who loves me, but will not marry me because she says that she has to support her mother and sister. What can we do about the situation? E. S.



I can support the girl, but I cannot assume the support of her mother and sister. What can we do about the situation? E. S.

ANSWER—All that you need to solve your problem is a little common sense and some backbone. There is no reason in the world why your girl should be sacrificed to her selfish family. The mother should be forced to go to work and the same man to contribute to the family's support. If all clipped in with a small amount, it would save the situation and you and your girl could be married and live happily ever after.

You may say that sounds very good as a theory, but that it would be hard to put it in practice. Not at all. The law enforces compulsory good and filial duty on those who have no inner yearnings after doing right, and the brothers would come across if they knew that they would be sued for their mother's support and held up to shame before all who knew them if they had to do it to say: "Mother get a job. I'm getting married and will be able to give you only part of what I earn. The balance I am going to need myself in my new life."

DESTROY THEIR SELF-RESPECT

Of course, the girl who lets herself be made the family goat pats herself on the back for her unselfishness and feels awfully noble about it, but about ninety-nine times out of a hundred instead of helping her family as she thinks she is, she is ruining them. She is making them parasites than which nothing is a lower form of animal life. She is destroying their self-respect and that is the basis of all character.

And she is keeping them from getting anywhere because she takes away from them the necessity of working and striving. Human nature being what it is, most of us will sit down on the do-nothing stool and let Georgiana do it if Georgiana is weak enough and foolish enough to let us impose upon her.

If a mother is 80 and weak and sick, she has a right to fold her hands and expect her children to support her, but a healthy woman in her fifties and sixties and seventies should be ashamed to be a burden upon them. She is just as able to work as they are. There are plenty of jobs crying out for women who know how to cook and keep house and take care of children, and she would be far happier if she had something to do to fill her mind and her hands with interest, and if she had her own pay envelope and her own fine sense of independence, than she is in being idle.

MEN ARE NEGLECTFUL

DEAR MISS DIX—I am going with a young man who tells me that he loves me. He has been gentle, kind and thoughtful, and on Christmas and his birthdays remembers me with gifts. But he has never shown his devotion by bringing me candy, flowers or a little trinket, or taking me out anywhere to dinner or a place of amusement. I just don't remember get her bread and shelter and nothing more? Am I expecting too much to want a little special attention? HELEN.

ANSWER—I think many men neglect the little attentions because they do not realize the inordinate stress that women put upon them. It never crosses their minds that a girl will consider a box of candy or a bunch of flowers a greater proof of love than ten years of faithfulness. All the same, I think that a man who neglects the little attentions that will make the sort of a husband who gives his wife a check at Christmas, and says: "Buy what you want. I don't know what you like." And that to a woman turns a gift into cinders, ashes and dust.

BETTER TO MARRY MENTAL EQUAL

DEAR DOROTHY DIX—Do you think a college graduate could be happy married to a girl who has only a high school education? Or do you think a husband and wife should be on the same educational level?

ANSWER—Many highly educated men marry women with little education and are apparently happy with them, but, generally speaking, I think a couple has a better chance of happiness if they marry in their own level, culturally, socially, and financially.

Living & Leisure The Woman's Realm

IT TAKES SO LITTLE

"It takes so little to make us glad, Just a cheering clasp of a friendly hand, Just a word from one who can understand, And we finish the task we long had planned And we lose the doubt and the fear we had— So little it takes to make us glad." —Ida G. Morris.

BE WELL SHOD—IT'S WORTH THE CARE

There's going to be a lot more walking, the tire and gasoline situation being what it is. That won't hurt anyone, but it does bring to the fore the question of being well shod. Regular polishing and the use of shoe trees are of primary importance in extending the life of footwear and in maintaining their appearance. Comfortable and becoming shoes that are well cared for will prove a good investment in health, money and appearance. Extra care in being well shod will mean added life to shoes.

Regular polishing is a first rule in making shoes last longer because it feeds the leather, makes it pliable and protects it. Wet shoes are easily put out of shape, so rubbers and galoshes should be worn in wet weather. When shoes get wet and muddy wash off the mud with a damp cloth and wipe them dry. Insert shoe trees or stuff with newspaper and dry slowly but completely, away from direct heat, and polish as soon as they are dry.

When shoes are not being worn they should be kept in shape with shoe trees, and don't forget that good repairing extends their life. Replace soles just as soon as the outer ones wear through and have the heels straightened before the last is worn crooked.

BONSHAW W. L.

The May meeting of the Bonshaw W. L. met at the home of Mrs. John MacPhail. The president, Mrs. Elsie MacPhail, presided. The meeting opened in the usual manner. Roll call, followed by the minutes of last meeting. Sick Committee brought in a report. New sick committee members were Mrs. Dan MacPhee and Mrs. George Carson. On motion it was voted that Mrs. Dan MacPhee and Mrs. Harry Carson be delegates to attend the Convention in Charlottetown, Elmer Crosby and Mrs. George Carson substitutes. Letters were read by the secretary, one dealing with the Convention and one about baby showers for England. A new quilt was passed in for the Red Cross, donated and quilted by Mrs. Neil Salmon. Mrs. Fred Sharpe is donating the covering for the next quilt. Next meeting at the home of Mrs. Harry Wheeler, roll call to be answered with articles for baby showers. Luncheon was served by the hostess. Meeting closed with the King.

HELLO, OLD TIMER!



BETTY JOHNSON relaxes with the funnies after a busy day. Like all healthy children she burns up a terrific amount of energy. But Kellogg's Corn Flakes, with plenty of milk and sugar, helps keep Betty full of life. She loves Kellogg's too... calls them her "favourites" flavour. So do 4 out of 5 Canadian housewives. Order several packages of Kellogg's today!

House of Hate

By ISABEL GARLAND

CHAPTER XXII

Once again the tall candles flared in their golden candelabra, but tonight there was no mass of flowers in the center of the table. Serena's conscience suffered a little pang as she realized that the neglect of duty had been hers. Paul's glance of displeasure showed that he was aware of the oversight.

He sat in his mother's high-backed chair at the head of the table, a handsome, self-possessed young ruler. None of the others had dressed and, as they came listlessly into the dining room and saw Paul, impeccably in his dinner clothes, an expression of guilt appeared on every face.

"A blue satin ribbon across the chest—a star on the lapel—and the illusion would be perfect," said Chad into Serena's ear. "Lord, how the boy loves himself!"

"I said the curvy is particularly good tonight," Serena looked down at her hair which she had just combed. "Very hot curvy—and I mean even realized it." "Yes, it is delicious. We'll simply have to get down to the village in one afternoon. Miss Peasley went on, "we're really low on things—coffee and so on. Of course, we've plenty of butter and eggs, because I've brought them up last night."

"Speaking of eggs," Paul broke into the conversation, "after this, in the morning, I'll have two—poached." "Miss Peasley said, "Yes, dear—of course," and sipped hastily at her water glass. "I'm sure," said Chad, "my friend was looking quite badly and admitted that she was feeling so. 'I wonder, Serena, if you'd mind staying in my room with me tonight. I feel so queer—as if I might faint or—something.'"

"I'm sure," said Serena. "I'll stay with you, Helen." "What the—?" Estelle began under her breath but, meeting Paul's glance, said, "Why surely, Miss Leighton."

Serena, her hands clenched in her lap, said nothing. "When you opened close to her and muttered, 'You don't want a guy like that—a sawdust-stuffed little dictator. It's written all over you.'"

"Please—" she whispered. "Chad, however, continued, 'Your time you're honest with yourself. You don't say you love Paul. You can't look me in the face and tell me you do.'"

"Rolls, Mr. Chadwick?" said Ad-vent, at his elbow. "When they rose from the table, Dr. Harry said briskly, 'Paul and I have decided that it would be a good idea to try to clear up some matters. If you agree that a general conference is a wise idea, why don't we all gather in the living room and discuss the situation?'

"Miss Peasley exclaimed, 'That's a splendid idea, Alice!'

"What an actress!" Chad murmured to Serena. "In the drawing room, the numerous blue vases, undressed, their vases full of fading flowers. Paul turned to Serena impatiently. 'I hope, by tomorrow, you will be able to pull yourself together—you and Aunt Leona—and do something about the housekeeping. This room is a miserable sight.'"

"When they were all seated, Dr. Harry began the discussion. "The first thing that puzzles me is this will business, about six months ago, Miss Comstock came to me to witness a will in which the property was to be divided equally between her sister and her three children. Now you tell me that last night—all of a sudden—she makes another will leaving everything to Paul. I'd like a look at that will, Paul, if you have it with you."

"Paul passed it over. 'I wish you'd keep it for me, Dr. Harry. It'd be a lot safer with you than it is with me.'"

"The doctor pondered long over the wording of it. 'In hourly terror of my life—' he repeated thoughtfully, "sounds almost as if she knew something was going to happen to her."

"What do you mean by that?" "There was another attempt on her life—one that failed," as Paul told the story of the arsenic, not a head turned in the direction of Estelle, stationed deep in a corner of the sofa.

Knocking on the hearth, Dr. Harry posed among the tables and at last brought up some bits of the green bottle that Mrs. Comstock had thrown into the fireplace. "This is no more arsenic than I am, unless I am very much mistaken, this was a bottle of ant poison."

"Estelle sat upright. 'You mean, if she'd taken that stuff, it would not have hurt her?'

"Well, I'll be—!" Estelle put her head back and gave vent to peal after peal of laughter. "Shut up!" said Paul. "Listen, Doctor—is that on the level? Was Mother really wrong when she said that bottle had poison in it?'

"Poison, possibly, but fatal to ants, not to humans."

(To Be Continued)

CARE OF THE ARMS

Rough skin on the upper arm is a usual complaint. The condition can be corrected by the application of plenty of oil and by stimulating the skin by brushing it. Brush the upper arm when the oil is on it, and also when you are soaping in the bath tub. Brush it well with soap and water. After you dry, anoint the skin with a bit of absorbent cream or lotion.

Colored embroidery and cross-stitching are coming in importance as trimming.

MONTHLY PAIN

Which makes you CRANKY, NERVOUS If you suffer monthly cramps, back-ache, distress of irregularities, nervousness—due to functional monthly disturbances—try Lydia E. Pinkham's Vegetable Compound Tablets (with added iron). Made especially for women. They also help build up red blood. Made in Canada.

Home Shorthand Course May Help Career

LESSON 1

Ad a day Aid

Skilled Girl Sure of Herself

Good advice for the untrained office worker who feels insecure in her job... teach yourself shorthand.

Adding to your skills makes you more valuable, help you compete with girls who have been better trained.

You can give yourself simple daily lessons in Pitman shorthand. It's a system of writing symbols, each representing a spoken English word—a book for the "W" sound in a curve for the "L". Since there aren't many English sounds you learn these "pot hooks" quickly.

When you hear your boss dictate a word—"take," for instance—a light brief second you've pencilled a light downstroke (T) joined to a dash (K) and a dot (A) inside the angle. Speedy! And the "short forms" you learn are even faster. They are symbols for entire words, to help you race with your boss' dictation. "His" is a circle, "importance" a curve.

Start now to learn! Our 32-page booklet, a practical home course in Pitman shorthand, is divided into 18 simple lessons—each with short-hand rules, practise exercises and "short forms." Can serve as foundation for business college course.

Send 20c in coins for your copy of Self-Instruction in Shorthand to The Guardian Home Service. Be sure to write plainly your Name and Address and the Name of booklet.

Name _____ Street Address _____ City _____ Province _____

NOTICE

NESTLÉ'S PREMIUM PLAN WILL CLOSE AUGUST 1st, 1942

To Nestlé's Milk Customers:

During the past three years, you have received an "extra dividend" with Nestlé's Evaporated and Condensed Milk. Not only have you been able to enjoy the fine quality of these two superior products, but in addition you have been able to "Save Nestlé's Labels" and exchange them for many attractive and valuable premiums.

We have been pleased to offer this "extra dividend" as an appreciation of your patronage, and it is therefore with genuine regret that we announce we must discontinue our premium offer Aug. 1st, 1942, and Nestlé's Milk Labels will not be redeemable after that date.

Many of our premium items were made by manufacturers who have now converted their factories to the manufacture of war materials. It is therefore impossible for us to continue the operation of our premium plan. We urge you to redeem your labels immediately.

We hope we may continue to enjoy your patronage of Nestlé's Evaporated and Condensed Milk. Even though the labels will not be redeemable after Aug. 1, 1942, Nestlé's Evaporated and Condensed Milk, as usual, will pay dividends in quality.

NESTLÉ'S MILK PRODUCTS (CANADA) LTD. 61 VICTORIA STREET, TORONTO

REMEMBER—The last day for redeeming Nestlé's Labels is August 1st, 1942.

Needlecrafts For The Home

It's almost a uniform this season, the dress you can't tell from a suit, except that it is so comfortable to wear, and does away with the blouse, T's, scrunchers and gingham, gardenias and twills, you'll meet it and wear it. Style No. 3027 is designed for sizes 12, 14, 16, 18 and 20. Size 16 requires 4 3/4 yards 35-inch fabric.

To order pattern: Write or send picture with your name and address with 20 cents in coin or stamps to the Needlecraft Bureau, Charlottetown Guardian, To Charlotte-town Guard an Needlecraft Department, Style No. 3027 Size

Name _____ Street Address _____ City _____ Province _____

Polka dots are having a big year.

BUTTERCUP DAYS

Here are golden buttercups, small and bright and gay. More golden than the sunshine of this lovely summer day.

Here there is enchantment, And the elves and fairies bright, Dance among the buttercups To the cricket's song at night.

Here the rains fall gently The soft winds whispered low, And forgotten childish laughter Comes from out the long ago.

And here in breathless silence In the full glad light of the sun Gay and golden and lovely, Buttercup days have come. —Constance I. Heckert.

3027 SIZES 12-20

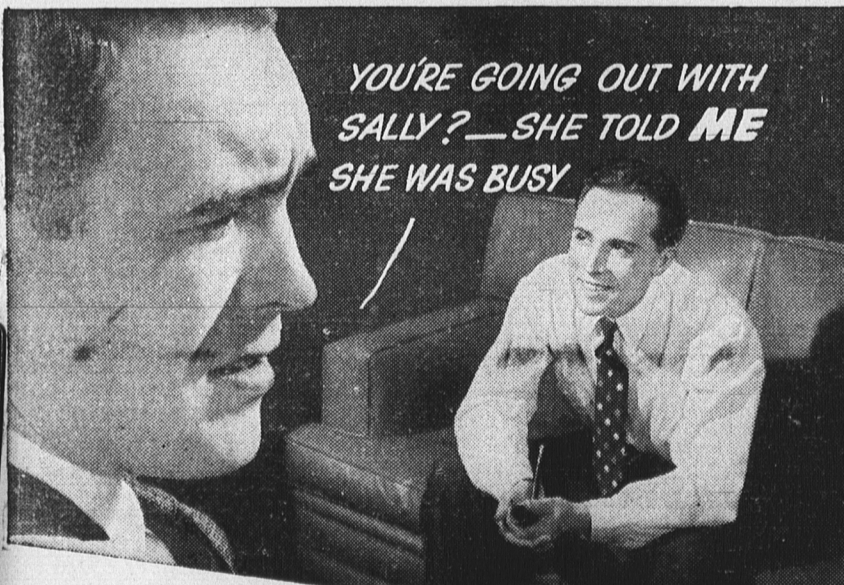
Lilac is becoming an increasingly important summer color. Jabots and embroidered yokes are featured on balise blues.

Sweeten it with BEMA Molasses

The fact that it is the pure juice of the famous Barbados sugar cane makes BEMA Molasses an ideal sweetener. It may be used to advantage even in tea or coffee. It is really delicious on cereals, and imparts zesty flavor to cakes, cookies, pies or puddings.

Serve BEMA often at the table Use it in baking. It is not only flavorful and appetizing but it is rich in iron and other nourishing elements.

BEMA BRAND BARBADOS MOLASSES THE ORIGINAL PRODUCT—NOT A BLEND!



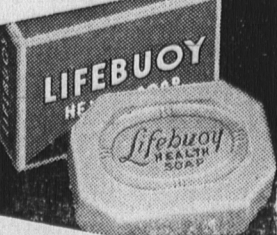
You have to perspire — you don't have to offend!

When girls break dates—seem to avoid your company—don't ignore the hint... "B.O." may be your trouble.

It's as simple as that! For everyone perspires—risk-averse. And so everyone risks offending. When perspiration stays on your skin it becomes staid, offensive. Without knowing it, you may have "B.O." Ordinary bathing can't keep you safe—you need Lifebuoy—the ONE soap especially made to PREVENT "B.O."

No other popular soap contains the same special deodorizing ingredient—or gives you the same DAY-LONG protection.

You'll love the lasting, ALL-OVER FRESHNESS Lifebuoy gives. Use Lifebuoy always for your bath—and for your face and hands, too. It's 20% Milder than many so-called beauty and baby soaps.



LIFEBUOY FROM HEAD TO TOE — IT STOPS B.O.